

Identifying the determinants of health in rural and remote communities and promoting meaningful change

PUBLIC HEALTH IN TAIRAWHITI

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RACP Congress 2019

Whāia te Hauora i Roto i te Kotahitanga A Healthier Tairāwhiti by Working Together



Hauora
Tairāwhiti



Hauora
Tairāwhiti

Medical officer of health



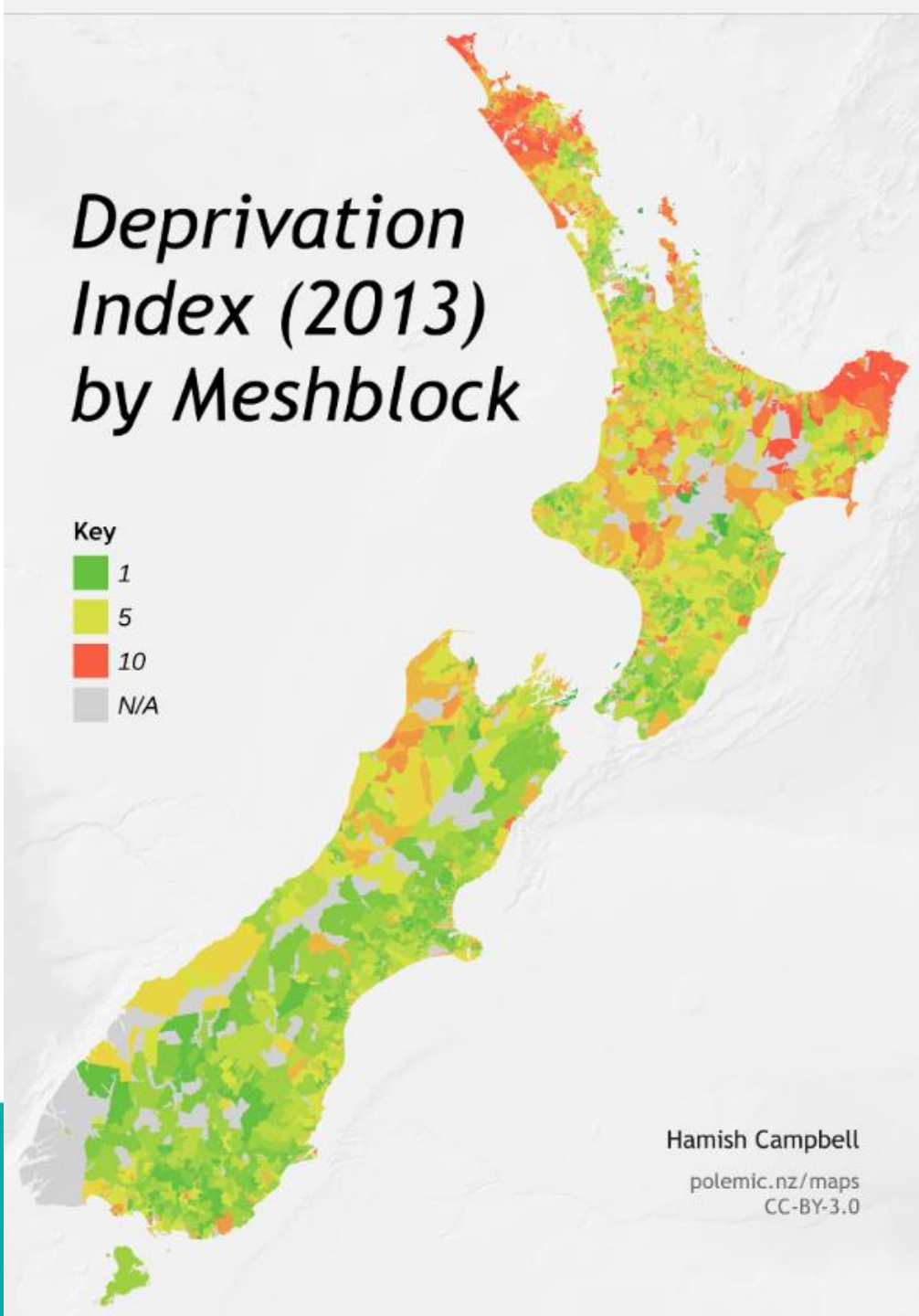
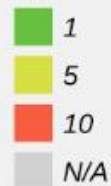
- Communicable disease control – rheumatic fever, syphilis, outbreaks, immunization rates.
- Health protection - drinking water, waste water, environment, alcohol regulation, smoke-free regulations, emergency management, biosecurity.
- Health promotion – obesity, smoking, sexual health, workplace health
- Linking with hospital, primary care, council, NGOs eg Maori Women’s Welfare league, Cancer Society, community groups etc etc



