# Advanced Training Curricula Renewal

# **DRAFT** Curriculum standards

**Advanced Training in Respiratory Medicine** 

(Paediatrics & Child Health)

**November 2023** 



# Contents

Program overview	3
Purpose of Advanced Training	3
Specialty overview	3
Advanced Training curricula standards	5
Professional Practice Framework	6
Learning, teaching, and assessment structure	7
Curriculum standards	8
Competencies	8
Entrustable Professional Activities	15
Knowledge Guides	58

# Program overview

## **Purpose of Advanced Training**

The RACP offers Advanced Training in 33 diverse medical specialties as part of Division, Chapter, or Faculty training programs.

The purpose of Advanced Training is to develop a workforce of physicians who:

- have received breadth and depth of focused specialist training, and experience with a wide variety of health problems and contexts
- are prepared for and committed to independent expert practice, lifelong learning, and continuous improvement
- provide safe, quality health care that meets the needs of the communities of Australia and New Zealand.



# **Specialty overview**

Paediatric respiratory medicine encompasses diseases of the respiratory system in children (from babies, children, to young people), including the upper and lower airway, lung parenchyma, pleura, mediastinum, pulmonary circulation, the chest wall and the ventilatory control system (awake and asleep). It incorporates knowledge of lung development and developmental physiology, normal and disordered respiratory structure and function, clinical respiratory diseases and the specialised diagnostic techniques, tests and procedures employed in clinical assessment and management.

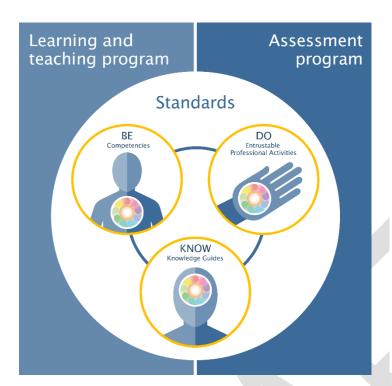
Paediatric respiratory physicians are involved in the diagnosis and management of acute and chronic, uncomplicated, and complex respiratory conditions in children and young people. This includes children with difficult-to-treat asthma, complicated pneumonia and other respiratory infections, cystic fibrosis and bronchiectasis, and rare lung diseases. Paediatric respiratory physicians promote and advocate on public health issues at the individual, local and national level to promote lung health. This includes promotion of hygiene and health practices such as immunisation to reduce the transmission and severity of respiratory infections; practicing culturally safe care; promote and support nicotine and vaping cessation.

Paediatric Respiratory physicians:

• Conduct and interpret clinical, radiological and laboratory investigations for children presenting with a variety of respiratory and symptoms of sleep disordered breathing, including lung function testing, polysomnography, radiological imaging.

- Diagnose and manage children in a variety of settings. Paediatric respiratory physicians see patients with a wide range of respiratory diseases and conditions while working across several settings, including academic, public clinics and hospital, private clinics and hospital, pulmonary function and scientific laboratories, situated in metropolitan and /or outreach communities, including telehealth environment.
- Perform interventions including oxygen therapy, non-invasive ventilation, aerosol therapy, and bronchoscopy.
- Provide acute, longitudinal, transition, and end-of-life care. Paediatric respiratory physicians establish long-term therapeutic relationships with children and their families, utilising a multidisciplinary approach. They work to manage and ease patient discomfort both acutely and in the practice of end-of-life care, and support young people in their transitions to adult care.
- Apply a multidisciplinary approach. Paediatric respiratory physicians are required to work effectively as part of a multidisciplinary team, including sharing care within a clinical care network for individual children. They may be called upon to be the team leader and have a collaborative approach focused on building caring network and relationships.
- Work sensitively with a variety of patients. Paediatric respiratory physicians work with children and their carers to address determinants of health that affect them (including social and cultural determinants of health) and their access to needed health services or resources, providing education and support in a professional, empathic, and non-judgemental manner.
- **Demonstrate strong communication skills.** Paediatric respiratory physicians must develop a personable interviewing technique and an ability to relate to children, young people, and their carers. It is also essential that they appreciate when referral to a more appropriate or more qualified practitioner in general paediatric and /or a particular subspecialty is necessary.
- Manage resources for the benefit of patients and communities. Paediatric respiratory physicians apply a biopsychosocial approach to ensure the delivery of efficient, cost-effective, and safe care for the benefit of their patients and communities (metro and regional).
- Apply a scholarly approach. Paediatric respiratory physicians conduct academic research to discover better ways of understanding, diagnosing, treating, and preventing disease in children and young people. They apply research to improve the treatment and management of children and young people.

# **Advanced Training curricula standards**



The RACP curriculum model is made up of curricula standards supported by learning, teaching, and assessment programs.

#### Learning and teaching programs

outline the strategies and methods to learn and teach curricula standards, including required and recommended learning activities.

Assessment programs outline the planned use of assessment methods to provide an overall picture of the trainee's competence over time.

The **curricula standards** outline the educational objectives of the training program and the standard against which trainees' abilities are measured.



 Competencies outline the expected professional behaviours, values and practices of trainees in 10 domains of professional practice.



• Entrustable Professional Activities (EPAs) outline the essential work tasks trainees need to be able to perform in the workplace.



Knowledge guides outline the expected baseline knowledge of trainees.

#### Common curricula standards

The renewed curricula for Advanced Training will consist of a mix of program-specific content and content that is common across Advanced Training programs.

- Competencies will be common across Advanced Training programs.
- Entrustable Professional Activities (EPAs) will contain a mix of content that is common and content that is program-specific.
- Knowledge Guides will be program-specific, although content may be shared between complementary programs.

#### **Professional Practice Framework**

The Professional Practice Framework describes ten domains of practice for all physicians.



### Learning, teaching, and assessment structure

The learning, teaching, and assessment structure defines the framework for delivery



Advanced Training learning, teaching, and assessment structure

- An entry decision is made before entry into the program.
- Progress decisions, based on competence, are made at the end of the specialty foundation and specialty consolidation phases of training.
- A completion decision, based on competence, is made at the end of the training program, resulting in eligibility for admission to Fellowship.

Advanced Training is a **hybrid time- and competency-based training program**. There is a minimum time requirement of between three to five years' full-time equivalent experience, depending on the training program undertaken. Progress and completion decisions are based on evidence of trainees' competence.

The Advanced Training program may be started once the prospective trainee has completed the entry requirements. This includes completion of Basic Physician Training required for Divisional Advanced Training programs.

# Curriculum standards

## **Competencies**

Competencies outline the expected professional behaviours, values and practices that trainees need to achieve by the end of training.

Competencies are grouped by the 10 domains of the professional practice framework.

Competencies will be common across training programs.



#### **Medical expertise**

**Professional standard:** Physicians apply knowledge and skills informed by best available current evidence in the delivery of high-quality, safe practice to facilitate agreed health outcomes for individual patients and populations.

**Knowledge:** Apply knowledge of the scientific basis of health and disease to the diagnosis and management of patients.

**Synthesis:** Gather relevant data via age- and context- appropriate means to develop reasonable differential diagnoses, recognising and considering interactions and impacts of comorbidities.

**Diagnosis and management:** Develop diagnostic and management plans that integrate an understanding of individual patient circumstances, including psychosocial factors and specific vulnerabilities, epidemiology, and population health factors in partnership with patients, families, or carers<sup>1</sup>, and in collaboration with the health care team.

<sup>&</sup>lt;sup>2</sup> References to patients in the remainder of this document may include their families and/or carers.

#### Communication



**Professional standard:** Physicians collate information, and share this information clearly, accurately, respectfully, responsibly, empathetically, and in a manner that is understandable.

Physicians share information responsibly with patients, families, carers, colleagues, community groups, the public, and other stakeholders to facilitate optimal health outcomes.

**Effective communication:** Use a range of effective and appropriate verbal, nonverbal, written and other communication techniques, including active listening.

**Communication with patients, families, and carers:** Use collaborative, effective, and empathetic communication with patients, families, and carers.

Communication with professionals and professional bodies: Use collaborative, respectful, and empathetic clinical communication with colleagues, other health professionals, professional bodies, and agencies.

**Written communication:** Document and share information about patients to optimise patient care and safety.

**Privacy and confidentiality:** Maintain appropriate privacy and confidentiality, and share information responsibly.

# (<del>+</del>

#### **Quality and safety**

**Professional standard:** Physicians practice in a safe, high-quality manner within the limits of their expertise.

Physicians regularly review and evaluate their own practice alongside peers and best practice standards, and conduct continuous improvement activities.

**Patient safety:** Demonstrate a safety focus and continuous improvement approach to own practice and health systems.

**Harm prevention and management:** Identify and report risks, adverse events, and errors to improve healthcare systems.

**Quality improvement:** Participate in quality improvement activities to improve quality of care and safety of the work environment.

Patient engagement: Enable patients to contribute to the safety of their care.

#### **Teaching and learning**

**Professional standard:** Physicians demonstrate a lifelong commitment to excellence in practice through continuous learning and evaluating evidence.

Physicians foster the learning of others in their profession through a commitment to mentoring, supervising, and teaching<sup>2</sup>.

**Lifelong learning:** Undertake effective self-education and continuing professional development.

**Self-evaluation:** Evaluate and reflect on gaps in own knowledge and skills to inform self-directed learning.

**Supervision:** Provide supervision for junior colleagues and/or team members.

**Teaching:** Apply appropriate educational techniques to facilitate the learning of colleagues and other health professionals.

**Patient education:** Apply appropriate educational techniques to promote understanding of health and disease amongst patients and populations.



#### Research

**Professional standard:** Physicians support creation, dissemination and translation of knowledge and practices applicable to health<sup>3</sup> They do this by engaging with and critically appraising research, and applying it in policy and practice to improve the health outcomes of patients and populations.

**Evidence-based practice:** Critically analyse relevant literature and refer to evidence-based clinical guidelines, and apply these in daily practice.

**Research:** Apply research methodology to add to the body of medical knowledge and improve practice and health outcomes.

<sup>&</sup>lt;sup>2</sup> Adapted from Richardson D, Oswald A, Chan M-K, Lang ES, Harvey BJ. Scholar. In: Frank JR, Snell L, Sherbino J, editors. The Draft CanMEDS 2015 Physician Competency Framework – Series IV. Ottawa: The Royal College of Physicians and Surgeons of Canada; 2015 March.

#### **Cultural safety**

Professional standard. Physicians engage in iterative and critical self-reflection of their own cultural identity, power, biases, prejudices, and practising behaviours. Together with the requirement of understanding the cultural rights of the community they serve, this brings awareness and accountability for the impact of the physician's own culture on decision making and health care delivery. It also allows for an adaptive practice where power is shared between patients, family, whānau, and/or community and the physician, to improve health outcomes.



Physicians recognise the patient and population's rights for culturally safe care, including being an ally for patient, family, whānau, and/or community autonomy and agency over their decision making. This shift in the physician's perspective fosters collaborative and engaged therapeutic relationships, allows for strength-based (or mana-enhanced) decisions, and sharing of power with the recipient of the care, optimising health care outcomes.

Physicians critically analyse their environment to understand how colonialism, systemic racism, social determinants of health, and other sources of inequity have and continue to underpin the healthcare context. Consequently, physicians then can recognise their interfacing with, and contribution to, the environment in which they work to advocate for safe, more equitable and decolonised services, and create an inclusive and safe workplace for all colleagues and team members of all cultural backgrounds<sup>3</sup>.

This is a placeholder for the competencies in the cultural safety domain, which are in development and will be added at a later date.

Curtis et al. "Why cultural safety rather than cultural competency is required to achieve health equity". International Journal for Equity in Health (2019) 18:174

<sup>&</sup>lt;sup>3</sup> The RACP has adopted the Medical Council of New Zealand's definition of cultural safety (below): Cultural safety can be defined as:

<sup>•</sup> the need for doctors to examine themselves and the potential impact of their own culture on clinical interactions and healthcare service delivery

the commitment by individual doctors to acknowledge and address any of their own biases, attitudes, assumptions, stereotypes, prejudices, structures, and characteristics that may affect the quality of care provided

the awareness that cultural safety encompasses a critical consciousness where health
professionals and health care organisations engage in ongoing self-reflection and self-awareness,
and hold themselves accountable for providing culturally safe care, as defined by the patient and
their communities.

## **Ethics and professional behaviour**



**Professional standard:** Physicians' practice is founded upon ethics. and physicians always treat patients and their families in a caring and respectful manner.

Physicians demonstrate their commitment and accountability to the health and wellbeing of individual patients, communities, populations, and society through ethical practice.

Physicians demonstrate high standards of personal behaviour.

Beliefs and attitudes: Reflect critically on personal beliefs and attitudes, including how these may impact on patient care.

Honesty and openness: Act honestly, including reporting accurately, and acknowledging their own errors.

Patient welfare: Prioritise patients' welfare and community benefit above self-interest.

**Accountability:** Be personally and socially accountable.

Personal limits: Practise within their own limits and according to ethical principles and professional guidelines.

**Self-care:** Implement strategies to maintain personal health and wellbeing.

Respect for peers: Recognise and respect the personal and professional integrity, roles, and contribution of peers.

Interaction with professionals: Interact equitably, collaboratively, and respectfully with other health professionals.

Respect and sensitivity: Respect patients, maintain appropriate relationships, and behave equitably.

Privacy and confidentiality: Protect and uphold patients' rights to privacy and confidentiality.

Compassion and empathy: Demonstrate a caring attitude towards patients and endeavour to understand patients' values and beliefs.

Health needs: Understand and address patients', families', carers', and colleagues' physical and emotional health needs.

Medical and health ethics and law: Practise according to current community and professional ethical standards and legal requirements.

# Judgement and decision making



**Professional standard:** Physicians collect and interpret information, and evaluate and synthesise evidence, to make the best possible decisions in their practice.

Physicians negotiate, implement, and review their decisions and recommendations with patients, their families and carers, and other health professionals.

**Diagnostic reasoning:** Apply sound diagnostic reasoning to clinical problems to make logical and safe clinical decisions.

**Resource allocation:** Apply judicious and cost-effective use of health resources to their practice.

Task delegation: Apply good judgement and decision making to the delegation of tasks.

**Limits of practice:** Recognise their own scope of practice and consult others when required.

**Shared decision-making:** Contribute effectively to team-based decision-making processes.

#### Leadership, management, and teamwork



**Professional standard:** Physicians recognise, respect, and aim to develop the skills of others, and engage collaboratively to achieve optimal outcomes for patients and populations.

Physicians contribute to and make decisions about policy, protocols, and resource allocation at personal, professional, organisational, and societal levels.

Physicians work effectively in diverse multidisciplinary teams and promote a safe, productive, and respectful work environment that is free from discrimination, bullying, and harassment.

**Managing others:** Lead teams, including setting directions, resolving conflicts, and managing individuals.

**Wellbeing:** Consider and work to ensure the health and safety of colleagues and other health professionals.

**Leadership:** Act as a role model and leader in professional practice.

**Teamwork:** Negotiate responsibilities within the healthcare team and function as an effective team member.

# Health policy, systems, and advocacy



**Professional standard:** Physicians apply their knowledge of the nature and attributes of local, national, and global health systems to their own practices. They identify, evaluate, and influence health determinants through local, national, and international policy.

Physicians deliver and advocate for the best health outcomes for all patients and populations.

**Health needs:** Respond to the health needs of the local community and the broader health needs of the people of Australia and New Zealand.

**Prevention and promotion:** Incorporate disease prevention, health promotion, and health surveillance into interactions with individual patients and their social support networks.

**Equity and access:** Work with patients and social support networks to address determinants of health that affect them and their access to needed health services or resources.

**Stakeholder engagement:** Involve communities and patient groups in decisions that affect them to identify priority problems and solutions.

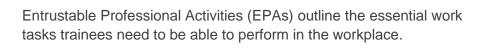
**Advocacy:** Advocate for prevention, promotion, equity, and access to support patient and population health needs within and outside the clinical environment.

**Resource allocation:** Understand the factors influencing resource allocation, promote efficiencies, and advocate to reduce inequities.

Sustainability. Manage the use of healthcare resources responsibly in everyday practice.



