## **Biosimilar Medicines**



Associate Professor Michael Ward Discipline Leader: Pharmacy Education School of Pharmacy and Medical Science University of South Australia



Aotea Centre, Auckland, New Zealand, 6 - 8 May 2019

## **Biosimilar Medicines**

Australian Governmen Department of Health	<u>t</u> [	The Departmer of Health	<b>≖</b> nt	Related Websites	▼ Popular     ▼ f	Follow Se			
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Home / Programs & Campaigns / P Biosimilar Awa The Initiative was annou Package. The aim of the		GBBMA Generic and Biosimil Medicines Association	lar on						
healthcare professional: Page last updated: 16 April 2018 AT A GLANCE	Home You are he	About GBMA	A Ao	ivocacy	Generics	Biosimilars	Topics	News	A biosimilar is More informa <u>Biosimilar Aw</u>
A biosimilar medicine is hig Biological and biosimilar me Biological medicines, includ as ulcerative colitis and Cro	G	BMA Educ	ation						What are the The Australia medicines.
	In A Bio	April 2018, <b>GBMA E</b> similar Education Gr	<b>ducation Li</b>	<b>mited</b> , the e Australian G	ducational arm overnment.	of GBMA, was awa	arded the		As part of the <u>Medicines Au</u> <u>Pharmacy Gu</u> Two specific
	The con inve con	e Government is con Isumers on the bene estment of \$5 millior npletion by Decembe	tinuing its ir fits of using n is made ur er 2020.	nvestment in biosimilar m nder the grar	n educating pre nedicines by wa nt with activitie	scribers, pharmacis y of an education g s to take place over	sts and rant and an three years, fo	r	<ul> <li>encour biologi</li> <li>providi brands</li> <li>author</li> </ul>
									These uptake

Australian Government Department of Health Biosimilar Uptake Drivers A biosimilar is a highly similar copy of an original or reference biological medicine. More information about biosimilar medicines is available on the Department's Biosimilar Awareness Initiative webpage. What are the biosimilar uptake drivers? The Australian Government supports initiatives to increase the use of biosimilar medicines.

As part of the 2017 Budget process the Government reached <u>agreement with</u> <u>Medicines Australia, the Generic and Biosimilar Medicines Association and the</u> <u>Pharmacy Guild of Australia to implement biosimilar uptake drivers.</u>

Two specific biosimilar uptake drivers are being implemented:

- encouraging prescribing of a biosimilar brand rather than the reference biological brand for treatment naïve patients; and
- providing for a simpler and faster approval process for prescribing biosimilar brands (e.g. streamlined authority) while maintaining an existing higher level authority requirement for the reference biological brand (e.g. written authority).

These uptake drivers are designed to supplement existing activities by the Department of Health to improve awareness of, and confidence in, biosimilars for both healthcare professionals and consumers.

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## **Biosimilar Development and Approval**





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http://www.ema.europa.eu/ema/index.jsp?curl=pages/medicines/general/general\_content\_001832.jsp&mid=WC0b01ac0580bb8fda

## **Global Biosimilar Approval Timeline**



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### **Biosimilar Erythropoietin – real world experience Representative conclusions of reported observational studies**

	BMJ Open	Comparative effectiv of erythropoiesis-stin (biosimilars vs origin practice: a population	reness and nulating a nators) in c n-based co	safety gents clinical hort	
		study in Italy			
		Francesco Trotta, <sup>1</sup> Valeria Belleudi, <sup>1</sup> Danik Alessandra Mecozzi, <sup>2</sup> Flavia Mayer, <sup>1</sup> Mass Antonio Addis <sup>1</sup>	o Fusco, <sup>1</sup> Laura Ama simo Sansone, <sup>2</sup> Marin	"In Ł	oth settin
	To cite: Trotta F, Belleudi V, Fusco D, et al. Comparative	ABSTRACT Objectives: To evaluate the benefit/risk profile of	Strengths and limitatio		C
	of erythropoiesis-stimulating agents (biosimilars vs originators) in clinical	epoetin α biosimilar with the erythropoiesis-stimulating agents (ESAs) originators when administered to naïve patients from clinical practice.	<ul> <li>The Electronic Theraper up for the clinical purp appropriateness of</li> </ul>	utic Plan Register was set bose of ensuring a higher ervthropoiesis-stimulating	
	Clinical Nephrology, Vo	1. 89 - No. 1/2018 (1-9)		well as a very low mis- is and incident users. nders identified through	
NOD Y	(HX575) ir anemia: re	hemodialysis patients w al-world effectiveness an	ith renal id safety in	age were considered to a of data	
	the MONI	OR-CKD5 study			

Conclusion

gs, our findings are suggestive of **no difference** between biosimilars and priginators on relevant effectiveness and safety outcomes."

#### Conclusion

"The MONITOR-CKD5 study of hemodialysis patients underscores the real-world effectiveness of <sup>1</sup>Centre Hospitalier F.H. Manhés, Fleury-Mérogis, Fr HX575, a biosimilar epoetin- $\alpha$ , in managing renal anemia. Patients treated for up to 24 months with Foundation Hospital, London, UK, <sup>4</sup>Centre Hospitali and Unité INSERM 1026. University of Bordeaux. Bu HX575 showed **Hb outcomes equivalent** to reference epoetin- $\alpha$  under dosing patterns similar to the <sup>7</sup>Hexal AG, Holzkirchen, Germany, <sup>8</sup>Matrix45, Tucso reference medicine. The majority of treated patients were maintained within guideline-recommended target Hb ranges. **No unknown safety signals**, including immunogenicity, were detected."

