

Rare diseases are common, but neglected

- 10,000 rare diseases
- ~ 400,000 children <15y

 Lack of national data, training, services, diagnostic tests, research funding, drugs, family support

We need data to advocate, inform



National Data are important

National Institutes of Health, USA Office for Rare Diseases

"Because of the small number of affected patients in any one location, rare disease research requires the collaboration of scientists from multiple disciplines and the capacity to share access to geographically distributed, national research resources and patient populations."

- bypass state/territory health systems
- address gaps in surveillance systems

APSU HISTORY

It all began in the UK with the BPSU....1986 MD graduation....1992 Visit to Australia by Susan Hall....1993

APSU Steering Committee 1993-4

- Peter Procopis*
- Margaret Burgess
- Alan Carmichael
- Kerry Chant
- Elizabeth Elliott
- Michael Frommer
- Susan Hall
- Robert Hall
- David Isaacs
- Craig Mellis

- Elisabeth Murphy
- Terry Nolan
- Kim Oates
- John Pearne
- Don Roberton
- Fiona Stanley
- Barry Taylor
- Graeme Vimpani
- Alan Walker
- John Ziegler

^{*} Chair, President Australian College Paediatrics

Clive and Vera Ramaciotti Foundation

"The first year of surveillance"



Clive and Vera Ramaciotti, Financial Markets Foundation for Children, NHMRC, ARC, Australian Government Department of Health, State Health Departs, Creswick Foundation, University Sydney Medical Foundation, Sax Institute, SMILE Foundation, Steve Waugh Foundation, Royal North Shore Hospital, Rett Association, Genzyme, CSL, Individual studies. In Kind: Children Hospital Westmead, **RACP**

First student, first publication, 1993

Med J Aust. 1993 Sep 6;159(5):354.

Rare disease surveillance in children. Rare disease surveillance.

Elliott EJ, Chant K.

PMID: 8361436 [PubMed - indexed for MEDLINE]

J Paediatr Child Health. 1994 Dec;30(6):463-5.

Elliott EJ, Chant KG.

Department of Paediatrics and Child Health, Unive



DISEASE SURVEILLENCE May 1993



The Australian Paediatric Surveillance Unit

'National resource' or platform for surveillance of rare chronic and complex diseases:



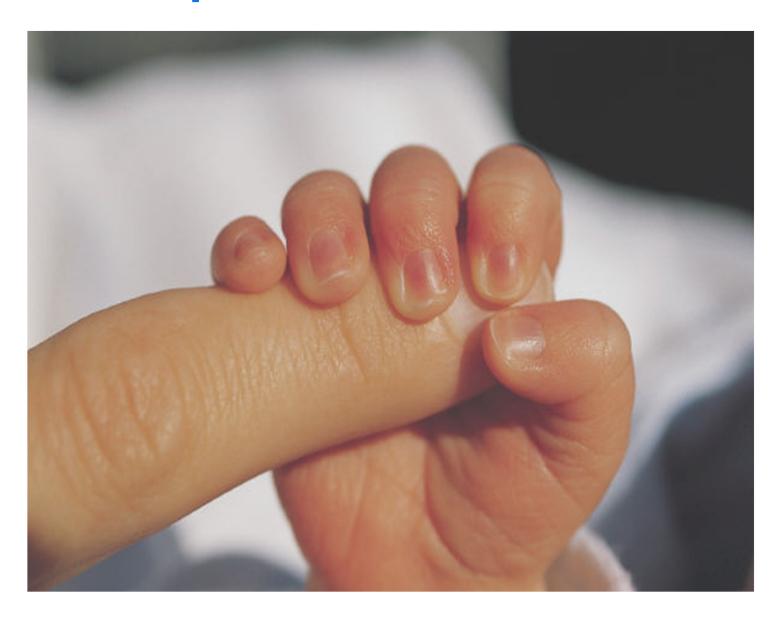
Rare infectious, vaccine preventable, genetic, mental health, injuries, toxins, adverse effects etc

Current studies

- 22Q11.2 Deletion Syndrome
- Acute Flaccid Paralysis
- Congenital CMV infection
- Congenital Rubella syndrome
- Congenital Varicella syndrome
- Early onset eating disorder
- Fetal Alcohol Spectrum Disorder
- HIV, AIDS, Perinatal exposure
- Juvenille onset recurrent respiratory papillomatosis
- MECP2 duplication syndrome

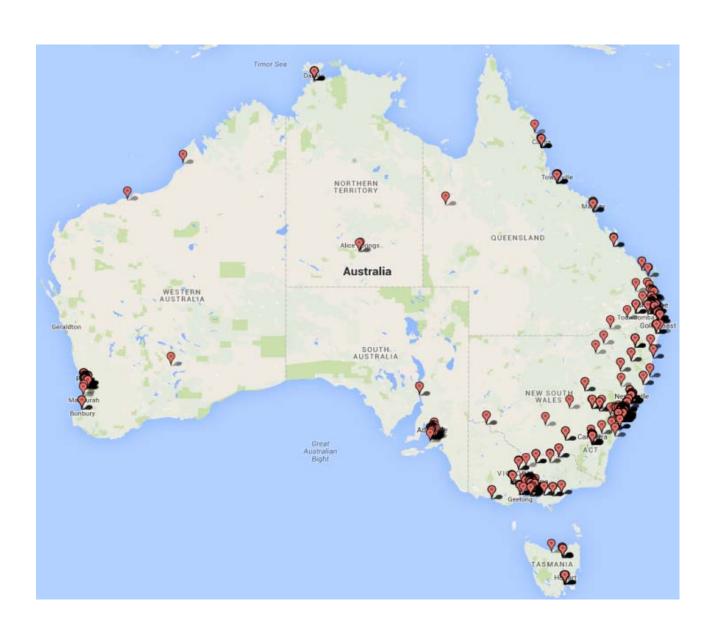
- Microcephaly children <12m
- Neonatal varicella infection
- HSV infection in neonates, young children
- Rett syndrome
- Severe complications Influenza (June-September 2018)
- Severe injury from Disc Battery
- Stroke in children <2 years
- Vitamin K deficiency bleeding

Involves paediatricians in research



APSU – Who reports?

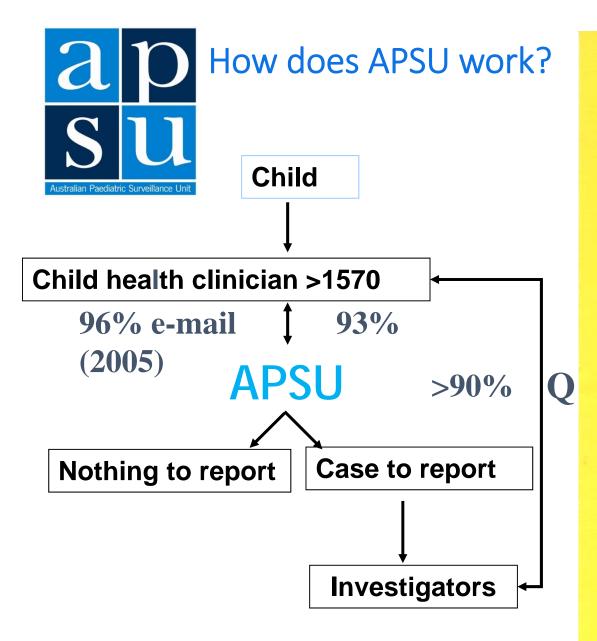
- All practising RACP Fellows Paediatrics & Child Health invited
- National representation



APSU – Who reports?

