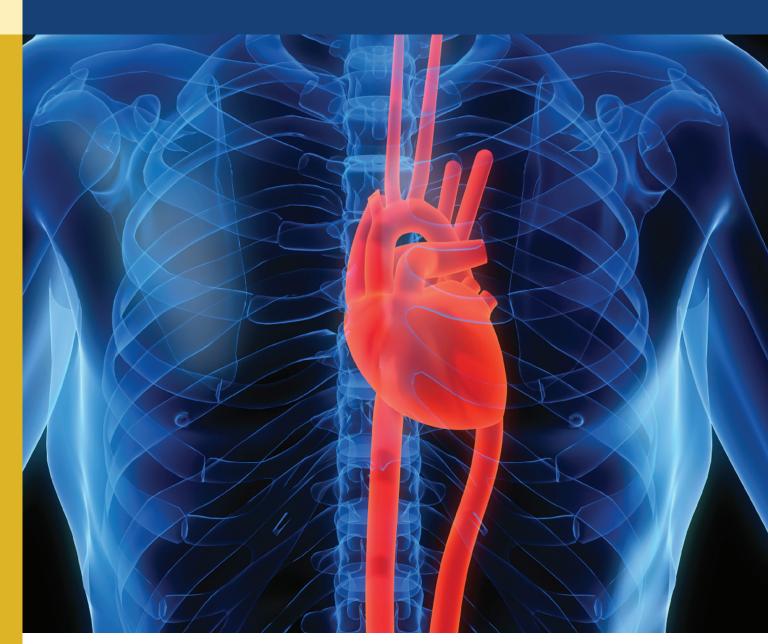


# Cardiology Advanced Training Curriculum

Adult Medicine Division







# The Royal Australasian College of Physicians

# Physician Readiness for Expert Practice (PREP) Training Program

**Cardiology Advanced Training Curriculum** 

TO BE USED IN CONJUNCTION WITH:

Basic Training Curriculum - Adult Internal Medicine Professional Qualities Curriculum

### **ACKNOWLEDGEMENTS**

Fellows, trainees and RACP staff have contributed to the development of this curriculum document.

The College specifically thanks those Fellows and trainees who have generously contributed to the development of these curriculum documents, through critical comments drawn from their knowledge and experience and the donation of their time and professional expertise.

The following Fellows and trainees, in particular, deserve specific mention for their contribution:

- Dr Christopher Allada, FRACP
- Dr Paul Bridgman, FRACP
- Professor Richard Harper, FRACP
- Dr Mark Ireland, FRACP
- Professor Richmond Jeremy, FRACP
- Professor Len Kritharides, FRACP
- A/Professor Donald McTaggart, FRACP
- Dr Rajesh Puranik, FRACP
- Clinical A/Professor David Richmond, FRACP
- Dr Peter Steele, FRACP
- A/Professor Darren Walters, FRACP
- Dr Michael Wong, FRACP

The RACP gratefully acknowledges the contribution of the Cardiac Society of Australia and New Zealand to the development of this curriculum.

Development of the Adult Cardiology Curriculum content was overseen by the Specialty Training Committee in Cardiology.

The process was managed by the Curriculum Development Unit within the College's Education Deanery, who designed the document, drafted content material, organised and facilitated writing workshops, developed resource materials, and formatted the final document.

### **CONTACT DETAILS**

### THE ROYAL AUSTRALASIAN COLLEGE OF PHYSICIANS

**AUSTRALIA** 

145 Macquarie Street Sydney NSW 2000 Australia

Tel: (+61) (2) 9256 5444 Fax: (+61) (2) 9252 3310

Email: racp@racp.edu.au Website: www.racp.edu.au **AOTEAROA NEW ZEALAND** 

Level 10 3 Hunter Street Wellington 6011 New Zealand

Tel: (+64) (4) 472 6713 Fax: (+64) (4) 472 6718

Email: racp@racp.org.nz Website: www.racp.edu.au

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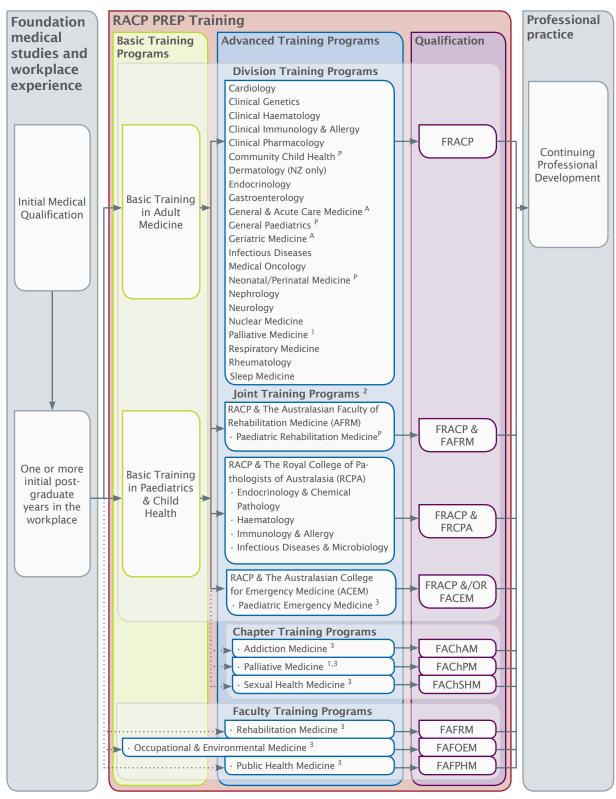
1st edition 2010 (revised 2013).

Please note: No Domains, Themes or Learning Objectives have been updated for this edition; design changes ONLY.

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### RACP FELLOWSHIP TRAINING PATHWAYS AND THE CONTINUUM OF LEARNING



- Trainees must complete Basic Training in Paediatrics & Child Health to enter this program.
- Trainees must complete Basic Training in Adult Medicine to enter this program.

  Trainees who have entered Advanced Training in Palliative Medicine via a RACP Basic Training Program will be awarded FRACP upon completion and may subsequently be awarded FAChPM. Trainees who have NOT entered Advanced Training in Palliative Medicine via a RACP Basic Training Program will only be awarded FAChPM upon completion.
- The Child & Adolescent Psychiatry Joint Training Program with the Royal Australian and New Zealand College of Psychiatrists (RANZCP) is currently under review by the RACP and RANZCP and closed to new entrants at present.
- Alternative entry requirements exist for these training programs; please see the corresponding PREP Program Requirements Handbook for further information.

NB1: This diagram only depicts training programs that lead to Fellowship. Please see the RACP website for additional RACP training programs. NB2: For further information on any of the above listed training programs, please see the corresponding PREP Program Requirements Handbook.

### **OVERVIEW OF THE SPECIALTY**

Cardiology is a branch of internal medicine concerned with prevention, investigation and therapy of, and research into, diseases involving the cardiovascular system.

Cardiovascular disease remains the leading cause of death within our society. The economic burden to society resulting from lost productivity, health care costs and costs of care for people disabled by cardiovascular disease consumes up to twenty five per cent of the health budget.

Cardiologists are the largest specialty group within the Royal Australasian College of Physicians. The spectrum of cardiovascular disease is such that cardiologists have close working relationships with a broad range of other internal medicine physicians and with vascular and cardiothoracic surgeons. Cardiology is well recognised as a research-intensive field, from which many leading biomedical researchers have arisen.

Cardiologists are perceived, by the public, as important members of the medical profession, who can effectively treat heart disease and return patients to active lives. They are also perceived as advocates for healthy lifestyles, including diet and physical activity. One perhaps unfortunate consequence is that there is a broad public perception that cardiology can now cure all cardiovascular problems and there is some complacency about heart disease within the population.

The emerging fields of molecular cardiology and tissue regrowth/engineering will open exciting new avenues for treatment of most cardiovascular diseases. These will require cardiologists with new skills and a broader knowledge base than previously.

### **CURRICULUM OVERVIEW**

### Adult Cardiology - Advanced Training Curriculum

This curriculum outlines the broad concepts, related learning objectives and the associated theoretical knowledge, clinical skills, attitudes and behaviours required and commonly utilised by cardiologists within Australia and New Zealand.

The purpose of Advanced Training is for trainees to build on the cognitive and practical skills acquired during Basic Training. At the completion of the Adult Cardiology Advanced Training Program, trainees should be competent to provide at consultant level, unsupervised comprehensive medical care in cardiology.

Attaining competency in all aspects of this curriculum is expected to take three years of training. It is expected that all teaching, learning, and assessment associated with the cardiology curriculum will be undertaken within the context of the physician's everyday clinical practice and will accommodate discipline-specific contexts and practices as required. As such it will need to be implemented within the reality of current workplace and workforce issues and the needs of health service provision.

There may be learning objectives that overlap with or could easily relate to other domains; however, to avoid repetition, these have been assigned to only one area. In practice, however, it is anticipated that within the teaching/learning environment, the progression of each objective would be explored.

Note: The curricula should always be read in conjunction with the relevant College Training Handbook available on the College website.

### **Professional Qualities Curriculum**

The Professional Qualities Curriculum (PQC) outlines the range of concepts and specific learning objectives required by, and utilised by, all physicians, regardless of their specialty or area of expertise. It spans both the Basic and Advanced Training Programs and is also utilised as a key component of the Continuing Professional Development (CPD) program.

Together with the various Basic and Advanced Training Curricula, the PQC integrates and fully encompasses the diagnostic, clinical, and educative-based aspects of the physician's/paediatrician's daily practice.

Each of the concepts and objectives within the PQC will be taught, learnt, and assessed within the context of everyday clinical practice. It is important, therefore, that they be aligned with, and fully integrated into, the learning objectives within this curriculum.

### **Supervisor Reports**

These have been the principal assessment tool for cardiology trainees for many years and will continue to be an important assessment tool. The report forms have been revised, to provide improved opportunity for assessment of both generic skills and also of specific knowledge, skills and procedures for training in cardiology.

Each trainee will be required to have two supervisor reports submitted each year. The first report will be an interim progress report and largely formative, and the second report will be the summative report for the year. The supervisor reports will be expected to reflect the regular training reviews conducted between trainee and supervisor each quarter.