RACP CONGRESS 2019

Gérard London<sup>1</sup>, Johannes Mann<sup>2</sup>, David Goldsmith Frank Dellanna<sup>5</sup>, Philippe Zaoui<sup>6</sup>, Nadja Hoebel<sup>7</sup>, Ar

Universität Erlangen-Nürnberg, Erlangen, Germany,

<sup>5</sup>Dialvsezentrum, Düsseldorf, Germanv, <sup>6</sup>Université

<sup>9</sup>University of Arizona College of Pharmacy, Tucson,

Karen MacDonald<sup>8</sup>, and Ivo Abraham<sup>8,9</sup>

Aotea Centre. Auckland, New Zealand, 6 - 8 May 2019

### **Biosimilar Erythropoietin – real world experience** Isolated observational studies with alternate findings

Clin	Drug	Investig	(2017)	37:965-973
DOI	10.10	07/s4026	61-017-	0562-8

CrossMark

ORIGINAL RESEARCH ARTICLE

Effectiveness of Switch to Erythropoiesis-Stimulating Agent (ESA) Biosimilars versus Maintenance of ESA Originators in the Real-Life Setting: Matched-Control Study in Hemodialysis Patients

Roberto Minutolo<sup>1</sup> · Piergiorgio Bolasco<sup>2</sup> · Paolo Chiodini<sup>3</sup> · Stefano Sposini<sup>4</sup> · Maurizio Borzumati<sup>5</sup> · Cataldo Abaterusso<sup>6</sup> · Alessandra A. Mele<sup>6</sup> · Domenico Santoro<sup>7</sup> · Valeria Canale<sup>7</sup> · Alberto Santoboni<sup>8</sup> · Oliviero Filiberti<sup>9</sup> Fulvio Fiorini<sup>10</sup> · Carlo Mura<sup>11</sup> · Patrizio Imperiali<sup>12</sup> · Silvio Borrelli<sup>1</sup> · Luigi Russo<sup>13</sup> · Luca De Nicola<sup>1</sup> · Domenico Russo<sup>13</sup>

Published online: 4 August 2017 © Springer International Publishing AG 2017

Minotulo et al, Clin Drug Investig (2017) 37:965-973



Aotea Centre, Auckland, New Zealand, 6 – 8 May 2019 Conclusion

"This study provides first-time evidence in daily clinical practice that switching from ESA originators to biosimilars is associated with **poorer anemia control, despite a significant dosing difference of approximately 40%.** This finding is also relevant from an economic point of view and it is important to correctly plan resource allocation."

### How did the authors come to this conclusion? Isolated observational studies with alternate findings



# Changing from darbepoetin is not the same as switching from originator to biosimilar





## **Biosimilar Filgrastim – real world experience**



Recombinant granulocyte colony	y-stimulating factor (rG-CSF)
in the management of neutropen	ia induced by anthracyclines

in the management of neutropenia induced by anthracyclines and ifosfamide in patients with soft tissue sarcomas (NEUSAR)

Alberto Bongiovanni<sup>1</sup> · Manuela Monti<sup>2</sup> · Flavia Foca<sup>3</sup> · Federica Recine<sup>1</sup> · Nada Riva<sup>1</sup> · Valentina Di Iorio<sup>3</sup> · Chiara Liverani<sup>1</sup> · Alessandro De Vita<sup>1</sup> · Giacomo Miserocchi<sup>1</sup> · Laura Mercatali<sup>1</sup> · Dino Amadori<sup>1</sup> · Toni Ibrahim<sup>1</sup>

VOL. 59, NO. 1, 225–228	OL. 59, NO. 1, 225–228
https://doi.org/10.1080/10428194.2017.1321748	https://doi.org/10.1080/10428194.2017.1321748

LETTER TO THE EDITOR

Support Care Cancer (2017) 25:111–117 DOI 10.1007/s00520-016-3390-0 ORIGINAL ARTICLE

#### Effectiveness of originator (Neupogen) and biosimilar (Zarzio) filgrastim in autologous peripheral blood stem cell mobilization in adults with acute myeloid leukemia: a single-center retrospective study

Vincenzo Nasillo<sup>a</sup>\*, Ambra Paolini<sup>a</sup>\*, Giovanni Riva<sup>a</sup>, Monica Morselli<sup>a</sup>, Leonardo Potenza<sup>a</sup>, Valeria Coluccio<sup>a</sup>, Monica Maccaferri<sup>a</sup>, Elisabetta Colaci<sup>a</sup>, Valeria Fantuzzi<sup>a</sup>, Andrea Messerotti<sup>a</sup>, Laura Arletti<sup>a</sup>, Valeria Pioli<sup>a</sup>, Elisabetta Lugli<sup>a</sup>, Andrea Gilioli<sup>a</sup>, Chiara Quadrelli<sup>a</sup>, Patrizia Zucchini<sup>a</sup>, Daniela Vallerini<sup>a</sup>, Ivana Lagreca<sup>a</sup>, Patrizia Barozzi<sup>a</sup>, Angela Cuoghi<sup>a</sup>, Paola Bresciani<sup>a</sup>, Roberto Marasca<sup>a</sup>, Maria Teresa Mariano<sup>b</sup>, Giovanni Ceccherelli<sup>b</sup>, Patrizia Comoli<sup>c</sup>, Daniele Campioli<sup>d</sup>, Tommaso Trenti<sup>d</sup>, Franco Narni<sup>a</sup>, Mario Luppi<sup>a\*</sup> and Fabio Forghieri<sup>a\*</sup>

<sup>a</sup>Department of Medical and Surgical Sciences, Section of Hematology, University of Modena and Reggio Emilia, Azienda Ospedalieru Universitaria Policlinico, Modena, Italy; <sup>b</sup>immuno-Transfusional Medicine Unit, Azienda Ospedaliero-Universitaria Policlinico, Modena, Italy; <sup>Sp</sup>ediatric Hematology Unit, Istituto di Ricovero e Cura a Carattere Scientifico (IRCCS) Policlinico San Matteo, Pavia, Italy; <sup>db</sup>epartment of Laboratory Medicine and Pathology, Unità Sanitaria Locale (USL), Modena, Italy

Chemotherapy-induced neutropenia/febrile neutropenia prophylaxis with biosimilar filgrastim in solid tumors versus hematological malignancies: MONITOR-GCSF study

Heinz Ludwig<sup>1</sup>, Carsten Bokemeyer<sup>2</sup>, Matti Aapro<sup>3</sup>, Mario Boccadoro<sup>4</sup>, Pere Gascón<sup>5</sup>, Kris Denhaerynck<sup>6,7</sup>, Andriy Krendyukov<sup>8</sup>, Ivo Abraham<sup>\*,6,9,10,11</sup> & Karen MacDonald<sup>6</sup> <sup>1</sup>Medizinische Abteilung I – Onkologie und Haematologie, Wilhelminenspital, Wienpäch, Montleartstraße 37, 1160 Vienna, Austria





#### **Issues of practice**

How filgrastim is used not biosimilar vs originator

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Future Oncol. (2019) 15(8), 897-907

Taylor & Francis Taylor & Francis Group

#### **Outcomes for approved indication**

"No differences in terms of clinical outcome were seen in patients treated with either biosimilar or originator as prophylaxis for neutropenia induced by EI regimen."