- ~1573 clinicians
 - 85% paediatricians, other child health specialists
 - others added as required e.g. ENT surgeons JORRP
- 4.5 million children <15y

State	Paediatricians N (%)	Population <15yrs N (%)
NSW	573 (36)	1,427,486 (32)
ACT	31 (2)	73,678 (2)
Vic	369 (23)	1,085,623 (24)
SA		299,026 (7)
WA	172 (11)	497,720 (11)
Qld	270 (17)	944,230 (21)
Tas	26 (2)	94,190 (2)
NT	20 (1)	53,943 (1)
Total	1573	4,476,393



Up to 18 conditions; Protocols with Dx criteria, expert data review.

MAY 2003 EPORT: (Please tick box) RT:(Write no. of cases in space below) S C virus infection axis following food ingestion set eating disorder (hospitalised) ion disorder cohol syndrome effects from complementary or
EPORT: (Please tick box) PRT: (Write no. of cases in space below) S C virus infection axis following food ingestion set eating disorder (hospitalised) ion disorder cohol syndrome effects from complementary or
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usen by proxy syndrome
yndrome
tal cytomegalovirus infection [#]
I herpes simplex virus infection
accid paralysis *#
S/Perinatal exposure to HIV
K deficiency bleeding (includes gic disease of the newborn)
ital rubella
et for details regarding stool/serum specimens.
ysis includes wild and vaccine acquired sarre, transverse myelitis, traumatic paralysis rt cases of Acute flaccid paralysis immediately to Laboratory on (03) 9342 2607/3.

"Sorry about the snails in our letterbox"

NOTHING TO	O REPORT: (Tick box)
NUMBER OF	CASES: (Place No. in space provided)
NOMBER OF	CADIOS. (Flace 110. In space provided)
1	Kawasaki Disease
2. l 3. l	Rett Syndrome
3.	Congenital Rubella
	Haem, Dis. of Newborn (Vit K Deficiency bleeding)
4. l 5. l	I HIV/AIDS
6.	Extrahepatic Biliary Atresia Sorge Account
7. I	Drowning/Near Drowning THE SNAUS. W
8. 1	Childhood Dementia
	Control Control



How do paediatricians report? E-card and online questionnaire

APSU REPORT CARD DECEMBER 2016D

NOTHING TO REPORT? PLEASE HIT REPLY AND TYPE 'NTR' IN THE SUBJECT LINE OF THIS EMAIL

DO YOU HAVE A CASE TO REPORT? HIT REPLY AND TYPE THE NUMBER OF CASES IN THE SPACE PROVIDED BELOW

If you report a case, please record patient details for later reference

NEWLY DIAGNOSED CASES ONLY - Please report cases diagnosed within study period only
Study case report forms are available through the hyperlinks below or via the APSU website www.apsu.org.au

No of Cases	Study Case Report Forms (paper form for fax/email)	Web links for completion of Case Report		
[]	Microcephaly in children < 12 months old	Microcephaly in children < 12 months old		
[]	Early Onset Eating Disorder (5 – 13 years old inclusive)	EOED Online Questionnaire		
[]	22q11.2 Deletion Syndrome	22q Online Questionnaire		
[]	Fetal Alcohol Spectrum Disorders	FASD Online Questionnaire		
[]	Childhood Interstitial Lung Disease	chILD Online Questionnaire		
[]	MECP2 Duplication Syndrome			
[]	Juvenile onset Recurrent Respiratory Papillomatosis			
[]	<u>Congenital varicella</u>	Vcon Online Questionnaire		
[]	Neonatal varicella Vneo Online Questionnaire			
[]	Rett syndrome			
[]	Congenital cytomegalovirus infection – <u>NSW</u> – <u>Other States</u>			
[]	Newborn and infant herpes simplex virus infection	HSV Online Questionnaire		
[]	Acute flaccid paralysis +#			
[]	Paediatric HIV infection OR perinatal exposure to HIV – Mother – Child			
[]	Vitamin K deficiency bleeding (includes haemorrhagic disease of the newborn)	VitK/HDN Online Questionnaire		
[]	Congenital rubella	RUB Online Questionnaire		



Questionnaire data downloaded



REDCap (paper)

Demographics, Dx, treatment, outcome.

Minimum identifiers collected: no names, addresses or MRN.
*FASD Register

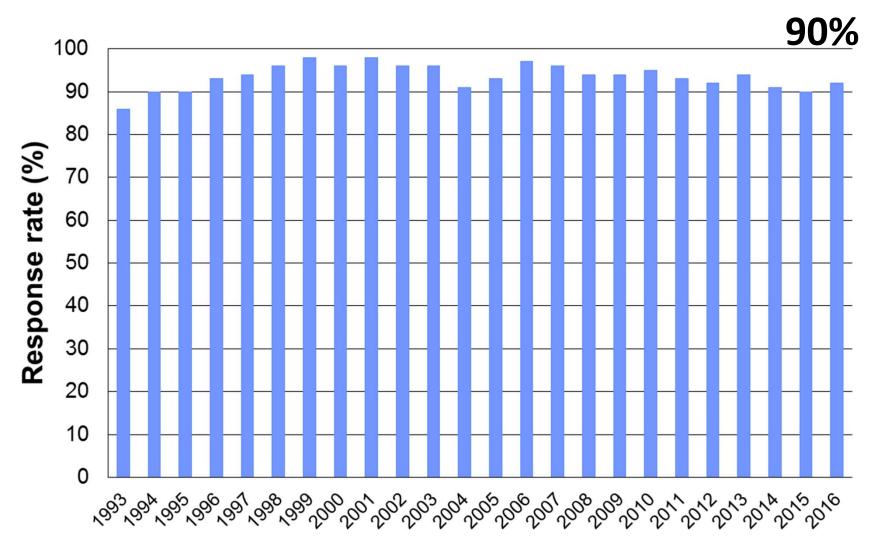
Juvenile onset Recurrent Respiratory Papillomatosis (JoRRP) Questionnaire

Please call the APSU on (02) 9845 3005 or Dr Daniel Novakovic on 0418500067 if you have any questions about this form

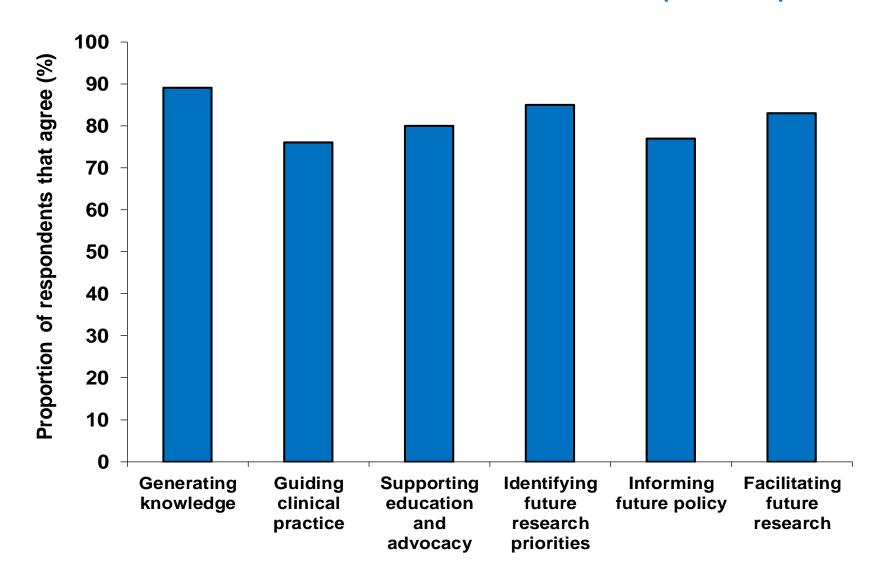
ORTING CLINICIAN		
APSU Dr Code/Name must provide value	(Enter CODE/Name)	
2. Month/Year of Report	(Enter MM/YY)	
3. Date questionnaire completed	(Enter DD-MM-YYYY)	
ENT		
4. First 2 letters of first name		
5. First 2 letters of surname		
6. Date of Birth		
7. Sex	O Male O Female	re
8. Postcode		
9. Date of diagnosis	(Enter MM/YY)	
10. Child's Country of Birth	O Australia O Other	re