### Logbooks

Trainees are required to maintain a logbook of clinical procedures performed over the course of their training.

Logbooks must reflect precise numbers of procedures performed, including information on whether the procedures were supervised or not.

The logbook can be used as a tool to indicate where further exposure is required. Trainees and supervisors can use the logbook to identify gaps and plan for adequate exposure to the required clinical procedures.

Completion of the indicated minimum number of procedural skills will ensure that the trainee gains a broad basic experience of procedures and is a requirement of the Advanced Training Program.

Supervisors will review trainees' logbooks at regular intervals and confirm in their reports that the logbook is a true and accurate record of trainees experience and that all training requirements have been fulfilled.

The Specialty Training Committee (STC) in Cardiology may require trainees to submit their logbook for review at any time over the course of the training program.

Trainees are required to keep logbooks documenting procedures in:

- Holter monitors
- exercise tests
- echocardiograms (transoesophageal and transthoracic)
- direct current reversion
- temporary transvenous pacemaker insertion
- permanent pacemaker function testing
- right heart catheterisation
- · coronary angiography
- pericardial aspiration
- electrophysiological studies and ablation techniques

Trainees will also be required to log cardiothoracic surgical cases, and the number of outpatients they have seen over the course of their core training in their logbooks.

### **EXPECTED OUTCOMES AT THE COMPLETION OF TRAINING**

Graduates from this training program will be equipped to function effectively within the current and emerging professional, medical and societal contexts. At the completion of the Advanced Training Program in Adult Cardiology, as defined by this curriculum, it is expected that a new Fellow will have developed the clinical skills and have acquired the theoretical knowledge for competent cardiology practice. It is expected that a new Fellow will be able to:

- utilise effective communication with patients and their families and with professional colleagues
- be devoted to life long learning
- be equipped to manage both acute and chronic cardiac disease
- identify the pathophysiology and manifestations of cardiovascular disease, and modern therapeutics, which can be applied to patient diagnosis and management
- apply appropriate skills to perform necessary diagnostic and therapeutic procedures
- use best available evidence to support diagnostic and therapeutic decisions
- demonstrate a capacity to rationally analyse clinical data and published work
- demonstrate an understanding of and commitment to the role of research in advancing medical care of cardiovascular disease
- develop a commitment to compassionate, ethical professional behaviour
- identify cardiovascular health issues of importance to the community and contribute constructively to debate about those issues
- apply primary and secondary prevention strategies in cardiac disease.

### **CURRICULUM THEMES AND LEARNING OBJECTIVES**

Each of the curriculum documents has been developed using a common format, thereby ensuring a degree of consistency and approach across the spectrum of training.

### **Domains**

The Domains are the broad fields which group common or related areas of learning.

### **Themes**

The Themes identify and link more specific aspects of learning into logical or related groups.

### **Learning Objectives**

The Learning Objectives outline the specific requirements of learning. They provide a focus for identifying and detailing the required knowledge, skills and attitudes. They also provide a context for specifying assessment standards and criteria as well as providing a context for identifying a range of teaching and learning strategies.

### **Minimum Practical Performance Requirements**

These outline the minimum set of practical performance requirements to be met. They provide a benchmark for trainees and supervisors to incorporate into their teaching and learning strategies. The minimum practical performance requirements will need to be reached prior to completion of this training program.

### **LEARNING OBJECTIVES TABLES**

DOMAIN 1	SCIENTIFIC BASIS OF CARDIOLOGY	
Theme 1.1	Basic Principles in Cardiology	
Learning Objec	tives	
1.1.1	Explain cardiac physiology and anatomy	
1.1.2	Explain cardiovascular biochemistry	
1.1.3	Apply clinical skills to diagnose and manage heart conditions and diseases	
	Research	
Theme 1.2	Research	
Theme 1.2  Learning Object		
Learning Objec	tives	
Learning Object	Identify research principles and undertake research projects  Basic and Advanced Life Support	

DOMAIN 2	DISEASES AND PRESENTATIONS		
Theme 2.1	Presentations and Manifestations of Cardiovascular Disease		
Learning Objectives			
2.1.1	Assess and treat patients presenting with acute breathlessness		
2.1.2	Assess and treat patients presenting with chronic breathlessness		
2.1.3	Assess and treat patients presenting with chest pain		
2.1.4	Assess and treat patients with acute heart failure		
2.1.5	Assess and treat patients with chronic heart failure		
2.1.6	Assess and treat patients with pre-syncope and syncope		
2.1.7	Assess patients presenting with cardiovascular manifestations of sleep disorders		
Theme 2.2	Heart Diseases and Disorders		
Learning Objec	tives		
2.2.1	Assess and treat patients with stable angina		
2.2.2	Assess and treat patients who are critically ill with haemodynamic disturbances		
2.2.3	Assess and treat patients with acute coronary syndromes		
2.2.4	Assess and treat patients with, or at risk from, endocarditis		
2.2.5	Assess and treat patients with cardiac murmurs and valvular heart disease		
2.2.6	Assess and treat patients with arrhythmias		
2.2.7	Assess and treat patients with cardiomyopathy		
2.2.8	Assess and treat patients with cardiac tumours		
2.2.9	Assess and treat patients with pericardial disease		
2.2.10	Assess patients with cardiovascular disease prior to non-cardiac surgery		
Theme 2.3	Congenital and Inherited Heart Disease		
Learning Objec	tives		
2.3.1	Diagnose and manage patients with inherited heart disease		
2.3.2	Diagnose and manage patients with common forms of congenital heart disease		
Theme 2.4	Conditions Affecting the Circulation		
Learning Objec	tives		
2.4.1	Assess and treat patients with hypertension		

2.4.2	Assess and treat patients with pulmonary hypertension		
2.4.3	Assess and treat patients with acute and chronic thromboembolic disease		
2.4.4	Assess and treat patients with diseases of the aorta		
2.4.5	Assess and treat patients with systemic vascular disease		
2.4.6	Assess and treat patients with lipid abnormalities		
Theme 2.5	At Risk Individuals and Groups		
Learning Objec	tives		
2.5.1	Identify and discuss the prevalence of cardiovascular disease in Aboriginal and Torres Strait Islander and Māori and Pacific Islander populations		
2.5.2	Manage acute and chronic cardiovascular disease in Aboriginal and Torres Strait Islander and Māori and Pacific Islander populations		
2.5.3	Assess and treat heart disease in patients who are pregnant or planning pregnancy		
2.5.4	Assess and manage heart disease in elderly patients		
2.5.5	Assess and manage heart disease in patients with comorbidity		
2.5.6	Assess and treat patients with risk factors for atherosclerotic vascular disease		
2.5.7	Explain the risk of driving following a cardiac illness and advise patients on fitness to drive		
DOMAIN 3	PRACTICAL PERFORMANCE, PROCEDURES AND INVESTIGATIONS		
Theme 3.1	Electrophysiology (EP) and Pacing		
Learning Objec	tives		
3.1.1	Describe the indications for electrophysiology study and explain the possible therapeutic options, including use of implantable cardioverter-defibrillators and ablative procedures		
3.1.2	Explain the principles of cardiac pacing and application of pacing to patient management		
3.1.3	Describe diagnostic and therapeutic electrophysiology		
Theme 3.2	Pericardiocentesis		
Learning Objectives			
3.2.1	Perform pericardiocentesis in the diagnosis and treatment of patients with pericardial disease		
Theme 3.3	Electrocardiography and Holter Monitoring		
Learning Objec	tives		
3.3.1	Perform and interpret electrocardiography and Holter monitoring procedures		

Theme 3.4	Exercise Testing		
Learning Objectives			
3.4.1	Supervise and interpret exercise testing		
Theme 3.5	Cardioversion		
Learning Objec	tives		
3.5.1	Perform chemical and direct current cardioversion		
Theme 3.6	Cardiac Catheterisation and Angiography		
Learning Objec	tives		
3.6.1	Perform and interpret cardiac catheterisation and angiography		
Theme 3.7	Coronary Angioplasty		
Learning Objec	tives		
3.7.1	Select and manage patients for percutaneous coronary intervention and related techniques		
Theme 3.8	Echocardiography		
Learning Objec	tives		
3.8.1	Perform and interpret echocardiography		
Theme 3.9	Cardiac Surgery		
Learning Objec	tives		
3.9.1	Describe the indications for cardiac surgery and manage patients before and after surgery		
Theme 3.10	Radiation and Cross Sectional Imaging		
Learning Objec	tives		
3.10.1	Use radiation equipment in the diagnosis, assessment and treatment of patients with cardiac disease		
3.10.2	Define the indications for nuclear cardiology and interpret the results of common cardiac nuclear medicine investigations		
3.10.3	Explain the applications and limitations of cardiac computed tomography and magnetic resonance imaging		
Theme 3.11	Ambulatory Care		
Learning Objec	tives		
3.11.1	Assess and manage patients in the ambulatory care (outpatient) setting		

DOMAIN 1	SCIENTIFIC BASIS OF CARDIOLOGY	
Theme 1.1	Basic Principles in Cardiology	
Learning Objective 1.1.1	Explain cardiac physiology and anatomy	

### Knowledge

- discuss cardiac pressure including volume relationships
- describe the physiology of the pulmonary circulation
- describe the physiology of the coronary circulation
- describe the physiology of the cardiac conduction system
- explain the cardiovascular anatomy
- describe the physiology of the respiratory system.

DOMAIN 1	SCIENTIFIC BASIS OF CARDIOLOGY	
Theme 1.1	Basic Principles in Cardiology	
Learning Objective 1.1.2	Explain cardiovascular biochemistry	

### Knowledge

- identify myocardial energy production
- explain the autonomous nervous system and cardiovascular neurohormones
- recognise the genetics of cardiovascular disorders
- describe cardiomyocyte structure and metabolism
- outline principles of cardiovascular molecular biology
- explain myocardial necrosis and apoptosis
- explain the vascular biology of atherosclerosis.

