



IUHPE

23rd World Conference
on Health Promotion

7 – 11 APRIL 2019 ROTORUA,
AOTEAROA NEW ZEALAND

TE PAE MAHUTONGA

Navigating Pathways to Wellbeing

Mason Durie

Ngati Kauwhata, Rangitane

Massey University

TE ARAWA



TE ARAWA LAKES TRUST



Tena Koutou



TE TATAU O
TE ARAWA



TE ARAWA RIVER
IWI TRUST



TE PUMAUTANGA O
TE ARAWA TRUST



TE ARAWA
NGATI PIKIAO
ROTORUA



Te Arawa
Whānau Ora

Rotorua and Health Promotion

A Step Back in Time

1903

Māori Sanitary Inspectors

1937

Womens Health League

1907 Māori Sanitary Inspectors meet in Rotorua

- First general conference of Māori Councils and Sanitary Inspectors
- Partnership between Department Public Health & Councils (1903)
- Councils to appoint 'competent sanitary inspectors for native villagers'
 - sanitation
 - nutrition
 - Housing and families
 - tuberculosis and infectious diseases
 - Healing & treatment



Dr Maui Pomare

Dr Peter Buck
Te Rangi Hiroa

1937 Womens Health League

A Rotorua Initiative

- Nurse Cameron Department of Public Health
- *... health and welfare of the Māori people including care and feeding of infants, correct methods of cooking, and the value of fresh air and sunshine'*
- Local health committee – women from marae
- The whānau and the marae
- Strong support from Te Arawa leaders

1937 Womens Health League

Te Ropu o te Ora

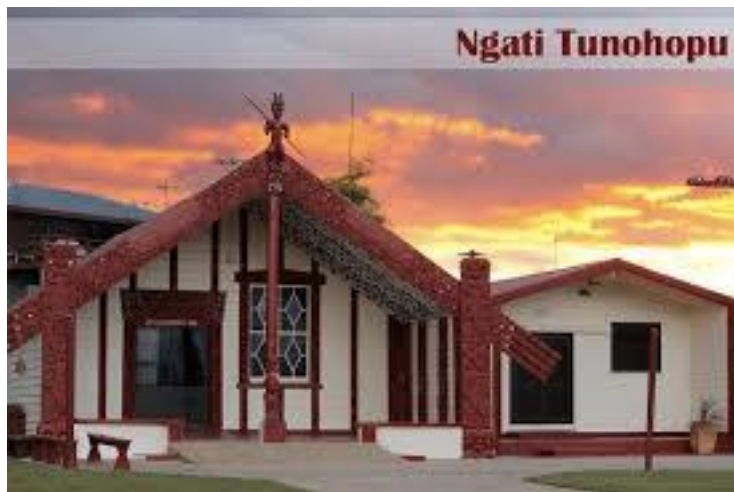
Tunohopu



Women's Health League

CENTRAL BRANCH

Tunohopu Health Centre • Houkotuku Street • Ohinemutu • Rotorua
President: +(64) 07 333 2623 Secretary: +(64) 07 348 3493
www.womenshealthleague.co.nz