Annual return rate of monthly report cards, 1993-2016



2007 Evaluation: Paediatricians (n=818)



94% monthly surveillance *not* a burden; 99% format user-friendly

Collaborating organisations

- National Centre in HIV Epidemiology and Clinical Research
- National Centre for Disease Control, DHFS
- National Centre for Immunisation Research
- National Enteric Pathogens
 Surveillance Lab, Melbourne
- National Perinatal Statistics Unit
- NSW Birth Defects Register
- Tropical Public Health Unit, Cairns
- SWS Area Health Authority
- Australian Polio Expert Cttee
 International PSUs
- AIHW

- Epidemiology Branch NSW Health Department
- WHO
- Telethon Institute, WA
- Australia, NZ Paediatric Nephrology Association
- Australian Society of Clinical Immunology and Allergy
- Victorian Infectious Diseases
 Reference Laboratory
- CHARGE Association
- Rett Syndrome Association
- Centre for Prevention of Psychological Problems in Children
- National Polio Reference lab



Key Facts – 25 years of surveillance

- >300 researchers, groups
- 352,944 report cards (321,179 returned)
- 68 studies; first national data
- Detailed data on ~8,330 children
- ~ 400 publications, >500 presentations, >300 media
- >90% response for 25 years
 990 clinicians in 1993; 1570 in 2017
- One-off surveys very rare conditions e.g. FGM/C
- Emergency surveillance: severe complications influenza
- Established INOPSU, PAEDS, AMOSS
- ~\$20 million

TRANSLATION OF RESEARCH

AFP (1993-2018): *Peter McIntyre*. NCIRS. Contributed to WPR declared polio free in 2000

"Congratulations to the APSU for taking this initiative. Australia has undoubtedly taken the lead in the commitment to poliomyelitis eradication, as a non-endemic country, by establishing AFP surveillance"

World Health Organisation, 1995.







Need for ongoing surveillance

- 2006-7 large outbreaks in Indonesia
- 2007 case imported into Australia from Pakistan

Weekend Australia, July 2007

Nothing to report "except that there was 180" of fresh snow in Snowbird in the 1st week of Feb. nearly causing acute flaccid paralysis in us all"

NO SECURITION OF	O REPORT: (Tick box)		
UNIBERU	F CASES: (Place No. in space provided)	XCE PT W	THAT THERE WAS 180" OF FRESH SNOW SNOWBIRD WITHH IN 1ST NK 9 FEB
	Severe Combined Immunodeficiency	7.	Haemolytic Uraemic Syndrome NEARLY
	Congenital Rubella	8.	Subacute Sclerosing Panencephalitis CAUSIA
	Haem. Dis. of Newborn	8. 9.	Acute Flaccid Paralysis*
	(Vit K Deficiency bleeding)	10.	Concenital and Necestal Varicella
1	HIV/AIDS	11/	Congenital Adrenal Hyperplasia
Ť	Extrahepatic Biliary Atresia	12	Arthrogryposis Multiplex Congenita** ALL
	Drowning/Near Drowning		
you report a	ase please keep patient details on the YELLO	OW report s	heet in your BLUE APSU folder for later reference.

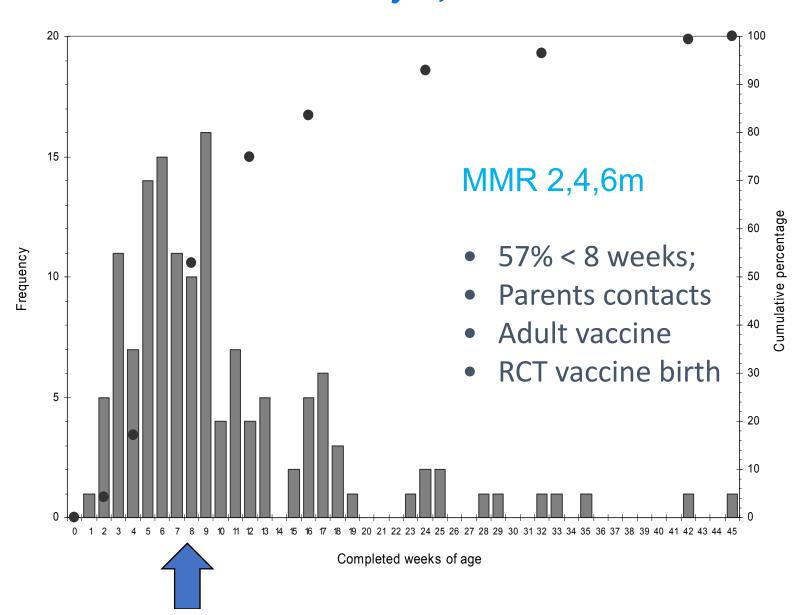
HIV infection, AIDS, Perinatal exposure HIV (1993-2018). *John Kaldor* Kirby Centre (NCHECR)

All perinatal, 85% heterosexual source, antenatal Dx, treatment, \tautransmission rates. Supported screening for all (2009).



Sydney Morning Herald: International AIDS Society, 2007

Infants hospitalised with pertussis, 2001, n=140 *P McIntyre, NCIRS*



Serious seat belt injuries from inappropriate or incorrectly used restraints: *Yvonne Zurynski*



Informed new laws on child restraints and seatbelts

Fetal Alcohol Syndrome (FAS) 2000. Fetal Alcohol Spectrum Disorder (FASD) 2015

Carol Bower, Elizabeth Elliott

Two APSU studies (FAS/FASD)

NHMRC Alcohol Guidelines

WHO guidelines

RACP Alcohol policy

GP Life Scripts for Pregnancy

NHMRC funding including CRE

Australian Guide to Diagnosis

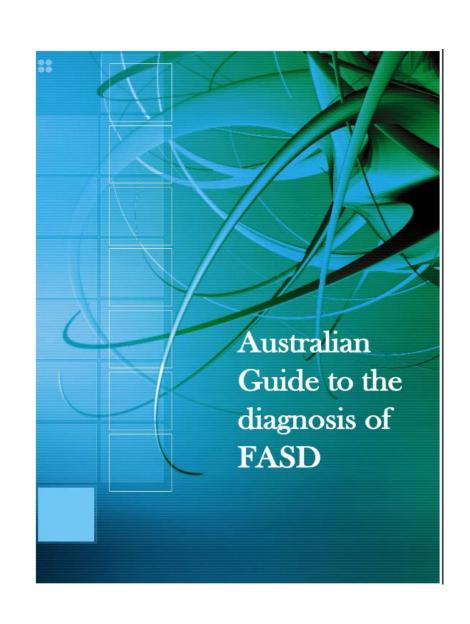
FASD Australian Registry (FASDAR)

FASD Hub Australia

HOR Inquiry FASD

Salvation Army National Awareness

Education, conferences



QUESTION

Date Wednesday, 31 March 2004

Page 22544

Questioner Allison, Sen Lyn

Speaker

Source Senate

Proof No

Responder Campbell, Sen Ian

Question No. 2588

Health: Foetal Alcohol Syndrome

Senator Allison (Victoria) asked the Minister representing the Minister for Health and Ageing, upon notice, on 25 February 2004:

What data collected by the Australian Paediatric Surve Syndrome is available.

