**General rehabilitation medicine logbook**

Optional tool for trainees

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The logbook is an optional tool to assist trainees in gaining broader experience in the field of general rehabilitation medicine.

**Background**

It is recognised that broad exposure during training to case-mix and complexity is important for the overall quality of training, but experiences can be highly variable amongst general rehabilitation medicine Advanced Trainees.

Whilst trainees are encouraged to gain experience in more than one hospital unit or training setting during Advanced Training, there is currently no mandatory requirement to do so. For many trainees, exposure to ambulatory care may also be very limited although it is acknowledged that rotations in inpatient units provide excellent training.

**Purpose**

To facilitate broad exposure for trainees through use of a logbook, with an emphasis on case-mix, complexity and specifically, outpatient settings.

**How should the logbook be used by trainees?**

* Trainees can use the logbook to document cases over the duration of Advanced Training.
* A target number of 60 outpatients who are new to the clinic can be used as a benchmark for trainees.
* It would benefit the trainee to have a primary role during the consultation of these patients and write the clinic letter, the latter of which is an important skill in and of itself to develop.
* The diagnostic case-mix and complexity should be documented for each patient and target numbers are outlined in the tables below.

|  |  |
| --- | --- |
| **Case-mix** | **Target number of cases** |
| Traumatic brain injury | 5 |
| Neurological | 5 |
| Trauma/Musculoskeletal | 5 |
| Spinal cord injury | 5 |
| Amputee | 5 |
| Congenital disability/Transition | 5 |
|  |  |
| **Case complexity** | **Target number of cases** |
| **Low:** (1 to 2 rehabilitation issues/short term goals) Example: Rehabilitation following uncomplicated hip replacement  | 15 |
| **Medium:** (3 to 4 rehabilitation issues/short to long term goals, often with psychosocial considerations) | 15 |
| **High:** (5 or more rehabilitation issues/short to long term goals, requiring a multifaceted approach to addressing the entire biopsychosocial model. Often multiple diagnoses/complications/co-morbidities) | 15 |

**How can supervisors support trainees with completion of the logbook?**

Use of the logbook may assist trainees during discussions with their supervisors at the following times:

* Formulation of Learning Needs Analysis
* Formative assessment interviews
* End-of-rotation Supervisor’s Reports

This enables supervisors to facilitate exposure to patients with specific case-mix/complexity. supervisors may also document adequacy of exposure in the Supervisor’s Reports.

**Other considerations**

In addition to case-mix, it may benefit the trainee to have exposure to patients whose circumstances or background may bring additional complexities or considerations to patient rehabilitation. This may include patients of Indigenous or culturally and linguistically diverse backgrounds and those who live in rural and remote locations.

**General rehabilitation medicine logbook proforma**

**Trainee name:**

**Trainee MIN:**

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **No.** | **Date** | **Patient ID** | **Age** | **Case-mix** | **Complexity** | **Training location** | **Brief description** | **Trainee dictated letter** | **Supervisor has sighted clinic letter** | **Trainee’s signature** | **Supervisor’s name and signature** |
| **#** | 2/2/22 | A123456 | 33 | TBI | Medium | J Smith’sABI Institute | Ongoing PTA, multi-trauma, unknown d/c disposition, overseas visitor | Yes  | Yes  | QWE | RT |
| **1** |       |       |       |       |       |       |       |       |       |       |       |
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