



The Royal Australasian
College of Physicians

Session Chairs

Dr Catherine Yelland, President & ex-CPAC Chair

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evolve
evaluating evidence. enhancing efficiencies.

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What is EVOLVE?



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- A physician-led initiative to ensure the highest quality patient care, through the identification and reduction of low-value clinical practices
- Key points
 - Physician led
 - Patient-focused
 - Evidence-based
 - Transparent processes & outputs
 - A partnership between the specialties and the College

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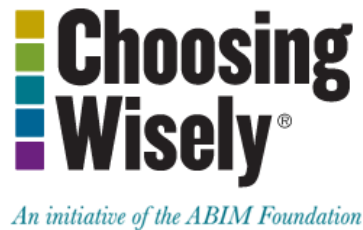
Part of a growing international movement



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Prudent Healthcare



Significant progress in the first year



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- Effective partnership between the College and the Specialty Societies
- Enthusiastic support from Fellows
- 25 specialties engaged to date
 - 10 published lists
 - 14 more under development

“A smart, succinct, evidence-based ‘list of five points’ with direct clinical relevance”

Dr Theo van Lieshout, Sexual Health physician

“A very important project from the RACP and vital for ASCEPT to have its own list to emphasise principles for other specialist physicians”

Survey respondent on ASCEPT’s EVOLVE process

“The sooner and more comprehensively this list is used the better”

Dr Simon Allen, on Palliative Medicine EVOLVE list

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Cross-specialty consultation



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EVOLVE Forums have brought together leading Fellows from across specialties to share experiences, common themes and ideas

First EVOLVE Forum, March 2015

53 participants from 40+ specialties

“Planning for future needs leadership and this forum has helped to go forward”

96.8% of respondents agreed or strongly agreed with “I understand the initiative”;

“I feel I can contribute”; I plan to promote among my specialty”

Second EVOLVE Forum, April 2016

97.4% of respondents believed that the Forum provided the impetus and resources to drive EVOLVE forward

“The ideas presented on dissemination were really useful – as were the panel discussions and the mechanisms to drive change”

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Translating into clinical practice



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Next phase of EVOLVE is about **translating the recommendations into clinical practice....**

- All published lists are available at www.evolve.edu.au
- Some are open for feedback, so please share your thoughts
- First EVOLVE podcast released LINK
- Consultations underway with other colleges
- Ideas being progressed to support widespread dissemination and sharing of recommendations; development of educational resources; materials to support discussions with patients; incorporation into trainee and supervisor materials; support for Specialty Societies to promote and engage (e.g. at their ASM) and much more

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Objectives of this session

- Many EVOLVE recommendations have implications for other fields
 - Often, other specialist disciplines, but also GPs, surgeons
 - We are consulting with other colleges to collaborate on ways of disseminating these lists across the profession
- This Congress session will provide a clinical update on a number of these ‘cross specialty’ items, and provide background on the evidence and rationale for the recommended change
- We are also keen to hear your ideas on how you might bring about these changes in your practice
- Contact us anytime at **evolve@racp.edu.au**