**Extrapolation of indication** 

*"our findings indicated no difference in key parameters* 

of PBSC mobilization in adult patients affected with AML,

with the use of a biosimilar filgrastim, compared with

originator, as previously shown for other hematologic

malignancies"

## **Biosimilar Filgrastim**

### Isolated observational studies with alternate findings

LEUKEMIA & LYMPHOMA, 2017 VOL. 58, NO. 9, 2258–2260 http://dx.doi.org/10.1080/10428194.2017.1285025



LETTER TO THE EDITOR

### Biosimilars of filgrastim in autologous stem cell transplantation: certain differences for myeloma patients only

Christophe Nicol<sup>a</sup>\*, Chloé Henry<sup>b</sup>\*, Marie-Anne Couturier<sup>a</sup>, Pascal Delépine<sup>c</sup>, Céline Trip Caroline Buors<sup>d</sup>, Gaëlle Guillerm<sup>a</sup>, Christian Berthou<sup>a</sup>, Adrian Tempescul<sup>a</sup> and Jean-Chris

<sup>a</sup>Service d'Hématologie, Institut de Cancéro-Hématologie, Hôpital Morvan, CHRU de Brest, Brest Cedex, France d'Onco-Pédiatrie, Hôpital Morvan, CHRU de Brest, Brest Cedex, France; <sup>c</sup>Etablissement Français du Sang, Site c Brest Cedex, France; <sup>d</sup>Laboratoire d'Hématologie, Hôpital de la Cavale Blanche, CHRU de Brest, Brest Cedex, F

Nicol et al, Leuk Lymphoma. 2017 Sep;58(9):1-3

RACP congress 2019

Aotea Centre, Auckland, New Zealand, 6 – 8 May 2019 "We only observed differences on the following studied parameters in the myeloma group: duration of cytopenia, platelet requirements, and bone pain. **Neupogen**<sup>®</sup> seems to be the most efficient for reducing cytopenia in patients with myeloma (no difference in lymphoma group). In contrast, **Zarzio**<sup>®</sup> induced less bone pain and reduced the requirement for platelet units in this same group. The differences observed between the three rhuGCSFs are intriguing. **As the procedure was identical through the years, we can therefore assume that they do not have the same intrinsic quality**."

### Use of historic controls Impact of changes in practice over time





Musto et al. Stem Cell Research & Therapy (2015) 6:64

"As the procedure was identical through the years, **we can therefore assume that they do not have the** same intrinsic quality."

## **Global Biosimilar Approval Timeline**



Aotea Centre, Auckland, New Zealand, 6 – 8 May 2019

### **Biosimilar Infliximab – real world experience**

### **Multi-centre reports with larger patient numbers**

#### ARD Online First, published on May 4, 2017 as 10,1136/annrh **Clinical and epidemic**

#### CONCISE REPORT

A nationwide non-medical switch from originator infliximab to biosimilar CT-P13 in 802 patients with inflammatory arthritis: 1-year clinical outcomes from the DANBIO registry

Bente Glintborg, 1,2 Inge Juul Sørensen, 3,4 Anne Gitte Loft, 5 Hanne Lindegaard, <sup>6</sup> Asta Linauskas, <sup>7</sup> Oliver Hendricks, <sup>8</sup> Inger Marie Jensen Hansen, <sup>9</sup> Dorte Vendelbo Jensen, 2,3 Natalia Manilo, 10 Jakob Espesen, 11 Mette Klarlund, 12 Jolanta Grydehøj, 13 Sabine Sparre Dieperink, 3 Salome Kristensen, Jimmi Sloth Olsen, 15 Henrik Nordin, 16 Stavros Chrysidis, 17 Dorte Dalsgaard Pedersen, 1 Michael Veedfald Sørensen, <sup>19</sup> Lis Smedegaard Andersen, <sup>20</sup> Kathrine Lederballe Grøn, Niels Steen Krogh,<sup>21</sup> Lars Pedersen,<sup>22</sup> Merete Lund Hetland, <sup>1,4</sup>On behalf of all departments of rheumatology in Denmark

"In 802 arthritis patients treated with INX for median >6 years, a nationwide nonmedical switch to CT-P13 had no negative impact on disease activity. Adjusted 1year CT-P13 retention rate was slightly lower than for INX in a historic cohort."