Senator Ian Campbell (Western Australia—Min Minister for Health and Ageing has provided the fo

Data collected by the Australian Paediatric Surveilland diagnoses are available by application to the Unit's direct

The APSU protocol requests clinicians working in paedi rare childhood conditions (the study conditions). These detailed clinical and demographic data. Study condition period can be extended. The study of FAS commenced in

Data collected by the Australian Paediatric Surveillance Unit (APSU) on the incidence of Foetal Alcohol Syndrome (FAS) diagnoses are available by application to the Unit's director, Associate Professor Elizabeth Elliott.

Rett Syndrome: (25 years!) Helen Leonard



- Epidemiology
- Clinical presentation CCS
- Genotyping
- New Genes male encephalopathy
- Clinical severity: degree of Xinactivation
- Prognosis
- Management RCT
- Genotype: phenotype
- NIH funding
 - Clinical characterisation (InterRett)
 - Genotyping (RettNet)
- Economic analysis
- Service development

"Rats – what happened to RETTS?"

APSU REPORT CARD	May, 1995
NOTHING TO REPORT: (Tick box) NUMBER OF CASES: (Place No. in space provided)	Dr's Code No. [79]
1. Kawasaki Disease 2. Severe Combined Immunodeficiency Syndrome 3. Congenital Rubella 4. Haem, Dis, of Newborn (Vit K Deficiency bleeding) 5. HIV/AIDS	6. Extrahepatic Biliary Atresia 7. Drowning/Near Drowning 8. Childhood Dementia 9. Haemolytic Uraemic Syndrome 10. Subacute Sclerosing Panencephalitis 11. Acute Flaccid Paralysis* 12. Congenital and Neonatal Varicella
* Initial reporting by telephone to Dr. Herceg (06)289 8638. Please also is & vaccine acquired poliomyelitis, Guillaine-Barre, transverse myelitis, transverse read the enclosed reporting instructions carefully. If you report a BLUE APSU folder for later reference. RATS - What Lappene	case please keep patient details on the YELLOW report sheet in your

Emergency surveillance: Serious complications of influenza in hospitalized children

- Following child deaths
- DoHA initiated study
- September 2007
- 10-day lead time
- Weekly surveillance
- High response rate
- Potential other emergencies (SARS, bird-flu)

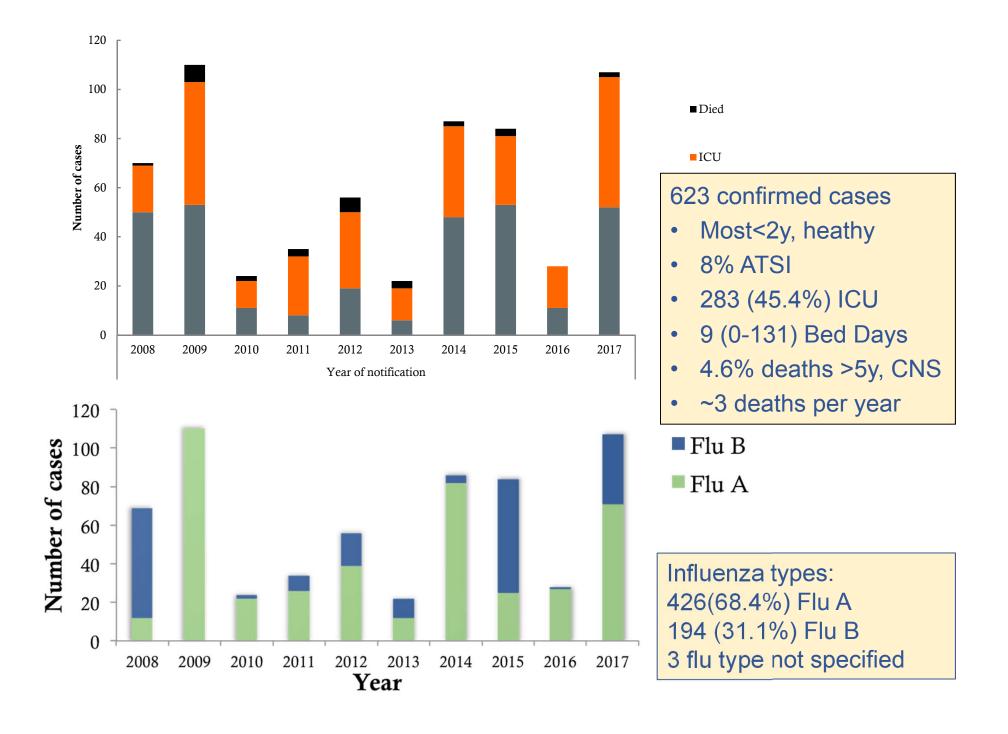
ENHANCED SURVEILLANCE FOR SERIOUS COMPLICATIONS OF INFLUENZA IN CHILDREN: ROLE OF THE AUSTRALIAN PAEDIATRIC SURVEILLANCE UNIT

Yvonne A Zurynski, David Lester-Smith, Marino S Festa, Alison M Kesson, Robert Booy, Elizabeth J Elliott

Abstract

Influenza contributes significantly to disease burden among children aged less than five years. Existing influenza surveillance systems do not provide detailed data on clinical presentation, management, vaccination status, risk factors and complications in hospitalised children, or link such data with laboratory results. Following a

life-threatening multi-system complications. 1-9 Significant morbidity and mortality of influenza has been reported in Australian children, with an estimated hospitalisation rate of 82 per 100,000 and death rate of 0.2 per 100,000 children aged less than five years. 10 Of 22 children admitted with complications of influenza to one paediatric intensive care unit (PICU) over a short period in 2003, three



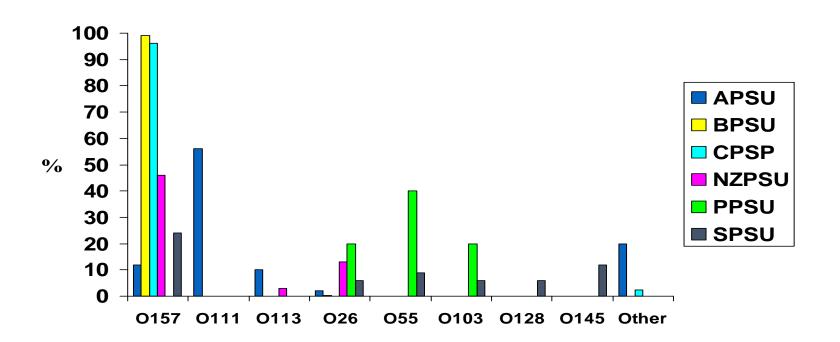


Impacts

Haemolytic uremic syndrome:

- identified prevalent STEC in D+HUS in Australia (0111:H-)
- revision of code of production for fermented meats
- 10 year outcomes for atypical HUS
- International comparison epidemiology INOPSU

Haemolytic uraemic syndrome ST-producing isolates



*Serotypes of STEC and Shigella dysenteriae as a proportion of all stool isolates; 50% in Australia were non-motile O157 serotype; *Shigella dysenteriae: 1 case in* Portugal, Britain & Canada; Britain - All but one (O26) of the STEC was O157