## **Entrustable Professional Activities**





#	Theme	Title
1	Team leadership	Lead a team of health professionals
2	Supervision and teaching	Supervise and teach professional colleagues
3	Quality improvement	Identify and address failures in health care delivery
4	Clinical assessment and management	Clinically assess and manage the ongoing care of patients
5	Management of transitions from paediatric to adult care	Manage transitions of patient care from paediatric to adult medicine
6	Acute paediatric respiratory care	Assess and manage the care of acutely unwell paediatric respiratory patients
7	Longitudinal care of patients with chronic respiratory conditions, from birth to the adolescent and young adult	Manage and coordinate the longitudinal care of patients with complex respiratory conditions, including end-of-life
8	Communication with patients and their parents/ caregivers, and other health professionals	Discuss diagnoses and management plans with patients, carers, families, health professionals and other community members engaging with the health service
9	<u>Prescribing</u>	Prescribe therapies tailored to patients' needs and conditions
10	<u>Procedures</u>	Plan, prepare for, perform, and provide aftercare for important practical procedures
11	<u>Investigations</u>	Select, organise, and interpret respiratory investigations

# **EPA 1: Team leadership**

Theme	Team leadership	
Title	Lead and/or work collaboratively with a team of health professionals	
Description	This activity requires the ability to:  prioritise workload  manage multiple concurrent tasks  articulate individual responsibilities, expertise, and accountability of team members  understand the range of team members' skills, expertise, and roles  acquire and apply leadership techniques in daily practice  collaborate with teams across multiple healthcare settings  encourage and adopt insights from team members  act as a role model  conduct multidisciplinary case conference.	
Behaviours		
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision The trainee will:	Requires some supervision  Possible behaviours of a trainee who needs some supervision to perform this activity  The trainee may:
Medical expertise	<ul> <li>use evidence-based care to meet the needs of patients or populations</li> <li>assess and effectively manage clinical risk in various scenarios</li> <li>demonstrate clinical competence and skills by effectively supporting team members</li> </ul>	<ul> <li>demonstrate adequate knowledge of health care issues by interpreting complex information</li> <li>assess the spectrum of problems to be addressed</li> <li>apply medical knowledge to assess the impact and clinical outcomes of management decisions</li> <li>provide coordinated and quality health care for populations or patients as a member of a multidisciplinary team</li> </ul>
Communication	<ul> <li>provide support and motivate patients or populations and health professionals by effective communication</li> <li>demonstrate a transparent, consultative style by engaging patients, families, carers, relevant professionals and/or the public in shared decision making</li> <li>demonstrate rapport with people at all levels by tailoring messages to different stakeholders</li> </ul>	<ul> <li>communicate adequately with colleagues</li> <li>communicate adequately with patients, families or carers, and/or the public</li> <li>respect the roles of team members</li> </ul>
Quality and safety	<ul> <li>identify opportunities to improve care by participating in surveillance and monitoring of adverse events and near misses</li> <li>identify activities within systems to reduce errors, improve patient and population safety, and implement cost effective change</li> <li>supervise team members in the development and conduct of clinical</li> </ul>	<ul> <li>participate in audits and other activities that affect the quality and safety of patients' care</li> <li>participate in multidisciplinary collaboration to provide effective health services and operational change</li> <li>use information resources and electronic medical record technology where available</li> </ul>

	<ul> <li>audits, up to implementing changes based on findings and measuring the effect of such changes</li> <li>place patient and staff safety and quality of care first in all decision making</li> </ul>	
	<ul> <li>promote commitment to high quality teaching within the team and with learners that are attached to the team</li> <li>regularly self-evaluate personal professional development practice,</li> </ul>	<ul> <li>accept feedback constructively, and change behaviour in response</li> <li>recognise the limits of personal expertise, and involve other health professionals as needed</li> </ul>
	and implement changes based on the results	<ul> <li>demonstrate basic skills in facilitating colleagues' learning</li> </ul>
Teaching	<ul> <li>actively seek feedback from supervisors and colleagues on their own performance</li> </ul>	
and learning	<ul> <li>identify personal gaps in knowledge and skills, and engage in self- directed learning</li> </ul>	
	<ul> <li>maintain current knowledge of new technologies, health care priorities and changes of patients' expectations</li> </ul>	
	<ul> <li>teach competently by imparting professional knowledge</li> <li>manage and monitor learner progress providing regular assessment and feedback</li> </ul>	
Research	ensure that any protocol for human research is approved by a human research ethics committee, in accordance with the national statement on ethical conduct in human research	<ul> <li>understand that patient participation in research is voluntary and based on an appropriate understanding about the purpose, methods, demands, risks, and potential benefits of the research</li> </ul>
	<ul> <li>demonstrate the ability to conduct a basic research project</li> </ul>	
Cultural safety	<ul> <li>demonstrate culturally safe relationships with professional colleagues and patients</li> <li>promote and advocate respect for diversity and difference</li> <li>take steps to minimise unconscious bias, including the impact of gender, religion, cultural beliefs, and socioeconomic background on decision making</li> </ul>	<ul> <li>demonstrate awareness of cultural diversity</li> <li>work effectively and respectfully with people from different cultural backgrounds</li> </ul>
Ethics and professional behaviour	<ul> <li>demonstrate ability to effectively manage own workload and prioritise concurrent tasks</li> <li>promote a team culture of shared accountability for decisions and outcomes</li> <li>encourage open discussions of ethical and clinical concerns</li> <li>respect differences of multidisciplinary team members</li> </ul>	<ul> <li>support ethical principles in clinical decision making</li> <li>maintain standards of medical practice by recognising the health interests of patients or populations as primary responsibilities</li> <li>respect the roles and expertise of other health professionals</li> <li>work effectively as a member of a team</li> <li>promote team values of honesty, discipline, and commitment to</li> </ul>

	<ul> <li>understand the ethics of resource allocation by aligning optimal patient and organisational care</li> <li>effectively consult with stakeholders</li> </ul>	
	<ul><li>and respect alternative views</li><li>acknowledge personal conflicts</li></ul>	
	of interest and unconscious bias	
	<ul> <li>act collaboratively to resolve behavioural incidents and conflicts such as harassment and bullying</li> </ul>	
	<ul> <li>evaluate health services and clarify expectations to support systematic and transparent decision making</li> </ul>	<ul> <li>review new health care interventions and resources</li> <li>interpret appropriate data and evidence</li> </ul>
	<ul> <li>make decisions when faced with multiple and conflicting perspectives</li> </ul>	for decision making
Judgement and decision making	contribute medical input to organisational decision making	
	<ul> <li>adopt a systematic approach to analysing information from a variety of specialties to make decisions that benefit health care delivery</li> </ul>	
	recognise limits of practice	
	<ul> <li>combine team members' skills and expertise in delivering patient centred care and/or population advice</li> </ul>	<ul> <li>understand the range of personal and other team members' skills, expertise, and roles</li> <li>acknowledge and respect the</li> </ul>
	<ul> <li>develop and lead effective multidisciplinary teams</li> </ul>	contribution of all health professionals involved in patient care
Leadership, management, and teamwork	<ul> <li>build effective relationships with multidisciplinary team members to achieve optimal outcomes</li> </ul>	<ul> <li>participate effectively and appropriately in multidisciplinary teams</li> <li>seek out and respect the perspectives</li> </ul>
and teamwork	<ul> <li>ensure all members of the team are accountable for their individual</li> </ul>	
	<ul> <li>practice</li> <li>actively promote, support, and advocate for improved wellbeing of colleagues and other health professionals</li> </ul>	
	engage in appropriate consultation with stakeholders on the delivery of	
	<ul> <li>health care</li> <li>advocate for the resources and support for health care teams to achieve organisational priorities</li> </ul>	<ul> <li>demonstrate awareness of organisational policies and procedures</li> </ul>
Health policy, systems, and advocacy	<ul> <li>influence the development of organisational policies and procedures to optimise health outcomes</li> </ul>	
	<ul> <li>identify the determinants of health of the population, and mitigate barriers to access to care</li> </ul>	
	<ul> <li>lead the development and use of organisational policies and procedures</li> </ul>	

# **EPA 2: Supervision and teaching**

Theme	Supervision and teaching	
Title	Demonstrate commitment to ongoing professional development and education of other health care practitioners	
Description	This activity requires the ability to:	
	<ul> <li>demonstrate commitment to health professional education opportunities</li> <li>provide work-based teaching in a variety of settings</li> <li>teach and role model professional skills</li> <li>create a safe and supportive learning environment</li> <li>plan, deliver, and provide work-based assessments</li> <li>encourage learners to be self-directed and identify learning experiences</li> <li>supervise learners, such as trainees and medical students, in day-to-day work, and provide timely and constructive feedback</li> <li>support learners to prepare for assessments</li> <li>role model commitment to lifelong learning and continuous professional development</li> <li>reflect on and evaluate own teaching and supervision skills.</li> </ul>	
Behaviours		
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision  Requires some supervision  Possible behaviours of a trainee who needs some supervision to perform this activity	
	The trainee will: The trainee may:	
Medical expertise	<ul> <li>combine high-quality care with high-quality teaching</li> <li>explain the rationale underpinning a structured approach to decision making by participating in teaching on the run / bedside teaching</li> <li>consider the patient and family/carer views during health consultations</li> <li>consider the population health effect when giving advice</li> <li>encourage the learner to consider the rationale and appropriateness of investigation and management options</li> <li>identify and support learners' strengths and areas for development and facilitate improvement, including learner's self-reflection</li> </ul>	
Communication	<ul> <li>listen and convey information clearly and considerately</li> <li>establish rapport and demonstrate respect for junior colleagues, medical students, and other health professionals</li> <li>communicate effectively when teaching, assessing, and appraising learners</li> <li>demonstrate accessible, supportive, and compassionate behaviour</li> </ul>	

- actively encourage a collaborative and safe learning environment with learners and other health professionals
- provide timely, clear and constructive feedback to learners with suggestions on how to improve
- encourage learners to tailor communication as appropriate for different patients<sup>4</sup>, such as younger or older people, and/or different populations
- support learners to deliver clear, concise, and relevant information in both verbal and written communication
- support learners to deliver quality care while maintaining their own wellbeing
- apply lessons learnt about patient safety by identifying and discussing risks with learners
- assess learners' competence, and provide timely feedback to minimise risks to care

Quality

and safety

**Teaching** 

and learning

maintain the safety of patients
(including obtaining informed
consent and maintain patient
confidentiality)
and organisations involved with
education, and appropriately identify
and action concerns

observe learners to reduce risks and improve health outcomes

- demonstrate knowledge of the principles, processes, and skills of supervision
- provide direct guidance to learners in day-to-day work
- work with learners to identify professional development and learning opportunities based on their individual learning needs
- offer feedback and role modelling
- participate in teaching, and supervise professional development activities
- encourage self-directed learning and assessment for oneself and other learners
- develop a consistent and fair approach to assessing learners
- tailor feedback and assessment to learners' goals
- seek feedback and reflect on own teaching by developing goals and strategies to improve

- demonstrate basic skills in the supervision of learners
- not tailor learning, assessment, and feedback to individual learners
- not match teaching and learning objectives clearly to outcomes
- not encourage learners to be self-directed

<sup>4</sup> References to patients in the remainder of this document may include their families or carers.

	<ul> <li>establish and maintain effective mentoring through open dialogue</li> <li>support learners to identify and contribute to formal and informal learning opportunities</li> </ul>	
	<ul> <li>recognise the limits of personal expertise, and involve others appropriately</li> </ul>	
Research	<ul> <li>clarify junior colleagues' research projects' goals and requirements, and provide feedback on the merits or challenges of proposed research</li> <li>monitor the progress of learners' research projects regularly, and may review research projects prior to submission</li> </ul>	<ul> <li>guide learners with respect to the choice of research projects</li> <li>ensure that the research projects planned are feasible and of suitable standards</li> </ul>
	<ul> <li>support learners to find forums to present research projects</li> <li>encourage and guide learners to seek out relevant research to support practice</li> </ul>	
	<ul> <li>role model a culturally appropriate approach to teaching</li> <li>encourage learners to seek out</li> </ul>	<ul> <li>function effectively and respectfully when working with and teaching with people from different cultural backgrounds</li> </ul>
	opportunities to develop and improve their own cultural competence	
Cultural safety	<ul> <li>encourage learners to consider culturally appropriate care of Aboriginal and Torres Strait Islander and Māori peoples in patients' management</li> <li>consider cultural, ethical, and religious values and beliefs in teaching and learning</li> </ul>	
Ethics and professional behaviour	<ul> <li>apply principles of ethical practice to teaching scenarios</li> <li>act as a role model to promote professional responsibility and ethics among learners</li> </ul>	<ul> <li>demonstrate professional values including commitment to high-quality clinical standards, compassion, empathy, and respect</li> <li>provide learners with feedback to</li> </ul>
	<ul> <li>respond appropriately to learners seeking professional guidance</li> </ul>	improve their experiences
	<ul> <li>prioritise workloads and manage learners with different levels of professional knowledge or experience</li> <li>link theory and practice when explaining professional decisions</li> </ul>	<ul> <li>provide general advice and support to learners</li> <li>use health data logically and effectively to investigate complex and/or uncertain diagnostic dilemma</li> </ul>
Judgement and decision making	<ul> <li>promote joint problem solving</li> <li>support a learning environment that allows for independent decision making</li> <li>use sound and evidence-based judgement during assessments and when communicating feedback</li> </ul>	
	to learners	

	<ul> <li>escalate concerns about learners appropriately and keep appropriate documentation</li> </ul>	
Leadership, management, and teamwork	performances and continuing of pro professional development health maintain professional, clinical, partici	nstrate the principles and practice fessionalism and leadership in a care ipate in mentor programs, career e, and general counselling
Health policy, systems, and advocacy		pletely integrate public health pals into teaching and practice

# **EPA 3: Quality improvement**

Theme	Quality improvement	
Title	Identify and address failures in health care delivery	
Description	This activity requires the ability to:  identify, mitigate, and report actual and potential (near miss) errors  conduct and evaluate system improvement activities  adhere to best practice guidelines  use clinical audit to improve practice and outcomes  contribute to the development of policies and protocols designed to protect patients and enhance health care  monitor one's own practice and develop individual improvement plans  Demonstrate commitment to ensuring deliverable healthcare is safe, timely, patient centred, effective, efficient and equitable.	
Behaviours		
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision	Requires some supervision  Possible behaviours of a trainee who needs some supervision to perform this activity
	The trainee will:	The trainee may:
Medical expertise	<ul> <li>regularly review patients or population health outcomes to identify opportunities for improvement in delivering appropriate care</li> <li>use standardised protocols / standard of care guidelines to adhere to best practice and ensure optimal outcomes where applicable</li> <li>demonstrate ability to critically analyse relevant literature and refer to evidence based guidelines and apply this to daily practice</li> <li>regularly monitor personal professional performance</li> </ul>	contribute to processes on identified opportunities for practice improvement use local guidelines to assist patient care decision making
	<ul> <li>support patients to have access to, and use, high-quality, easy-to-understand information about health care</li> <li>obtain informed consent before undertaking any investigation, procedure or thoropy.</li> </ul>	<ul> <li>demonstrate awareness of the evidence for consumer engagement and its contribution to quality improvement in health care</li> <li>apply knowledge of how health literacy might affect the way patients or populations gain access to understand</li> </ul>
Communication	<ul> <li>procedure or therapy</li> <li>assist patients' access to their health information, as well as complaint and feedback systems</li> <li>discuss with patients any safety and quality concerns they have relating to their care</li> <li>implement organisations' open disclosure policy</li> <li>engage consumers in quality improvement activities</li> </ul>	populations gain access to, understand, and use health information