DOMAIN 1	SCIENTIFIC BASIS OF CARDIOLOGY	
Theme 1.1	Basic Principles in Cardiology	
Learning Objective 1.1.3	Apply clinical skills to diagnose and manage heart conditions and diseases	

Learning Objective 1.1.3	Apply clinical skills diseases	s to diagnose and manage heart conditions and
Knowledge		Skills
<ul> <li>describe the following for commonditions and diseases:</li> <li>pathogenesis</li> <li>pathophysiology</li> <li>natural history</li> <li>epidemiology</li> <li>clinical presentations</li> <li>prognosis</li> <li>describe the following features of invasive investigations used in the heart conditions and diseases:         <ul> <li>indications</li> <li>limitations</li> <li>risks</li> <li>benefits</li> <li>predictive values</li> </ul> </li> <li>explain the pharmacology of drateatments.</li> </ul>	of invasive and non- ne assessment of	<ul> <li>elicit a history</li> <li>perform an examination</li> <li>select and interpret appropriate investigations</li> <li>identify indications for further investigation and intervention</li> <li>select drug therapy, treatments and interventions for individual patients</li> <li>explain diagnoses, implications, and management strategies to patients and their families.</li> </ul>

- emergency department (ED)
- coronary care unit (CCU)
- intensive care unit (ICU)

DOMAIN 1	SCIENTIFIC BA	ASIS OF CARDIOLOGY
Theme 1.2	Research	
Learning Objective 1.2.1	Identify research	orinciples and undertake research projects
Knowledge		Skills
<ul> <li>discuss categories of clinical reservationals:         <ul> <li>randomised controlled trial</li> <li>observational study</li> <li>meta-analysis</li> <li>registry</li> <li>case reports</li> </ul> </li> <li>explain basic statistical analyses research studies, and levels of exclinical trials</li> <li>describe the concept of absoluterisks</li> <li>explain statistical methodologies risk assessment</li> <li>critically evaluate research studie</li> <li>outline possible approaches to squestion and design a research:</li> </ul>	applied to clinical vidence applied to e versus relative as as they apply to es	<ul> <li>critically review published research through department journal club and presentations</li> <li>participate in clinical research projects during training period.</li> </ul>

- department journal meetings and presentations
- department research meetings

DOMAIN 1	SCIENTIFIC BA	ASIS OF CARDIOLOGY
Theme 1.3	Basic and Advance	ed Life Support
Learning Objective 1.3.1	Perform and supervise the resuscitation of patients	
Knowledge		Skills
describe current guidelines on resuscitation		supervise pre-hospital care
<ul> <li>describe the principles of cardiopulmonary resuscitation</li> </ul>		<ul> <li>initiate and perform Basic Life Support</li> <li>initiate and perform Advanced Life Support</li> </ul>
<ul> <li>describe the cardiac and non-cardiac causes of cardiac arrest</li> </ul>		initiate and perform cardiac defibrillation
• explain the theoretical basis of cardiopulmonary resuscitation.		<ul> <li>perform and supervise resuscitation of patients suffering from cardiac arrests and the critically ill.</li> </ul>

DOMAIN 1	SCIENTIFIC BASIS OF CARDIOLOGY
Theme 1.3	Basic and Advanced Life Support
Learning Objective 1.3.1	Perform and supervise the resuscitation of patients

- accident and emergency department
- inpatient emergencies
- operating theatre and recovery room
- advanced life support course

DOMAIN 2	DISEASES ANI	O PRESENTATIONS
Theme 2.1	Presentations and	Manifestations of Cardiovascular Disease
Learning Objective 2.1.1	Assess and treat p	patients presenting with acute breathlessness
Knowledge		Skills
<ul> <li>describe causes of acute breathlessness</li> <li>describe the management of cardiac and non-cardiac diseases presenting with breathlessness</li> <li>describe the role of assisted ventilation (invasive and non-invasive) in compromised patients</li> <li>describe the indications for and methods of assisted ventilation, e.g. continuous/bi-level positive airway pressure (CPAP/BiPAP).</li> </ul>		<ul> <li>manage urgent clinical presentations of breathlessness, including:         <ul> <li>acute pulmonary oedema</li> <li>major pulmonary thromboembolism</li> <li>respiratory failure</li> </ul> </li> <li>interpret cardiac causes of breathlessness in an acute setting (e.g. intensive care)</li> <li>recommend and initiate assisted ventilation in compromised patients (e.g. CPAP).</li> </ul>

- ED
- CCU
- ICU

DOMAIN 2	DISEASES AND	PRESENTATIONS
Theme 2.1	Presentations and	Manifestations of Cardiovascular Disease
Learning Objective 2.1.2	Assess and treat p	patients presenting with chronic breathlessness
Knowledge		Skills
<ul> <li>describe respiratory and cardiac causes of chronic breathlessness</li> <li>identify treatment methods for pulmonary disease</li> <li>recognise exertional breathlessness as an angina equivalent</li> <li>describe management options for chronic</li> </ul>		<ul> <li>diagnose and manage patients with chronic breathlessness</li> <li>refer for lung function tests, such as:         <ul> <li>spirometry</li> <li>diffusing capacity of the lung for carbon monoxide (DLCO)</li> <li>flow velocity measurements</li> </ul> </li> </ul>
breathlessness.		• interpret the results of these tests.

- cardiac ward
- inpatient consultations
- ambulatory care

DOMAIN 2	DISEASES AND PRESENTATIONS	
Theme 2.1	Presentations and Manifestations of Cardiovascular Disease	
Learning Objective 2.1.3	Assess and treat patients presenting with chest pain	
Knowledge		Skills
<ul> <li>explain the causes of chest pain</li> <li>identify the importance of individual risk factor profiles</li> <li>discuss the impact of chronic pain syndromes.</li> </ul>		<ul> <li>take a history and conduct a clinical examination</li> <li>select and interpret appropriate investigations</li> <li>formulate a differential diagnosis.</li> </ul>
Teaching and Learning Opportunities		
<ul> <li>ED</li> <li>inpatient consultations</li> <li>on-call after hours</li> <li>CCU</li> </ul>		

DOMAIN 2	DISEASES AND	) PRESENTATIONS
Theme 2.1	Presentations and Manifestations of Cardiovascular Disease	
Learning Objective 2.1.4	Assess and treat patients with acute heart failure	
Knowledge		Skills
<ul> <li>describe the aetiology, pathophysiology, diagnosis, and management of acute heart failure</li> </ul>		select drug therapy and interventions for individual patients with acute heart failure
<ul> <li>describe the pharmacology of drugs currently used in the treatment of heart failure</li> </ul>		<ul> <li>manage patients requiring non-invasive ventilatory support.</li> </ul>
<ul> <li>identify complications of pharmacological treatment in patients with heart failure</li> </ul>		
<ul> <li>recognise the role of non-invasive and invasive ventilation</li> </ul>		
<ul> <li>describe indications for referral for intra-aortic balloon pump and percutaneous revascularisation</li> </ul>		

transplantation and assist devices.

describe indications for referral for surgical interventions, including valve surgery, cardiac

- cardiac ward
- CCU
- ICU
- inpatient consultations
- ambulatory care

DOMAIN 2	DISEASES AND PRESENTATIONS	
Theme 2.1	Presentations and Manifestations of Cardiovascular Disease	
Learning Objective 2.1.5	Assess and treat patients with chronic heart failure	
Knowledge	Skills	

- describe the aetiology, pathophysiology, diagnosis, and management of chronic heart failure
- describe the natural history and clinical presentation of patients with heart failure
- describe the pharmacology of drugs currently used in the treatment of heart failure
- describe the indications for referral for surgical interventions, including:
  - valve surgery
  - cardiac transplantation
  - assist devices
- describe the role of non-pharmacological treatment including exercise for heart failure
- identify complications of pharmacological treatment in patients with heart failure
- describe the indications for an implantable cardioverter-defibrillator (ICD)
- explain the role of biventricular pacing and resynchronisation therapy.

select drug therapy and interventions for individual patients with heart failure.

- cardiac ward
- inpatient consultation
- ambulatory care

DOMAIN 2	DISEASES AND	PRESENTATIONS
Theme 2.1	Presentations and	Manifestations of Cardiovascular Disease
Learning Objective 2.1.6	Assess and treat p	atients with pre-syncope and syncope
Knowledge		Skills
identify causes of syncope and pre-syncope		recognise life threatening cardiac causes of syncope
differentiate between cardiological and non-cardiological causes of syncope		<ul> <li>conduct an examination, including carotid sinus massage</li> </ul>
describe autonomic causes of hypotension		select and interpret appropriate investigations
outline a risk profile of a patient with syncope		including:

DOMAIN 2	DISEASES AND PRESENTATIONS		
Theme 2.1	Presentations and Manifestations of Cardiovascular Disease		
Learning Objective 2.1.6	Assess and treat patients with pre-syncope and syncope		

- explain the medical management of postural hypotension
- describe indications for cardiac pacing and use of ICDs.
- Holter monitoring
- tilt table testing
- implantable electrocardiogram (ECG) monitoring devices
- coronary angiography
- electrophysiology (EP) studies
- assessment for implantable cardioverter-defibrillator (ICD)
- develop a management plan for syncopal patients
- insert temporary cardiac pacing systems
- investigate and manage patients with resuscitated sudden death.