Conclusion

The PROSIT-BIO Cohort: A Prospective Observational Study of Patients with Inflammatory Bowel Disease Treated with Infliximab Biosimilar Gionata Fiorino, MD,<sup>1</sup> Natalia Manetti, MD,<sup>2</sup> Alessandro Armuzzi, MD,<sup>3</sup> Ambrogio Orlando, MD,<sup>4</sup> Angela Variola, MD,<sup>5</sup> Stefanos Bonovas, MD, PhD,<sup>1</sup> Fabrizio Bossa, MD,<sup>6</sup> Giovanni Maconi, MD,<sup>7</sup> Renata D'Incà, MD.<sup>8</sup> Paolo Lionetti, MD.<sup>9</sup> Laura Cantoro, MD.<sup>10</sup> Walter Fries, MD.<sup>1</sup> Maria L. Annunziata, MD,<sup>12</sup> Francesco Costa, MD,<sup>13</sup> Maria M. Terpin, MD,<sup>14</sup> Livia Biancone, MD, Claudio C. Cortelezzi, MD,<sup>16</sup> Arnaldo Amato, MD,<sup>17</sup> Sandro Ardizzone, MD,<sup>18</sup> Silvio Danese, MD, Luisa Guidi, MD,<sup>3</sup> Giulia Rizzuto, MD,<sup>4</sup> Arianna Massella, MD,<sup>5</sup> Angelo Andriulli, MD,<sup>6</sup> Alessandro Massari, MD,<sup>7</sup> Greta Lorenzon, MSN,<sup>8</sup> Silvia Ghione, MD,<sup>9</sup> Anna Kohn, MD,<sup>10</sup> Aaostino Ventra, MD.<sup>11</sup> and Vito Annese, MD.<sup>2</sup> The PROSIT-BIO Cohort

Inflamm Bowel Dis 2017;23:233–243

**Research** letter

British Journal of Dermatology (2017) 177, ppe325-e326

#### Conclusion

"In summary, in our study with the largest cohort of patients with IBD treated with CT-P13 described so far, we have demonstrated in the evaluated time frame that the safety profile and efficacy of CT-P13 biosimilar is in line with the existing literature of infliximab. No alarming signals of

*immunization* have been detected in patients switched from the infliximab."

#### Conclusion

#### Infliximab biosimilar CT-P13 in the treatment of chronic plaque psoriasis: data from the **Psobiosimilars** registry

ORIGINAL ARTICLE

DOI: 10.1111/bjd.15659

DEAR EDITOR, Infliximab is a chimeric human-murine mono

"The principal finding of this study is that patients with chronic plague psoriasis who respond to the infliximab originator can be switched to the biosimilar CT-P13 without experiencing a significant change in clinical response or additional adverse events including infusion reactions. Moreover, **CT-P13 is effective also in naïve patients** with a PASI reduction being in line with that reported for the originator. In terms of safety, a limited number of adverse events including infusion reactions like those expected with the originator and without any significant difference between the switch and naïve group was observed."

### Studies that describe a challenging journey of implementation

Journal of Neurology https://doi.org/10.1007/s00415-019-09234-y

ORIGINAL COMMUNICATION

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Infliximab biosimilar for treating neurosarcoidosis: tolerance and efficacy in a retrospective study including switch from the originator and initiation of treatment

Quentin Riller<sup>1</sup> · Camille Cotteret<sup>2</sup> · Helga Junot<sup>2</sup> · Neila Benameur<sup>2</sup> · Julien Haroche<sup>1</sup> · Alexis Mathian<sup>1</sup> · Miguel Hie<sup>1</sup> · Makoto Miyara<sup>3</sup> · Patrick Tilleul<sup>2</sup> · Zahir Amoura<sup>1</sup> · Fleur Cohen Aubart<sup>1</sup>

	Table 1	Clinical cl	haracteristics of patien	ts who receiv	ed th	e infliximab b	oiosimilar			
leceived: 8 December 2018 / Revised: 27 J Springer-Verlag GmbH Germany, part of	an <sub>Patient</sub> Sr	Sex, age	Clinical manifesta- tions	Follow-up	S/I	Outcomes <sup>a</sup>	Relapses <sup>b</sup>	Side effects	Prior treatment	Concomitant treatment <sup>c</sup>
	#1	F, 41	T, J (M, C, R)	27	Ι	CR	0	Pulmonary infec- tion	MTX, GC	MTX, GC (5)
	#2	F, 37	T, E, S (M, Med)	24	S	PR	0	0	MTX, CYC, AZA, GC	MTX, GC (10)
	#3	M, 31	T, E, (C, Med, E)	28	S	-	1 (5)	Infection Urticaria	GC	MTX, GC (7)
	#4	M, 32	T, E, (M, ICH)	26	Ι	PR	0	Urticaria	MTX, GC	MTX, GC (5)
	#5	F, 52	T, E, (M, C, Med)	28	S	-	1 (5)	Larva migrans	CYC, GC	MTX, GC(10)
	#6	M, 41	T (M, Med, C)	28	S	CR	0	0	CYC, GC	MTX, GC(5)
	#7	F, 50	T, S, (M, Med, CN, R, C)	25	S	CR	0	0	MTX, CYC, MMF, GC	MTX, GC(5)
	#8	F, 42	T, (M)	27	S	PR	1 (9)	0	MTX, CYC, GC	MTX, GC (5)
	#9	M, 29	T, O, (Med)	24	Ι	PR	0	0	MTX, GC	GC (5)
	#10	F, 47	T, (M, CN, ICH)	24	Ι	PR	0	0	AZA, GC	GC (5)
	#11	M, 52	T, (ICH, M)	27	Ι	PR	0	0	MTX, GC	MTX, GC (5)
DACD	#12	F, 49	T, (Med, CN)	28	S	-	0(2)	Headache	GC	MTX, GC (5)
RACP	#13	M, 42	T, S, (C, E, M)	23	Ι	PR	0	Pulmonary infec- tion	GC, MTX	MTX, GC (5)
CONGRESS	#14	M, 32	T, H, (C, M, Med)	24	Ι	PR	0	0	GC, MTX, CYC, AZA, MMF	AZA, GC (5)
	#15	F, 50	T, (M)	22	Ι	PR	0	Whitlow	GC	GC (10)
	<mark>#16</mark>	F, 47	Hep, (M, C, Med, ICH)	22	I	PR	1 (3)	0	GC	MTX, GC (10)
Anton Constant	#17	M, 43	T, E, B (CN, M, C)	19	Ι	PR	0	0	GC, MTX	MTX (0)
Auckland, New Zealand,	#18	M, 43	B, (C, E)	27	S	PR	1 (7)	Urticaria	GC, CYC	AZA, GC (5)
6 – 8 May 2019	#19	M, 42	T, B, J, O, (M)	19	I	PR	1 (15)	Diarrhea, urticaria	GC, MTX, HCQ	MTX, HC (0)
www.racncongress.com.all	#20	M, 50	T, O, (CN)	25	Ι	CR	0	0	GC	GC (5)