Quality and safety	<ul> <li>demonstrate safety skills including infection control, adverse event reporting, and effective clinical handover during escalation and between transitions of care</li> <li>participate in organisational quality and safety activities, including morbidity and mortality reviews, antimicrobial stewardship, review of clinical guidelines / action plans and protocols, root cause analysis, and clinical incident reviews</li> <li>use clinical audits and registries of data on patients' experiences and outcomes, and learn from incidents and complaints to improve health care</li> </ul>	<ul> <li>demonstrate understanding of a systematic approach to improving the quality and safety of health care</li> <li>participate in systems for surveillance and monitoring of adverse events and near misses, including reporting such events</li> <li>ensure that identified opportunities for improvement are raised and reported appropriately</li> </ul>
Teaching and learning	<ul> <li>translate quality improvement approaches and methods into practice</li> <li>supervise and manage the performance of junior colleagues in the delivery of safe, high-quality care</li> </ul>	<ul> <li>work within organisational quality and safety systems for the delivery of clinical care</li> <li>participate in professional training in quality and safety to ensure a contemporary approach to safety system strategies</li> </ul>
Research	<ul> <li>ensure that any protocol for human research is approved by a human research ethics committee, in accordance with the national statement on ethical conduct in human research</li> <li>participate in clinical research that aims to improve patient outcomes, where applicable</li> </ul>	<ul> <li>understand that patient participation in research is voluntary and based on an appropriate understanding about the purpose, methods, demands, risks, and potential benefits of the research demonstrate an understanding of the limitations of evidence and the challenges of applying research in daily practice</li> <li>present critical analysis of relevant literature at departmental journal club meetings</li> </ul>
Cultural safety	<ul> <li>undertake professional development opportunities that address the impact of cultural bias on health outcomes</li> <li>apply frameworks and policies related to improving healthcare for Aboriginal and Torres Strait Islander and Māori peoples</li> </ul>	communicate in a manner that is appropriate to patients' language and cultural needs demonstrate commitment to improving cultural safety in your practice
Ethics and professional behaviour	<ul> <li>contribute to developing an organisational culture that enables and prioritises patients' safety and quality of care</li> <li>demonstrate professional values, including compassion, empathy, respect for diversity, integrity, honesty, and partnership to all patients and health professionals</li> </ul>	<ul> <li>comply with professional regulatory requirements and codes of conduct</li> <li>consider patients' (including young people's) / carers' capacity for decision-making and consent, involving a proxy decision maker appropriately</li> </ul>
Judgement and decision making	<ul> <li>use decision-making support tools, such as guidelines, protocols, pathways, and reminders</li> <li>analyse and evaluate current care processes to improve health care</li> </ul>	<ul> <li>access information and advice from other health care practitioners to identify, evaluate, and improve patients' care management</li> </ul>

# Leadership, management, and teamwork

- support multidisciplinary team activities to minimise risk of harm, and promote multidisciplinary and interdisciplinary education programs
- actively involve clinical pharmacists in the medication use process
- demonstrate attitudes of respect and cooperation among members of different professional teams
- partner with clinicians and managers to ensure that patients receive appropriate care and information on their care
- contribute and adhere to relevant organisational policies and procedures

#### support the development, implementation, evaluation, and monitoring of governance processes

- maintain a dialogue with service managers about issues that affect patient care
- help to shape an organisational culture that prioritises safety and quality through openness, honesty, learning, and quality improvement
- contribute to the development of policies and protocols designed to protect patients and enhance health care (including health promotion policies and protocols), such as development of interventions and resources to support smoking and vaping cessation for young people and carers in hospital and in the community

# advocacy

Health policy,

systems, and



# **EPA 4: Clinical assessment and management**

Theme	Clinical assessment and management	
Title	Clinically assess and manage the ongoing care of patients across multiple settings	
Description	<ul> <li>This activity requires the ability to:</li> <li>identify and access sources of relevant information about patients across the range of ages, from birth to young people, in inpatient and outpatient tertiary hospitals community settings, metropolitan and outreach as well as telehealth methods</li> <li>obtain patient histories</li> <li>examine patients</li> <li>synthesise findings to develop provisional and differential diagnoses</li> <li>generate a management plan (including select, organise, undertake, and interpret relevant investigations)</li> <li>discuss findings with patients, families and/or carers</li> <li>present findings to other health professionals.</li> </ul>	
Behaviours		
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision	Requires some supervision  Possible behaviours of a trainee who needs some supervision to perform this activity
Medical expertise	<ul> <li>elicit an accurate, organised, and problem-focused medical history considering physical, psychosocial, and risk factors</li> <li>perform a full physical examination to establish the nature and extent of problems</li> <li>synthesise and interpret findings from the history and examination to devise the most likely provisional diagnoses via reasonable differential diagnoses, including common and uncommon presentations, acute and chronic / complex conditions.</li> <li>assess the severity of problems, the likelihood of complications and clinical outcomes</li> <li>develop evidence-based management plans, and consider the balance of benefit and harm by taking patients' personal circumstances into account</li> <li>decide on the most appropriate investigations based on available evidence, minimise unnecessary and potentially harmful investigations where possible</li> <li>use the most appropriate methods to monitor chronic respiratory</li> </ul>	<ul> <li>take patient-centred histories, considering psychosocial factors</li> <li>perform accurate physical examinations</li> <li>recognise and correctly interpret abnormal findings</li> <li>synthesise pertinent information to direct the clinical encounter and diagnostic categories</li> <li>develop appropriate management plans</li> </ul>

	procedures/interventions (e.g. bronchoscopy, insertion and management of pleural drains, insertion and management of IV access)  manage patients where there are concerns for child maltreatment in conjunction with other relevant agencies	
Communication	<ul> <li>communicate openly, listen, and respond to patients, parents and carers' concerns seriously, and give them adequate opportunity to ask questions</li> <li>provide information to patients, family, or carers to enable them to make informed decisions from various diagnostic, therapeutic, and management options</li> <li>communicate clearly, effectively, respectfully, and promptly with other health professionals involved in patients' care</li> <li>communicate sensitively regarding diagnoses and management plans, such as genetic family disorders</li> <li>prepare timely and accurate communication in the form of letters and reports to disseminate relevant medical information to children and families, other health professionals and relevant other agencies</li> </ul>	<ul> <li>anticipate, read, and respond to verbal and nonspeaking cues</li> <li>demonstrate active listening skills</li> <li>communicate patients' situations to colleagues, including senior clinicians</li> <li>accurately and thoroughly document clinical history, examination, investigations, impression and management plans in the medical record</li> </ul>
Quality and safety	<ul> <li>demonstrate safety skills including infection control, adverse event reporting, and effective clinical handover</li> <li>recognise and effectively deal with aggressive and violent patient behaviours through appropriate training</li> <li>obtain informed consent before undertaking any investigation or providing treatment, except when not feasible e.g. in some emergency/life-saving situations</li> </ul>	<ul> <li>perform hand hygiene and take infection control precautions at appropriate moments</li> <li>take precaution against assaults from agitated patients, and ensure appropriate care of patients</li> <li>document history and physical examination findings, and synthesise with clarity and completeness</li> <li>ensure that patients are informed of the potential risks associated with any part of the proposed management plans</li> </ul>
Teaching and learning	<ul> <li>set defined objectives for clinical teaching encounters, and solicit feedback on mutually agreed goals</li> <li>regularly reflect and self-evaluate professional development</li> </ul>	<ul> <li>deliver teaching considering learners' level of training</li> <li>where appropriate, obtain informed consent before turning clinical activities into teaching opportunities</li> </ul>
Research	<ul> <li>search for, find, compile, analyse, interpret, and evaluate information relevant to the research subject / clinical question</li> </ul>	<ul> <li>refer to guidelines and medical literature to assist in clinical assessments when required</li> <li>demonstrate an understanding of the limitations of the evidence and the challenges of applying research in daily practice</li> </ul>

	<ul> <li>acknowledge patients' beliefs and values, and how these might impact on health</li> <li>display respect for patients' cultures, and attentiveness to social determinants of health</li> </ul>
Cultural safety	<ul> <li>demonstrate effective and culturally safe communication and care for Aboriginal and Torres Strait Islander and Māori peoples, and members of other cultural groups</li> <li>display an understanding of at least the most prevalent cultures in society, and an appreciation of their sensitivities appropriately access interpretive or culturally focused services</li> </ul>
	<ul> <li>other cultural groups</li> <li>use health information resources that are culturally safe</li> <li>culturally focused services</li> <li>appropriately access interpretive or culturally focused services</li> </ul>
Ethics and professional behaviour	<ul> <li>demonstrate professional values including compassion, empathy, respect for diversity, integrity, honesty, and partnership to</li> <li>demonstrate professional conduct, honesty and integrity</li> <li>consider patients' decision-making capacity</li> </ul>
	<ul> <li>all patients</li> <li>hold information about patients</li> <li>in confidence, unless the release of</li> <li>in decision making</li> </ul>
	<ul> <li>not advance personal interest or professional agendas at the expense of patient or social welfare people's) and/or carers' capacity for decision making, and involve</li> <li>not advance personal interest or professional agendas at the expense of patient or social welfare</li> </ul>
	a proxy decision when appropriate
	<ul> <li>apply knowledge and experience to identify patients' problems, and make logical, rational decisions and</li> <li>demonstrate clinical reasoning by gathering focused information relevant to patients' care</li> </ul>
Judgement and decision making	<ul> <li>act to achieve optimal patient outcomes</li> <li>consider comorbidity, uncertainty, and risk when making decisions</li> <li>recognise personal limitations, and seek help when required in an appropriate way</li> </ul>
	<ul> <li>and risk when making decisions about patient care</li> <li>use the best available evidence for the most appropriate therapies and</li> <li>determine the need for referral</li> </ul>
	interventions to ensure quality care
	<ul> <li>present and discuss complicated patients' cases with the local medical and surgical teams, and other members of the multidisciplinary team to determine clinical management</li> <li>share relevant information with members of the health care team</li> </ul>
Leadership, management, and teamwork	work effectively as a member of multidisciplinary teams to achieve patients' best health outcomes
	<ul> <li>demonstrate awareness of colleagues in difficulty, and work within the appropriate structural systems to support them while maintaining patient safety</li> </ul>
Health policy, systems, and advocacy	<ul> <li>demonstrate appropriate utilisation         of local, regional and national health         apprises and systems     </li> <li>identify and navigate components of the health system relevant to patients' care</li> </ul>
	<ul> <li>services and systems</li> <li>participate in health promotion, disease prevention and control, screening, and reporting notifiable diseases</li> <li>identify and access relevant community resources to support patient care</li> </ul>
	<ul> <li>evaluate the cost versus benefit of investigations</li> </ul>

- support and utilise innovations to ensure delivery of equitable and quality healthcare such as telehealth digitally integrated support services
- participate in health promotion and primary prevention activities and strategies to improve lung health in the communities



# **EPA 5: Management of transitions from paediatric to adult care**

Theme	Management of transitions from paedia	atric to adult care	
Title	Manage transitions of patient care from p	aediatric to adult medicine	
Description	This activity requires the ability to: <ul> <li>assess the timing and risks in transition from paediatric to adult care</li> <li>assess patient, family and/or carer readiness for transfer to adult care</li> <li>create goals of transition in care specific to patients and their care needs</li> <li>develop a transition plan in collaboration with patients, family and/or carers, and the medical team</li> <li>summarise and document the clinical case for handover to the adult respiratory physician.</li> </ul>		
Behaviours			
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision The trainee will:	Requires some supervision  Possible behaviours of a trainee who needs some supervision to perform this activity  The trainee may:	
Medical expertise	<ul> <li>assist patients from early adolescence to prepare for transfer to adult care at an appropriate age</li> <li>assess patients' health literacy and developmental readiness for the demands of the adult care setting</li> <li>assess adherence to treatment and monitoring plans</li> <li>outline the key components of a transitional care program and the differences between the cultures of paediatric and adult care services, including the role of the adult physician/GP</li> <li>evaluate environmental and lifestyle health risks, and advocate for healthy lifestyle choices</li> <li>anticipate, prevent, and manage changes in health status at the time of transfer</li> <li>adapt transition to meet individual patients' needs (e.g. if a patient has an intellectual disability)</li> </ul>	<ul> <li>assess psychosocial issues that may affect health and/or access to adult health services</li> <li>identify the ways in which chronic respiratory conditions may impact on patients' lifestyles, such as contraception, pregnancies, employment sport/leisure activities, and smoking/vaping/risk taking activities.</li> <li>establish plans for ongoing care that include monitoring health status and managing adherence</li> </ul>	
Communication	<ul> <li>explain the impact of chronic respiratory disease on adolescent and young adults' leisure, educational, and work activities</li> </ul>	<ul> <li>assess patients' understanding of their illness and health care needs, and work with them to increase their understanding.</li> <li>use communication skills and strategies that help patients make informed decisions</li> <li>recognise and explore the worries and concerns of adolescent and adult patients with chronic respiratory disease</li> <li>identify the need to shift responsibility for decision making from parents to patients</li> </ul>	

		<ul> <li>and work with patients and their carer on planning this</li> <li>communicate sensitively with adolescents and young adults</li> <li>recognise when it is appropriate to communicate with patients individually versus when it is appropriate to communicate with patients and their family members and/or carers</li> </ul>
		<ul> <li>discuss with patients the differences between paediatric and adult care, such as the involvement of the parent or carer in decisions for adult patients versus paediatric patients</li> </ul>
Quality and safety	<ul> <li>ensure patients are informed of risks associated with any part of the proposed management plans</li> </ul>	<ul> <li>document and provide handover of patient history with clarity and completeness</li> </ul>
Teaching and learning	<ul> <li>educate adolescents and young adults about their conditions and their impacts on their lives</li> </ul>	<ul> <li>explain how patient education can empower young adults to take responsibility for their health</li> </ul>
Cultural safety	<ul> <li>use culturally safe health information resource to assist with the provision of health information to Aboriginal and Torres Strait Islander, and Māori peoples</li> <li>discuss topics including sexuality and contraception sensitively and in line with the cultural and religious beliefs of patients</li> </ul>	
Ethics and professional behaviour	explain the role of GPs in patients' care	
Judgement and decision making	<ul> <li>identify the right time to start facilitating transition by considering the needs of individual patients and their family</li> <li>select the appropriate specialist to transition the patient to (e.g. general practitioner, respiratory physician, metro vs outreach/regional)</li> </ul>	consider whether a paediatric or adult setting may be more appropriate to conduct procedures and/or investigations in young people
Leadership, management, and teamwork	<ul> <li>recognise and work collaboratively with other health care providers, including allied health workers and psychologists</li> <li>ensure sufficient handover to all care providers (including primary care and community care providers), including robust notes to convey complex history and/or rationale for past decisions</li> </ul>	<ul> <li>recognise the importance of the multidisciplinary team in the management of young people</li> <li>consider how to transition other specialties in which the patient is receiving care, into adult care</li> </ul>

connect patients with local or online peer support groups

contribute to the development of a written transition policy, which is a document that sets out principles, standards, and practices of how transitions are managed at the centre

Health policy,

systems, and

advocacy

apply local and international guidelines around transitions in chronic respiratory disease

advocate for resources to support efficient and more effective transitions



# **EPA 6: Acute paediatric respiratory care**

Theme	Acute paediatric respiratory care		
Title	Assess and manage the care of acutely unwell paediatric respiratory patients		
Description	<ul> <li>This activity requires the ability to:</li> <li>recognise instability and medical acuity in clinical presentations</li> <li>provide assessment and initial stabilisation of airways, breathing, and circulation</li> <li>elicit a history, including relevant history, and perform relevant physical examinations</li> <li>select and/or interpret appropriate investigations</li> <li>develop and implement management plans</li> <li>liaise with paediatric intensive care or neonatal intensive care units, retrieval services and referral centres when appropriate</li> <li>safely prepare and handover acutely unwell patients at change of shift or change in patient status or location</li> <li>communicate with family and carers regarding acute situations and plans.</li> </ul>		
Behaviours			
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision	Requires some supervision  Possible behaviours of a trainee who needs some supervision to perform this activity	
	The trainee will:	The trainee may:	
Medical expertise	<ul> <li>recognise and manage typical and atypical respiratory presentations</li> <li>integrate and synthesise clinical information and results of investigations to assess clinical status</li> <li>initiate and manage respiratory support, including oxygen therapy, high flow, non-invasive and invasive ventilation (With the support of ICU physicians as required)</li> <li>monitor respiratory status in the acute setting including clinical observations, oximetry, capnography, and blood gases</li> <li>manage patients with central venous access devices, PICCs, gastrostomy tubes, and other in situ medical devices, in liaison with other subspecialty teams</li> </ul>	<ul> <li>recognise deterioration, and know how to escalate treatment</li> <li>perform the sequence of resuscitation as per established protocols</li> <li>use appropriate tools for monitoring acutely unwell patients</li> <li>develop management plans for immediate treatment</li> <li>select and use diagnostic techniques to differentiate the underlying causes and precipitating factors of respiratory disease and to evaluate respiratory status</li> </ul>	
Communication	<ul> <li>convey information to other medical professionals involved in patients' care, including ICU, retrieval services, and other teams (e.g. general surgery/thoracic surgery, cardiology, neurology, sleep medicine, general paediatrics)</li> <li>facilitate early sensitive communication</li> </ul>	<ul> <li>document information to outline the rationale for clinical decisions and action plans</li> <li>convey information to families about diagnosis and prognosis clearly, timely, and compassionately</li> <li>demonstrate communication skills to sufficiently support the function of multidisciplinary teams</li> </ul>	

	with patients and families during escalation and resuscitation to allow shared decision making  explain procedures clearly to patients, families and carers, including reasons for procedures, potential alternatives, and possible risks, to facilitate informed choices  accurately document procedures in the clinical notes, including informed consent, indication for the procedure, medicines given, aseptic technique, difficulties encountered and aftercare  support health professionals in remote settings to manage acutely unwell patients  support multidisciplinary teams to achieve the best health outcomes for acutely	
Quality and safety	<ul> <li>unwell patients</li> <li>consider alternative strategies         if complications arise or treatment         is ineffective         participate in organisational quality         and safety activities, including         morbidity and mortality reviews         and clinical incident reviews</li> <li>review and re-assess acute         management plans         comply with safety requirement         health service</li> </ul>	nts of the
Teaching and learning	<ul> <li>demonstrate learning behaviour and skills when educating junior colleagues, organise education and learning opportunities for colleagues and students.</li> <li>regularly reflect and self-evaluate professional development</li> <li>where appropriate, obtain informed consent before turning clinical activities into teaching opportunities</li> <li>self-reflect infrequently set unclear goals and objective for self-learning participate in in-service trainin technology</li> </ul>	
Research	<ul> <li>lead and/or participate clinical research that aims to improve patient outcomes, where applicable</li> <li>refer to evidence-based clinical search for and critically appraint evidence to resolve clinical are uncertainty</li> <li>demonstrate an understanding limitations of the evidence and challenges of applying research daily practice</li> </ul>	ise the eas of g of the d the
Cultural safety	<ul> <li>take steps to help support         Aboriginal, Torres Strait and Māori         families in a culturally safe way</li> <li>negotiate health care decisions         in a culturally appropriate way         by considering variation in family         structures, cultures, religion, or         belief systems</li> <li>consider cultural, ethical, and         religious values and beliefs in         leading multidisciplinary teams</li> <li>understand the impact of cultur         psychosocial perspectives of tractice cultural competency</li> </ul>	