Other Impacts

• EOED:

- Severe disease <13y; 20% boys, 11y, most hospitalised, 46% unstable, 74% co-morbid psychiatric disorder
- 80% AN, 20% Avoidant Restrictive Food Intake Disorder
- Informed diagnostic criteria (DSM-5) for ED age <13 years
- international study (Canada, UK)
- Alternative medicines: Described dangers, mortality from inappropriate use of complementary medicines or withholding prescription medication
- Microcephaly: Rapid response to government-requested surveillance - potential risk of Zika Virus infection



Female genital mutilation in children presenting to Australian paediatricians

Yvonne Zurynski, ^{1,2} Amy Phu, ^{1,2} Premala Sureshkumar, ^{1,2} Sarah Cherian, ^{3,4} Marie Deverell, ^{1,2} Elizabeth J Elliott, ^{1,2} for Australian Paediatric Surveillance Unit Female Genital Mutilation Study Steering Committee

¹Australian Paediatric Surveillance Unit, The Children's Hospital at Westmead, Sydney, New South Wales, Australia ²Discipline of Child and Adolescent Health, Sydney Medical School, The University of Sydney, Sydney, New South Wales, Australia ³Refugee Health Service, Princess Margaret Hospital for Children, Perth, Western Australia, Australia School of Paediatrics and Child Health, University of Western Australia, Perth, Western Australia, Australia

Correspondence to

Dr Yvonne Zurynski, The Australian Paediatric Surveillance Unit, The Children's Hospital at Westmead, Locked Bag 4001, Westmead, Sydney, NSW 2145, Australia; yvonne. zurynski@health.nsw.gov.au

Received 30 June 2016 Revised 4 October 2016 Accepted 27 November 2016

ABSTRACT

Objective The WHO reports that female genital mutilation/cutting (FGM/C) is an ancient cultural practice prevalent in many countries. FGM/C has been reported among women resident in Australia. Our paper provides the first description of FGM/C in Australian children.

Design Cross-sectional survey conducted in April–June 2014.

Setting Paediatricians and other child health specialists recruited through the Australian Paediatric Surveillance Unit were asked to report children aged <18 years with FGM/C seen in the last 5 years, and to provide data for demographics, FGM/C type, complications and referral for each case.

Participants Of 1311 eligible paediatricians/child health specialists, 1003 (76.5%) responded.

Results Twenty-three (2.3%) respondents had seen 59 children with FGM/C and provided detailed data for 31. Most (89.7%) were identified during refugee screening and were born in Africa. Three (10.3%) were born in Australia: two had FGM/C in Australia and one in Indonesia. All parents were born overseas, mainly Africa (98.1%). Ten children had WHO FGM/C type I, five type II, five type III and six type IV. Complications in eight children included recurrent genitourinary infections, menstrual, sexual, fertility and psychological problems. Nineteen children (82.6%) were referred to obstetrics/gynaecology: 16 (69.9%) to social work and 13 (56.5%) to child protection.

Conclusions This study confirms that FGM/C is seen in paediatric clinical practice within Australia. Paediatricians need cultural awareness, education and resources to help them identify children with FGM/C and/or at risk of FGM/C, to enable appropriate referral and counselling of children, families and communities to assist in the prevention of this practice.

What is already known on this topic?

- UNICEF estimates that 200 million girls and women have undergone female genital mutilation/cutting (FGM/C) and the procedure is usually done in girls aged 1 month to 15 years.
- FGM/C has been reported among immigrant women living in developed countries.
- There is only one report of FGM/C in children living in developed countries—a study of children in the UK showed that type IV FGM/C was the most common.

What this study adds?

- Our paper provides the first report of FGM/C in Australian children.
- All four types of FGM/C were seen in the children identified by our study, with type I the most common.
- Our study highlights that child health services need to be included in any response to end the practice of FGM/C and child health professionals need education, resources and referral pathways for children with FGM/C.

without removal of the clitoris.³ ⁴ A classification system developed by the WHO identifies four distinct types of FGM/C (figure 1).⁵ ⁶ FGM/C violates the United Nations (UN) Charter of Human Rights, the UN Charter of Women's Rights, the

Juvenille Onset Recurrent Respiratory Papillomatosis (JORRP) Vertical transmission, focal activation of HPV types 6 and 11

The Journal of Infectious Diseases

MAJOR ARTICLE







A Prospective Study of the Incidence of Juvenile-Onset Recurrent Respiratory Papillomatosis After Implementation of a National HPV Vaccination Program

Daniel Novakovic, 1 Alan T. L. Cheng, 1.2 Yvonne Zurynski, 1.3 Robert Booy, 4 Paul J. Walker, 5 Robert Berkowitz, 6 Henley Harrison, 7 Robert Black, 5 Christopher Perry, 5 Shyan Vijayasekaran, 5 David Wabnitz, 16 Hannah Burns, 5 Sepehr N. Tabrizi, 11,12 Suzanne M. Garland, 11,12 Elizabeth Elliott, 3 and Julia M. L. Brotherton 11,14

"University of Sydney Medical School; "ENT Department, Children's Hospital Westmead; "Australian Paediatric Surveillance, Unit, University of Sydney and Kids Research Institute, Sydney Children's Hospitals Network (Westmead); "National Centre for Immunisation Research and Surveillance, Children's Hospital Westmead; "Otolaryngology Department, John Hunter Children's Hospital, Newcastle, New South Wales; "Otolaryngology Department, Royal Children's Hospital, Melbourne, Victoria; "ENT Department, Sydney Children's Hospital, Randwick, New South Wales; "Paediatric Otolaryngology Head and Neck Surgery Department, Lady Cilento Children's Hospital, Brisbane, Queensland; "Department of Otolaryngology - Head and Neck Surgery, Princess Margaret Hospital for Children, Perth, Western Australia; "Department of Otolaryngology - Head and Neck Surgery, Women's and Children's Hospital, Adelaide, South Australia; "Royal Women's Hospital, Department of Microbiology and Infectious Diseases, and Murdoch Children's Research Institute, Infection and Immunity Theme, Parkville; "Department of Obstetrics and Gynaecology, University of Melbourne, Parkville, "National HPV Vaccination Program Register, VCS, East Melbourne; and "School of Population and Global Health, University of Melbourne, Parkville, Victoria, Australia

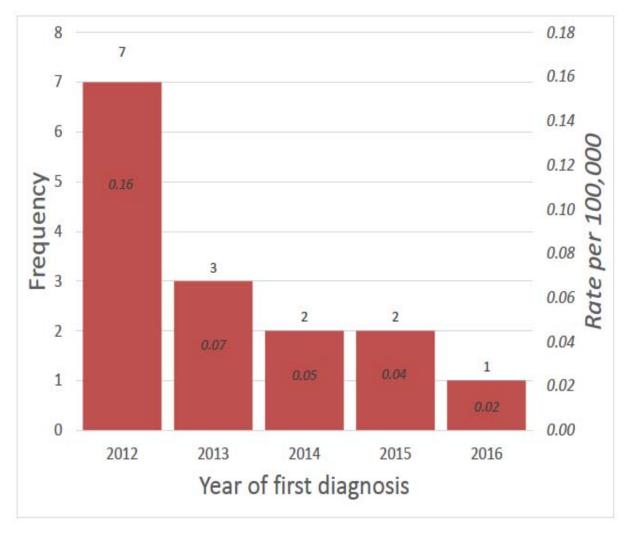
Background. Recurrent respiratory papillomatosis is a rare but morbid disease caused by human papillomavirus (HPV) types 6 and 11. Infection is preventable through HPV vaccination. Following an extensive quadrivalent HPV vaccination program (females 12–26 years in 2007–2009) in Australia, we established a method to monitor incidence and demographics of juvenile-onset recurrent respiratory papillomatosis (JORRP) cases.