"During the study period, a steering committee was convened consisting of rheumatologists, pharmacists, and internal medicine practitioners who decided to switch to the infliximab originator in individual cases if they had concerns about safety or



"Among the six patients who relapsed, five subsequently received the infliximab originator. Four patients did not improve or relapsed with this switch to the originator, thus they were switched back to the



### Isolated observational studies with alternate findings

EXPERT OPINION ON BIOLOGICAL THERAPY, 2016 VOL. 16, NO. 10, 1311–1312 http://dx.doi.org/10.1080/14712598.2016.1198765



LETTER TO THE EDITOR

Switch from infliximab to infliximab biosimilar: efficacy and safety in a cohort of patients with different rheumatic diseases

**Response to**: Nikiphorou E, Kautiainen H, Hannonen P, et al. Clinical effectiveness of CT-P13 (Infliximab biosimilar) used as a switch from Remicade (infliximab) in patients with established rheumatic disease. Report of clinical experience based on prospective observational data. Expert Opin Biol Ther. 2015;15:1677–1683

Stefano Gentileschi, Cristiana Barreca, Francesca Bellisai, Giovanni Biasi, Maria Giuseppina Brizi, Renato De Stefano, Marta Fabbroni, Antonella Fioravanti, Elena Frati, Enrico Selvi, Antonio Vitale, Luca Cantarini, Bruno Frediani and Mauro Galeazzi

Rheumatology Unit, Department of Medical Sciences, Surgery and Neurosciences, University of Siena, Siena, Italy

Gentileschi et al, Expert Opin Biol Ther. 2016;16(10):1311-2

"At the time of the switch, all of the patients were in complete disease remission on INX at a dose of 5 mg/kg every 8 weeks. **After a mean time of 1.71 months (range 1–2)** from the start of INB a **disease relapse occurred in 7 out of 23 patients** (30.43%). Their mean (SD) duration of previous INX treatment was 62.28 (49.95) months."

D ...

#### Table 1. Clinical, demographic, and therapeutic characteristics of the refractory patient.

Patient	Age	Gender	HLA B (B27/ B51)	Diagnosis	Concomitant diseases and/or extra-articular manifestations	Age at disease onset	Age at diagnosis	Previous treatments	Duration of previous IFX treatment (months)	Concomitant treatments (during IFX and INB)
1	56	F	-/+	Axial SpA	Behçet's disease	41	51	Etanercept 50 mg/w Adalimumab 40 mg/2w MTX, PDN NSAIDs	20	MTX, NSAIDs
2	23	М	+/-	Axial SpA	Crohn's disease	23	23	NSAIDs SLZ, PDN	3	None
3	49	М	n.k	Axial SpA	None	30	36	NSAIDs, MTX, PDN	63	NSAIDs
4	64	М	+/-	Peripheral SpA	Psoriasis	44	46	NSAIDs, MTX, SLZ, PDN	136	MTX
5	60	F	n.k	Axial SpA	Crohn's disease	46	50	NSAIDs, SLZ, PDN	63	NSAIDs
6	48	М	-/+	Axial SpA	Psoriasis	38	45	NSAIDs, Etanercept 50 mg/w, PDN	19	MTX
7	41	М	+/-	Axial SpA	Psoriasis	14	28	NSAIDS, MTX	132	NSAIDs

F: female; IFX: infliximab; M: male; MTX: methotrexate; NSAIDs: non-steroidal anti-inflammatory drugs; PDN: prednisone; SLZ: sulphasalazine; W: week; n.k: not known.



Aotea Centre, Auckland, New Zealand, 6 – 8 May 2019



### Isolated observational studies with alternate findings





Time (hr)

### Isolated observational studies with alternate findings

EXPERT OPINION ON BIOLOGICAL THERAPY, 2016 VOL. 16, NO. 10, 1311–1312 http://dx.doi.org/10.1080/14712598.2016.1198765 Taylor & Francis Taylor & Francis Group

LETTER TO THE EDITOR

Switch from infliximab to infliximab biosimilar: efficacy and safety in a cohort of patients with different rheumatic diseases

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Stefano Gentileschi, Cristiana Barreca, Francesca Bellisai, Giovanni Biasi, Maria Giuseppina Brizi, Renato De Stefano, Marta Fabbroni, Antonella Fioravanti, Elena Frati, Enrico Selvi, Antonio Vitale, Luca Cantarini, Bruno Frediani and Mauro Galeazzi

Rheumatology Unit, Department of Medical Sciences, Surgery and Neurosciences, University of Siena, Siena, Italy

"At the time of the switch, all of the patients were in complete disease remission on INX at a dose of 5 mg/kg every 8 weeks. After a mean time of 1.71 months (range 1–2) from the start of INB a disease relapse occurred in 7 out of 23 patients (30.43%). Their mean (SD) duration of previous INX treatment was 62.28 (49.95) months."



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### Isolated observational studies with alternate findings

EXPERT OPINION ON BIOLOGICAL THERAPY, 2016 VOL. 16, NO. 10, 1311–1312 http://dx.doi.org/10.1080/14712598.2016.1198765 Taylor & Francis Taylor & Francis Group

LETTER TO THE EDITOR

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"INB was then suspended and **IFX was readministered** in all 7 patients at a dose of 5 mg/kg every 8 weeks, in association with a tapering dose of oral corticosteroids. In 5/7, the readministration of INX promptly led to a **remarkable clinical improvement** (4/5), or at least a partial one (1/5), with a significant decrement of the disease activity indexes. No amelioration was observed in 2/7 subjects"

### What do we know about anti-drug antibodies?

recognition

100

75

50

25

TNF- $\alpha$  binding (%)

BioDrugs (2017) 31:223-237 DOI 10 1007/s40259-017-0219-4

ORIGINAL RESEARCH ARTICLE

Evaluation of the Cross-reactivity of Antidrug Antibodies to CT-P13 and Infliximab Reference Product (Remicade): An Analysis Using Immunoassays Tagged with Both Agents

Walter Reinisch<sup>1,2</sup> · Jørgen Jahnsen<sup>3,4</sup> · Stefan Schreiber<sup>5</sup> · Silvio Danese<sup>6</sup> Julián Panés<sup>7</sup> · Alejandro Balsa<sup>8</sup> · Won Park<sup>9</sup> · JiSoo Kim<sup>10</sup> · Jee Un Lee<sup>11</sup> Dae Hyun Yoo<sup>12</sup> BioDrugs. 2017 Jun;31(3):223-237.