Ethics and professional behaviour	<ul> <li>apply ethical principles to lifesaving treatments and patient and families' rights to decide management, including withdrawal of care</li> <li>engage appropriate colleagues in decision making (e.g. when withdrawing care or continuing to provide care despite patient/parent wishes)</li> <li>hold information about patients in confidence, unless the release of information is required by law or public interest</li> </ul>	<ul> <li>establish, where possible, patients' wishes and preferences about care</li> <li>consider discrepancies between parents' or carers' wishes and decisions around what is best for patients based on their personal comfort and life expectancy</li> </ul>
Judgement and decision making	<ul> <li>determine the setting of care appropriate for patients' current health care needs</li> <li>balance risk, effectiveness, and priority of intervention in the presence of multiple comorbidities and/or other features of case complexity</li> <li>reconcile conflicting advice from other specialties and support shared clinical decisions in the presence of uncertainty</li> <li>use care pathways effectively, including identifying reasons for variations in care</li> </ul>	<ul> <li>integrate best evidence and clinical expertise into decision making</li> <li>participate in decisions to admit, discharge, or transfer patients from the ICU</li> <li>recognise personal limitations and seek help when required (including escalation of care)</li> <li>assess personal skill levels, and seek help with procedures when appropriate</li> </ul>
Leadership, management, and teamwork	<ul> <li>collaborate effectively with staff in the emergency department, paediatric and neonatal intensive care units, and other subspecialty inpatient units in the acute care of patient as appropriate</li> <li>determine the need and timing of referrals to other physicians and surgeons</li> <li>check in and support team members wellbeing and, where necessary, support psychological first aid and formal debriefing</li> </ul>	<ul> <li>present patient cases to health care teams, and understand the respiratory management plans</li> <li>encourage an environment of openness and respect to lead effective teams</li> <li>determine the need and timing of referrals to other specialists (including general paediatrician, relevant adult health services)</li> </ul>
Health policy, systems, and advocacy	<ul> <li>apply the principles of efficient and equitable allocation of resources to meet individual, community, and national health needs, balancing costs against outcomes</li> <li>collaborate with emergency medicine staff, general paediatric team, and other colleagues to develop policies and protocols for the investigation and management of common acute presentations (including acute complications of chronic respiratory conditions)</li> <li>advocate for public health policies and strategies to promote lung health, such as climate change</li> </ul>	<ul> <li>understand the systems for the escalation of care for deteriorating patients</li> <li>understand the role of clinician leadership and advocacy in appraising and redesigning systems of care that lead to better patient outcomes</li> <li>apply knowledge of local protocols and resources</li> </ul>

mitigation strategies and air pollution reduction policies, and education and interventions targeted at tobacco-free and nicotine-free environment



# EPA 7: Longitudinal care of patients with chronic respiratory conditions, from birth to the adolescent and young adult

Thomas	Management of respiratory conditions	from birth to
Theme	adolescence, including end-of-life care	
Title	Manage and coordinate the longitudinal care of patients with complex respiratory conditions, including transition and end-of-life care	
Description	<ul> <li>This activity requires the ability to:</li> <li>develop management plans in consultation with patients, their families or carers</li> <li>facilitate patients', families' or carers' self-management and self-monitoring</li> <li>demonstrate problem-solving skills to manage chronic conditions, complications, disabilities, and comorbidities</li> <li>liaise with other health professionals and team members to ensure continuity of care and smooth transition of care</li> <li>engage with the broader health policy context, and responsibly use public resources</li> <li>manage end-of-life care plans.</li> </ul>	
Behaviours		
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision	Requires some supervision  Possible behaviours of a trainee who needs some supervision to perform this activity
	The trainee will:	The trainee may:
Medical expertise	<ul> <li>identify and address current clinical concerns as well as longer-term clinical objectives, as appropriate to patients' context</li> <li>collaborate with other clinicians (general paediatric, other subspecialty, and/or adult clinicians) to optimise the care of patients from birth through to adolescence and young adult</li> <li>create accurate and appropriately prioritised problem lists in clinical notes, or as part of ambulatory care reviews</li> <li>provide documentation on patients' presentations, management and progress, including key points of diagnosis and decision making</li> <li>ensure that patients, families or carers contribute to their need assessments and care planning</li> <li>recognise and appropriately utilise all available modalities (including health innovations) to monitor disease status, health trajectories, treatment outcomes, effectiveness, and adverse events</li> <li>timely review of care goals and treatment plans with patients, family or carers if significant changes in patients' conditions or circumstances occur (including</li> </ul>	<ul> <li>assess patients' knowledge, beliefs, concerns, and daily behaviours related to their chronic condition/disability and its management</li> <li>contribute to medical record entries on histories, examinations, and management plans in an accurate and sufficient manner as a member of multidisciplinary teams</li> </ul>

- consideration of end of life care plan)
- outline the key components of a transitional care program and the differences between the cultures of paediatric and adult care services, including the role of the adult physician/GP

#### encourage patients' access to self-monitoring devices and assistive technologies

- communicate with multidisciplinary team members, and involve patients in that dialogue
- help patients navigate the healthcare system by collaborating with other services, such as community health centres and consumer organisations, to improve access to care
- link patients to specific community-based health programs and group education programs
- identify opportunities to discuss end-of-life care, aligning it with patients', families' and carers' values and preferences
- identify appropriate timing of palliative care involvement

- work in partnership with patients, and motivate them to comply with agreed care plans
- wherever practical, meet patients' specific language and communication needs
- facilitate appropriate use of interpreter services and translated materials
- recognise when it is appropriate to communicate with young people individually versus when it is appropriate to communicate with patients and their family members and/or carers
- discuss appropriate support and bereavement care with family or carers

#### maintain up-to-date certification using innovative models of chronic disease care (e.g. telehealth and digitally integrated support services)

- participate in quality improvement processes impacting on patients' ability to undertake normal activities of daily living
- practice health care that maximises patient safety
- adopt a systematic approach to the review and improvement of professional practice in the
- that may be a risk to patients' safety
- review all clinical incident / deaths to determine the safety and quality of patients' care (including end-of-life care where relevant) and how it could be
- participate or support benchmarking through chronic disease registries

diseases management based

- participate in continuous quality improvement processes and clinical audits on chronic disease management
- identify activities that may improve patients' quality of life
- address issues if patients' safety may be compromised
- employ a systematic approach to improving the quality and safety of health care
- participate in organisational quality and safety activities, including clinical incident reviews

#### Quality and safety

Communication

- outpatient clinic setting identify aspects of service provision
- contribute to the development **Teaching** of clinical pathways for chronic
- use clinical practice guidelines for chronic diseases management

### and learning

- on current clinical guidelines (national and international)
- educate patients to recognise and monitor their symptoms, and undertake strategies to assist their recovery
- evaluate own professional practice
- role model effective clinical care
- demonstrate learning behaviour and skills in educating junior colleagues
- contribute to the generation of knowledge
- maintain professional continuing education standards relevant to the profession
- recognise and support feelings of moral distress and burnout in self and colleagues

prepare critical analysis of current

- recognise the limits of personal expertise, and involve other professionals as needed to contribute to patients' care
- use information technology appropriately as a resource for modern medical practice
- encourage junior colleagues to participate in multidisciplinary case reviews, mortality and morbidity meetings and adverse event reviews

#### literature on the management of chronic conditions to present at journal club meetings

- search for and critically appraise the evidence to resolve clinical areas of uncertainty
  - obtain informed consent or other valid authority before involving patients in research inform patients about their rights,
- the purpose of the research, the procedures to be undergone, and the potential risks and benefits of participation before obtaining consent

- search literature using Problem/ Intervention/Comparison/ Outcome (PICO) format
- recognise appropriate use of review articles
- refer to evidence-based clinical quidelines
- consult current research on clinical practice including investigations and management

- apply knowledge of the cultural needs of the community serving and how to shape service to target the need of the community
- provide culturally sensitive chronic disease management, practice strengths-based holistic care
- mitigate the influence of own culture and beliefs on interactions with patients and decision making
- adapt practice to improve patient engagement and healthcare outcomes

- practice cultural competency
- identify when to use interpreters
- allow enough time for communication across linguistic and cultural barriers
- acknowledge the social, economic, cultural, and behavioural factors influencing health, both at individual and population levels

#### Cultural safety

Research

#### encourage and support patients and, when relevant, their families or carers, in caring for themselves and managing their health in a respectful professional relationship.

- share information about patients' health care, consistent with privacy laws and professional guidelines about confidentiality
- use consent processes for the release and exchange of health information
- identify and respect the boundaries that define professional and therapeutic relationships
- respect the roles and expertise of other health professionals
- comply with the legal requirements of preparing and managing documentation
- demonstrate awareness of financial and other conflicts of interest
- recognise the complexity of ethical issues related to human life and death, when considering the allocation of scarce resources
- implement stepped care pathways in the management of chronic diseases and disabilities
- recognise patients' needs in terms of both internal resources and external support on a long-term care journey
- integrate prevention, early detection, health maintenance, and chronic condition management, where relevant, into clinical practice
- work to achieve optimal and cost effective patient care that allows maximum benefit from available resources

- share information between relevant service providers
- acknowledge and respect the contribution of health professionals involved in patients' care
- understand the responsibility to protect and advance the health and wellbeing of individuals and communities
- behave equitably towards all, irrespective of gender, age, culture, socioeconomic status, sexual preferences, beliefs, contribution to society, illness-related behaviours or the illness itself
- maintain the confidentiality of documentation, and store clinical notes appropriately
- ensure that the use of social media is consistent with ethical and legal obligations
- respond appropriately to patients', family, carers' or colleagues' distress or concerns
- recognise personal limitations, and seek help in an appropriate way when required
- understand the appropriate use of human resources, diagnostic interventions, therapeutic modalities, and health care facilities

#### Leadership, management, and teamwork

Judgement and

decision making

Ethics and

professional

behaviour

- use a multidisciplinary approach across services to manage patients with chronic diseases and disabilities
- develop collaborative relationships with patients, families or carers, and a range of health professionals
- coordinate whole-person care through involvement in all stages of the patients' care journey
- prepare for and conduct clinical encounters in an organised and efficient manner
- work effectively as a member and/or a leader of multidisciplinary teams or other professional groups
- formulate strategies to respectfully negotiate plans in the best interest

- participate in multidisciplinary team care for patients with chronic diseases and disabilities, including organisational and community care, on a continuing basis appropriate to patient context
- attend relevant clinical meetings regularly
- ensure all important discussions with colleagues, multidisciplinary team members, and patients are appropriately documented
- communicate effectively with local service providers, primary care and other community organisations in planning and management of care, including

of the patient at times when there are differences in opinions between health professionals

- review discharge summaries, notes, and other communications written by junior colleagues
- support colleagues who raise concerns about patient safety
- facilitate an environment where all team members feel they can contribute and their opinion is valued
- support the wellbeing of team members
- assess alternative models of health care delivery to patients with chronic diseases and disabilities
- participate in initiatives for chronic diseases management to reduce hospital admissions, prevent deterioration, and improve patients' quality of life
- help patients access initiatives and services for patients with chronic diseases and disabilities
- demonstrate capacity to engage in the surveillance and monitoring of the health status of populations in the outpatient setting
- maintain good relationships with health agencies and services
- apply the principles of efficient and equitable allocation of resources to meet individual, community, and national health needs
- of care/treatment to ensure that when feasible, it is provided as close as possible to home, and that travel to and within the networked services only occurs when essential, ensuring timely care access and the best possible outcomes
- effectively and safely utilise appropriate/approved digital technologies and systems to facilitate improved communication and access to care
- for the care of young people with cystic fibrosis, recommend and advocate for transition of care to specialised adult cystic fibrosis multidisciplinary clinics.

referring and receiving health services

- demonstrate awareness of initiatives and services available for patients with chronic diseases and disabilities, and knowledge of how to access these support
- identify common population health screening and prevention approaches

Health policy, systems, and advocacy

#### **EPA 8: Communication with patients**

Theme	Communication with patients	
Title	Discuss diagnoses and management plans with patients	
Description	<ul> <li>This activity requires the ability to:</li> <li>select a suitable context for discussions, and include family or carers and other team members</li> <li>adopt a patient-centred perspective, including adjusting for age, cognition and disabilities</li> <li>select and use appropriate modalities and communication strategies</li> <li>structure conversations intentionally</li> <li>negotiate mutually agreed management plans</li> <li>verify patients', families' or carers' understanding of information conveyed</li> <li>develop and implement plans for ensuring actions occur</li> <li>deliver education to patients, families and health professionals at appropriate levels of understanding</li> </ul>	
	ensure conversations are documented.	
Behaviours	Peady to perform	
	Ready to perform	
Professional practice framework domain	without supervision  Expected behaviours of a trainee who can routinely perform this activity without needing supervision  Requires some supervision some supervision to perform the some supervision the some supe	e who needs
	The trainee will: The trainee may:	
Medical expertise	<ul> <li>anticipate and be able to correct any misunderstandings patients may have about their conditions, care and/or risk factors</li> <li>inform patients of all aspects of their clinical management and possible alternate approaches, including assessments and investigations, and give adequate opportunity to question or refuse interventions and treatments</li> <li>seek to understand the concerns and goals of patients, and to plan management in partnership with them</li> <li>provide information to patients to enable them to make informed decisions about diagnostic, therapeutic, and management options</li> <li>recognise when to refer patients to psychological support services</li> <li>provide safe and supportive expert advice for colleagues seeking tertiary respiratory paediatric opinion, for example during a phone consultation</li> </ul>	management ng of clinical to colleagues gement plan
Communication	<ul> <li>use appropriate communication strategies and modalities for communication, such as</li> <li>select appropriate modes of communication</li> <li>engage patients in discussion avoiding the use of jargon</li> </ul>	าร,

- face-to-face, email, phone calls, and digital health platform
- elicit patients' views, concerns and preferences, promoting rapport
- provide information to patients in plain language, avoiding jargon, acronyms, and complex medical terms
- encourage questions and answer them thoroughly
- ask patients to share their thoughts or explain management plans in their own words, to verify understanding
- convey information considerately and sensitively to patients, and seek clarification if unsure of how best to proceed
- treat children and young people respectfully, and listen to their views
- recognise the role of family or carers and, when appropriate, encourage the young person to involve their family or carers in decisions about their care
- explain diagnoses, incidental findings, management, and long-term impacts to parents and carers
- utilise appropriate defusing and de-escalation strategies for angry patients/carers, prioritising your own safety and that of your team
- ensure appropriate documentation in the medical record or other appropriate means of record keeping