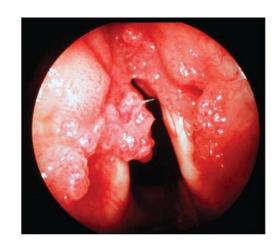
Methods. The Australian Paediatric Surveillance Unit undertakes surveillance of rare pediatric diseases by contacting practitioners monthly. We enrolled pediatric otorhinolaryngologists and offered HPV typing. We report findings for 5 years to end 2016.

Results. The average annual incidence rate was 0.07 per $100\,000$. The largest number of cases was reported in the first year, with decreasing annual frequency thereafter. Rates declined from 0.16 per $100\,000$ in 2012 to 0.02 per $100\,000$ in 2016 (P = .034). Among the 15 incident cases (60% male), no mothers were vaccinated prepregnancy, 20% had maternal history of genital warts, and 60% were first born; 13/15 were born vaginally. Genotyped cases were HPV-6 (n = 4) or HPV-11 (n = 3).

Conclusion. To our knowledge, this is the first report internationally documenting decline in JORRP incidence in children following a quadrivalent HPV vaccination program.

Decreasing incidence 2012-2016: effectiveness of HPV vaccine program





- Average incidence0.07 per 100,000 pa
- Significant decrease
 0.16/100,000 in 2012
 to 0.02/100,000 in
 2016 (P=0.03)

Brotherton et al. J Infect Dis 2018;217:1504-5

Guidelines Prevention, Management of Sudden Unexpected Death in Infancy <7 days (n=48) Prof Heather Jeffery

National: NHMRC Guidelines – draft form

State:

2012 Maternity-Safer sleeping practices for babies in NSW 2008 Death - Management of SUDI

Hospital:

Prevention first

What to do if SUDI/Collapse occurs (RPA Protocol on web)

Importance of perinatal post mortem by competent, relevant pathologist (perintal or paediatric pathologist)

Discharge planning

Early childhood centres

Community awareness

SUPPORTING NEW SURVEILLANCE SYSTEMS

International Network of Paediatric Surveillance Units, 1998 Foster International collaboration

Paediatr Child Health. 2001 May;6(5):251-60.

Rare disease surveillance: An international perspective.

Elliott EJ, Nicoll A, Lynn R, Marchessault V, Hirasing R, Ridley G.

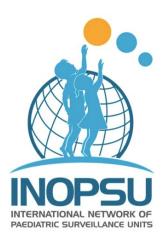
University of Sydney, Royal Alexandra Hospital for Children, Sydney, Australia.

Abstract

BACKGROUND: The International Network of Paediatric Surveillance Units (INoPSU)
Ottawa, Ontario in June 2000.

•>50 mill <15y

>400 studies



INOPSU



Member Units

Australian Paediatric Surveillance Unit (APSU)*

Belgium Paediatric Surveillance Unit

British Paediatric Surveillance Unit (BPSU)*

Canadian Paediatric Surveillance Program (CPSP)*

German Paediatric Surveillance Unit (ESPED)*

Irish Paediatric Surveillance Unit (IPSU)

Netherlands Paediatric Surveillance Unit (NSCK)*

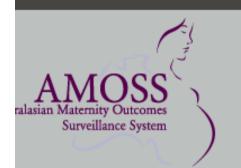
New Zealand Paediatric Surveillance Unit (NZPSU)*

Portugal Paediatric Surveillance Unit (PPSU)

Swiss Paediatric Surveillance Unit (SPSU)*

Welsh Paediatric Surveillance Unit (WPSU)

^{*}Indicates inaugural units who formed INoPSU



Australian Maternity Outcomes Surveillance System (AMOSS)

The Australasian Maternity Outcomes Surveillance System (AMOSS) known as 'AMOSS' is a national surveillance mechanism designed to study a variety of rare or serious conditions in pregnancy, childbirth and the post natal phase. Through translating the findings from these studies into reliable evidence-based practice, the aim of AMOSS is to improve the safety and quality of maternity care in Australia and New Zealand.

- AMOSS: its role and objectives more >
- How AMOSS works more >



HOW TO GET INVOLVED

Map showing the hospitals where AMOSS data collection has commenced. To register your interest contact the AMOSS team or call (02) 9382 1068.

23 February 2011: Influenza in pregnancy (ICU) study ends

AMOSS has ceased data collection on influenza in pregnancy with ICU admission only. This study, an extension of the 2009 collaboration with the ANZICS INFINITE Flu registry rese... more >













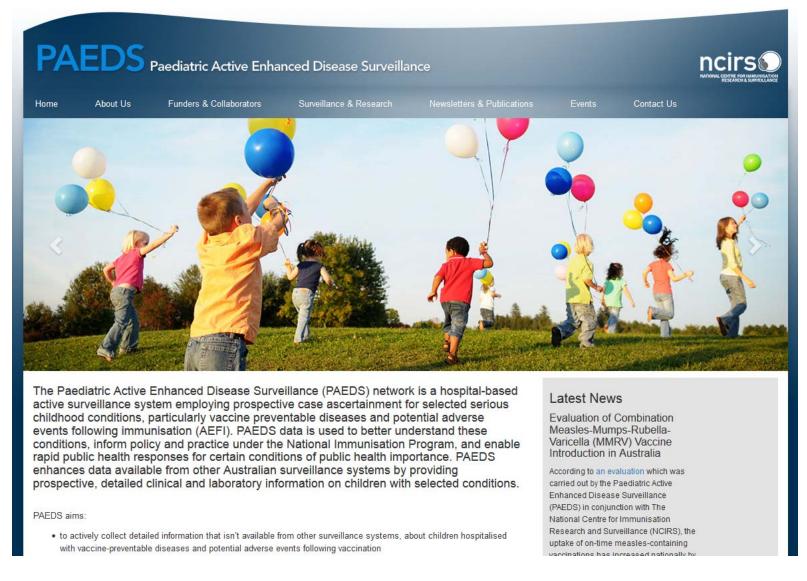




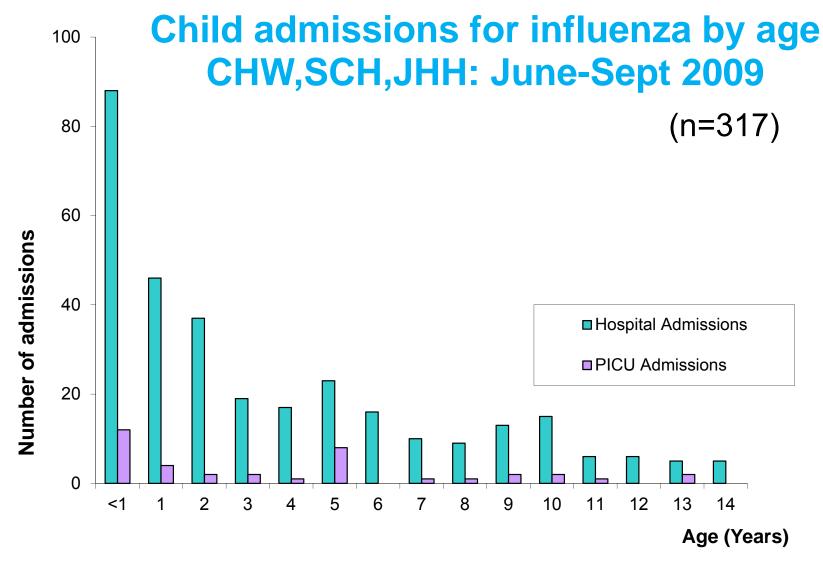


Australian Government

National Health and Medical Research Council



In-Patient Surveillance System: Active case-finding by nurses. Developed by APSU and NCIRS (initially funded APSU NHMRC Enabling Grant)



6 months: 55 (17.3%); <12 months: 84 (26.4 %) 10% PICU, O ECMO; 35% severe complications.