- ED
- inpatient consultations
- ambulatory care

DOMAIN 2	DISEASES AND	PRESENTATIONS
Theme 2.1	Presentations and	Manifestations of Cardiovascular Disease
Learning Objective 2.1.7	Assess patients pro disorders	esenting with cardiovascular manifestations of sleep
Knowledge		Skills
<ul> <li>describe the physiology of sleep</li> <li>identify types of sleep apnoea</li> <li>describe the cardiovascular maniapnoea</li> <li>explain how sleep disorders affect diseases.</li> </ul>	·	<ul> <li>select and refer for appropriate investigations</li> <li>refer for specialist assessment and treatment where required.</li> </ul>

### Teaching and Learning Opportunities

ambulatory care

DOMAIN 2	DISEASES AND	O PRESENTATIONS
Theme 2.2	Heart Diseases an	d Disorders
Learning Objective 2.2.1	Assess and treat patients with stable angina	
Knowledge		Skills
<ul> <li>describe the pathogenesis of atheroma and the importance of risk factors</li> </ul>		diagnose angina and differentiate from chronic non-cardiac pain
describe the natural history, pathophysiology, and presentations of coronary artery disease		explain risks and benefits of an intervention on a patient
<ul> <li>describe the pharmacology of drugs currently used in the treatment of stable angina</li> </ul>		<ul> <li>select and initiate appropriate treatment options</li> <li>identify and manage risk factors for further coronary heart disease.</li> </ul>
• identify the indications for further investigation and intervention		
<ul> <li>describe the role of revascularisation procedures, including angioplasty and coronary artery bypass surgery.</li> </ul>		

ambulatory care

DOMAIN 2	DISEASES AND	) PRESENTATIONS	
Theme 2.2	Heart Diseases an	d Disorders	
Learning Objective 2.2.2	Assess and treat p disturbances	patients who are critically ill with haemodynamic	
Knowledge		Skills	
<ul> <li>describe the pathogenesis, prese and natural history of critical illn haemodynamic disturbance</li> <li>explain the medical managemer patient</li> <li>describe the indications and con intra-aortic balloon pump count</li> <li>describe the indications for vent devices</li> <li>explain the indications for and h consequences of positive pressure</li> <li>describe the indications for urge coronary intervention.</li> </ul>	ess due to  nt of a shocked  nplications of erpulsation ricular assist  aemodynamic re ventilation	<ul> <li>assess, manage, and give advice on the critically ill patient</li> <li>recognise and manage acute conditions including:         <ul> <li>pulmonary embolism</li> <li>acute pericarditis</li> <li>myocarditis</li> <li>cardiac tamponade</li> <li>aortic dissection</li> <li>cardiac rupture</li> <li>cardiogenic shock</li> <li>post infarction ventricular septal defect and mitral regurgitation</li> <li>circulatory collapse</li> <li>septic shock</li> </ul> </li> </ul>	

DOMAIN 2	DISEASES ANI	DISEASES AND PRESENTATIONS	
Theme 2.2	Heart Diseases and Disorders		
Learning Objective 2.2.2	Assess and treat patients who are critically ill with haemodynamic disturbances		
		<ul> <li>select and use investigations appropriately to assess haemodynamics including:         <ul> <li>echocardiography</li> <li>pulmonary artery catheterisation</li> <li>haemodynamic measurements</li> </ul> </li> <li>define the indications and limitations of inotropic drugs</li> <li>perform urgent pericardiocentesis</li> <li>insert and manage intra-aortic balloon pump.</li> </ul>	

- inpatient emergencies
- operating theatre and recovery room
- ED

DOMAIN 2	DISEASES AND	O PRESENTATIONS
Theme 2.2	Heart Diseases an	d Disorders
Learning Objective 2.2.3	Assess and treat p	patients with acute coronary syndromes
Knowledge		Skills
<ul> <li>describe the pathophysiology of syndromes, including plaque rup</li> <li>describe the diagnosis and mana coronary syndromes</li> <li>describe the pharmacology of dused in the treatment of acute a syndromes</li> <li>describe the indications, interpression management of:         <ul> <li>haemodynamic monitoring</li> <li>left ventricular assist devices</li> <li>intra-aortic balloon pumps</li> </ul> </li> <li>describe the indications for:         <ul> <li>thrombolysis</li> <li>drug therapy</li> <li>urgent angioplasty</li> </ul> </li> </ul>	oture agement of acute rugs currently nd post-coronary etation, and	<ul> <li>select and manage cardiovascular medications</li> <li>initiate and perform cardiopulmonary resuscitation and life support</li> <li>assess individual patient risk and prioritise patients for urgent intervention</li> <li>perform angiography during the acute phase if indicated</li> <li>insert and manage an intra-aortic balloon pump under supervision</li> <li>manage the clinical and administrative aspects of a CCU.</li> </ul>

DOMAIN 2	DISEASES AND PRESENTATIONS	
Theme 2.2	Heart Diseases and	d Disorders
Learning Objective 2.2.3	Assess and treat pa	atients with acute coronary syndromes
<ul> <li>recognise when to refer patients for angiography</li> <li>manage complications such as arrhythmias, heart failure and shock</li> </ul>		

- ED
- CCU
- on-call after hours

• identify CCU protocols.

• intra-aortic balloon pump insertion

DOMAIN 2	DISEASES AND	) PRESENTATIONS
Theme 2.2	Heart Diseases and Disorders	
Learning Objective 2.2.4	Assess and treat p	patients with, or at risk from, endocarditis
Knowledge		Skills
<ul> <li>describe the pathogenesis, presentation, and natural history of infective endocarditis</li> </ul>		diagnose, investigate, treat and monitor patients     with endocarditis
identify common pathogens ass endocarditis	ociated with	integrate information and advice from clinical microbiologists and cardiac surgeons
<ul> <li>describe the indications and limitations of investigations used in the diagnosis and management of endocarditis, including:</li> </ul>		manage patients with native and prosthetic valve endocarditis.
<ul><li>transthoracic echocardiography</li><li>transoesophageal echocardiography</li></ul>		
explain the possible complications of endocarditis		
<ul> <li>describe the indications for, and timing of surgical intervention</li> </ul>		
<ul> <li>recognise current guidelines for endocarditis prophylaxis</li> </ul>		
<ul> <li>explain the investigation and management of device related infection</li> </ul>		
<ul> <li>explain the investigation and management of prosthetic valve endocarditis.</li> </ul>		

DOMAIN 2	DISEASES AND PRESENTATIONS
Theme 2.2	Heart Diseases and Disorders
Learning Objective 2.2.4	Assess and treat patients with, or at risk from, endocarditis

- ED
- inpatient consultations
- multidisciplinary meetings

DOMAIN 2	DISEASES AND	O PRESENTATIONS
Theme 2.2	Heart Diseases an	d Disorders
Learning Objective 2.2.5	Assess and treat p	patients with cardiac murmurs and valvular heart
Knowledge		Skills
<ul> <li>describe the pathological proce responsible for valvular heart distributed of the natural history of volume of the explain the indications for surgification including valve repair</li> <li>identify different types of prostification of clinical use</li> <li>recognise anticoagulation regime valve disease and prostheses</li> </ul>	sease valve disorders cal intervention netic valves available	<ul> <li>conduct an examination to accurately diagnose valve lesion</li> <li>interpret physical signs with reference to severity of valve heart disease</li> <li>perform and interpret a transthoracic ECG</li> <li>perform and interpret:         <ul> <li>right heart catheterisation</li> <li>left heart catheterisation</li> <li>haemodynamic measurements.</li> </ul> </li> </ul>
explain the role of percutaneou valvular heart disease.	s intervention in	

- inpatient consultations
- ambulatory care
- cardiac catheter laboratory
- echocardiography lab

DOMAIN 2	DISEASES AND PRESENTATIONS	
Theme 2.2	Heart Diseases and Disorders	
Learning Objective 2.2.6	Assess and treat patients with arrhythmias	
Knowledge		Ch:lle

### Knowledge

- describe the following features of arrhythmias:
  - aetiology
  - pathogenesis
  - natural history
  - presentations
  - clinical signs
  - prognosis
  - management options
- identify normal electrophysiology of the heart and the basis of arrhythmogenesis
- describe the pharmacology of drugs currently used in the treatment of arrhythmias
- describe the indications for, and management properties of:
  - temporary pacemakers
  - single chamber permanent pacemakers
  - dual chamber permanent pacemakers
  - electrophysiological studies
  - radiofrequency ablation
  - ICDs.

### Skills

- select drug therapy and interventions for patients with arrhythmias
- select patients for cardioversion
- perform cardioversion
- interpret and evaluate results from ECG
- insert temporary cardiac pacing systems.

- inpatient consultations
- ambulatory care
- cardioversion procedures
- cardiac catheter laboratory

DOMAIN 2	DISEASES AND	PRESENTATIONS	
Theme 2.2	Heart Diseases an	Heart Diseases and Disorders	
Learning Objective 2.2.7	Assess and treat p	atients with cardiomyopathy	
Knowledge		Skills	
<ul> <li>describe the pathogenesis, nature prognosis of cardiomyopathy</li> <li>identify different types of cardiometers of cardiomete</li></ul>	omyopathy omyopathies,	<ul> <li>select and interpret appropriate investigations, including:</li> <li>echocardiography</li> <li>magnetic resonance imaging (MRI)</li> <li>exercise testing</li> <li>cardiac catheterisation and angiography</li> <li>EP studies</li> </ul>	

DOMAIN 2	DISEASES AND	) PRESENTATIONS
Theme 2.2	Heart Diseases an	d Disorders
Learning Objective 2.2.7	Assess and treat p	patients with cardiomyopathy
<ul> <li>describe the cardiac complication infections, including HIV</li> <li>discuss the role of family screeni</li> <li>explain the role of the following management of patients with care screening</li> <li>medical therapy</li> <li>ICDs</li> <li>pacemakers</li> <li>CRT/resynchronisation there catheter based treatment</li> <li>surgical based treatments</li> <li>explain the indications for cardial</li> <li>explain the implications of having cardiomyopathy on lifestyle action participation in competitive sport</li> </ul>	ng in the ardiomyopathies: apy ac transplantation ag a vities (e.g.	<ul> <li>manage patients with genetic basis for cardiomyopathy, including:</li> <li>counselling family members</li> <li>advising when genetic testing is indicated.</li> </ul>

- inpatient consultations
- ambulatory care

DOMAIN 2	DISEASES AND PRESENTATIONS	
Theme 2.2	Heart Diseases and Disorders	
Learning Objective 2.2.8	Assess and treat	patients with cardiac tumours
Knowledge		Skills
<ul> <li>describe the pathology, presents history of cardiac tumours</li> <li>explain the indications and timin intervention for specific tumours</li> </ul>	ng of surgical	<ul> <li>select and interpret appropriate investigations, including computed tomography (CT) and cardiac MRI</li> <li>perform and interpret transthoracic ECG</li> <li>recognise the appearance of common cardiac tumours</li> <li>interpret results of investigations to form a differential diagnosis.</li> </ul>