- check patients' understandings of information
- adapt communication styles in response to patients' age, developmental level, and cognitive, physical, cultural, socioeconomic, and situational factors
- see adolescents and young adults by themselves during part of the consultation
- utilise professional interpreters and other communication assistance means during every clinical encounter with patients who cannot communicate confidently or verbally in English at a level required for health understanding, and document this in the medical record
- collaborate with patient liaison officers as required
- provide timely updates to patients and care providers when there is a change in plan or new result
- demonstrate active listening skills
- communicate patients' situations to colleagues, including senior clinicians

# Quality and safety

- discuss with patients their condition and available management options, including their potential benefits and harms
- apply the principles of informed consent including the provision of information to patients in a way they can understand before asking for their consent
- consider young people's capacity for decision making and consent
- recognise and take precautions where patients may be vulnerable, such as issues of child protection or self-harm
- participate in processes to manage patient complaints

- inform patients of the risks associated with proposed management plans
- treat information about patients as confidential

# Teaching and learning

- provide education to peers, junior colleagues and students, using appropriate language tailored to
- respond appropriately to information sourced by patients, and to patients' knowledge regarding their condition

- their level of prior knowledge and current learning needs
- obtain informed consent or other valid authority before involving patients in teaching
- provide appropriate and ongoing education for patients and carers including verbal, written and digital information
- reflect on communication interactions that did not go as expected and demonstrate openness to feedback, continuous learning and improvement
- provide information to patients that is based on evidence-based clinical guidelines
- provide research information to patients that is based on guidelines issued by the National Health and Medical Research Council and/or Health Research Council of NZ
- apply the principles of informed consent by providing information to patients in a way they can understand before asking for their consent to participate in research
- understand when young people can consent for participation in research
- obtain informed consent or other valid authority before involving patients in research
  - communicate any research findings to appropriate stakeholders including patient community

- refer to evidence-based clinical guidelines
- demonstrate an understanding of the limitations of the evidence and the challenges of applying research in daily practice

#### Research

- demonstrate effective and culturally safe communication with Aboriginal and Torres Strait Islander and Māori peoples
- effectively communicate with members of other cultural groups by meeting patients' specific language, cultural, and communication needs
- provide plain language and culturally appropriate written materials to patients when possible

- identify when to use interpreters
- allow enough time for communication across linguistic and cultural barriers
- when necessary, use qualified language interpreters or cultural interpreters to help to meet patients' communication needs

#### Cultural safety

- possible
   encourage and support patients to be well informed about their health, and to use this information
- encourage and support patients and, when relevant, their families

wisely when they make decisions

- respect the preferences of patients
- communicate appropriately, consistent with the context, and respect patients' needs and preferences
- maximise patient autonomy, and support their decision making

# Ethics and professional behaviour

- or carers, in caring for themselves and managing their health
- demonstrate respectful, professional relationships with patients
- identify when it is appropriate to communicate with the patient versus their family or carer
- prioritise honesty, patient welfare, and community benefit above self-interest
- develop a high standard of personal conduct, consistent with professional and community expectations
- support patients' rights to seek second opinions

- apply appropriate boundaries (e.g., avoid sexual, intimate, and/or financial relationships with patients)
- demonstrate a caring attitude towards patients
- respect patients, including protecting their rights to privacy and confidentiality
- behave equitably towards all, irrespective of gender, age, culture, social and economic status, sexual preferences, beliefs, contribution to society, illness related behaviours, or the illness itself
- use social media ethically and according to legal obligations to protect patients' confidentiality and privacy
- role model excellent communication with other health professionals and students
- communicate effectively with team members involved in patients' care, and with patients, families or carers, and other clinicians involved in patients' care in the community
- discuss medical assessments, treatment plans and investigations with patients and primary care teams, and work collaboratively with them
- discuss patients' care needs with team members to align them with appropriate resources
- facilitate an environment in which all team members feel they can contribute and their opinion is valued
- all team members feel they can contribute and that their opinion is valued
- formulate strategies to respectfully negotiate plans in the best interest of the patient at times when there are differences in opinions

- answer questions from team members
- summarise, clarify, and communicate responsibilities of health care team members
- keep health care team members focused on patient outcomes

#### Leadership, management, and teamwork

- facilitate an environment where
- between health professionals
- communicate with and involve other health professionals as appropriate

#### Health policy, systems, and advocacy

- help patients navigate the healthcare system by working in collaboration with other services, such as community health centres and consumer organisations
- advocate for appropriate immunisations and vaccines while maintaining respect for the views and wishes of individual patients
- advocate for and support smoking and vaping cessation (in both young people and carers) through
- Advanced Training Curriculum Standards Respiratory Medicine (Paediatrics & Child Health) consultation draft, November 2023

- education and intervention where possible
- effectively and safely utilise appropriate/approved digital technologies and systems to facilitate improved communication



#### **EPA 9: Prescribing**

Theme	Prescribing	
Title	Prescribe therapies tailored to patients' needs and conditions	
Description	<ul> <li>This activity requires the ability to:</li> <li>take and interpret medication histories, including immunisation history</li> <li>choose appropriate medicines based on an understanding of pharmacology, taking into consideration age, weight, comorbidities, potential drug interactions, risks, and benefits</li> <li>determine appropriate treatment regimens whilst weighing up risks versus benefit</li> <li>communicate with patients, families or carers about the indications, benefits, and risks of proposed therapies</li> <li>provide instruction on treatment administration effects and side effects</li> <li>monitor medicines for efficacy and safety</li> <li>review medicines and interactions, and cease where appropriate</li> <li>collaborate with pharmacists</li> <li>knowledge and competency in prescribing new therapies.</li> </ul>	
Behaviours		
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision  Requires some supervision  Possible behaviours of a trainee who needs some supervision to perform this activity	
Medical expertise	<ul> <li>identify the patients' disorder requiring pharmacotherapy</li> <li>identify medicines that may cause a high risk of harm to children (including young women at childbearing age)</li> <li>consider non-pharmacological therapies</li> <li>consider age, gestation, weight, chronic disease status, allergies, and potential drug interactions when prescribing</li> <li>demonstrate awareness of and mitigate calculation errors</li> <li>optimise the use of antimicrobials with involvement with antimicrobial stewardship</li> <li>plan for follow-up and monitoring</li> <li>demonstrate awareness of different formulations of common medications, and consider appropriate formulation and/or strength for individual patient</li> <li>recognise the impacts of age and metabolism on the absorption, distribution, and excretion of medicines</li> <li>knowledge and competency in prescribing new drug therapies, changes in line with updates in</li> </ul>	

rationalising therapy with regular medication review.

- discuss and evaluate the risk and benefits of treatment options, making decisions in partnership with patients and their parents/carers
- write clear, legible prescriptions in plain language, and include specific indications for the anticipated duration of therapy
- demonstrate dosing / drug delivery technique and include written instructions / plans, and ask the parent or carer to demonstrate to confirm knowledge
- educate patients about the intended use, expected outcomes, and potential side effects for each prescribed medication, addressing the common and the rare but serious side effects at the time of prescribing, to improve patients' adherence to pharmacotherapy
- outline strategies to assist with children taking unpalatable medicines
- describe how the medication should and should not be administered, including any important relationships to food, time of day, and other medicines being taken
- ensure patients' understanding by repeating back pertinent information, such as when to return for monitoring and whether therapy continues after this single prescription
- identify patients' concerns and expectations, and explain how medicines might affect their everyday lives

- discuss and explain the rationale for treatment options with patients, families or carers
- explain the benefits and burdens of therapies, considering patients' individual circumstances
- write clearly legible scripts or charts using generic names of the required medication in full, including mg/kg/dose information and all legally required information
- seek further advice from experienced clinicians or pharmacists or physiotherapist (for nebulised therapy) when appropriate

#### Communication

# review medicines regularly to improve compliance, and monitor treatment effectiveness, possible side effects, and drug interactions, ceasing unnecessary medicines

- use electronic prescribing tools where available, and access electronic drug references to prevent errors caused by drug interactions, miscalculation, and poor handwriting
- consider available evidence and experience prior to prescribing new medications
- participate in clinical audits to improve prescribing behaviour, including an approach to

- check the dose before prescribing
- monitor side effects of medicines prescribed
- identify medication errors and institute appropriate measures
- use electronic prescribing systems safely
- rationalise medicines to avoid polypharmacy and reduce care burden
- awareness of potential financial support to assist patient access to medication e.g.
   Health care card and Close The Gap scheme in Australia

# Quality and safety

	polypharmacy and prescribing cascade  report suspected adverse events to the Advisory Committee on Medicines, and record it in patients' medical records  educate patients and families on nature and type of adverse events, including misconception of allergic reaction	
Teaching and learning	<ul> <li>use continuously updated software for computers and electronic prescribing programs</li> <li>role model how to ensure patients understand the management plan, including adherence issues</li> <li>use appropriate guidelines and evidence-based medicine resources to maintain a working knowledge of current medicines, and keep up to date on new medicines, change in the use of existing medication, updates in guidelines.</li> </ul>	<ul> <li>undertake continuing professional development to maintain currency with prescribing guidelines and innovations in drug therapies</li> <li>reflect on prescribing and seek feedback from a supervisor</li> </ul>
Research	<ul> <li>critically appraise research material to understand the benefits and risks (including financial cost) of new medicines relative to medicines that have been on the market for longer</li> <li>use sources of independent information about medicines that provide accurate summaries of the available evidence on new medicines</li> </ul>	<ul> <li>make therapeutic decisions according to the best evidence</li> <li>recognise where evidence is limited, compromised, or subject to bias or conflict of interest</li> </ul>
Cultural safety	<ul> <li>use culturally safe health information resources to facilitate patient understanding of the benefits and risks of specific medications</li> <li>explore patients' understanding of and preferences for pharmacological and nonpharmacological management</li> <li>offer patients effective choices based on their expectations of treatment, health beliefs, and cost interpret and explain information to patients at the appropriate level of their health literacy</li> <li>anticipate queries to help enhance the likelihood of medicines being taken as advised</li> <li>ensure appropriate information is available at all steps of the medicine management pathway</li> </ul>	appreciate patients' cultural and religious backgrounds, attitudes and beliefs, and how these might influence the acceptability of pharmacological and nonpharmacological management approaches
Ethics and professional behaviour	provide information to patients about:     what the medicine is for	consider the efficacy of medicines in treating illnesses, including the relative

what it does merits of different pharmacological and potential side effects nonpharmacological options how to take it follow regulatory and legal requirements when it should be stopped and limitations regarding prescribing make prescribing decisions based follow organisational policies on on good safety data when the pharmaceutical representative visits benefits outweigh the risks and drug marketing involved demonstrate understanding of the ethical implications of pharmaceutical industry marketing and funded research consider the following factors for use a systematic approach to select treatment options all medicines: use medicines safely and » contraindications cost to patients, families, and the effectively to get the best possible results community funding and regulatory considerations choose suitable medicines only generic versus brand medicines if medicines are considered interactions >> necessary and benefit patients Judgement and risk-benefit analysis prescribe medicines appropriately decision making recognise personal limitations, and seek to patients' clinical needs, in help in an appropriate way when required doses that meet their individual requirements, for a sufficient length of time, with the lowest cost to them evaluate new medicines in relation to their possible efficacy, financial cost, and safety profile for individual patients work collaboratively with pharmacists and interact with medical, pharmacy other relevant medical experts (e.g. and nursing staff to ensure safe Leadership, infectious disease physicians in antibiotic and effective medicine use management, stewardship). and teamwork participate in medication safety and morbidity and mortality meetings prescribe in accordance with choose medicines in relation the organisational policy to comparative efficacy, safety, and cost effectiveness against medicines already on the market prescribe for individual patients. considering history, current medicines, allergies, and preferences, ensuring resources are used wisely for the benefit of patients Health policy, advocate for appropriate systems, and immunisations and vaccines while advocacy maintaining respect for the views and wishes of individual patients advocate and support smoking and vaping cessation interventions, including nicotine withdrawal therapies for young people and carers advocate for equitable access to effective treatment available overseas or not currently

subsidised by the government for

patients in Australia and New Zealand



#### **EPA 10: Procedures**

Theme	Procedures		
Title	Plan, prepare for, perform, and provide aftercare for important practical procedures		
Description	<ul> <li>This activity requires the ability to:</li> <li>ensure appropriate procedures are selected in partnership with patients, their families or carers</li> <li>obtain informed consent</li> <li>set up equipment, maintaining an aseptic field (if required)</li> <li>perform procedures (if required)</li> <li>manage unexpected events and complications during and after procedures (if required)</li> <li>provide perioperative and aftercare for patients</li> <li>communicate aftercare protocols and instructions to patients and medical and nursing staff</li> <li>interpret results and outcomes of procedures, including bronchoscopy and reports</li> <li>communicate the outcome of procedures and associated investigations to patients, their families, or carers.</li> </ul>		
Behaviours			
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision  Requires some supervision  Possible behaviours of a trainee who needs some supervision to perform this activity		
Medical expertise	<ul> <li>select procedures by assessing patient-specific factors, risks, benefits, and alternatives</li> <li>ensure team members are aware of all identified allergies/adverse reactions, and take precautions to avoid allergies/adverse reactions during procedures</li> <li>ensure patients have complied with pre-procedure preparations</li> <li>recognise and effectively manage complications arising during or after procedures</li> <li>recognise and correctly interpret normal and abnormal findings of diagnostic procedures</li> <li>confidently and consistently perform a range of procedures common to paediatric respiratory medicine including flexible bronchoscopy.</li> <li>establish the use of respiratory support, such as oxygen therapy and non-invasive ventilation (including high flow nasal cannulae</li> </ul>		

- accurately document procedures in clinical notes, including informed consent, procedures requested and performed, reasons for procedures, medicines given, aseptic technique (if required), and aftercare
- explain procedures clearly to patients, families or carers, including reasons for procedures, potential alternatives, and possible risks, to facilitate informed choices
- counsel patients sensitively and effectively, and support them to make informed choices
- address patients' and family or carers' concerns relating to procedures, providing opportunities to ask questions
- tailor language according to patients' age and capacity to understand
- communicate effectively with team members, patients, families, or carers prior to, during and after procedures

obtain informed consent or other

valid authority before undertaking

- explain the process of procedures to patients without providing broader context
- help patients, families or carers to choose procedures
- communicate with members of procedural teams so all team members understand who each member is
- discuss postprocedural care with patients, families or carers
- complete relevant patients' documentation, and conduct an appropriate clinical handover

# Quality

and safety

Communication

# set up all necessary equipment for

any procedure

- bronchoscopy, and consistently use universal precautions and aseptic technique confirm patients' identification
- and verify the procedure and, where appropriate, the correct site/side/level for the procedure
- ensure that information on patients' consent forms match procedures to be performed
- identify, document, and appropriately notify of any adverse event or equipment malfunction
- demonstrate principles of physician safety, such as infection control when performing bronchoscopy

- provide information in a manner so that patients, families or carers are fully informed when consenting to any procedure
- demonstrate an inconsistent application of aseptic technique
- identify patients using approved patients' identifiers before any treatment or intervention is initiated
- attempt to perform a procedure in an unsafe environment

#### Teaching and learning

- refer to and/or be familiar with relevant published procedural guidelines prior to undertaking procedures
- provide specific and constructive feedback and comments to junior colleagues
- initiate and conduct skills training for junior staff
- participate in continued professional development
- help junior colleagues to develop new skills
- actively seek feedback on personal technique until competent
- organise or participate in in-service training on new technology