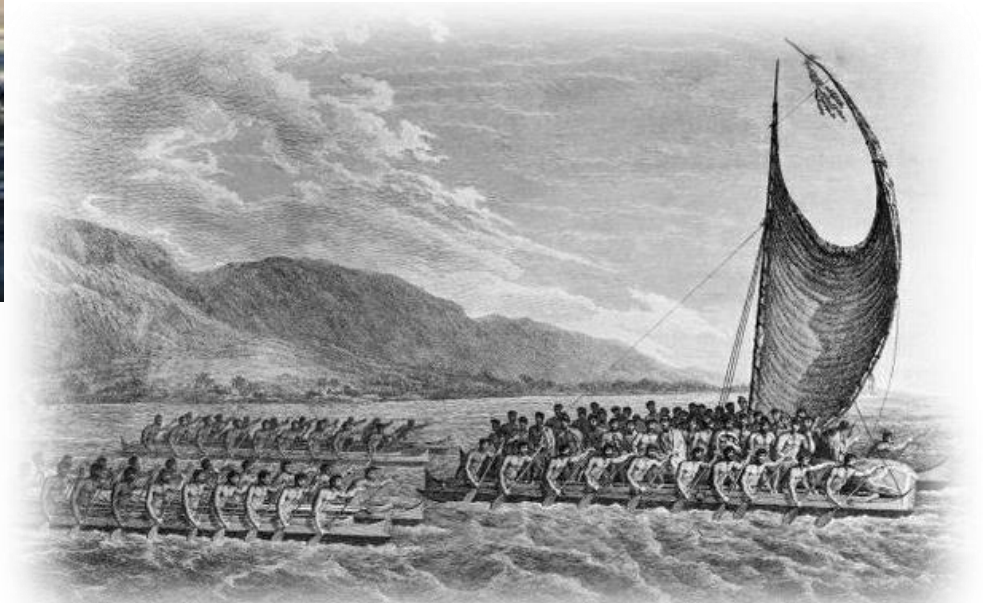


Ngā Manuhiri Tuārangi Destination Rotorua 2019



Te Arawa Waka 1200 AD

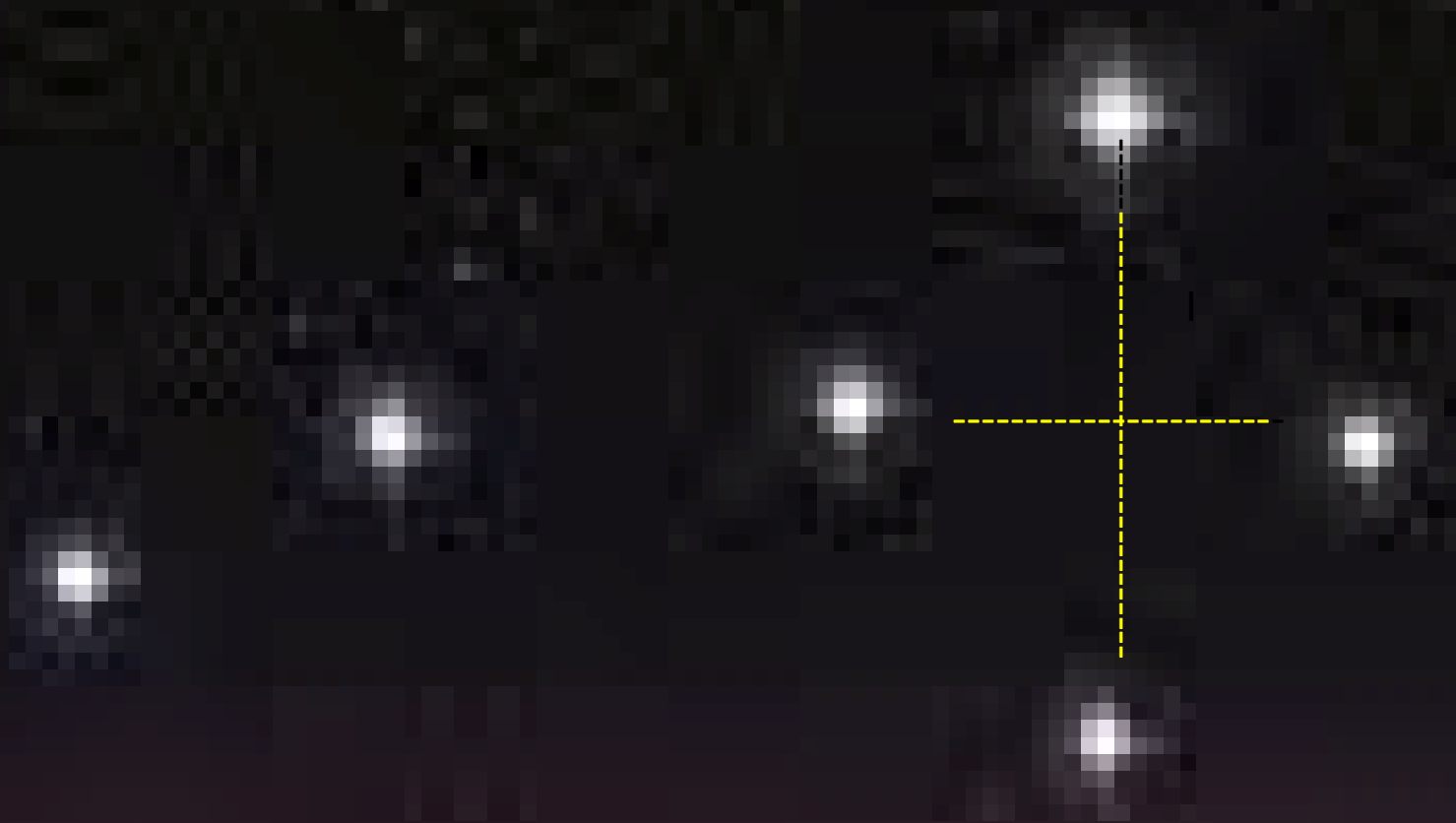
Destination Maketu



Navigating by the Stars



Te Pae Mahutonga The Southern Cross (Alpha Crucis)



The two pointers
Whetu Matarau

The CRUX
Mahutonga

Te Pae Mahutonga

A Southern Hemisphere Marker



New Zealand



Australia

(with the Commonwealth Star)

A Framework for Māori Health Promotion



Te Pae Mahutonga NZ Health Promotion Forum 1999



Te Pae Mahutonga

NZ Health Promotion Forum
1999



Mauri Ora

Cultural Identity



Waiora

Environment



Te Oranga

Participation



Toiora
Lifestlyes



Ngā Manukura Leadership



Mana Whakahaere
Autonomy

2019

Matariki

Another constellation of stars to guide
health promotion

Matariki is the Māori name for the cluster of stars also known as the Pleiades (or Subaru in Japan).