84% Flu A, H1N1. 6% vaccinated, 84% age-eligible, 48% chronic disease

NHMRC '10 of the best' 2013 H1N1 Influenza 2009. APSU/PAEDS



Rapid response: Awareness of severe outcomes (neurological) in previously well children; antiviral underuse; need seasonal vaccination.





Vaccine





Intussusception following rotavirus vaccine administration: Post-marketing surveillance in the National Immunization Program in Australia

J.P. Buttery^{a,b,c,d,*,1}, M.H. Danchin^{a,b,c,e,**,1}, K.J. Lee^{e,f}, J.B. Carlin^{e,f}, P.B. McIntyre^g, E.J. Elliott^h, R. Booy^g, J.E. Bines^{b,e,i}, for the PAEDS/APSU Study Group

Joint APSU/PAEDS data: Increase in intussusception detected after first dose of Rotateq vaccine investigated by Therapeutic Drugs Administration and prompted manufacturer's warning

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APSU – is more than surveillance

- Audit e.g. microcephaly 10 years
- Systematic reviews/rapid reviews
- One-off study: FGM/C
- Emergency surveillance: severe flu, microcephaly
- Health services evaluation

 utility, cost e.g.
 transition, integrated care, metabolic disease
- Impacts on families e.g. out-of-pocket expenses

- Guidelines
- Registries e.g. FASD
- Policy
- Advocacy
- Education
- Family support
- National and government committees
- Data linkage e.g. NDIS NSW

Chronic Disease Team (DoHA)

Rare Chronic Diseases in Childhood: incidence, impacts on health services and needs of families



- Children's Interstitial Lung Disease
- Non-Cystic Fibrosis Bronchiectasis
- Obesity Hypoventilation Syndrome
- Fetal Alcohol Spectrum Disorder

Transition to adult services

- Mapping, audit of services
- Workshops for adolescents
- Neuromuscular diseases

Female Genital Mutilation

- Knowledge, attitudes
- Incidence/prevalence

Impacts of Rare diseases: ARC Linkage Grant (Zurynski, Elliott, Christodoulu, Leonard)

• Children and families: Steve Waugh Foundation

SMILE Foundation

AGSA

• **Health professionals:** RACP, Paediatrics Child Health

• Health Services: Children's Hospital Westmead

Western Sydney Genetics

Management Support & Analysis Unit

Early onset, chronic complex, need impact data to inform services, policy. Ist internationally



"Going into bat for rare diseases" through parent support grants, advocacy, awareness of rare disease

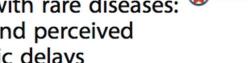
Steve Waugh Foundation



Diagnosis

- 37% delayed Dx
- 27% wrong Dx
- 37% disease progression
- 25% delayed treatment
- 10% inappropriate Rx
- 69% lack HP knowledge
- 21% lack recognition symptoms
- 18% accessing testing
- 54% frustration/stress

Australian children living with rare diseases: One of the consumant of the consumer of the consumant of the consumant of th experiences of diagnosis and perceived consequences of diagnostic delays



Yvonne Zurynski^{1,2*}, Marie Deverell^{1,2}, Troy Dalkeith^{1,3}, Sandra Johnson², John Christodoulou^{4,5,6,7}, Helen Leonard⁸, Elizabeth J Elliott^{1,2} and APSU Rare Diseases Impacts on Families Study group

Abstract

Background: Children and families living with rare disease often experience significant health, psychosocial, economic burdens and diagnostic delays. Experiences appear to be constant, regardless of the specific rare disease diagnosis. Systematically collected Australian data to support policy response on rare diseases are scarce. We address this gap by providing survey results about 462 children aged <19 years living with approximately 200 different rare diseases.

Results: Of 462 children, 96% were born in Australia, 55% were male, median age was 8.9 years (0-18.2). Fourhundred-and-twenty-eight (93%) had received a definitive diagnosis but 29 (7%) remained undiagnosed. Before receiving the correct diagnosis 38% consulted ≥ 6 different doctors. Among those with a diagnosis, 37% believed the diagnosis was delayed and 27% initially received a wrong diagnosis. Consequences of delayed diagnosis include anxiety, loss of reproductive confidence because of an ill-defined genetic risk, frustration and stress (54%), disease progression (37%), delays in treatment (25%) and inappropriate treatments (10%). Perceived reasons for diagnostic delays included lack of knowledge about the disease among health professionals (69.2%), lack of symptom awareness by the family (21.2%) and difficulties accessing tests (17.9%). Children with inborn errors of metabolism were less likely to have a delayed diagnosis compared with other disease groups (Chi-Sq = 17.1; P < 0. 0001), most likely due to well-established and accessible biochemical screening processes. Diagnosis was given in person in 74% of cases, telephone in 18.5% and via a letter in 3.5%. Some families (16%) were dissatisfied with the way the diagnosis was delivered, citing lack of empathy and lack of information from health professionals. Psychological support at diagnosis was provided to 47.5%, but 86.2% believed that it should always be provided. Although 74.9% of parents believed that the diagnosis could have an impact on future family planning, only 44.8% received genetic counselling.

Diagnosis can be distressing

Parental experiences when receiving a diagnosis

Satisfied



Doctors and staff made it as comfortable as possible and informed us well. Had our questions addressed



Doctors didn't know how to handle the shock that set in with the diagnosis. Counsellor out of her depth.



I had to ring for the results – found they had been back for weeks.

set me"

ough this was

Diagnosis given by phone – no support

Fig. 1 Illustrative comments about experiences of the way diagnosis was given to the family

High use of health services (n=463; 200 diseases)

In one year:

- 647 ED
- 1200 admissions
- 3163 GP
- 3540 specialists
- >10000 allied health

Cost estimate ED presentations, admissions:

\$8,771,082 p.a. or \$25,277 p.a. per child

One child with CHILD to 8 years ~\$1mill

Barriers to accessing health services, 43%

More frequent in regional/remote areas p<0.0001



Paediatrician survey, representative (n=242)

- Inadequate training University (45%), FRACP (50%)
- Inability to make a diagnosis
 - Lack Dx guidelines/tests
 - Lack management guidelines/treatments
 - Difficulty accessing specialists
- 96% used internet resources to guide patient management
- 75% used smartphones, tablets in practice (F>M)
- 89% used APSU protocols, website, report
- ~30% aware of specific RD resources
 - Orphanet, NORD, EURODIS, AGSA



"I'll give it to you straight — This disease is almost *impossible* to pronounce."

Paediatricians want resources?

- 95% printable resources for families
- 93% RD support groups
- 82% specialist services
- 78% online educational
- 72% smart phone/tablet apps on RD
- 70% how to use online resources e.g. Orphanet.