#### Cultural safety

- consider individual patients' cultural perceptions of health and illness, and adapt practice accordingly
- respect religious, cultural, linguistic, and family values and differences
- involve patient liaison officers where appropriate

	understand institution/denortment	perform procedures when adequately
	<ul> <li>understand institution/department protocols and ethical practices and guidelines around performing</li> </ul>	supervised  follow procedures to ensure safe practice
	procedures	Tollow procedures to ensure sare practice
	<ul> <li>if required to perform procedures, do so in accordance with</li> </ul>	
	institution/department protocols and ethical practices and guidelines	
Ethics and professional	<ul> <li>demonstrate knowledge of how</li> </ul>	
behaviour	respiratory related procedures are performed in their institution	
	<ul> <li>identify appropriate proxy decisionmakers when required</li> </ul>	
	<ul> <li>show respect for knowledge and expertise of colleagues</li> </ul>	
	<ul> <li>maximise patient autonomy (for both</li> </ul>	
	young people and carers) in decision making	
	<ul> <li>identify roles and optimal timings for diagnostic procedures</li> </ul>	<ul> <li>prioritise which patients receive procedures first (if there is a waiting list)</li> </ul>
	<ul> <li>critically appraise information from</li> </ul>	<ul> <li>assess personal skill level, and seek help</li> </ul>
	assessments and evaluations of risks and benefits to prioritise	<ul><li>with procedures when appropriate</li><li>use tools and guidelines to support</li></ul>
	<ul><li>patients on a waiting list</li><li>make clinical judgements and</li></ul>	decision making
Judgement and	decisions based on available evidence	
decision making	<ul> <li>select the most appropriate and</li> </ul>	
	<ul><li>cost-effective diagnostic procedures</li><li>adapt procedures in response to</li></ul>	
	assessments of risks to individual patients	
	<ul> <li>select appropriate investigations</li> </ul>	
	on the samples obtained in diagnostic procedures	
	<ul> <li>explain critical steps, anticipated events, and equipment requirements</li> </ul>	<ul> <li>ensure all relevant team members are aware that a procedure is occurring</li> </ul>
	to teams on planned procedures  provide staff with clear aftercare	<ul> <li>discuss patients' management plans for recovery with colleagues</li> </ul>
	instructions, and explain how to	ion recovery with concagaco
Leadership,	recognise possible complications  identify relevant management	
management, and teamwork	options with colleagues according to their level of training and	
	experience to reduce error, prevent complications, and support efficient	
	teamwork	
	<ul> <li>coordinate efforts, encourage others, and accept responsibility for work done</li> </ul>	
	discuss serious incidents at	perform procedures in accordance with
Health policy,	<ul><li>appropriate clinical review meetings</li><li>initiate local improvement strategies</li></ul>	organisational guidelines and policies
systems, and advocacy	in response to serious incidents	
	<ul> <li>use resources efficiently when performing procedures</li> </ul>	

#### **EPA 11: Investigations**

Theme	Investigations		
Title	Select, organise, and interpret investigations		
Description	<ul> <li>This activity requires the ability to:</li> <li>select, plan and use evidence-based clinically appropriate investigations</li> <li>prioritise patients receiving investigations (if there is a waiting list)</li> <li>evaluate the anticipated value of the investigation</li> <li>work in partnership with patients, their families or carers to facilitate choices that are right for them</li> <li>provide aftercare for patients (if needed)</li> <li>interpret the results and outcomes of investigations</li> <li>communicate the outcome of investigations to patients.</li> </ul>		
Behaviours			
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision	Requires some supervision  Possible behaviours of a trainee who needs some supervision to perform this activity	
	The trainee will:	The trainee may:	
Medical expertise	<ul> <li>choose evidence-based investigations, and frame them as an adjunct to comprehensive clinical assessments</li> <li>weigh up the cost, risks and potential benefits of investigations</li> <li>assess patients' and carers' concerns, and determine the need for tests that are likely to result in overall benefits</li> <li>develop plans for investigations, identifying their roles and timings</li> <li>assess additional needs and impacts of sedation or general anaesthesia needed for procedures or investigations for paediatric patients</li> <li>recognise and correctly interpret abnormal findings considering patients' specific circumstances, and act accordingly</li> </ul>	<ul> <li>provide rationale for investigations</li> <li>understand the significance of abnorma test results and act on these</li> <li>consider patients' factors and comorbidities</li> <li>consider age-specific reference ranges for lung function interpretation</li> </ul>	
Communication	<ul> <li>explain to patients and carers the options, including the potential benefits, risks, burdens, and side effects, including the option to have no investigations</li> <li>use clear and simple language, and check that patients and carers understand the terms used and agree to proceed with proposed investigations</li> </ul>	<ul> <li>discuss the indications, risks, benefits, and complications of investigations with patients before ordering investigations</li> <li>explain the results of investigations to patients in a timely manner</li> <li>arrange investigations providing accurated and informative referrals, liaising with other services where appropriate</li> </ul>	
	<ul> <li>confirm patients and carers understand the information they have been given, and the need for more information before deciding</li> </ul>		

	<ul> <li>identify patients' and carers' concerns and expectations, and provide adequate explanations on the rationale for individual test ordering</li> <li>use written material, visual aids or other aids that are accurate and up to date to support discussions with patients and carers</li> <li>explain findings or possible outcomes of investigations to patients, families or carers</li> <li>give information that patients and carers may find distressing in a considerate and culturally safe way</li> </ul>	
Quality and safety	<ul> <li>identify adverse outcomes that may result from a proposed investigation, focusing on patients' individual situations</li> </ul>	<ul> <li>consider safety aspects of investigations in planning</li> <li>seek help when required with interpretation of test results for less common tests or indications, or for unexpected results</li> </ul>
Teaching and learning	<ul> <li>use appropriate guidelines, evidence sources, and decision support tools when selecting and interpreting investigations</li> <li>participate in clinical audits to improve test ordering strategies for diagnoses and screening</li> <li>provide education to peers, junior doctors, medical students and/or other health professionals that is tailored to their level of prior knowledge and current learning needs</li> </ul>	undertake professional development to maintain currency with investigation guidelines
Research	<ul> <li>provide patients with relevant information if a proposed investigation is part of a research program</li> <li>obtain written informed consent from patients if the investigation is part of a research program</li> </ul>	<ul> <li>refer to evidence-based clinical guidelines</li> <li>consult current research on investigations</li> </ul>
Cultural safety	understand and mitigate patients' and their families' views and preferences about any proposed investigation and the adverse outcomes they are most concerned about	<ul> <li>consider patients' cultural and religious backgrounds, attitudes, and beliefs, and how these might influence the acceptability of proposed investigations</li> <li>involve patient liaison officer where relevant</li> </ul>
Ethics and professional behaviour	<ul> <li>remain within the scope of the authority given by patients and carers, except in emergencies</li> <li>discuss with patients and carers how decisions will be made once the investigation has started, and the patient is not able to participate in decision making</li> <li>respect patients' and carers' decisions to refuse investigations,</li> </ul>	<ul> <li>identify appropriate proxy decision makers when required</li> <li>choose not to investigate in situations where it is not appropriate for ethical reasons</li> <li>practice within current ethical and professional frameworks</li> <li>practice within own limits, and seek help when needed</li> <li>involve patients in decision making regarding investigations, and obtain</li> </ul>

even if their decisions may not be appropriate informed consent, including appropriate or evidence based financial consent if necessary demonstrate awareness of collaborate with other subspecialties escalation mechanisms if decisions where appropriate to ensure informed made by parents consent is provided to patients and their or carers pose the risk of harm to carers a minor (e.g. legal entities) advise patients and carers when there may be additional costs, which patients may wish to clarify before proceeding explain expected benefits as well as potential burdens and risks of any proposed investigation before obtaining informed consent or other valid authority demonstrate awareness of complex issues related to genetic information obtained from investigations, and subsequent disclosure of such information choose the most appropriate evaluate the costs, benefits, and investigations for the clinical scenario potential risks of each investigation in discussion with patients in a clinical situation recognise personal limitations and seek adjust the investigative path Judgement and help in an appropriate way when required depending on test results received decision making consider whether patients' conditions may get worse or better if no or alternative tests are selected demonstrate an understanding of consider the role other members what parts of an investigation are of the health care team might play, provided by different doctors or and what other sources of health professionals information and support are available consistently communicate effectively, collaboratively and Leadership, respectfully with team members and management. other relevant health professionals and teamwork involved in the investigation process ensure results are checked in a timely manner, and take responsibility for following up on results and communicating them to other clinicians, patients, family members or carers select and justify investigations regarding the pathological basis Health policy, of disease, utility, safety, systems, and appropriateness, and cost advocacy consider resource utilisation through peer review of testing behaviours

#### **Knowledge guides**

Knowledge guides provide detailed guidance to trainees on the important topics and concepts trainees need to understand to become experts in their chosen specialty.



Trainees are not expected to be experts in all areas or have experience related to all items in these guides.

Title
Scientific foundations of paediatric respiratory medicine
Acute respiratory care
Chronic respiratory care
Airways, chest wall and breathing
Pulmonary and pleural disease
Interstitial and diffuse lung disease, vasculitides, systemic diseases



#### Knowledge guide 1 – Scientific foundations of paediatric respiratory medicine

Advanced Training in Respiratory Medicine (Paediatrics & Child Health)

#### EPIDEMIOLOGY. PATHOPHYSIOLOGY, AND CLINICAL **SCIENCES**

Advanced Trainees will have in-depth knowledge of the topics listed under each clinical sciences heading.

For the statistical and epidemiological concepts listed, trainees should be able to describe the underlying rationale, the indications for using one test or method over another, and the calculations required to generate descriptive statistics.

- Structure and function of the respiratory system
- The normal and abnormal structure and function of the components of the respiratory system
  - airways (upper & lower) **>>**
  - alveoli (including Type 2 cells, Clara, and Goblet cells etc) >>
  - chemoreceptors. >>
  - chest wall >>
  - interpretation of oxygen saturation and arterial blood gases (ABGs) >>
  - interstitium
  - physiology of ventilatory drive and gas exchange
  - pulmonary vasculature
  - respiratory control centres >>
  - respiratory muscles >>
  - smooth muscle and receptors >>
  - the oxygen-haemoglobin dissociation curve
- Normal lung development
  - alveolisation, airspace septation and microvascular maturation
  - braking, grunting and lung protection strategies, airway closure and >> determination of end-expiratory level
  - developmental changes in chest wall compliance
  - developmental strategies, including the Hering-Breuer inflation >> reflex, preferential nasal breathing
  - dysynaptic lung growth
  - embryologic development
  - growth factors
  - maturation of control of breathing
  - mechanics of breathing in an infant
  - ongoing developmental changes throughout childhood, including the effect of puberty and ageing
  - vasculogenesis
- Abnormal lung development
  - congenital lung disease
- Developmental physiology of the respiratory system
  - infant pulmonary physiology
  - physiology and development of the lung in the pre-term infant. >>
  - pulmonary physiology and pathophysiology >>
  - the effects of early life lung disease on long term health
- Developmental immunology, immunology, and host defence mechanisms
  - acquired immunity
  - antibody classes and function
  - atopy >>
  - cell mediated immunity
  - humoral immunity
  - hypersensitivity reactions
  - innate immunity
  - pulmonary defence mechanisms >>
  - pulmonary defence mechanisms, particularly the role, makeup and function of mucus, cilia, cough
  - vaccines and vaccine responses
- Pharmacology
  - biologics in respiratory disease
  - dosing and side-effects >>
  - drug-drug interactions/contra-indications of medications

- » effects of non-respiratory medications on the respiratory system
- » formulations of medications
- » mechanism of action including antibiotics, and recent therapeutic advances in respiratory health e.g. Biologics, CFTR modulators
- » monitoring of drug levels
- » pharmacodynamics
- » screening for adverse effects
- Aerosol drug delivery
  - » aerosol delivery through different interfaces e.g., facemasks, spacers, endotracheal tubes, tracheostomies
  - » aerosol delivery through high flow, positive pressure (CPAP and BIPAP), and ventilator circuits
  - » mechanisms and adverse effects of aerosol treatments
  - » principles of aerosol delivery to the lungs
  - » principles of infection control in aerosol therapy
  - » principles of pressurised metered dose inhalers, dry powder inhalers, and nebulisers
- Cellular and molecular biology as it pertains to respiratory disease
- Genetics of both common and rare but important respiratory conditions (e.g. Cystic fibrosis, interstitial lung disease) and conditions that have comorbidities with respiratory disease (e.g. Trisomy 21, spinal muscular atrophy)
- Biochemical abnormalities relevant to respiratory disease (e.g. pleural disease)
- Nutrition/fluid management:
  - » normal growth
- Fluid and caloric requirements, including alternative types of feed e.g., Monogen
- Microbiology and infectious disease as it pertains to respiratory disease
- Environment/air quality and its impact on respiratory health outcomes
- Smoking and vaping
  - » adverse effects on health
  - » specific effects on respiratory health
- Air pollution including active and passive smoking/vaping
- Methods for screening for exposure to environmental tobacco smoke, including urinary/salivary cotinine
- Effect of altitude on lung disease
- Influence of upper airway disease on the lower airway

#### INVESTIGATIONS, PROCEDURES, AND CLINICAL

ASSESSMENT TOOLS

Advanced Trainees will know the scientific foundation of each investigation and procedure, including relevant anatomy and physiology. They will be able to interpret the reported results of each investigation or procedure. Advanced Trainees will know how to explain the investigation or procedure to patients, families, and carers, and be able to explain procedural risk and

#### **Investigations**

- Basic lung function tests e.g. spirometry, lung volumes and DLCO
  - » clinical implications of test results
  - » clinical versus research role of the above investigations.
  - » operator-dependant and patient related issues
  - » reference values, including impact of reference values used on interpretation of results
  - » role of sedation in infant lung function testing
- » technical aspects of tests, including limitations and data
- More complex lung function tests e.g. bronchial challenge tests, cardiopulmonary exercise tests
- Lung function tests that can be used in younger patients e.g., multiple breath washout and forced oscillation testing
- Tests of respiratory muscle function (including maximal inspiratory and expiratory pressures, cough peak flow, sniff nasal inspiratory pressure)
- Altitude simulation tests and assessment of fitness to fly
- Blood gas and measures of gas exchange
- Polysomnography, including diagnostic and pressure titration studies
  - The nature and limitations of abbreviated or limited channel sleep studies/gas exchange monitoring
  - Radiological tests

### obtain informed consent where applicable.

- » bronchography
- » chest x-ray
- » computed tomography of the chest
- » contrast swallow tests
- » echocardiography
- » fluoroscopy
- » magnetic resonance imaging of the chest/dynamic imaging
- » oesophageal manometry and pH monitoring
- » scintigraphy/nuclear medicine tests
- » ultrasonography; including point of care ultrasound

#### Other tests

- » allergy and delayed hypersensitivity tests (in conjunction with allergy team)
- » immunological investigations
- » sweat test and other functional tests for cystic fibrosis e.g. faecal elastase

#### Cilia Investigations

- » cilial function testing
- » electron microscopy for cilial ultrastructure
- » nasal nitric oxide
- » primary ciliary dyskinesia genotype
- » Genetic Investigations as pertains to respiratory conditions e.g. CF, ILD, bronchiectasis, PCD
- » newborn screening test

#### **Procedures**

- Bronchoscopy (flexible)
  - » anatomy of the lower airway
  - » anatomy of the upper airway
  - » bronchial anatomy including lobar
  - » cytology and microbiology from bronchoalveolar lavage fluid
  - » management of intra- and postoperative complications
  - » normal anatomical variants of airway anatomy
  - » process of bronchoscopic intubation
  - » segmental anatomy including 3D anatomy
  - » the anaesthetic process and drugs used during bronchoscopy
  - » the processes for sterilisation and maintenance of bronchoscopic equipment
  - visual appearance of congenital upper and lower airway lesions (e.g. bronchitis, tumours, haemangiomas

#### Pleural procedures

- » diagnostic and therapeutic indications for pleural procedures
- » indications for pleural procedures
- » normal and abnormal anatomy of the pleura
- » physiology and biochemistry of pleural fluid
- » pleural anatomy and physiology
- » potential complications
- » procedural skills required
- » procedure risks and benefits
- » risks and benefits of each of the diagnostic/therapeutic interventions
- » sedation, topical anaesthesia, and analgesia
- » selection and assessment of patients for procedural intervention

#### **IMPORTANT SPECIFIC ISSUES**

Advanced Trainees will identify important specialty-specific issues and the impact of these on diagnosis, management and outcomes.

- Consideration of research/education opportunities
- Critical analyses of literature relating to scientific foundations of paediatric respiratory medicine
- Keeping up to date with current literature and guidelines and advanced technology (including potential implementation of AI and recent advances in imaging) in paediatric respiratory medicine
- Microbiomes as pertains to respiratory health, as an emerging research field





#### Knowledge guide 2 – Acute respiratory care

Advanced Training in Respiratory Medicine (Paediatrics & Child Health)

#### **KEY PRESENTATIONS** AND CONDITIONS

Advanced Trainees will have a comprehensive depth of knowledge of these presentations and conditions.

