

# Cultural Safety

## CAPE Activity Quick Reference Guide

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CPD participants are encouraged to regularly review this document and any supplementary documents to ensure they remain informed of current requirements and expectations.

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### Purpose

This guide summarises CPD activities that may contribute to the Cultural Safety domain under the RACP CPD Recognition and Assessment Framework. It is designed to help participants quickly identify suitable activities when planning and undertaking their annual CPD requirements.

From 2026, under the CPD Framework, participants must complete a minimum of four CAPE-aligned activities each year.

### Using this guide

This Quick Reference Guide highlights CPD activities that contribute to the Cultural Safety domain. Activities are classified as *Recognised* or *Provisionally Recognised* based on their alignment with the CAPE Recognition Matrix criterion.

Activity numbers correspond to the numbering used in the CPD Recognised Activity Catalogue. Numbers may not appear sequential within this guide because each number refers to the same activity identifier used across the full catalogue and CPD governance register.

For full activity descriptions and detailed evidence requirements, refer to the CPD Recognised Activity Catalogue.

### Cultural Safety Activity

The CPD Recognised Activity Catalogue contains 50+ activities in total.

Recognised activities inherently address Cultural Safety.

Provisionally Recognised activities contribute where the activity explicitly meets the Cultural Safety criteria in the CAPE Recognition Key Matrix.

## Recognised Cultural Safety Activities

Cultural Safety is inherent in the activity design.

Ref #	Activity	CPD Category	Evidence (synthesised)
1	Cultural Safety Workshop	EA	Attendance confirmation + reflection
2	Cultural Awareness (Australia) or Cultural Competence (Aotearoa) Course or Workshop	EA	Attendance confirmation + reflection
3	Participation in Cultural Consultation / Cultural Supervision Session	RP	Session summary + reflection
4	Australian Aboriginal, Torres Strait Islander and Māori Cultural Competence and Cultural Safety Course	EA	Course completion + reflection
5	Specialist Care for Aboriginal & Torres Strait Islander People Course	EA	Course completion + reflection
6	RACP Aboriginal and Torres Strait Islander and Māori Cultural Safety Curated Collection	EA	Learning log + reflection
7	Culturally Safe Supervision	EA	Supervision summary + reflection
8	Critical Reflection on Cultural Safety & Health Equity	RP	Written reflection
9	Reflective Audit of Cultural Safety & Health Equity Practice	MO	Audit summary + improvement plan

## Provisionally Recognised Cultural Safety Activities

Recognised where Cultural Safety criteria in the CAPE Recognition Key Matrix are explicitly met.

### Measuring Outcomes (MO)

Ref #	Activity	Recognised if...	Evidence
12	Participate in Indigenous Health Advocacy Projects	Advocacy work addresses cultural barriers to care	Project summary + reflection

13	Research on Health Equity in Indigenous Populations	Research examines cultural determinants of health or culturally safe care	Role summary + reflection
24	Clinical Audit (Individual)	Audit evaluates culturally safe care delivery or outcomes	Audit summary + improvement plan
25	Mortality & Morbidity Meeting	Case review includes cultural factors affecting patient care	Attendance + reflection
29	Quality Improvement Project	Project addresses culturally safe practice or service delivery	QI report + improvement actions
32	Incident Report (Individual)	Incident analysis identifies inequities in care processes	Review summary + reflection
33	Incident Review Committee Participation	System-level review identifies disparities in care delivery	Participation summary + reflection
41	Participation in Clinical Guideline Implementation	Initiatives implement clinical guidelines into practice and evaluate their impact on culturally safe care	Implementation summary; documented improvement actions
44	Review of Patient Care Pathways	Pathway review identifies cultural barriers affecting patient access	Review summary + action plan

## Reviewing Performance (RP)

Ref #	Activity	Recognised if...	Evidence
11	Participation in Multisector or Community Health Partnerships	Direct collaboration with Indigenous Community Controlled Health Organisations to improve culturally safe outcomes	Audit report + improvement actions
14	Patient Experience Survey (Individual)	Structured collection and review to improve culturally safe care delivery	Summary of results + improvement actions
16	Reflection on Practice	Structured reflective activity to support improvement	Written reflection meets minimum requirements
17	Case Conference Patient / Family Participation	Structured meeting involving patient / family to review care plan	Meeting summary + reflection
19	CPD Professional Development Plan (PDP)	PDP outlines learning goals and activities to address cultural safety requirements	Completed PDP outlining learning priorities
20	Annual Conversation with a Peer	Discussion addresses cultural safety and performance development	Conversation summary + reflection