Open Access Original article

BMJ Paediatrics Open

Rare disease: a national survey of paediatricians' experiences and needs

Yvonne Zurynski, ^{1,2} Aranzazu Gonzalez, ¹ Marie Deverell, ^{1,2} Amy Phu, ^{1,2} Helen Leonard, ³ John Christodoulou, ^{4,5,6} Elizabeth Elliott, ^{1,2,7} on behalf of the APSU Impacts of Rare Diseases Study Partners

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ABSTRACT

Objective To describe the experiences of Australian paediatricians while caring for children with rare diseases, and their educational and resource needs.

Design A brief online survey was developed and deployed to a representative sample of 679 paediatricians from the Australian Paediatric Surveillance Unit database. Results Of the 679 paediatricians, 242 (36%) completed the survey. The respondents were representative of all states and territories of Australia, urban and rural regions, and hospital and private practice. Almost all respondents (93%) had seen children with one or more of >350 different rare diseases during their career; 74% had seen a new patient with rare disease in the last 6 months. The most common problems encountered while caring for patients were: diagnostic delays (65%), lack of available treatments (40%), clinical guidelines (36%) and uncertainty where to refer for peer support (35%). Few paediatricians said that rare diseases were adequately covered during university (40%) or the Fellowship of the Royal Australasian College of Physicians (50%) training, and 28% felt unprepared to care for patients with rare diseases. Paediatricians wanted lists of specialist referral services (82%) and online educational modules about rare diseases (78%) that could be accessed via one online portal that

What is already known on this topic?

- Parents of children living with rare diseases report that doctors lack knowledge about rare diseases.
- Diagnostic delays are common in children with rare diseases.
- There have been no studies of the needs of paediatricians who care for children with rare diseases.

What this paper adds?

- A study of paediatricians' knowledge, attitudes, practice and educational needs regarding rare childhood diseases.
- Paediatricians commonly see children with rare diseases but report difficulties including reaching a definitive diagnosis, lack of available treatments and guidelines, and uncertain referral pathways.
- Paediatricians called for better education about rare diseases, including a one-stop online hub where evidence-based resources could be deposited and accessed.

Single portal linking all existing resources

EDUCATION & ADVOCACY

Education resources: paediatricians, parents



Welcome to the APSU

The Australian Paediatric Surveillance Unit (APSU) is a national resource, established in 1993 to facilitate active surveillance of uncommon rare childhood diseases, complications of common diseases or adverse effects of treatment.

The APSU has a valued relationship with the Paediatrics and Child Health Division of the Royal Australasian College of Physicians that has been established over many years between the parties.

We are also closely affiliated with the University of Sydney, Discipline of Child and Adolescent Health and the Sydney Children's Hospital Network.

PLEASE NOTIFY ANY CASES TO THE APSU AS SOON AS POSSIBLE DURING THE STUDY PERIOD (1ST JUNE 2017 UNTIL THE 30TH

CASE REPORTS CAN BE COMPLETED ONLINE

APSU PUBLICATIONS

survey of paediatricians' experiences and needs

Australian paediatricians. Our paper provides the first report of FGM/C in Australian Children.

Please read our article in The Conversation Female genital mutilation is hurting Australian girls and we must work together to stamp it out

Another great publication by Yvonne Zurynski and Elizabeth Elliott in this months edition of The Australian College of General Practice titled 'Rare Diseases are a 'common' problem for clinicians'.

APSU NEWSLETTER

Our special edition of the Rare Kids newsletter for Rare Disease Day 2017 is now available. Please click here to download a copy.

Potential to develop a "one-stopshop" portal of resources

Education, advocacy: Female Genital Mutilation: its everyone's business. AHRC.





J Paediatr Child Health. 2010 Jan;46(1-2):2-4. doi: 10.1111/j.1440-1754.2009.01608.x. Epub 2009 Nov 23.

Call for a national plan for rare diseases.

Jaffe A, Zurynski Y, Beville L, Elliott E.

Respiratory Department, Sydney Children's Hospital, Randwick, Australia.

JPCH, 2009 "Australia requires a national plan.."

Abstract

Australia requires a national plan, similar to plans developed internationally, to address the impacts of rare diseases on individuals, the community and health services. Rare diseases often present in childhood, many are chronic, some life threatening and others associated with significant disability. However, diagnosis is often delayed, because of lack of knowledge and experience of health professionals and uncertainty about where to refer. Specialised health services are frequently lacking and specific therapies are often not available, partly because of lack of research funding directed towards rare diseases. A national plan would facilitate a coordinated response to service development, carer support, and health professional and community education, and would promote research and advocacy for affected children and their families.

Australia makes up for lost time on rare diseases

Rare diseases collectively affect up to 10% of Australians, and advocates are lobbying national and state governments to accelerate efforts to develop a national plan. Tony Kirby reports.

Lancet, 2012:
"Without a well-considered national plan for RD, people will continue to receive sub-optimal care and support"

Australia has some of the best health indicators of any highincome country, including increasing longevity bettered only by Japan. Yet in the sphere of rare diseases, the country has been lagging behind other developed nations. Australia has neither a coordinated national plan for rare diseases, nor a funded umbrella organisation for these conditions, estimated collectively to affect some 6-10% of the population, equivalent to a total of 1.2 million Australians—the same number that have diabetes. There are some 400 000 children with rare diseases in Australia.

Although individual rare diseases, by definition, have a low prevalence, there are thousands

come up with a national plan for addressing rare diseases by 2013. America's National Institutes of Health (NIH) has a dedicated Office of Rare Diseases Research. Indeed, NIH director Frances Collins has made rare diseases one of the priorities of his leadership. Yet Australia is yet to adopt a national plan, despite the best efforts of advocates that include some of Australia's most well known public health and paediatrics experts.

"...without a well-considered national plan for rare diseases... people with these conditions will continue to...receive sub-optimal care and support."

between 1 and 15 years caused by these conditions. However, obtaining a definitive diagnosis is often difficult and delayed. Neurological and intellectual disabilities occur in about half of all cases regardless of disease type and lead to loss of independence and opportunities. Families of those affected experience isolation, psychological and financial stress, and health professionals say they have inadequate access to information, education, and resources. Many children with rare diseases require multidisciplinary care and some have their education disrupted, while others have to abandon school altogether.

Elliott has, for two decades, run the Australian Paediatric Surveillance



Rare Disease Day 28 February 2010

www.rarediseaseday.org





Rare Disease Day 2012



The Australian Paediatric Surveillance Unit

National Polio Expert Committee

Western Pacific Polio accreditation committee

National FASD Technical Advisory Committee

Intergovernmental Committee on Drugs

National Rare Diseases Co-ordinating committee

Orphanet

SWF Medical Advisory Committee

SMILE Board

RARE Voices

Cure Kids Australia Board

RACP (DPCH)Research Committee

NHMRC, RACP, AMA, WHO committees (guidelines, position statement)

Specialist Clinical Committee MBS Review

Life saving drugs committee

At the stroke of a pen, a lifeline for Aviana



Until now, a drug that can save the lives of children with spinal muscular atrophy cost \$375,000 a year. As of tomorrow, it will be \$39.50 a script. NEWS PAGE 2

May 2018: \$240 million Spinraza, Spinal Muscular Atrophy

The future?

- Funding
 - •\$500 mill genomics May budget
 - •? Clinical services, ? surveillance
- Maintain relevance
- Responsive to government needs
- 'Niche' role, avoid
- Deep phenotyping
 - assist interpretation of genomic data
- Use data for advocacy
 - National rare Disease Plan, novel services, support for families

THANKS

- Paediatricians who report to APSU
- RACP (Australian College of Paediatrics)
- Investigators
- Collaborating organisations
- Funders
- Scientific Review Panel
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