#### **Presentations**

- Apnoea's and apparent lifethreatening events (ALTEs)
- Chest pain
- Concerns about breathing during sleep
- Cough
- Dyspnoea
- Fatigue
- Fever
- Haemoptysis
- Hypoxia
- Respiratory distress (including in the newborn)
- Stertor
- Stridor
- Tachypnoea
- Wheeze

#### Conditions

- Acute aspiration lung disease
- Acute exacerbation of chronic lung condition such as CF, bronchiectasis, neuromuscular disease/neuro-disability
- Acute respiratory distress syndrome
- Asthma flare-up
- **Atelectasis**
- Chylothorax
- Foreign body aspiration
- Haemothorax
- Lung infection including but not limited to:
  - atypical and/or fungal infections
  - » bronchiolitis
  - » empyema
  - influenzae, COVID, RSV and other viral infections
  - lung abscess
  - » pneumonia
- Pleural effusions
- Pneumothorax
- Pulmonary oedema
- Severe upper airways disease

For each presentation and condition, Advanced Trainees will know how to:

#### **Synthesise**

- recognise the clinical presentation
- identify relevant epidemiology, prevalence, pathophysiology, and clinical science
- take a comprehensive clinical history
- conduct an appropriate examination
- establish a differential diagnosis
- plan and arrange appropriate investigations
- consider the impact of illness and disease on patients and their quality of life when developing a management plan

#### Manage

- provide evidence-based management
- prescribe therapies tailored to patients' needs and conditions
- recognise potential complications of disease and its management, and initiate preventative strategies
- involve multidisciplinary teams

#### Consider other factors

identify individual and social factors and the impact of these on diagnosis and management

#### **LESS COMMON OR** MORE COMPLEX **PRESENTATIONS AND CONDITIONS**

Advanced Trainees will understand these presentations and conditions.

Advanced Trainees will understand the resources that should be used to help manage patients with these presentations and conditions.

#### Presentations

- Acute respiratory deterioration of patient on ventilatory support (invasive or noninvasive)
- Acute respiratory deterioration of patient with tracheostomy
- Antenatal or postnatal diagnosis of respiratory conditions e.g., congenital lung malformations, congenital diaphragmatic hernia
- Non-respiratory acute presentations of cystic fibrosis
- Respiratory deterioration in patients undergoing treatment for oncological or haematological conditions
- Respiratory distress in the patient with immune deficiency/ immunosuppression
- Respiratory distress of the newborn or young infant
- Syncope

#### Conditions

- Acute lung injury
  - » trauma
  - » toxic inhalation including vaping (EVALI)
- Congenital diaphragmatic hernia
- Congenital lung malformations
- Down syndrome
- Drowning
- Eosinophilic lung disease
- Hypersensitivity pneumonitis
- Interstitial lung disease
- Post- stem cell transplant
- Pulmonary disease associated with congenital heart disease
- Pulmonary hypertension
- Pulmonary vascular disease (including pulmonary arteriovenous malformation, vasculitides such as granulomatosis with polyangiitis)

#### EPIDEMIOLOGY, PATHOPHYSIOLOGY. AND CLINICAL **SCIENCES**

Advanced Trainees will have a comprehensive depth of knowledge of

#### **Epidemiology**

- Asthma and preschool wheeze
- **Bronchiolitis**
- Pneumonia
- Respiratory disease in Aboriginal, Torres Strait and Māori people
- Smoking and e-cigarette use
- Sudden infant death syndrome/ sudden unexpected infant death)

the principles of the foundational sciences.

#### INVESTIGATIONS, PROCEDURES, AND CLINICAL ASSESSMENT TOOLS

Advanced Trainees will know the scientific foundation of each investigation and procedure, including relevant anatomy and physiology. They will be able to interpret the reported results of each investigation or procedure.

Advanced Trainees will know how to explain the investigation or procedure to patients, families, and carers, and be able to explain procedural risk and obtain informed consent where applicable.

#### **Investigations**

- Radiological tests
  - » chest x-ray
  - » computed tomography of the chest
  - » chest ultrasound
  - » airway fluoroscopy
  - » contrast swallow tests
  - » nuclear medical tests
- Basic lung function tests (e.g., spirometry, lung volumes and DLCO)
  - » polysomnography
  - » abbreviated or limited channel sleep studies

#### **Procedures**

- Oxygen therapy
  - » indications and guidelines for use
  - » assessment of ongoing therapy
  - » oxygen delivery systems and their application
    - nasal prongs, including humidified circuit and Low flow vs High flow
    - o different mask set-ups
  - » adverse effects
- Ventilatory support in the acute setting
  - » different modalities for delivery ventilatory support
  - » indications and guidelines for use
  - » assessment of ongoing therapy
  - » delivery systems
  - » adverse effects
- Airway management including emergency intubation
- Aerosol delivery system (with or without additional oxygen)
  - » procedural skills
  - » risks and benefits
  - » potential complication, including infection control
- Bronchoscopy (flexible vs rigid) for acute presentations
- Pleural procedures
  - » needle thoracentesis (fluid and air)
  - » intercostal tube placement and drainage (large and small bore)
  - » pleural ultrasound imaging
- Surgical procedures
  - » lung, lymph node or lung mass biopsy, including radiologically guided
  - » thoracoscopy
  - » tracheostomy
  - » intravascular line placement

#### IMPORTANT SPECIFIC ISSUES

Advanced Trainees will identify important specialty-specific issues and the impact of these on diagnosis and management and integrate these into care.

- Radiation dose related to computed tomography and other imaging techniques, and variation between different equipment and scanning protocols
- Acute management of pulmonary bleeding (mild to severe)
- Impact of climate change on respiratory health, including 1) directly
  promoting or aggravating respiratory disease such as asthma and
  respiratory infections; 2) increasing exposure to risk factors for
  respiratory diseases, such as chemical air pollutants and effect on
  aeroallergens.
- Smoking and vaping cessation strategies and interventions, including management of nicotine withdrawal in young people (both in the hospital and in the community)





#### Knowledge guide 3 - Chronic respiratory care

Advanced Training in Respiratory Medicine (Paediatrics & Child Health)

# KEY PRESENTATIONS AND CONDITIONS

Advanced Trainees will have a comprehensive depth of knowledge of these presentations and conditions.

#### **Presentations**

- Apnoea
- Chest pain
- Concerns about breathing during sleep
- Cough
- Dyspnoea
- Haemoptysis
- Slow weight gain/poor weight gain
- Stridor
- Syncope
- Tachypnoea
- Wheeze

#### **Conditions**

- Congenital lung malformations (including congenital cystic pulmonary airway malformation, bronchopulmonary sequestration, congenital lobar emphysema, bronchogenic cyst, bronchial atresia)
- Congenital diaphragmatic hernia
- Tracheoesophageal fistula
- Newborn respiratory disorders
- · Chronic lung disease of prematurity
- Pulmonary infections
  - » bacterial
  - » fungal
  - » mycobacterial
  - » parasitic
  - » viral
- Pulmonary disorders in the immune-compromised host (excluding HIV/AIDS)
- HIV/AIDS and its pulmonary manifestations
- Chronic airway disease
  - » asthma and related conditions
  - » cystic fibrosis and related conditions
  - » primary ciliary dyskinesia
  - » protracted bacterial bronchitis and chronic suppurative lung disease/bronchiectasis
- Obliterative bronchiolitis
- Conditions relating to acute and chronic aspiration syndromes
  - » feeding and swallowing disorders
- Pulmonary conditions relating to hypereosinophilia
- Pleuropulmonary manifestations of systemic disease and extrapulmonary disorders
- Diseases of the chest wall, spine, and respiratory muscles (including neurodisability)
- Interstitial and diffuse lung disease of childhood (chILD)
- Pulmonary haemorrhage syndromes and venous thrombo-embolic disease
- Disorders of the pulmonary circulation including but not limited to pulmonary hypertension
- Respiratory complications of congenital heart disease
- Other orphan lung diseases
- Paediatric thoracic tumours
- Environmental lung diseases
- Conditions relating to lung injury

- Disorders of the pleural space including but not limited to:
  - » Pneumothorax
  - » Chylothorax
- Pulmonary complications on the intensive care unit
- Conditions relating to lung transplantation
- Conditions relating to stem cell transplantation
- Disorders of breathing during sleep (obstructive and non-obstructive)
- Respiratory disorders related to syndrome / genetic conditions (e.g., Down syndrome, VACTRL)

#### INVESTIGATIONS, PROCEDURES, AND CLINICAL ASSESSMENT TOOLS

Advanced Trainees will know the scientific foundation of each investigation and procedure, including relevant anatomy and physiology. They will be able to interpret the reported results of each investigation or procedure. Advanced Trainees will know how to explain the investigation or procedure to patients, families, and carers, and be able to explain procedural risk and obtain informed consent where applicable.

#### Investigations

- Capnography
- Lung function testing (all the different modalities in clinical practice)
- Longitudinal monitoring of chronic respiratory disease
- Overnight oximetry
- Sleep study

#### **Procedures**

- Oxygen therapy
- Ventilatory support in the chronic setting
  - » Non-invasive ventilation (NIV)
    - Continuous Positive Airway Pressure (CPAP)
    - Bi-level non-invasive ventilation (Bi-level NIV)
    - High flow nasal cannula oxygen therapy (HFNC)
  - » Invasive ventilation
  - » Different ventilatory strategies
  - » Indications, limitations, for ventilatory support interventions
  - » intervention risks and benefits
  - » potential complications
  - » Initiation, monitoring and weaning
  - » the functioning of, and indications for, a variety of face masks
  - » how to apply a mask and head gear to a child
  - » how to apply the principles of ventilation and adjustment of NIV and CPAP settings
  - » how to monitor patient progress including compliance
  - » use and management of humidification circuits in NIV.
- Airway management
  - » indications
  - » procedural skills required
  - » management risks and benefits
  - » potential complications
  - » tracheostomy care
  - » strategies for decannulation
- Aerosol delivery systems
  - » Correct use of different aerosol delivery systems
- Chest physiotherapy and airway clearance techniques
  - » indications for chest physiotherapy/airway clearance
  - » risks and benefits, including infection control consideration
  - » potential complications.
  - » basics of the different airway clearance techniques
  - » different airway clearance devices
  - » the role of exercise, vibrating vest devices, cough-augmentation devices
  - » medications which improve mucociliary clearance
- Smoking/vaping cessation (or appropriate referrals)

- » strategies to minimise exposure to environmental tobacco smoke/vapes
- » Principles of smoking/vaping cessation for adolescents and adults
- » Concept of motivational interviewing techniques
- » Understanding different smoking/vaping cessation strategies (pharmacological and non-pharmacological)
- » Risks and benefits of various strategies
- » Potential complications
- · Long term venous access:
  - » long lines, central venous lines, peripherally inserted central catheters and total implanted venous access devices.
  - » indications, benefits, and risks of long-term venous access
  - » risks and benefits of long-term venous access
  - » potential complications
  - » management of long-term venous lines
  - » management of complications
- Lung transplant (with appropriate lung transplant physician support)
  - » indications for referral for consideration of lung transplantation
  - » absolute and relative contra-indications for referral
  - » issues relating to lung transplantation, including immunosuppression and complications (infection, malignancy, renal disease)
  - » indications for, and interpretation of, transbronchial biopsy

# IMPORTANT SPECIFIC ISSUES

Advanced Trainees will identify important specialty-specific issues and the impact of these on diagnosis, management and outcomes.

- Use of biological agents in asthma and other respiratory diseases
- Impact of climate change on respiratory health, including 1) directly promoting or aggravating respiratory disease such as asthma and respiratory infections; 2) increasing exposure to risk factors for respiratory diseases, such as chemical air pollutants and effect on aeroallergens.
- Cystic fibrosis modulator therapies, and potential alternative therapies for those not eligible for modulator therapies.
- Increased life expectancy of patients with cystic fibrosis (CF), and hence consideration of potential complications in people with CF (e.g., gastrointestinal cancer, cardiovascular complications, impacts of CF on pregnancy and fertility, mental health, and wellbeing).
- Smoking and vaping cessation strategies and interventions, including management of nicotine withdrawal in young people (both in hospital and community settings)
- Radiation dose related to computed tomography and other imaging modalities, and variation between different equipment and scanning protocols.
- Consideration of cultural safety, advocating for promotion of culturally safe health practices and management.



# Knowledge guide 4 – Airways, chest wall and breathing

Advanced Training in Respiratory Medicine (Paediatrics & Child Health)

#### KEY PRESENTATIONS AND CONDITIONS

Advanced Trainees will have a comprehensive depth of knowledge of these presentations and conditions.

#### **Presentations (upper airway)**

- Cough
- Stertor
- Stridor

#### **Presentations (lower airways)**

- Chest pain
- Cough
- Decrease in exercise capacity
- Dyspnoea (at rest and/or with exertion)
- Haemoptysis
- Respiratory distress (including in the newborn)
- Slow weight gain
- Tachypnoea
- Wheeze

#### Presentations (sleep disorders)

- Apnoea during sleep
- Apparent life-threatening events (ALTEs)
- Brief Resolved Unexplained Event (BRUE)
- Daytime Somnolence
- Disrupted sleep; Concerns about development or academic performance / daytime behaviour in the context of sleep-related symptoms
- Sleep related hypoventilation, including congenital central hypoventilation syndrome.
- Snoring and concerns about obstructive sleep-disordered breathing

#### Other generalised symptoms

- Fatigue
- Fever
- Syncope

#### Conditions (upper airways)

- Acute conditions
- Adenoid/tonsillar hypertrophy/nasal turbinate hypertrophy
- Allergic rhinitis
- Choanal atresia
- Chronic conditions
- Congenital malformations of the upper respiratory tract
- Croup
- Diphtheria
- Epiglottitis
- Foreign body in airway

For each presentation and condition, Advanced Trainees will **know how to:** 

#### **Synthesise**

- » recognise the clinical presentation
- » identify relevant epidemiology, prevalence, pathophysiology, and clinical science
- » take a comprehensive clinical history
- » conduct an appropriate examination
- » establish a differential diagnosis
- » plan and arrange appropriate investigations
- » consider the impact of illness and disease on patients and their quality of life when developing a management plan

#### Manage

- » provide evidence-based management
- » prescribe therapies tailored to patients' needs and conditions
- » recognise potential complications of disease and its management, and initiate preventative strategies
- » involve multidisciplinary teams

#### **Consider other factors**

» identify individual and social factors and the impact of these on diagnosis and management

- Laryngeal cleft
- Laryngeal web
- Laryngomalacia
- Retropharyngeal abscess
- Sub-glottic stenosis
- Sub-glottic stenosis
- Syndromes that affect the upper airway anatomy e.g. Crouzon syndrome, craniofacial condition, Pierre Robin sequence
- Tonsillitis
- Tracheitis
- Tracheoesophageal fistula
- Tracheomalacia
- Vocal cord palsy

#### **Conditions (lower airways)**

- Allergic bronchopulmonary aspergillosis (ABPA)
- Aspiration syndromes
- Asthma
- Churg-Strauss syndrome
- Congenital airway anomalies:
- Cystic fibrosis (CF)
- Drowning/near drowning
- Eosinophilic pneumonias (acute, chronic and drug induced)
- Foreign body inhalation
- Idiopathic hypereosinophilic syndrome
- Inhalation lung disease including EVALI
- Non-CF bronchiectasis
- Obliterative bronchiolitis
- Primary ciliary dyskinesia (PCD)
- Protracted bacterial bronchitis
- Recurrent aspiration/gastroeosophageal reflux
- Simple pulmonary eosinophilia (Loffler's syndrome)
- Suis bronchus
- Trachea/bronchomalacia
- Trachea-oesophageal fistula

### Conditions (chest wall and breathing)

- Chest wall deformity including pectus excavatum
- Conditions affecting the chest wall
- Neuromuscular disease
- Scoliosis

#### Conditions (sleep)

 Conditions causing central sleep disordered breathing

- including sleep hypoventilation syndromes/obesity hypoventilation
- Conditions causing obstructive sleep disordered breathing
- Seizure disorders

#### **LESS COMMON OR** MORE COMPLEX **PRESENTATIONS** AND CONDITIONS

Advanced Trainees will understand these presentations and conditions.

Advanced Trainees will understand the resources that should be used to help manage patients with these presentations and conditions.

#### Conditions (chest wall and breathing)

- **Botulism**
- Central respiratory drive
- Cerebral palsy
- Congenital myasthenic syndromes
- Congenital myopathies
- Congenital or acquired
- Congenital rib cage abnormality
- Connective tissue disease
- Connective tissue disease
- Drugs
- Eventration and other diaphragmatic malformations
- Giant exomphalos
- Guillain-Barré syndrome
- Hemiplegia
- Lower motor neuron
- Metabolic myopathies
- Muscular dystrophy
- Myasthenia gravis
- Neuromuscular junction
- Non-muscular, chest wall structures
- Obesity
- Phrenic nerve palsy or paralysis
- Poliomyelitis
- Quadriplegia
- Respiratory muscles
- Spinal muscular atrophies
- Steroid myopathy
- Tetanus
- Thoracic burns
- Traumatic nerve injury
- Upper motor neuron

#### EPIDEMIOLOGY, PATHOPHYSIOLOGY, AND CLINICAL **SCIENCES**

Advanced Trainees will have a comprehensive depth of knowledge of the principles of the foundational sciences.