22	Research Ethics Committee Participation	Participation relates to cultural safety participant protection considerations.	Confirmation of participation + reflection
29	Quality Improvement Project	Project aims to improve equitable access or culturally safe outcomes	QI report + improvement actions
30	Multidisciplinary Team Meeting	Case discussions consider cultural context or culturally safe care	Attendance + reflection
35	Participation in Clinical Governance Committees	Governance review examines cultural safety implications of care systems	Participation record + reflection
39	Participation in Accreditation / Credentialing Activities	Involves assessing facilities, hospital units, or training sites to ensure adherence to cultural safety standards	Evidence of participation + reflection
48	Participation in Organisational Quality or Safety Accreditation	Involves accreditation processes and evaluation of cultural safety standards	Evidence of participation + reflection

## Educational Activities (EA)

Ref #	Activity	Recognised if...	Evidence
26	Journal Club (structured)	Structured review of published literature relevant to culturally safe clinical practice	Summary of article reviewed + reflection
31	Active Learning Module	Module addresses cultural safety, professional conduct or scope of practice	Completion certificate + reflection
34	Research Presentation / Seminar	Presentation includes specific cultural safety findings	Abstract or program listing + reflection
36	Guideline or Policy Review (Contributor)	Review contributes to and supports culturally safe care	Role summary + reflection
37	Case-Based Learning (Individual or Group)	Case analysis examines cultural context or culturally safe practice	Case summary + reflection
40	Participation in Research (Design, Data Collection, Analysis)	Structured investigation into indigenous population health disparities or social determinants	Role summary + reflection
45	Literature Review for Clinical or Professional Improvement	Literature explores cultural safety implications for practice	Summary + reflection
46	Conducting a Patient Safety Review	Analyses patient safety data, to identify risks, hazards and improvements in cultural safety practice.	Review summary + improvement plan.

47	Providing Expert Education to Community or Public Groups	Education supports culturally responsive care or community engagement	Presentation summary + reflection
49	Development of Patient Education Materials	Materials designed to support culturally appropriate care or access	Material outline + reflection

## Cultural Safety Recognition Checklist

Your activity is more likely to contribute to Cultural Safety where it includes:

- ✓ Examination of cultural identity, context or community experience
- ✓ Reflection on practitioner bias, privilege or systemic power
- ✓ Identification of barriers affecting culturally safe care
- ✓ Evaluation of culturally informed policies or standards
- ✓ Demonstrated impact on culturally responsive practice

General or incidental reference to culture is not sufficient.

## Legend

Recognised	Cultural Safety inherent in activity design
Provisionally Recognised	Activity must meet Cultural Safety CAPE Recognition Matrix criteria

## Important

This guide provides a quick reference summary only.

Refer to the CPD Recognised Activity Catalogue for.

- Full activity descriptions
- Detailed evidence requirements
- Cross-domain classifications
- CAPE Recognition Key Matrix criteria

Participants remain responsible for ensuring activities are appropriately documented.

## CAPE Recognition Key Matrix (extract)

For activities classified as **Provisionally Recognised**, CAPE contribution is recognised only where the activity explicitly includes one or more of the criteria below.

General or incidental reference to a CAPE theme is not sufficient.

## Cultural Safety

Recognised where the activity explicitly includes.

- examines the impacts of colonisation, racism, intergenerational trauma, and lack of self-determination on the health experiences and outcomes of Aboriginal and Torres Strait Islander peoples and Māori
- examines the relationship between race, power, and racism as determinants of health
- facilitates truth-telling, critical reflection, or decolonising practice to address culturally unsafe systems or behaviours
- requires reflection on the practitioner's own cultural identity, assumptions, power, bias, privilege, prejudice, or practice
- develops or applies culturally safe communication, collaboration, or power-sharing practices with patients and communities
- develops or applies cultural safety principles in clinical, professional, organisational, or system practice
- applies Indigenous knowledge systems, Indigenous models of health, Hauora Māori, strength-based approaches, or approaches that support self-determination, Indigenous governance, leadership, or partnership
- develops, implements, reviews, or evaluates standards, policies, programs, or practices intended to strengthen culturally safe care
- analyses barriers and enablers affecting culturally safe care or culturally safe systems, including actions to address these
- identifies changes required in workplaces or systems to address culturally unsafe or oppressive practices

## Contact the CPD Program Team

If you have questions about the guide or require further clarification, please contact the RACP CPD Program Team

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