PLOS ONE

RESEARCH ARTICLE

Quantitative comparison of the neutralizing capacity, immunogenicity and cross-reactivity of anti-TNF-α biologicals and an Infliximabbiosimilar

D. J. Buurman<sup>1\*</sup>, T. Blokzijl<sup>1,2</sup>, E. A. M. Festen<sup>1</sup>, B. T. Pham<sup>1</sup>, K. N. Faber<sup>1</sup>, E. Brouwer<sup>3</sup>, G. Diikstran 1 Department of Gastroenterology and Hepatology, University Medical Center Groningen, University of

Groningen, Groningen, The Netherlands, 2 University of Groningen, University Medical Center Groningen Department of Laboratory Medicine, Groningen, The Netherlands, 3 Department of Rheumatology and

Clinical Immunology, University Medical Center Groningen, University of Groningen, Groningen, The

PLoS One. 2018 Dec 11;13(12):e0208922

Mathadanda



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> Details of clinical indicators of relapse/response are not provided

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### Biosimilar Infliximab Analysing reasons for discontinuation

-3425849988398534484		
	Available online at	Elsevier Masson France
5-54 EQ	ScienceDirect	EMconsulte
<u>E.S.Mer</u>	www.sciencedirect.com	www.em-consulte.com/en
ELSEVIER		

Switching from originator infliximab to biosimilar CT-P13 in real-life:

Marc Scherlinger<sup>a,b,c,1</sup>, Vincent Germain<sup>a,b,1</sup>, Céline Labadie<sup>a,b</sup>, Thomas Barnetche<sup>a</sup>,

Marie-Elise Truchetet<sup>a,b,c</sup>, Bernard Bannwarth<sup>a,b</sup>, Nadia Mehsen-Cetre<sup>a</sup>, Christophe Richez<sup>a,b,c</sup>, Thierry Schaeverbeke<sup>a,b,\*</sup>, On behalf the FHU ACRONIM<sup>4</sup>

Original article

The weight of patient acceptance

European Journal of Clinical Pharmacology (2018) 74:655-661

PHARMACOEPIDEMIOLOGY AND PRESCRIPTION

https://doi.org/10.1007/s00228-018-2418-4

Joint Bone Spine xxx (2017) xxx-xxx

"Retention rate was lower after switching from OI to CT-P13 compared to our control cohorts. However, this difference faded after **excluding patients without objective** clinical activity, suggesting a reluctance of patients to the switch and a negative perception of the biosimilar."

"In our cohort, one-fourth of patients discontinued CT-P13 during 6 months of followup, mainly due to an **increase in the subjective features** of the tender joint count and the patient's global assessment of disease activity and/or subjective AEs**, possibly explained by nocebo effects** and/or incorrect causal attribution effects."

Subjective Complaints as the Main Reason for Biosimilar Discontinuation After Open-Label Transition From Reference Infliximab to Biosimilar Infliximab

ARTHRITIS & RHEUMATOLOGY Vol. 70, No. 1, January 2018, pp 60–6 DOI 10.1002/art.40324

© 2017, American College of F

Lieke Tweehuysen,<sup>1</sup> Bart J. F. van den Bemt,<sup>2</sup> Iris L. van Ingen,<sup>3</sup> Alphons J. L. de Jong,<sup>4</sup> Willemijn H. van der Laan,<sup>5</sup> Frank H. J. van den Hoogen,<sup>2</sup> and Alfons A. den Broeder<sup>2</sup>

The nocebo effect challenges the non-medical infliximab switch in practice

N. W. Boone<sup>1</sup> • L. Liu<sup>2</sup> • M. J. Romberg-Camps<sup>2</sup> • L. Duijsens<sup>2</sup> • C. Houwen<sup>1</sup> • P. H. M. va R. Peeters<sup>4</sup> • R. B. M. Landewé<sup>4,5</sup> • B. Winkens<sup>6</sup> • A. A. van Bodegraven<sup>2</sup> "....nocebo response following a single infusion with infliximab biosimilar. A perceived diminished effect and new-onset headache were reported in these patients."

"...a feeling of less exerted effect, chills during infusions, and numbness of facial skin with tingling limbs were reported in these patients."

Barriers for the uptake of biosimilars Perceptions are important



### Perceptions of biosimilars – Nocebo Effect Infliximab in patients with rheumatic diseases



### **Patient perceptions of biosimilars – Nocebo Effect** Influence of peer beliefs and experiences



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### Perceptions of Biosimilars – Nocebo Effect **Etanercept in patients with inflammatory arthritis**

#### Clinical and epidemiological research

#### EXTENDED REPORT

To switch or not to switch: results of a nationwide auideline of mandatory switching from originator to biosimilar etanercept. One-year treatment outcomes in 2061 patients with inflammatory arthritis from the DANBIO registry

Bente Glintborg, 1,2 Anne Gitte Loft, 3,4 Emina Omerovic, 5 Oliver Hendricks, 6 Asta Linauskas,7 Jakob Espesen,8 Kamilla Danebod,2 Dorte Vendelbo Jensen, Henrik Nordin,<sup>9</sup> Emil Barner Dalgaard,<sup>10</sup> Stavros Chrvsidis,<sup>11</sup> Salome Kristensen.<sup>12</sup> Johnny Lillelund Raun, 13 Hanne Lindegaard, 14 Natalia Manilo, 15 Susanne Højmark Jakobsen, 16 Inger Marie Jensen Hansen, 10 Dorte Dalsgaard Pedersen, <sup>17</sup> Inge Juul Sørensen, <sup>18,19</sup> Lis Smedegaard Andersen, <sup>20</sup> Jolanta Grydehøj, 21 Frank Mehnert, 22 Niels Steen Krogh, 23 Merete Lund Hetland 18,19

#### Handling editor Josef S ARSTRACT Additional material is

Denmark, a nationwide guideline of mandatory published online only. To view please visit the journal online switch from 50 mg originator (ETA) to biosimilar http://dx.doi.org/10.1136/ (SB4) etanercept was issued for patients with innrheumdis-2018-213474). matoid arthritic (RA) neoriatic arthritic (PeA)

Glintborg et al. Ann Rheum Dis. 2018 Nov 5. pii: annrheumdis-2018-213474.