It rises in mid-winter and for many Māori, it heralds the start of a new year.

A time for remembering the dead, celebrating new life and planting new crops.



Dr Rangi Mataa



Mana Tāngata
Human Dignity



Ngā Hāpori
Communities



Papatūānuku
Land



Whānau Ora
Families



Ranginui
The Sky



Ngā Wai
Rivers & Oceans



Ngāhere
Forests



Te Ao Tūuru
Nature

Matariki



Eight Matariki dimensions of Health

Mana Tangata	<i>Human dignity</i>
Whānau Ora	<i>Families</i>
Hapori	<i>Communities</i>
Ranginui	<i>The sky</i>
Papatuanuku	<i>The land</i>
Nga Wai	<i>Rivers and oceans</i>
Ngahere	<i>The forests</i>
Te Ao Tuturu	<i>Rhythms of nature</i>

Mana Tangata

Endorse the Rights of Indigenous Peoples

KIA ORA
te reo Māori

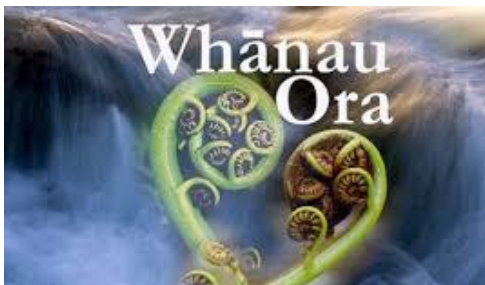
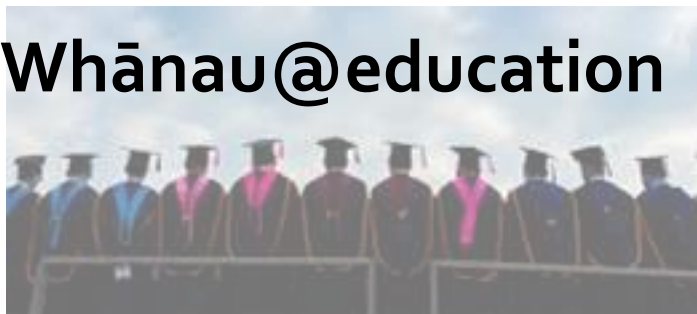
The right to speak the
language