- inpatient consultations
- specialty clinic
- multidisciplinary meetings

DOMAIN 2	DISEASES AND	PRESENTATIONS	
Theme 2.2	Heart Diseases an	Heart Diseases and Disorders	
Learning Objective 2.2.9	Assess and treat patients with pericardial disease		
Knowledge		Skills	
<ul> <li>describe the pathogenesis, nature prognosis of pericardial diseases</li> <li>describe modes of presentation disease</li> <li>identify the haemodynamics of pericarditis and tamponade</li> <li>explain the indications for invest with pericardial disease</li> <li>explain the medical and surgical patients with pericardial disease</li> </ul>	of pericardial  constrictive  tigation in patients  I management of	<ul> <li>select and interpret appropriate investigations, including echocardiography and right heart catheterisation</li> <li>recognise indications for pericardiocentesis</li> <li>perform pericardiocentesis in appropriately selected patients</li> <li>recognise and manage cardiac tamponade</li> <li>recognise and manage pericardial constriction.</li> </ul>	
Teaching and Learning Opportunities			

### • perform pericardiocentesis

ambulatory care

inpatient consultations

ED

DOMAIN 2	DISEASES AND	PRESENTATIONS
Theme 2.2	Heart Diseases an	d Disorders
Learning Objective 2.2.10	Assess patients wi surgery	th cardiovascular disease prior to non-cardiac
Knowledge		Skills
describe the effects of common anaesthetic agents upon cardiovascular function		assess patients with cardiac disease prior to non cardiac surgery, including risk assessment of:
<ul> <li>describe the issues for patients with devices, such as pacemakers and ICDs, undergoing non cardiac</li> </ul>		<ul><li>anaesthesia</li><li>surgery</li></ul>

- identify pre-operative relevant cardiac investigations
- describe indications for and principles of antibiotic prophylaxis against infective endocarditis
- explain the need for cardiac follow-up after surgery
- identify pre-operative cardiovascular pharmacological interventions in patients undergoing non-cardiac surgery.

- surgery
- advise on the ways to minimise the risk of non-cardiac surgery
- provide valid and useful risk assessment advice to patients, anaesthetists, and surgeons.

inpatient consultations

surgery

- operating theatre and recovery room
- pre-operative assessment clinics

DOMAIN 2	DISEASES AND	) PRESENTATIONS
Theme 2.3	Congenital and Ir	herited Heart Disease
Learning Objective 2.3.1	Diagnose and ma	nage patients with inherited heart disease
Knowledge		Skills
<ul> <li>describe the fundamentals of human inheritance</li> <li>recognise the principles of molecular genetics and genetic testing</li> <li>describe the genetics of common inherited heart</li> </ul>		<ul> <li>elicit and document a detailed family and clinical history to develop a pedigree for disease</li> <li>perform a specific systemic physical examination, including the detection of non-cardiac features</li> </ul>
<ul><li>diseases</li><li>identify the molecular pathophysiology of common inherited heart diseases</li></ul>		<ul> <li>interpret the results of genetic tests</li> <li>manage patients with congenital heart disease, including post-surgery</li> </ul>
<ul> <li>describe the clinical presentations, natural history, and screening for common inherited heart diseases, including:</li> </ul>		counsel individuals at risk of inherited heart disease.
<ul> <li>channelopathies and/or inherited rhythm disturbances</li> <li>cardiomyopathies</li> <li>connective tissues diseases (e.g. Marfan syndrome)</li> </ul>		
• identify features of the following inherited conditions:		
<ul><li>Brugada syndrome</li><li>long QT syndrome</li><li>channelopathies</li><li>cardiomyopathies.</li></ul>		

- inpatient consultations
- ambulatory care

DOMAIN 2	DISEASES AND PRESENTATIONS	
Theme 2.3	Congenital and Inherited Heart Disease	
Learning Objective 2.3.2	Diagnose and manage patients with common forms of congenital heart disease	

### Knowledge

- describe the fundamentals of embryology of the heart
- describe the following features of common congenital heart diseases:
  - epidemiology
  - natural history
  - clinical presentations
- recognise the principles of molecular genetics and genetic testing
- explain the role of screening for common congenital heart diseases in at-risk individuals
- explain management principles of common congenital heart disease
- describe the management options for cyanotic and non-cyanotic congenital heart disease
- explain the role of endocarditis prophylaxis
- describe the natural history of common and rare congenital conditions with and without previous cardiac surgery
- discuss the physical and psychological problems that may arise in adults with congenital heart disease.

### Skills

- elicit and document a detailed family and clinical history to develop a pedigree for disease
- perform a specific systemic physical examination, including the detection of non-cardiac features
- interpret the results of genetic tests
- assess common congenital heart conditions using echocardiography
- perform an ECG and interpret the results
- liaise with specialists in congenital heart disease and paediatric cardiologists
- manage adolescents and adults with complex congenital heart disease.

- inpatient consultations
- private rooms
- multidisciplinary meetings
- ambulatory care
- adult congenital heart disease clinic

DOMAIN 2	DISEASES AND	O PRESENTATIONS
Theme 2.4	Conditions Affecting the Circulation	
Learning Objective 2.4.1	Assess and treat p	patients with hypertension
Knowledge		Skills
<ul> <li>describe the causes of hypertens</li> <li>describe the role of non-pharma treatments</li> <li>describe the pharmacology of d</li> </ul>	acological	<ul> <li>assess a patient with hypertension for end organ damage</li> <li>investigate a patient for secondary hypertension</li> <li>interpret appropriate biochemical investigations</li> </ul>
<ul> <li>in the treatment of hypertension</li> <li>discuss management options for a patient with resistant hypertension</li> </ul>		<ul><li>and imaging modalities</li><li>interpret ambulatory blood pressure recordings</li></ul>
<ul> <li>explain protocols and management plans for hypertension.</li> </ul>		manage patients with hypertensive emergencies.

- inpatient consultations
- ambulatory care

<ul> <li>Knowledge Sk</li> <li>describe the following features of pulmonary hypertension, including primary and secondary</li> </ul>	ne Circulation ats with pulmonary hypertension ills
<ul> <li>Knowledge</li> <li>describe the following features of pulmonary hypertension, including primary and secondary</li> </ul>	
describe the following features of pulmonary     hypertension, including primary and secondary	ills
hypertension, including primary and secondary	
pulmonary hypertension:	<ul> <li>perform and interpret:</li> <li>haemodynamic measurements</li> <li>right heart catheterisation</li> <li>select drug therapy and interventions for patients with pulmonary hypertension.</li> </ul>

- inpatient consultations
- ambulatory care
- cardiac catheter laboratory
- CCU

DOMAIN 2	DISEASES AND	PRESENTATIONS
Theme 2.4	Conditions Affecting the Circulation	
Learning Objective 2.4.3	Assess and treat p disease	patients with acute and chronic thromboembolic
Knowledge		Skills
describe the pathophysiology ar pro-coagulant disorders	nd epidemiology of	<ul> <li>select and interpret appropriate investigations including:</li> </ul>
describe causes and predisposing thromboembolic disease	g factors for	<ul><li>duplex scans</li><li>lung ventilation/perfusion (VQ) scans</li></ul>
<ul> <li>describe the risk profile of a patient for thromboembolic disease</li> </ul>		<ul><li>CT pulmonary angiography</li><li>ECG</li><li>cardiac MRI</li></ul>
explain the consequences of three disease, including pulmonary en		<ul> <li>develop a management plan for a patient with acute thromboembolic disease</li> </ul>
explain the medical management thromboembolic disease	nt of	develop a management plan for a patient with chronic thromboembolic disease
discuss the management of recu thromboembolic disease	irrent	<ul><li>perform and interpret:</li><li>haemodynamic measurements</li></ul>
explain the condition of chronic pulmonary hypertension.	thromboembolic	<ul> <li>right heart catheterisation</li> <li>manage a haemodynamically compromised patient</li> </ul>

with pulmonary embolism.

- ED
- inpatient consultations
- ambulatory care
- cardiac catheter laboratory

DOMAIN 2	DISEASES AND PRESENTATIONS
Theme 2.4	Conditions Affecting the Circulation
Learning Objective 2.4.4	Assess and treat patients with diseases of the aorta

- describe the pathogenesis, presentation and natural history of aortic aneurysms including aortic dissection
- explain familial disease of the aorta, including common genetic mutations
- describe bicuspid aortic valve and associated aortic diseases
- describe the natural history of corrected and uncorrected coarctation
- explain medical therapy options for diseases of the aorta
- define the indications and limitations of anti-hypertensive drugs
- describe the indications for percutaneous and surgical intervention, including open repair and stent procedures
- discuss the need for, and approaches to, long term follow-up of patients with aortic disease.

- select and interpret appropriate non-invasive imaging, including:
  - echocardiography
  - CT
  - MRI
- assess, manage, and give advice on patients with acute aortic dissection.