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### Addressing Barriers to Biosimilar Uptake Managing the Nocebo Effect

Received: 13 December 2018 First decision: 30 December 2018 Accepted: 18 February 2019

DOI: 10.1111/apt.15223

WILEY AP&T Alimentary Pharmacology & Therapeutics

Consensus report: clinical recommendations for the prevention and management of the nocebo effect in biosimilar-treated IBD patients

Lieven Pouillon<sup>1,2</sup> | Silvio Danese<sup>3</sup> (b) | Ailsa Hart<sup>4</sup> | Gionata Fiorino<sup>3</sup> | Marjorie Argollo<sup>3,5</sup> | Carlo Selmi<sup>3</sup> | Carmelo Carlo-Stella<sup>3</sup> | Damien Loeuille<sup>1</sup> Antonio Costanzo<sup>3</sup> | Anthony Lopez<sup>1</sup> (b) | Elena Vegni<sup>3</sup> | Simona Radice<sup>3</sup> | Daniela Gilardi<sup>3</sup> | Marie Socha<sup>1</sup> | Maria Fazio<sup>3</sup> | Marien González-Lorenzo<sup>3</sup> | Stefanos Bonovas<sup>3</sup> (b) | Fernando Magro<sup>6</sup> (b) | Laurent Peyrin-Biroulet<sup>1</sup> (b)

Aliment Pharmacol Ther. 2019 Apr 1. doi: 10.1111/apt.15223. [Epub ahead of print]

### RACP congress 2019.1

Aotea Centre, Auckland, New Zealand, 6 – 8 May 2019

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#### Summary of Consensus Recommendations

The nocebo effect is under-recognised in the era of biosimilars. The nocebo effect can occur when initiating a biosimilar, or when switching to a biosimilar.

Nocebo responses to biosimilars are triggered by a complex interplay of patient-related factors and psychological mechanisms.

When using a biosimilar, caution is needed not to attribute every side effect directly to the treatment, because some side effects may be related to nocebo.

All health-care providers in charge of biosimilar-treated patients need to be aware of the nocebo effect and adopt strategies to minimise it.

Patient-health-care provider relationship is a key driver of acceptance of biosimilars, and limits the risk of negative bias and the nocebo effect.

Lack of knowledge among patients about the effectiveness and safety of biosimilars contributes to the nocebo effect, and should therefore be minimised.

Lack of knowledge and misconceptions among health-care providers about the effectiveness and safety of biosimilars contribute to the nocebo effect, and should therefore be minimised.

Education about biosimilars should be tailored to the individual patient, taking into account their risk profile for the nocebo effect.

Positive framing is recommended to reduce the nocebo effect.

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## **Perceptions of Biosimilars**



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### **Perceptions of biosimilars Prescribers and Pharmacists**

Table 6: Potential barriers to prescribing/dispensing biosimilar medicines Specialists

(n=128) %

94

71

61

57

53

72

59

54

34

25

23

44

Patient outcomes – total

used to support indication

Concern about adverse outcomes for my patients

Immunogenicity concerns

Concern over the strength of

pharmacovigilance activities

Information related - total

Insufficient information on

Insufficient information on biosimilar medicines for

patients (and for specialist

survey - and stakeholders)

Absence of incentives for patients to use biosimilar

Absence of incentives for

Absence of incentives for

pharmacists to dispense biosimilar medicines

physicians to prescribe biosimilar medicines

Price related - total

biosimilar medicines for

prescribers

medicines

Other - total

mentions

extrapolation

Concern with the availability /

transparency of the evidence

General

(n=56) %

89

63

64

34

45

93

89

59

32

16

27

43

practitioners

Community

(n=64) %

69

31

50

22

28

70

50

58

69

61

17

33

38

pharmacists



Market Research for the Pharmaceutical **Benefits Schedule (PBS) and Biosimilar** Medicines Quantitative – Report

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Figure 28: Unprompted confidence prescribing/dispensing biosimilar medicines

	Totally confident	very confident	do so	to Entre confidence	Not confident at an
	Specialists (n=200)	General pract	itioners (n=100)	Community pharmacists	; (n=100)
Q11. Which o	f the following best descr	ribes how confiden	t you are personally ir	n prescribing/dispensing	biosimilar medicines?

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www.racpcongress.com.au	http://www.health.gov.au/internet/main/publishing.nsf/Content/biosimilar-market-research

Average number of	4.53	4.54	3.89
Other (please specify)	1	2	2
Concern over the delay of biosimilar medicines due to legal / international patent issues	17	38	25
I don't see the need to change what I prescribe/dispense	33	18	13
	(		

Q7. Do you think there are any potential barriers to you prescribing/dispensing biosimilar medicines? MULTIPLE RESPONSE

### **Perceptions of biosimilars** Consumers

23%

Carers (n=35)