- The normal and abnormal structure and function of the components of the respiratory system in relation to respiratory muscles (including neural mechanisms), chest wall, and airways (upper & lower)
- Developmental changes in chest wall compliance, and effects of chest wall pathology on respiratory mechanics
- Mechanics of breathing in an infant, child, and adolescent
- Knowledge of known SIDS risk factors (including social and family factors)

#### INVESTIGATIONS, PROCEDURES, AND CLINICAL ASSESSMENT TOOLS

Advanced Trainees will know the scientific foundation of each investigation and procedure, including relevant anatomy and physiology. They will be able to interpret the reported results of each investigation or procedure.

Advanced Trainees will know how to explain the investigation or procedure to patients, families, and carers, and be able to explain procedural risk and obtain informed consent where applicable.

#### IMPORTANT SPECIFIC ISSUES

Advanced Trainees will identify important specialty-specific issues and the impact of these on diagnosis and management and integrate these into care.

#### Investigations

- Spirometry, plethysmography, exhaled nitric oxide, bronchial provocation testing
- Allergy testing
- Respiratory muscle strength testing (non-invasive and invasive) including maximal inspiratory and expiratory pressures, peak cough flow
- Respiratory function testing for assessment of airway and functions, such as forced oscillation technique, multiple breath washout
- Polysomnography (diagnostic and pressure titration study), and measurement of gas exchange
- Additional investigations for ALTE (non-respiratory)
  - » Electrocardiography, echocardiography, Holter monitoring
  - » Electroencephalography
  - » Assessments for gastroesophageal reflux disorder
  - » Home apnoea monitors; home oxygen saturation monitoring
- Radiological imaging studies for assessment of airway (e.g., Lateral neck x ray, dynamic imaging)
- Radiological imaging studies for patients presenting with haemoptysis, including angiography, bronchial artery embolisation

#### **Procedures**

- Bronchoscopy (flexible vs rigid); laryngobronchoscopy
- Non-invasive ventilatory support
- Surgical intervention for airway abnormalities, including adenotonsillectomy.
- Corrective surgery for chest wall deformities / spinal deformities
- Social and cultural factors that may affect the management of children with these disorders, including cultural safety
- Non-invasive ventilation procedures for sleep disordered breathing/airway management and utilisation of remote monitoring
- Evolving treatment for children with neuromuscular disease e.g., gene therapy and its impact on the respiratory functions of children with neuromuscular disease
- Perioperative multidisciplinary assessment for children requiring surgical intervention for chest wall abnormalities / spinal deformities.



# Knowledge guide 5 – Pulmonary parenchymal and pleural disease

Advanced Training in Respiratory Medicine (Paediatrics & Child Health)

#### KEY PRESENTATIONS AND CONDITIONS

Advanced Trainees will have a comprehensive depth of knowledge of these presentations and conditions.

#### **Presentations**

- Acute respiratory distress syndrome (ARDS)
- Chest pain
- Cough
- Fever
- Shortness of breath

#### **Conditions**

 Pulmonary manifestations of cystic fibrosis

#### **Neonatal conditions**

- Bronchopulmonary dysplasia/chronic lung disease of prematurity
- Hyaline membrane disease
- Meconium aspiration
- Pulmonary interstitial emphysema
- Surfactant protein deficiency
- Transient tachypnoea of newborn

#### Infections

- Upper and lower respiratory tract infections
- Community-acquired pneumonia
- Nosocomial pneumonia
- Ventilator-acquired pneumonia
- Pertussis
- Mycoplasma and other atypical infections (e.g. Legionella)
- Community acquired pneumonia (CAP)
- Para-pneumonic effusion and empyema
- Lung abscess
  - » fungal infection
  - » cryptococcal disease
  - » other
- Parasitic infection
  - » ascaris
  - » echinococcus
  - » strongyloides
- Viral infection (including epidemic e.g., influenza, SARS, COVID), RSV
- HIV/AIDS
- Pulmonary tuberculosis (TB)

For each presentation and condition, Advanced Trainees will **know how to:** 

#### **Synthesise**

- » recognise the clinical presentation
- » identify relevant epidemiology, prevalence, pathophysiology, and clinical science
- » take a comprehensive clinical history
- » conduct an appropriate examination
- » establish a differential diagnosis
- » plan and arrange appropriate investigations
- » consider the impact of illness and disease on patients and their quality of life when developing a management plan

#### Manage

- » provide evidence-based management
- » prescribe therapies tailored to patients' needs and conditions
- » recognise potential complications of disease and its management, and initiate preventative strategies
- » involve multidisciplinary teams

#### **Consider other factors**

» identify individual and social factors and the impact of these on diagnosis and management

- Extra-pulmonary TB
- TB in the immunocompromised host
- Latent tuberculous infection
- Non-tuberculous mycobacterial diseases

#### Pleural disease

- Pleural effusions
- Empyema
- Chylothorax
- Haemothorax
- Pneumothorax
  - » spontaneous
  - » secondary

### Thoracic lesions, nodules, and masses

- Benign tumours
- Congenital malformations of the lower respiratory tract and lungs
- Malignant (primary, secondary, and metastatic)
- Mediastinal cysts and tumours

#### **Acute lung injury**

- Barotrauma
- Chest trauma
- Drug-induced injury/disease (including illicit drugs)
- Other inhalation injuries (e.g., EVALI)
- Radiation
- Thermal smoke inhalation and burns

#### LESS COMMON OR MORE COMPLEX PRESENTATIONS AND CONDITIONS

Advanced Trainees will understand these presentations and conditions.

Advanced Trainees will understand the resources that should be used to help manage patients with these presentations and conditions.

#### **Conditions**

- Cardiovascular disease that affects the lung
  - » congenital heart disease
  - » pulmonary hypertension
  - » pulmonary oedema

#### EPIDEMIOLOGY, PATHOPHYSIOLOGY, AND CLINICAL SCIENCES

Advanced Trainees will have a comprehensive depth of knowledge of the principles of the foundational sciences.

- Anatomical relationships of pulmonary structures and congenital defects
  - Current classifications of congenital pulmonary airway malformation and management issues (e.g., potential association with lung malignancy)
- Knowledge of other congenital lung malformation, including bronchopulmonary sequestration, bronchial atresia, congenital lobar emphysema
- Management
  - » acute management principles
  - » ventilation strategies including high frequency oscillation (HFO) and extracorporeal membrane oxygenation (ECMO)
  - » use of nitric oxide (NO) and other strategies in the management of pulmonary hypertension
  - » role and use of surfactant
  - » role of steroids and diuretics
  - » options for patent ductus arteriosus (PDA) management
  - » options for long term care particularly:
    - home oxygen
    - nutrition
    - identification of other sequelae
- Liaison with neurodevelopmental services

#### Approach

- Age-appropriate differential diagnosis of infective causes, including newborn, pre-school, school aged child
- Differential diagnosis of non-infective causes
- Management
  - » investigation and management of acute, recurrent, persistent, and atypical pneumonia
  - » the investigation and management of typical versus atypical croup
  - » treatment of community and hospital acquired pulmonary infections including ventilator-associated pneumonia
  - » relevant microbiology and choice of appropriate antibiotics
  - » role of immunological investigations
  - » management options for allergic bronchopulmonary aspergillosis (ABPA)
  - » long term sequelae of RSV, adenovirus, mycoplasma, and bronchiolitis obliterans
  - public health issues, including infection control guidelines, cohorting, smoking/vaping prevention and cessation, climate change mitigation strategies.
  - » vaccination

#### INVESTIGATIONS, PROCEDURES, AND CLINICAL ASSESSMENT TOOLS

Advanced Trainees will know the scientific foundation of each investigation and procedure, including relevant anatomy and physiology. They will be able to interpret the reported results of each

#### Investigations

- Radiological tests
  - » chest x-ray
  - » computed tomography (CT) of the chest
  - » nuclear studies
- Blood tests
  - » Blood count and inflammatory markers
  - » Blood cultures
  - » Blood tests to identify potential infectious source (e.g., TB, strep, pneumonia serology)
  - Screening test for potential underlying primary immunodeficiency
  - » Sterile site PCR (such as blood, pleural fluid, CSF)
- Investigations of pleural fluid/sputum/bronchoalveolar lavage, including microbiome investigation

investigation or procedure.

Advanced Trainees will know how to explain the investigation or procedure to patients, families, and carers, and be able to explain procedural risk and obtain informed consent where applicable.

#### **Procedures**

- Interpretation of blood gases
- Interpretation of radiological investigations
- Ventilation invasive and non-invasive ventilation strategies
- Insertion of chest drains
- Home oxygen prescription
- Identification and utilisation of community services and support (NDIS and other government funding facility for equipment)

#### IMPORTANT SPECIFIC ISSUES

Advanced Trainees will identify important specialty-specific issues and the impact of these on diagnosis and management and integrate these into care.

- Management of empyema, including administration of thrombolytics or appropriate referral for surgical intervention
- Identification and management of congenital malformations in the context of a child with a syndrome
- Ventilatory strategies for congenital malformations/congenital diaphragmatic hernia
- Role of flexible bronchoscopy/bronchoalveolar lavage
- Appropriate timing to involve ENT and thoracic surgeons
- Occupational health and safety issues for staff treating patients with HIV/AIDS/TB
- Management of TB in the immunocompromised host
- Relevant public health legislation
- Role of TB clinics, including contact tracing and screening
- Impact of climate change on respiratory health, including:
  - » directly promoting or aggravating respiratory disease such as asthma and respiratory infections
  - » increasing exposure to risk factors for respiratory diseases, such as chemical air pollutants and effect on aeroallergens.



# Knowledge guide 6 - Interstitial and diffuse lung disease, vasculitides, systemic diseases

Advanced Training in Respiratory Medicine (Paediatrics & Child Health)

#### KEY PRESENTATIONS AND CONDITIONS

Advanced Trainees will have a comprehensive depth of knowledge of these presentations and conditions.

### Conditions (diffuse lung disease)

- Disorders of infancy
  - » Acinar dysplasia
  - » Alveolar capillary dysplasia with misalignment of pulmonary veins
  - » Congenital alveolar dvsplasia
  - » Diffuse developmental disorders
- Growth abnormalities
  - Associated with chromosomal abnormalities e.g. Trisomy 21
  - » Associated with congenital heart disease in chromosomally normal children
  - » Chronic lung disease of prematurity/bronchopulmo nary dysplasia (BPD)
  - » Pulmonary hypoplasia
- Surfactant dysfunction disorders and related abnormalities
  - » Surfactant dysfunction disorders
    - Sp-B genetic mutations
    - Sp-C genetic mutations
    - ABCA3 genetic mutations
  - » Specific conditions of less well understood aetiology
  - » Neuroendocrine cell hyperplasia of infancy (NEHI)
  - » Pulmonary interstitial glycogenosis
  - » Pulmonary alveolar proteinosis

#### Disorders of the normal host

- Infectious and postinfectious processes
  - Postinfectious airway injury ranging from mild airway fibrosis to constrictive/obliterative bronchiolitis with and without preceding history of viral respiratory infection

For each presentation and condition, Advanced Trainees will **know how to:** 

#### **Synthesise**

- » recognise the clinical presentation
- » identify relevant epidemiology, prevalence, pathophysiology, and clinical science
- » take a comprehensive clinical history
- » conduct an appropriate examination
- » establish a differential diagnosis
- » plan and arrange appropriate investigations
- » consider the impact of illness and disease on patients and their quality of life when developing a management plan

#### Manage

- » provide evidence-based management
- » prescribe therapies tailored to patients' needs and conditions
- » recognise potential complications of disease and its management, and initiate preventative strategies
- » involve multidisciplinary teams

#### Consider other factors

» identify individual and social factors and the impact of these on diagnosis and management

- Disorders related to environmental agents
  - » Hypersensitivity pneumonia
  - » Toxic inhalation (including vaping)
- Eosinophilic pneumonias
- Acute interstitial pneumonia/idiopathic diffuse alveolar damage
- Nonspecific interstitial pneumonia
- Idiopathic pulmonary haemosiderosis

#### **Conditions (vasculitides)**

- Vasculitis (including capillaritis, small, medium, and large vessel disease)
- Veno-occlusive disease
- Pulmonary embolism

# Other systemic diseases that influence the respiratory system

- Acquired immuno-deficiencies
- Congenital immunodeficiencies
- Drug induced disease
- Graft versus host disease
- Haematological disease (including sickle cell disease)
- Post lung transplant management
- Post stem cell transplantation immuno-deficiency
- Rheumatoid and connective tissue disorders

#### LESS COMMON OR MORE COMPLEX PRESENTATIONS AND CONDITIONS

Advanced Trainees will understand these presentations and conditions.

Advanced Trainees will understand the resources that should be used to help manage patients with these presentations and conditions.

# Disorders of the immunocompromised host

- Opportunistic infections e.g. pneumocystis
- Disorders related to therapeutic intervention
  - » Chemotherapeutic and/or radiation injury
  - » Drug hypersensitivity
- Disorders related to solid organ, lung and stem cell transplantation, and rejection syndromes
  - » Graft versus host disease
  - » Post-transplant lymphoproliferative disorder
- Lymphoid infiltrates related to immune compromise
- Nonspecific lymphoproliferation
  - » With lymphoid hyperplasia

- » With poorly formed granulomas
- » Malignant

### Disorders masquerading as interstitial disease

- Arterial hypertensive vasculopathy
- Congestive vasculopathy including veno-occlusive disease
- Lymphatic disorders (Lymphangiectasis and lymphangiomatosis)
- Thromboembolic disease
- Alpha 1 antitrypsin deficiency

# Disorders related to systemic disease processes

- Immune-mediated disorders
  - » Acquired pulmonary alveolar proteinosis/autoantibody to GMCSF
  - » Goodpasture's syndrome
  - » Lymphoproliferative disease
  - Nonspecific airway changes, including lymphocytic bronchiolitis, lymphoid hyperplasia, and mild constrictive changes
  - » Nonspecific interstitial pneumonia
  - » Organizing pneumonia
  - » Pulmonary hemorrhage syndromes
  - » Pulmonary vasculitis syndromes
  - » Other manifestations of collagen-vascular disease
- Nonimmune-mediated systemic disorders
  - » Langerhans cell histiocytosis
  - » Malignant infiltrates
  - » Sarcoidosis
  - » Storage disease

#### EPIDEMIOLOGY, PATHOPHYSIOLOGY, AND CLINICAL SCIENCES

Advanced Trainees will have a comprehensive depth of knowledge of the principles of the foundational sciences.

- Basic histopathology of:
  - » pulmonary alveolar proteinosis
  - » chronic pneumonitis of infancy
  - » pulmonary alveolar proteinosis
  - » desquamative interstitial pneumonitis
  - » non-specific interstitial pneumonia

#### INVESTIGATIONS, PROCEDURES, AND CLINICAL ASSESSMENT TOOLS

Advanced Trainees will know the scientific foundation of each investigation and procedure, including relevant anatomy and physiology. They will be able to interpret the reported results of each investigation or procedure.

Advanced Trainees will know how to explain the investigation or procedure to patients, families, and carers, and be able to explain procedural risk and obtain informed consent where applicable.

#### Investigations

- Diagnostic imaging including chest-x-ray, computed tomography, magnetic resonance imaging
- · Basic histopathology of chILD
- · Genetic testing where appropriate, e.g. chILD
- Blood tests for diagnosis of immunodeficiency/immune mediated disorder/non-immune mediated systemic disorder

#### IMPORTANT SPECIFIC ISSUES

Advanced Trainees will identify important specialty-specific issues and the impact of these on diagnosis and management and integrate these into care.

- Differential diagnosis of infection versus rejection in the posttransplant setting
- Transbronchial biopsy techniques
- Genetic diagnostic technique, the role of the geneticist, and the importance of genetic counselling
- The role of the multidisciplinary team when managing rare disease
- The role of the international community of practice when managing rare disease
- Timing of lung biopsy in the diagnosis of chILD
- Clear communication between the surgeon, physician, and pathologist in relation to lung biopsy