Whānau Ora

Enable Families to Flourish

Whānau@education



Whānau@home



Whānau@enterprise



Whānau@marae

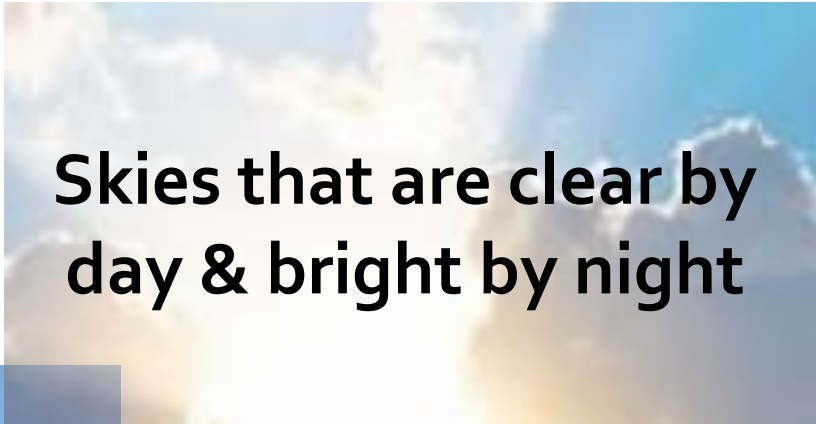


Ngā Hāpori Support Community Initiatives




Ranginui

Keep Our Skies Clean and Fresh



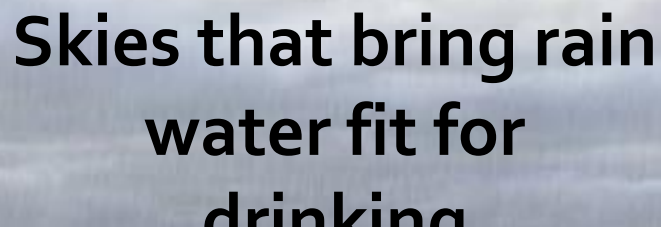
Skies that are clear by day & bright by night



Skies that make for safe breathing



Skies that speed the flight of birds



Skies that bring rain water fit for drinking

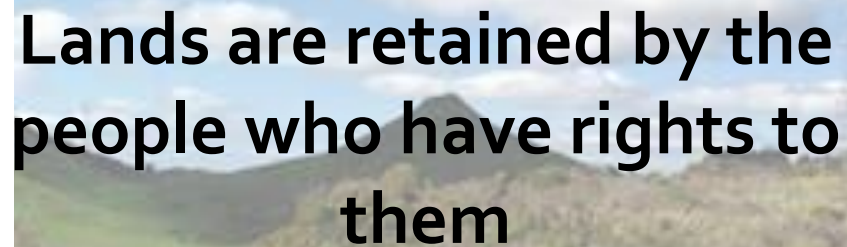


Skies that are unpolluted

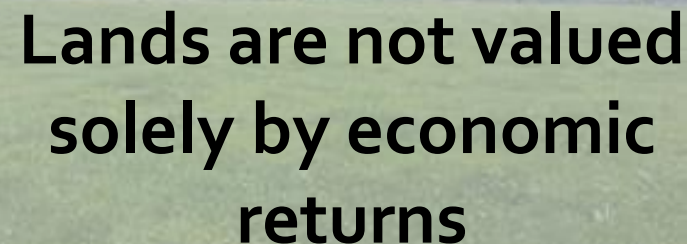
Papatūānuku

Protect Our Land From Alienation, Despoliation & Degradation

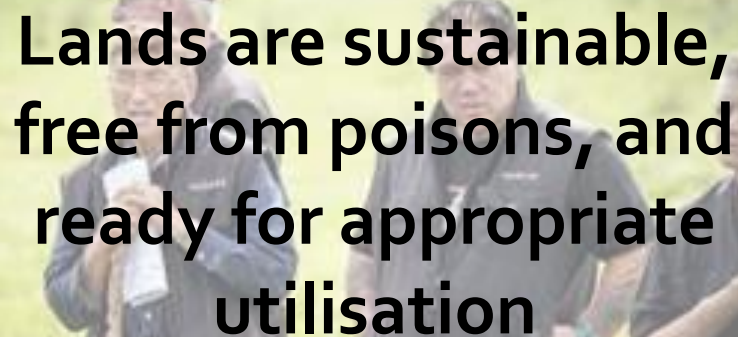
Lands with intergenerational
histories & futures