16%

Not confident at all

#### Table 13: Potential barriers to taking biosimilar medicines

	Total consumer (n=35) %	Patients (n=29) %	Carers (n=6)* %
Patient outcomes - total	69	69	67
Concern about adverse outcomes for [me/the person I care for]	26	28	17
Concern about having a fail and this counting against [me/the person I care for] in terms of PBS subsidised access to biologic medicines in the future	23	24	17
Immunogenicity concerns	20	24	-
Concern over the strength of pharmacovigilance activities	20	17	33
Information related - total	40	41	33
Insufficient information on biosimilar medicines for patients	29	28	33
Insufficient information on biosimilar medicines for prescribers	17	21	-
Price related - total	17	14	33
Absence of incentives for patients to use biosimilar medicines	9	7	17
Absence of incentives for physicians to prescribe biosimilar medicines	9	7	17
Other - total	17	17	17
Concern over the delay of biosimilar medicines due to legal / international	9	7	17
patent issues			
I don't see the need to change what [I/the person I care for] take/s	9	10	-
Other (please specify)	11	7	-
Average number of mentions	1.74	1.79	1.5

#### 100% 90% Australian Government

80%

60%

(%) 70%

**Department of Health** 



#### Market Research for the Pharmaceutical Benefits Schedule (PBS) and Biosimilar Medicines Quantitative – Report

#### Respondents 50% ď 49% entage 40% 38% 36% Perc 30% 20% 23% 16% 15% 10% 8% 0% 0% Totally confident Very confident Confident enough to Little confidence do so Total consumer (n=200) Patients (n=165)

Figure 75: Unprompted confidence taking biosimilar medicines

Q11. Which of the following best describes how confident you are personally [in taking/in a person you care for taking] biosimilar medicines?

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#### www.racpcongress.com.au

http://www.health.gov.au/internet/main/publishing.nsf/Content/biosimilar-market-research

Q8. Which of the following do you think are potential barriers to [you/a person you care for] taking biosimilar medicines? MULTIPLE RESPONSE

# Overcoming perceptions Addressing nocebo through education



Aotea Centre, Auckland, New Zealand, 6 – 8 May 2019

### **Overcoming perceptions Prescriber and Pharmacist Education**

#### Australian Government enartment of Health



#### What are biological and biosimilar medicines?

These medicines are used to treat serious diseases such as

disease, multiple sclerosis, and inflammatory bowel diseases such as ulcerative colitis and Crohn's disease.

cancers, diabetes, rheumatoid arthritis, severe psoriasis, kidnev

Biosimilar medicines are highly similar, but not identical, versions of an already registered biological medicine (the reference

the biological systems used in the manufacturing process means

biological medicine). This is because the inherent variability of

that the resulting product is also variable. No two batches of

a biological medicine, including biosimilar medicines, are ever

For a biosimilar medicine to be anneoved, its structural variability

must not be greater than the acceptable limits of batch variation

for the reference biological medicine. All critical quality attributes

(i.e. those important for the function of the molecule) must be

Biosimilar medicines that are approved for marketing have

been assessed to have no clinically meaninoful differences

Biosimilar medicines are expected to deliver significant savings,

which can be reinvested into other areas of the Australian health system and expand access to biological medicines as they

and to be therapeutically equivalent to the reference

exactly the same (even from the same manufacturer).

highly similar.

biological medicine.

become more affordable

Biological medicines, including biosimilar medicines, contain one or more active substances that are derived from living cells or organisms.

medicines developed? Who chooses whether the biosimilar medicine is used?

What are biological and

biosimilar medicines?

How are biosimilar

-

Is there a difference in health outcomes between the biosimilar medicine 船 and the reference biological medicine?

How is the safety of biosimilar medicines monitored (pharmacovigilance)?

Where can I find more information?

#### How are biosimilar medicines developed?

The development process varies between reference biological and biosimilar medicines:

- In reference biological medicine development, the majority of time and effort is spent in clinical studies that establish the clinical benefit of the medicine.
- In biosimilar medicine development, the majority of time and effort is spent in comprehensive analytical comparison studies that establish the similarity of the medicine to the reference biological medicine. because the clinical benefits have already been established.

As a result of these studies, it has been determined that there are no significant differences in the critical quality attributes that affect safety, effectiveness or quality.

#### Comparison of the development pathway of reference biological vs biosimilar medicines



Adapted from Bul et al (2015), Key considerations in the preclinical development of biosimilars. Drug Discovery Today 20(5)(3+15

#### Who chooses whether the biosimilar medicine is used?

The medicine used for treatment is a choice that is made by doctors in consultation with their patients. Health care professionals are encouraged to talk through these choices with their patients. The Biosimilar medicines: the basics - information for consumers and carers DroChure is aimed at CONSUMERS and will help to answer common questions.

If one brand of medicine can be exchanged for another by the pharmacist, they are 'substitutable', which means pharmacists can substitute between brands in consultation with the patient but without needing to refer back to the doctor. Substitution between brands of biological medicines is considered by the Pharmaceutical Benefits Advisory Committee (PBAC) and recommended on a case-by-case basis.

Even if a medicine is substitutable, the doctor can tick the 'brand substitution not permitted' box when writing a prescription. If this box is ticked, by law the pharmacist cannot dispense a brand other than that prescribed.

In the public hospital setting, brand decisions are made by clinician-led committees and are based on the safety, efficacy and cost-effectiveness of the medicine. For more information, refer to the guiding principles from the Council of Australian Therapeutic Advisory Groups on the governance of biological and biosimilar medicines in Australian hospitals (www.catag.org.au/resources/#guidance).



# Overcoming perceptions Patient Education



http://www.health.gov.au/internet/main/publishing.nsf/content/biosimilar-awareness-initiative/\$File/Biosimilar-medicines-the-basics-for-consumers-and-carers-Bochure.pdf

Barriers for the uptake of biosimilars **Overcoming Perceptions** 



Barriers for the uptake of biosimilars Overcoming Perceptions



## Conclusions

- Biosimilar medicines undergo a rigorous evaluation process prior to approval
- Overall real-world experience with biosimilars supports no difference in safety and efficacy between biosimilar and originator products
  - careful critical review is required of observational studies
- Evidence that immunogenic epitopes and anti-drug antibodies toward infliximab are the same for biosimilar and originator infliximab
- Patient, prescriber and pharmacist perceptions are very important – risk of nocebo effect
- Education is critical

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