Hauora
Tairāwhiti

Deprivation Index (2013) by Meshblock

Key



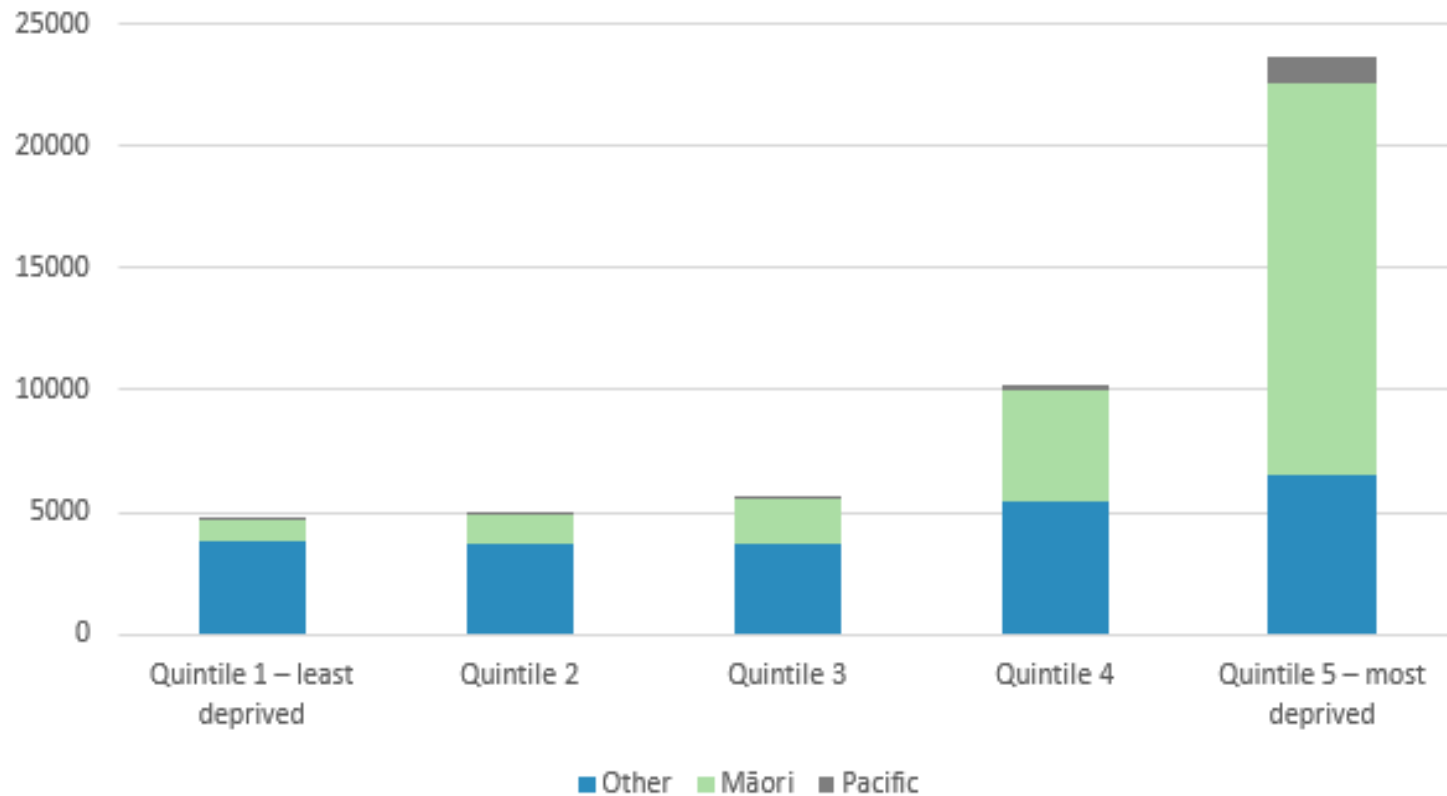
Hamish Campbell

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Deprivation 2018/19

Tairāwhiti population by deprivation (quintiles)



Health outcomes

High rates of:

- mental health problems,
- family violence,
- smoking,
- diabetes,
- SUDI,
- bronchiolitis,
- skin infections
- rheumatic fever,
- teen pregnancies...

EQUITY GAP



Determinants of health



- History
- Distance
- Land use
- Employment
- Council attitudes and realities
- Housing
- Health system factors
- Poverty

E kore au e ngaro, he kākano i ruia mai i Rangiātea.
(I will never be lost, for I am a seed sown in Rangiātea.)

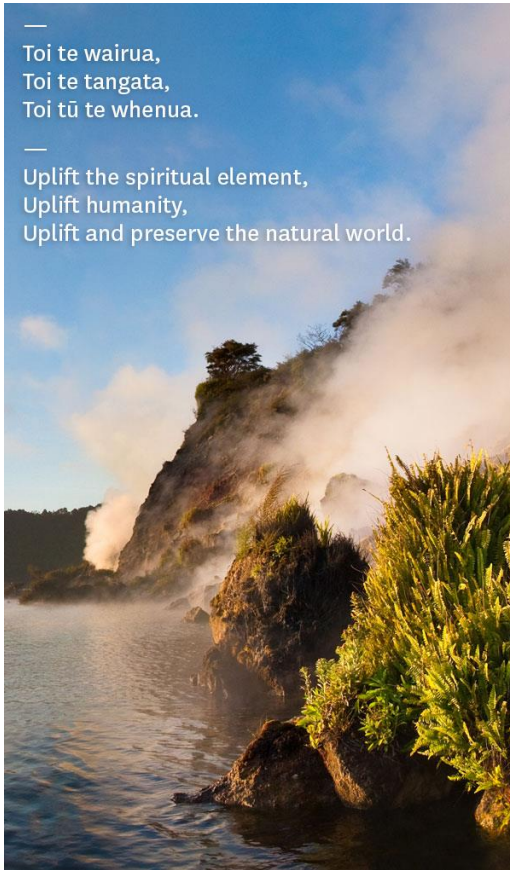


- Culture
- Language
- Sport
- Connection to land
- Connection to others
- Holistic concept of health

Promoting meaningful change

—
Toi te wairua,
Toi te tangata,
Toi tū te whenua.

—
Uplift the spiritual element,
Uplift humanity,
Uplift and preserve the natural world.



- De-colonise your institution
- Recognise importance of whakapapa (genealogy) and whanaungatanga (relationships)
- Learn te reo
- Be aware of tikanga (protocols)
- Mentor and support local staff
- Support community based initiatives.

Building on community strengths



Support a holistic view of health