- ED
- inpatient consultations
- ambulatory care

DOMAIN 2	DISEASES AND PRESENTATIONS	
Theme 2.4	Conditions Affecting the Circulation	
Learning Objective 2.4.5	Assess and treat patients with systemic vascular disease	
Knowledge		Skills
<ul> <li>describe the pathophysiology of venous disease</li> <li>describe the clinical presentation</li> </ul>		<ul> <li>conduct an examination of peripheral vasculature</li> <li>examine the musculoskeletal system to detect connective tissue disorders</li> </ul>
<ul> <li>aneurysm and dissection</li> <li>describe the natural history and clinical presentations of:</li> <li>cerebrovascular disease</li> <li>renovascular disease</li> <li>peripheral vascular disease</li> </ul>		<ul> <li>assess and manage vascular trauma, and identify when to refer to a vascular surgeon</li> <li>interpret the results of:</li> <li>Doppler ultrasound imaging and flow studies</li> <li>peripheral angiography investigations</li> <li>CT and MRI angiograms.</li> </ul>
<ul> <li>identify clinical manifestations o venous disease</li> <li>explain management technique disease, including stenting</li> </ul>		
<ul> <li>describe heritable acquired connective tissue diseases, including their potential effects on the heart and circulation (e.g. systemic lupus erythematosus).</li> </ul>		

- inpatient consultations
- ambulatory care
- observation of vascular surgery procedures and stenting

DOMAIN 2	DISEASES AND	PRESENTATIONS
Theme 2.4	Conditions Affecti	ing the Circulation
Learning Objective 2.4.6	Assess and treat p	patients with lipid abnormalities
Knowledge		Skills
<ul> <li>recognise normal and abnormal</li> <li>describe the epidemiology and plipid disorders</li> <li>describe the common genetic abaffecting lipid metabolism</li> <li>explain methods to investigate a patients with lipid disorders</li> <li>describe the pharmacology of drin the treatment of lipid disorder</li> <li>discuss current evidence for pharmacon intervention in both primary and prevention.</li> </ul>	pathophysiology of conormalities and manage rugs currently used rs	<ul> <li>interpret lipid test results</li> <li>select and prescribe lipid lowering medications</li> <li>explain the management of lipid disorders to patients</li> <li>explain basic principles of a healthy lifestyle and diet to patients.</li> </ul>

- inpatient consultations
- specialist lipid clinic
- ambulatory care

DOMAIN 2	DISEASES AND PRESENTATIONS	
Theme 2.5	At Risk Individuals and Groups	
Learning Objective 2.5.1	Identify and discuss the prevalence of cardiovascular disease in Aboriginal and Torres Strait Islander and Māori and Pacific Islander populations	
Learning Objective 2.5.2	Manage acute and chronic cardiovascular disease in Aboriginal and Torres Strait Islander and Māori and Pacific Islander populations	
Knowledge		Skills
identify and discuss the incidence of cardiovascular disease in these populations		<ul> <li>participate in the care of Aboriginal and Torres         Strait Islander and Māori and Pacific Islander             patients with cardiovascular disease     </li> <li>participate in cardiovascular outreach clinics.</li> </ul>
• explain the risk factors for cardiovascular disease in these populations		
<ul> <li>discuss the importance of cultural awareness and culturally sensitive management of cardiovascular disease in these populations.</li> </ul>		

DOMAIN 2	DISEASES AND PRESENTATIONS
Theme 2.5	At Risk Individuals and Groups
Learning Objective 2.5.1	Identify and discuss the prevalence of cardiovascular disease in Aboriginal and Torres Strait Islander and Māori and Pacific Islander populations
Learning Objective 2.5.2	Manage acute and chronic cardiovascular disease in Aboriginal and Torres Strait Islander and Māori and Pacific Islander populations

- teaching hospital, community centres, regional communities
- ambulatory care

DOMAIN 2	DICEACEC AND		
	DISEASES AND	PRESENTATIONS	
Theme 2.5	At Risk Individuals and Groups		
Learning Objective 2.5.3	Assess and treat heart disease in patients who are pregnant or planning pregnancy		
Knowledge		Skills	
<ul> <li>describe the physiological change pregnancy and the post-partum pregnancy and the post-partum pregnancy of anticompregnancy</li> <li>describe the implications of anticompregnancy</li> <li>explain the implications and risks disorders on pregnancy</li> <li>explain the implications and risks cardiac disorders</li> <li>describe the issues involved in value explain the risks for the fetus of condisease in mothers</li> <li>discuss principles of medical and in management of mothers with head of the discuss prescribing problems encoupregnancy</li> <li>describe appropriate investigation</li> </ul>	oeriod and their oagulation during of cardiac of pregnancy on dvular surgery ongenital heart interventional art disease ountered during	<ul> <li>assess a cardiac patient's risk of becoming pregnant</li> <li>provide pre-pregnancy counselling and refer for contraceptive advice</li> <li>manage patients with hypertension and heart disease throughout pregnancy, delivery, and the post-natal period</li> <li>explain the importance of a multidisciplinary approach in treating patients with cardiac disease during the anti-partum, delivery, and post-partum periods.</li> </ul>	

woman with cardiac disease.

DOMAIN 2	DISEASES AND PRESENTATIONS
Theme 2.5	At Risk Individuals and Groups
Learning Objective 2.5.3	Assess and treat heart disease in patients who are pregnant or planning pregnancy

- inpatient consultations
- specialty clinic
- multidisciplinary meetings
- ambulatory care

DOMAIN 2	DISEASES AND PRESENTATIONS		
Theme 2.5	At Risk Individuals and Groups		
Learning Objective 2.5.4	Assess and manage heart disease in elderly patients		
Learning Objective 2.5.5	Assess and manage heart disease in patients with comorbidity		
Knowledge	Skills		
describe the epidemiology of heart disease in elderly people		conduct an appropriate examination in an elderly person, factoring in limited mobility	
• identify the clinical presentations of heart disease in elderly people		<ul> <li>discuss management strategies with the patient, family members and carers</li> </ul>	
<ul> <li>explain the interaction of heart disease with multisystem diseases, including renal impairment</li> </ul>		<ul> <li>lead and contribute to a multidisciplinary health care team.</li> </ul>	
<ul> <li>describe the considerations required in drug treatment for elderly people</li> </ul>			
<ul> <li>describe the indications for cardiac surgery in elderly people.</li> </ul>			

- inpatient consultations
- ambulatory care
- ED assessments

DOMAIN 2	DISEASES AND PRESENTATIONS
Theme 2.5	At Risk Individuals and Groups
Learning Objective 2.5.6	Assess and treat patients with risk factors for atherosclerotic vascular disease

Learning Objective 2.5.6 Assess and treat particles disease			patients with risk factors for atherosclerotic vascular
Kr	owledge		Skills
•	describe the epidemiology of isc disease	haemic heart	assess the prevalence of coronary heart disease in the community
<ul> <li>describe the investigation and management options for patients with:</li> <li>systemic hypertension (both primary and secondary)</li> <li>lipid disorders</li> </ul>			<ul> <li>manage risk factors for individual patients</li> <li>explain basic principles of a healthy lifestyle and diet to patients.</li> </ul>
	<ul> <li>diabetes</li> <li>history of smoking</li> <li>family history of cardiovascudescribe the impact of "metabol</li> </ul>		
•	vascular health	nc syndrome upon	
•	calculate a patient's absolute risk disease on the basis of standard		

- cardiac ward
- inpatient consultations
- ambulatory care

DOMAIN 2	DISEASES AND PRESENTATIONS		
Theme 2.5	At Risk Individuals and Groups		
Learning Objective 2.5.7	Explain the risk of driving following a cardiac illness and advise patients on fitness to drive		
Knowledge		Skills	
<ul> <li>identify Australian and New Zealand 'Fitness to Drive' guidelines and local driver licensing requirements.</li> </ul>		assess and advise patients on their fitness to drive following cardiac illness.	

- inpatient consultations
- ambulatory care

DOMAIN 3	PRACTICAL PERFORMANCE, PROCEDURES AND INVESTIGATIONS		
Theme 3.1	Electrophysiology (EP) and Pacing		
Learning Objective 3.1.1	Describe the indications for electrophysiology study and explain the possible therapeutic options, including use of implantable cardioverter-defibrillators and ablative procedures		
Learning Objective 3.1.2	Explain the principles of cardiac pacing and application of pacing to patient management		
Learning Objective 3.1.3	Describe diagnostic and therapeutic electrophysiology		
Knowledge	Skills		

- describe the normal and abnormal electrophysiology of the heart, including fundamental cellular electrophysiology
- describe electrophysiology and cardiac anatomy relevant to pacing
- explain the pharmacology of drugs affecting cardiac electrophysiology
- describe the indications for and complications of cardiac electrophysiology studies, including ablation procedures
- explain the principles of action of cardiac pacemakers, including biventricular pacemakers and ICDs
- describe the indications for and complications of implantation of temporary and permanent cardiac pacemakers and ICDs
- describe the electrophysiological complications of pacemakers and common forms of pacemaker dysfunction
- describe the principles of pacemaker interrogation and programming
- discuss the importance of radiation protection
- recognise properties of different pacing systems used.

- safely obtain central venous access and place temporary transvenous pacing wire in right ventricle
- participate in decision making concerning referral for electrophysiology and ablation procedures
- observe the performance of electrophysiology and ablation procedures
- participate in the testing and follow-up of ICD implants
- insert temporary pacing systems
- observe and participate in the implantation of permanent pacemakers
- monitor, interrogate and program pacemakers
- recognise and manage complications of a pacing system.

- inpatient consultations
- · operating theatre
- pacing clinic
- ambulatory care
- cardiac catheter laboratory

DOMAIN 3	PRACTICAL PERFORMANCE, PROCEDURES AND INVESTIGATIONS		
Theme 3.1	Electrophysiology (EP) and Pacing		
Learning Objective 3.1.1	Describe the indications for electrophysiology study and explain the possible therapeutic options, including use of implantable cardioverter-defibrillators and ablative procedures		
Learning Objective 3.1.2	Explain the principles of cardiac pacing and application of pacing to patient management		
Learning Objective 3.1.3	Describe diagnostic and therapeutic electrophysic	ology	
Minimum Practical Performa	nce requirements		
Pacemakers			
Perform temporary transvenous p	acemaker insertion	10 cases	
Participate in or observe permane	nt pacemaker implantation	10 cases	
Participate in testing permanent pacemaker function in follow up clinics     100 cases*			
*50 of which should be dual chamber pacemakers			
Electrophysiology			
• Participate in the decision making concerning referral for EP studies 20 cases			
Participate in the performance of the study, interpretation of reports and post-procedure management			
Participate in the decision making concerning referral for EP study and catheter ablation     10 cases**			
Participate in ablation techniques, interpretation of reports and post-procedure management			
**may be included as part of 20 EP studies)			
Implantable Cardioverter-Defib	rillators (ICDs)		
Participate in decision making cor	ncerning referral for ICD	3 cases	
Participate in or observe the procedure			
Participate in the post-procedure management			
Cardiac resynchronisation therapy			
• Participate in decision making, assessment and management of patients undergoing 3 case cardiac resynchronisation therapy			
<b>Documentation:</b> Should include cases presented and observed and a supervisor's report indicating satisfactory attendance during EP attachment signed by the supervising EP consultant.			