Lands are retained by the
people who have rights to
them



Lands are not valued
solely by economic
returns



Lands are sustainable,
free from poisons, and
ready for appropriate
utilisation



Lands are productive
and well maintained

Ngā Wai

Safeguard Our Rivers and Oceans



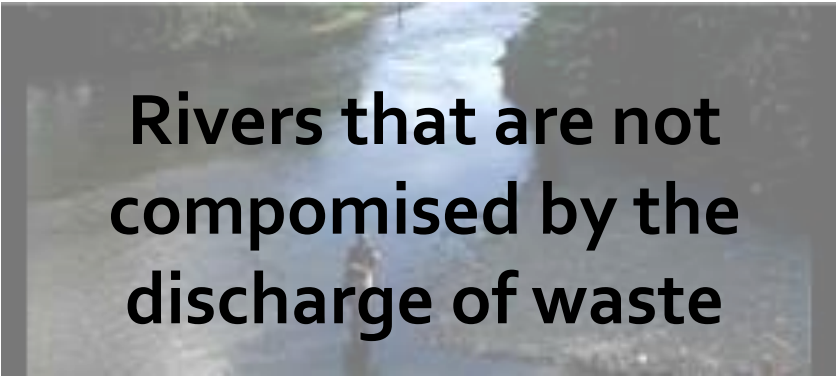
Rivers that are conducive to the sustainability of native flora & fish



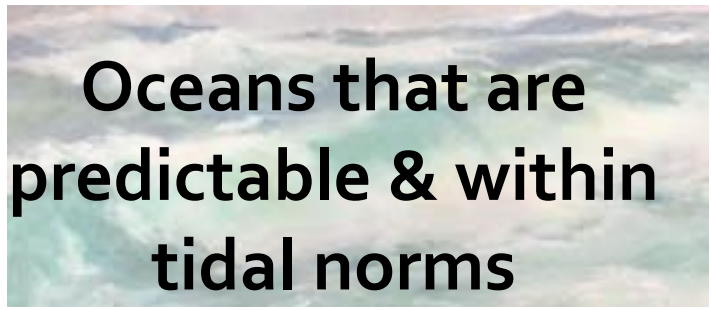
Rivers that are safe for swimming & cultural ceremonies



Oceans free of waste & contaminants



Rivers that are not compromised by the discharge of waste



Oceans that are predictable & within tidal norms

Ngāhere

Preserve Our Native forests


Native forests are preserved for future generations



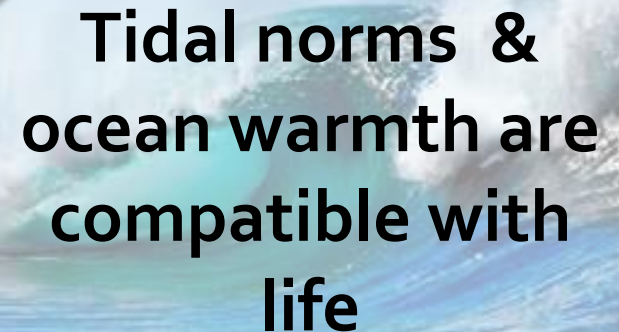
Te Ao Tuturu

Restore the balance of nature

Our planet is able to retain its stability
and its rhythm



Excesses of nature are
diminished – cyclones,
floods, hurricanes,
devastating storms



Tidal norms &
ocean warmth are
compatible with
life



Extremes of global heat,
cold, humidity, and rain are
controlled



Global collectivity
for
global warming



ManaTāngata
Human Dignity



Ngā Hāpori
Communities



Whānau Ora
Families



Papatūānuku
Land



Ranginui
The Sky



Ngā Wai
Rivers & Oceans



Ngāhere
Forests



Te Ao Tūuru
Nature

Matariki



MATARIKI

A Health Promotion Agenda for Māori & Indigenous peoples:



Endorse Indigenous rights

Enable whānau and families to flourish

Support community initiatives

Keep our skies clean and fresh

Protect our lands

Safeguard our rivers and oceans

Preserve our native forests

Restore nature's balance



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Ngā Whetū o te Rangi Navigating by the Stars

KIA ORA

STAY WELL

*The focus on stars
reminds us that we are
part of an unbounded
universe*

Ngā Whetū o te Rangi Navigating by 14 Stars

Te Pae Mahutonga

Matariki



Mauri Ora
Custom



Mana Tangata
Human Dignity



Whānau Ora
Families



Wai Ora
environments



Te Oranga
Participation



Nga Wai
Rivers & Oceans



Hapori
Communities



Ranginui
The Sky



Toiora
Wellness



Papanuanuku
Lands



Ngahere
Forests



Nga Manukura
Leadership



Te Ao Tuturu
Nature



Mana Whakahaere
Autonomy