DOMAIN 3	PRACTICAL PERFORMANCE, PROCEDURES AND INVESTIGATIONS			
Theme 3.2	Pericardiocentesis			
Learning Objective 3.2.1	Perform pericardiocentesis in the diagnosis and treatment of patients with pericardial disease			
Knowledge	Knowledge Skills			
<ul> <li>and surface relations</li> <li>describe the common causes of effusions</li> <li>define the indications for diagnotherapeutic pericardiocentesis</li> <li>define the role of image guidant pericardiocentesis</li> </ul>	<ul> <li>describe normal and abnormal pericardial anatomy and surface relations</li> <li>describe the common causes of pericardial effusions</li> <li>define the indications for diagnostic and therapeutic pericardiocentesis</li> <li>define the role of image guidance for pericardiocentesis</li> <li>define the role of percutaneous vs. surgical</li> </ul>		<ul> <li>identify when pericardiocentesis is indicated</li> <li>explain the risks and benefits of pericardiocentesis to patients and family members</li> <li>perform pericardiocentesis</li> <li>safely place and remove a pericardial drain</li> <li>manage cardiac tamponade</li> <li>obtain informed consent</li> <li>arrange for investigations to be performed on the pericardial aspirate.</li> </ul>	
Minimum Practical Performance requirements				
pericardial aspiration under supervision     6 case			6 cases	

DOMAIN 3	PRACTICAL PERFORMANCE, PROCEDURES AND INVESTIGATIONS		
Theme 3.3	Electrocardiography and Holter Monitoring		
Learning Objective 3.3.1	Perform and interpret electrocardiography and Holter monitoring procedures		Holter monitoring
Knowledge		Skills	
<ul> <li>describe the indications and reporting methods for the following investigations:</li> <li>ECG (including high resolution)</li> <li>ambulatory ECG</li> <li>loop event recordings</li> <li>ST segment monitoring.</li> </ul>		<ul> <li>explain correct electrode placement for rest and exercise ECGs and ambulatory ECGs</li> <li>supervise, analyse, and monitor ECG recordings</li> <li>interpret and communicate results to referring physicians.</li> </ul>	
Minimum Practical Performance requirements			
• report Holter monitors under supervision 100 cas			100 cases

DOMAIN 3	PRACTICAL PERFORMANCE, PROCEDURES AND INVESTIGATIONS			
Theme 3.4	Exercise Testing	Exercise Testing		
Learning Objective 3.4.1	Supervise and into	erpret exercise testing		
Knowledge		Skills		
<ul> <li>describe the indications the indications and reporting methods for exercise testing</li> <li>describe the physiology of exercise, including cardiovascular and respiratory physiology</li> <li>explain the role of pre-test probability and Bayes Theorem and how this influences interpretation of exercise tests</li> <li>identify causes of false positive and false negative exercise ECG tests</li> <li>explain the significance of haemodynamic responses during exercise</li> <li>discuss the effect of drug therapy upon exercise testing.</li> </ul>		<ul> <li>supervise and analyse exercise ECG tests</li> <li>interpret the results of exercise tests</li> <li>perform cardiopulmonary resuscitation.</li> </ul>		
Minimum Practical Performance requirements				
supervise and report exercise EC	CG tests		100 cases	

DOMAIN 3	PRACTICAL PERFORMANCE, PROCEDURES AND INVESTIGATIONS		
Theme 3.5	Cardioversion		
Learning Objective 3.5.1	Perform chemical and direct current cardioversion		
Knowledge		Skills	
<ul><li>describe indications for cardioversion</li><li>identify the requirements for anticoagulation.</li></ul>		perform cardioversion safely.	
Minimum Practical Performance requirements			
perform direct current cardioversion			10 cases

DOMAIN 3	PRACTICAL PERFORMANCE, PROCEDURES AND INVESTIGATIONS	
Theme 3.6	Cardiac Catheterisation and Angiography	
Learning Objective 3.6.1	Perform and interpret cardiac catheterisation and angiography	

## Knowledge Skills

- recognise normal and abnormal coronary anatomy
- recognise normal and abnormal peripheral vascular anatomy
- recognise common congenital abnormalities of the heart
- describe pericardial anatomy and disease states
- describe the indications for cardiac catheterisation and coronary angiography
- recognise normal and abnormal haemodynamics of right and left heart
- describe the pharmacology of drugs and agents used in cardiac catheter laboratory
- explain the complications and adverse events, including relative risks
- discuss patient safety procedures
- explain the principles of radiography and radiation safety
- describe radiographic projections and image analysis
- explain stent types, selection, and implantation
- describe indications, procedures, and limitations of percutaneous interventions
- identify various techniques and their complications.

- assess patients before the procedure
- obtain safe arterial and venous vascular access
- perform catheterisation and pressure measurement of cardiac chambers and pulmonary vasculature
- perform safe catheterisation and angiography of right and left coronary arteries
- manipulate radiographic imaging planes to obtain multiple diagnostic images
- remove catheters and secure effective haemostasis
- manage common complications arising during and after catheterisation and angiography
- interpret the results of angiography and manage patients including referral for PCI or cardiac surgery
- observe and assist with percutaneous coronary interventions
- identify and apply the technique of trans-septal puncture and myocardial biopsy.

#### Minimum Practical Performance requirements

Right heart catheter	25 cases
Perform and report right heart catheterisation and haemodynamics	10 cases
Left heart catheter and coronary angiography	150 cases*
Perform and report left heart catheterisation and coronary angiography	
*of which 75 sho	uld be as primary operator
Intra-aortic balloon pump	
Insert intra-aortic balloon pumps under supervision	

**Documentation:** The trainee must maintain a logbook of procedures undertaken, which must include the nature of the procedure, diagnosis and findings, any complications of the procedure, and the role of the trainee. The trainee must review the logbook with his/her supervisor at least quarterly each year.

DOMAIN 3	PRACTICAL PERFORMANCE, PROCEDURES AND INVESTIGATIONS	
Theme 3.7	Coronary Angioplasty	
Learning Objective 3.7.1	Select and manage patients for percutaneous coronary intervention and related techniques	
Knowledge		Skills
<ul> <li>describe the indications for percutaneous coronary intervention</li> <li>discuss current coronary intervention technologies.</li> </ul>		<ul> <li>select patients for referral</li> <li>manage a patient pre-procedure</li> <li>manage a patient post-procedure.</li> </ul>

DOMAIN 3	PRACTICAL PI	ERFORMANCE, PROCEDURES AND DNS
Theme 3.8	Echocardiography	/
Learning Objective 3.8.1	Perform and inter	pret echocardiography
Knowledge		Skills
<ul> <li>recognise normal and abnormal including common congenital less haemodynamics, and their abnormal to echocardiography</li> <li>describe the indications, technicand complications of echocardiogramic including:         <ul> <li>transthoracic echocardiogramic transoesophageal echocard</li> <li>stress echocardiography</li> </ul> </li> <li>describe the practical and technic complications of these tests</li> <li>describe the indications, technicand complications of other non-imaging modalities including:         <ul> <li>nuclear cardiology</li> <li>cardiac MRI</li> <li>cardiac CT</li> </ul> </li> <li>explain physical principles behindinge formation, Doppler imagivelocity measurement</li> </ul>	esions, physiology, primalities relevant ques, limitations ographic modalities aphy iography ical aspects and ques, limitations invasive cardiac and ultrasound	<ul> <li>safely perform and interpret:         <ul> <li>unsupervised transthoracic examinations</li> <li>supervised transoesophageal echocardiographic examinations</li> </ul> </li> <li>apply the following modalities:         <ul> <li>2D imaging</li> <li>pulsed wave Doppler</li> <li>continuous wave Doppler</li> <li>colour flow imaging</li> <li>M-mode</li> </ul> </li> <li>produce an echocardiography report</li> <li>discuss the echocardiographic findings with sonographers, patients and consultants</li> <li>select and use appropriate probe, machine and image settings to obtain and optimise image quality</li> <li>recognise the presence of artefacts and how to differentiate from true pathology</li> </ul>

DOMAIN 3	PRACTICAL PERFORMANCE, PROCEDURES AND INVESTIGATIONS	
Theme 3.8	Echocardiography	
Learning Objective 3.8.1	Perform and interpret echocardiography	
Knowledge	Skills	

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Kr	nowledge		Sk	ills
•	identify factors influencing imag	e quality and	•	perform and interpret agitated saline contrast echocardiography to assess intra-cardiac shunts
•	interpret the standard and the a windows and image planes for of transthoracic and transoesophage echocardiography	comprehensive	•	<ul> <li>and right ventricular function</li> <li>observe or participate in:</li> <li>transoesophageal echocardiography</li> <li>exercise stress echocardiography</li> <li>pharmacologic stress echocardiography</li> </ul>

# • Report echocardiograms under supervision 600 cases\* \* at least 50 should be transoesophageal

Minimum Practical Performance requirements

Perform and report transthoracic echocardiograms
 Observe or participate in transoesophageal echo cases
 Observe or participate in stress echo cases
 25 cases\*\*

**Documentation:** Trainees should maintain a logbook of all the above echocardiography examinations, including the clinical indication for the test, the nature of the examination, role of the trainee, diagnosis and findings and any complications. The logbook should be reviewed with the supervisor quarterly during each year of core training.

DOMAIN 3	PRACTICAL PERFORMANCE, PROCEDURES AND INVESTIGATIONS
Theme 3.9	Cardiac Surgery
Learning Objective 3.9.1	Describe the indications for cardiac surgery and manage patients before and after surgery

Knowledge	Skills

- describe the nature of cardiac surgery, the management of patients before, during and after cardiac surgery
- explain the principles of patient management in cardiac surgery
- explain the indications for surgery
- discuss the collaboration between cardiologists and cardiac surgeons required to effectively manage patients
- explain the theoretical basis underpinning major types of cardiac surgery for valvular and coronary heart disease and their selection in individual patients
- describe post-operative surgical care including:
  - the management of ventilated patients
  - management of hemodynamic instability
  - arrhythmia management
  - post-operative emergencies.

- refer patients to cardiac surgeons for coronary or valvular heart disease
- evaluate the risks and likely benefits of cardiac surgery for individual patients and explain these to patients
- prepare patients for cardiac surgery, including evaluation of comorbidities and pre-operative cardiac investigations
- assess the patient, and their imaging studies, pre-operatively
- participate in immediate and long-term postoperative management of patients.

Minimum Practical Performance requirements	
Complete an attachment to a Cardiothoracic Surgical Unit (CTSU)	10 days
Coronary Artery Bypass Grafting     in sites where off-pump operations are performed, an off-pump case should be included in the three cases	3 cases
Valve Surgery     one aortic valve and one mitral valve	2 cases
Brief Case Presentations  two of the above cases should be discussed as brief presentations to a working meeting of the CTSU in the presence of the supervising surgeons	2 case presentations 10 minutes duration each
ICU/CICU ward rounds  participation in the daily ward rounds for the duration of the attachment.	10 ward rounds
Unit Meetings     attend and participate in multidisciplinary meetings within the CTSU.	

## **Documentation required includes:**

- details of the patients assessed
- their pre-operative assessment
- investigations
- observed surgery
- immediate post-operative care
- the cases presented
- statement of satisfactory attendance during the CTS attachment signed by the supervising surgeon.

DOMAIN 3	PRACTICAL PERFORMANCE, PROCEDURES AND INVESTIGATIONS	
Theme 3.10	Radiation and Cro	oss Sectional Imaging
Learning Objective 3.10.1	Use radiation equipment in the diagnosis, assessment and treatment of patients with cardiac disease	
Knowledge		Skills
<ul> <li>explain the physics and hazards radiation to patients and staff</li> <li>identify current statutory require the medical use of ionising radia</li> <li>describe the operation of the edin the use of ionising radiation</li> <li>identify factors that affect radiat both patients and staff</li> <li>describe the physics of common radioisotopes including nuclear</li> <li>explain the principles and praction of protective measures to limit of protective measures to limit of adiation for patients and staff</li> <li>discuss important aspects of care</li> </ul>	ements concerning ation quipment involved tion exposure to ally used medical cardiology tical implementation exposure to ionising	<ul> <li>measure radiation exposure</li> <li>utilise radiation equipment safely and effectively.</li> </ul>

- cardiac catheter suite
- radiology laboratory
- nuclear medicine laboratory

DOMAIN 3	PRACTICAL PERFORMANCE, PROCEDURES AND INVESTIGATIONS
Theme 3.10	Radiation and Cross Sectional Imaging
Learning Objective 3.10.2	Define the indications for nuclear cardiology and interpret the results of common cardiac nuclear medicine investigations

## Knowledge

- describe the radionuclides and radiopharmaceuticals used in nuclear cardiology
- describe the physics of commonly used medical radioisotopes
- describe the principles of operation of the gamma camera and methods of computerised image acquisition and processing
- describe the indicators for undertaking radionuclide imagery for investigating the heart at rest and with exercise
- identify different types of stress testing
- discuss the importance of radiation protection
- describe the equipment used for nuclear cardiology imaging.

#### Skills

- interpret results of nuclear investigations
- identify important sources of error and artifact in image interpretation
- synthesise image findings with other clinical information for the patient.

## **Teaching and Learning Opportunities**

• nuclear medicine laboratory

DOMAIN 3	PRACTICAL PERFORMANCE, PROCEDURES AND INVESTIGATIONS		
Theme 3.10	Radiation and Cross Sectional Imaging		
Learning Objective 3.10.3	Explain the applications and limitations of cardiac computed tomography and magnetic resonance imaging		
Knowledge		Skills	
<ul> <li>identify principles of cardiac CT at recognise normal CT and MRI fir</li> <li>recognise major abnormal CT and the heart</li> <li>describe the limitations of imaging including spatial and temporal results of CT and MRI</li> <li>recognise the role and limitation imaging</li> <li>discuss the importance of radiations</li> </ul>	ndings of the heart and MRI findings of mg technology esolution traindications for s of CT coronary	<ul> <li>review and discuss cardiac CT and MRI</li> <li>identify important sources of error in image interpretation</li> <li>synthesise image findings with other clinical information for the patient</li> <li>explain the application and limitation of cardiac CT and MRI to patients and their families.</li> </ul>	

- radiology department and imaging services
- multidisciplinary meetings

DOMAIN 3	PRACTICAL PERFORMANCE, PROCEDURES AND INVESTIGATIONS		
Theme 3.11	Ambulatory Care		
Learning Objective 3.11.1	Assess and manage patients in the ambulatory care (outpatient) setting		
Knowledge		Skills	
<ul> <li>identify and describe the clinical features of all cardiovascular diseases</li> <li>explain the clinical indications for cardiovascular pharmacological treatment</li> <li>recognise the indications, roles, and pathways of non-invasive and invasive cardiovascular</li> </ul>		<ul> <li>assess and manage patients presenting with a spectrum of symptoms and clinical presentations</li> <li>formulate a diagnostic pathway which is clinically and cost efficient</li> <li>identify the pharmacological treatment of cardiovascular diseases, particularly with multiple</li> </ul>	
investigation.		<ul> <li>explain the implications of illness and its implications to patients and their family members.</li> </ul>	

DOMAIN 3	PRACTICAL PERFORMANCE, PROCEDURES AND INVESTIGATIONS			
Theme 3.11	Ambulatory Care			
Learning Objective 3.11.1	Assess and manage patients in the ambulatory care (outpatient) setting			
Minimum Practical Performance requirements				
manage patients in an ambulatory care (outpatient) setting under supervision		300 patients*		
*of which 150 are new patients				

## MINIMUM PRACTICAL PERFORMANCE REQUIREMENTS

The trainee must maintain a logbook of procedures undertaken, which must include the nature of the procedure, diagnosis and findings, any complications of the procedure, and the role of the trainee.

In addition, the logbook of echocardiography examinations must include the clinical indication for the test, the nature of the examination, role of the trainee, diagnosis, and findings and any complications.

The trainee must review the logbook with his/her supervisor each year.

The minimum practical performance requirements are as follows:

Procedures	Minimum number
Pacemakers	
Perform temporary transvenous pacemaker insertion	10 cases
Participate in or observe permanent pacemaker implantation	10 cases
Participate in testing permanent pacemaker function in follow up clinics	100 cases*
*50 of which should be a	lual chamber pacemakers
Electrophysiology	
Participate in the decision making concerning referral for EP studies	20 cases
Participate in the performance of the study, interpretation of reports, and post-procedure management	
Participate in the decision making concerning referral for EP study and catheter ablation	10 cases**
Participate in ablation techniques, interpretation of reports, and post-procedure management	
**may be included	as part of 20 EP studies)
Implantable Cardioverter-Defibrillators (ICDs)	3 cases
Participate in decision making concerning referral for ICD	
Participate in or observe the procedure	
Participate in the post-procedure management	
Cardiac resynchronisation therapy	3 cases
Participate in decision making, assessment, and management of patients undergoing cardiac resynchronisation therapy	
Pericardial aspiration	6 cases
Pericardial aspiration under supervision	
Holter monitors	100 cases
Report Holter monitors under supervision	

Electrocardiography     Supervise and report exercise ECG tests	100 cases
Direct current cardioversion	10 cases
Perform direct current cardioversion	
Right heart catheter	25 cases
Perform and report right heart catheterisation and haemodynamics	
Left heart catheter and coronary angiography	150 cases*
Perform and report left heart catheterisation and coronary angiography	
*of which 75 shou	ld be as primary operator
Intra-aortic balloon pump	3 cases
Insert intra-aortic balloon pumps under supervision	
Echocardiography	600 cases*
Report echocardiograms under supervision	
* at least 50 sh	ould be transoesophageal
Perform and report transthoracic echocardiograms	300 cases**
Observe or participate in transoesophageal echo cases	50 cases**
Observe or participate in stress echo cases	25 cases**
* *may be included in the 600 echocardiograms rep	oorted under supervision
Cardiothoracic surgical rotation	10 days
Complete an attachment to a Cardiothoracic Surgical Unit (CTSU)	
Coronary Artery Bypass Grafting	3 cases
in sites where off-pump operations are performed, an off-pump case should be included in the three cases	
Valve Surgery	2 cases
one aortic valve and one mitral valve	
Brief Case Presentations	2 case presentations
two of the above cases should be discussed as brief presentations to a working meeting of the CTSU in the presence of the supervising surgeons	10 minutes duration each
ICU/CICU ward rounds	10 ward rounds
participation in the daily ward rounds for the duration of the attachment.	
Unit Meetings: attend and participate in multidisciplinary meetings within the CTSU.	

#### Ambulatory care 300 patients\*

• Manage patients in an ambulatory care (outpatient) setting under supervision

\*of which 150 are new patients

#### Specific documentation required in logbooks

**Electrophysiology documentation:** Should include cases presented and observed and a supervisor's report indicating satisfactory attendance during EP attachment signed by the supervising EP consultant.

**Catheter and coronary angiography documentation:** The trainee must maintain a logbook of procedures undertaken, which must include the nature of the procedure, diagnosis and findings, any complications of the procedure, and the role of the trainee. The trainee must review the logbook with his/her supervisor at least quarterly each year.

**Echocardiogram documentation:** Trainees should maintain a logbook of all the above echocardiography examinations, including the clinical indication for the test, the nature of the examination, role of the trainee, diagnosis and findings and any complications. The logbook should be reviewed with the supervisor quarterly during each year of core training.

#### Cardiothoracic surgical rotation documentation:

- details of the patients assessed
- their pre-operative assessment
- investigations
- observed surgery
- immediate post-operative care
- the cases presented
- statement of satisfactory attendance during the CTS attachment signed by the supervising surgeon.

