Curriculum standards

Advanced Training in Clinical Genetics

DRAFT

August 2024



About this document

This document outlines the draft curriculum standards for Advanced Training in Clinical Genetics for trainees and supervisors.

The curriculum standards should be used in conjunction with the Advanced Training in Clinical Genetics learning, teaching, and assessment programs.

For more information or to provide feedback contact curriculum@racp.edu.au.

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Program overview

Purpose of Advanced Training

The RACP offers Advanced Training in 33 diverse medical specialties as part of Division, Chapter, or Faculty training programs.

The purpose of Advanced Training is to develop a workforce of physicians who:

- have received breadth and depth of focused specialist training, and experience with a wide variety of health problems and contexts
- are prepared for and committed to independent expert practice, lifelong learning, and continuous improvement
- provide safe, quality health care that meets the needs of the communities of Australia and Aotearoa New Zealand.

Specialty overview

Clinical genetics involves the clinical assessment, diagnosis, genetic counselling, and management of individuals and families with genetic disorders and disease predispositions.

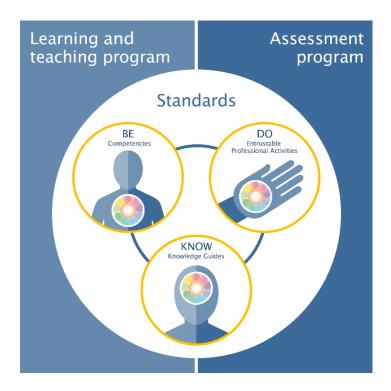
Clinical geneticists expertly diagnose complex genetic disorders as experts on phenotyping and genetic syndromes. They also educate patients on risks and inheritance, and drive the integration of advanced genetic and genomic diagnostics across all medical fields. They:

- conduct comprehensive investigations and assessments. Clinical geneticists use a variety of investigations to diagnose and manage genetic diseases affecting each body system, making a broad clinical knowledge essential.
- diagnose and manage patients and families with genetic conditions. This includes drawing and interpreting family history data, conducting clinical examinations, and diagnosing genetic diseases using clinical evaluation and genetic testing. Following diagnosis, clinical geneticists formulate management plans to support patients and their families.
- provide accurate information and effective genetic counselling to individuals and families. This may include providing information on genetic risks, prevention methods, and liaising with support groups and other organisations.
- facilitate genomic education, upskilling, and uptake of genomics in liaison with genomic laboratories and adjacent medical subspecialties and primary care.
- keep up with the latest advances in precision medicine, including genomic diagnostics, research into novel genes and rare diseases, and gene therapies and clinical trials, working with the relevant specialities to do this while providing genetic input.
- subspecialise further in areas such as metabolic genetics and cancer genetics. There are also options for genetic pathology dual training, and many opportunities for genomic research in this rapidly expanding field.

Clinical geneticists are at the forefront of genomic advances, research, and precision medicine, and have a vital role in managing the counselling, psychosocial, and ethical aspects of new genetic diagnostics and technologies for patient care. They provide patient- and family-centred care for genetic conditions, thus excellent verbal and written communication are core skills. Other essential skills include the ability to:

- apply a scholarly approach. Clinical geneticists conduct literature searches and
 use medical genetics databases, conduct research within the discipline, participate
 in teaching, and use genomic data for diagnostics and research.
- work effectively as part of a multidisciplinary team with other colleagues, providing
 genetic services in subspecialty medicine and genomic diagnostic laboratories. They
 liaise and work collaboratively with colleagues from other specialties, and work with
 lay organisations and consumer groups to support patients and families with genetic
 diseases.
- understand ethical, legal, social, and cultural issues in the context of clinical genetics and clinical, epidemiological, and laboratory research.

Advanced Training curricula standards



The RACP curriculum model is made up of curricula standards supported by learning, teaching, and assessment programs.

Learning and teaching programs

outline the strategies and methods to learn and teach curricula standards, including required and recommended learning activities.

Assessment programs outline the planned use of assessment methods to provide an overall picture of the trainee's competence over time.

The curricula standards outline the educational objectives of the training program and the standard against which trainees' abilities are measured.



Competencies outline the expected professional behaviours, values, and practices of trainees in 10 domains of professional practice.



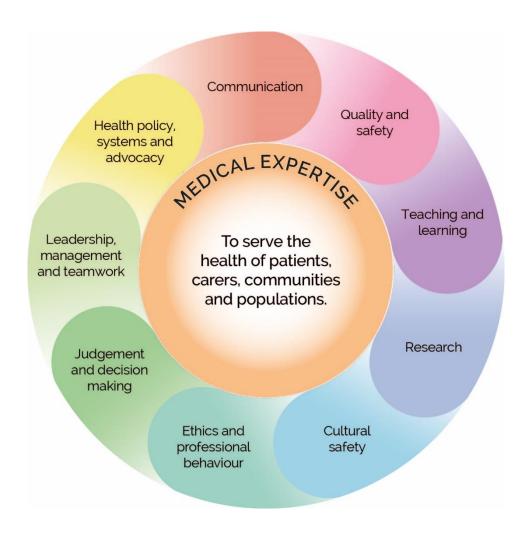
Entrustable Professional Activities (EPAs) outline the essential work tasks trainees need to be able to perform in the workplace.



Knowledge guides outline the expected baseline knowledge of trainees.

Professional Practice Framework

The Professional Practice Framework describes 10 domains of practice for all physicians.



Learning, teaching, and assessment structure

The learning, teaching, and assessment structure defines the framework for delivery



Advanced Training learning, teaching, and assessment structure

- An **entry decision** is made before entry into the program.
- Progress decisions, based on competence, are made at the end of the specialty foundation and specialty consolidation phases of training.
- A completion decision, based on competence, is made at the end of the training program, resulting in eligibility for admission to Fellowship.

Advanced Training is a hybrid time- and competency-based training program. There is a minimum time requirement of between three to five years' full-time equivalent experience, depending on the training program undertaken. Progress and completion decisions are based on evidence of trainees' competence.

Curriculum standards

Competencies

Competencies outline the expected professional behaviours, values, and practices that trainees need to achieve by the end of training.

Competencies are grouped by the 10 domains of the professional practice framework.

Competencies will be common across training programs.



Medical expertise

Professional standard: Physicians apply knowledge and skills informed by best available current evidence in the delivery of high-quality, safe practice to facilitate agreed health outcomes for individual patients and populations.

Knowledge: Apply knowledge of the scientific basis of health and disease to the diagnosis and management of patients.

Synthesis: Gather relevant data via age- and context-appropriate means to develop reasonable differential diagnoses, recognising and considering interactions and impacts of comorbidities.

Diagnosis and management: Develop diagnostic and management plans that integrate an understanding of individual patient circumstances, including psychosocial factors and specific vulnerabilities, epidemiology, and population health factors in partnership with patients, families, whānau, or carers¹, and in collaboration with the healthcare team.

¹ References to patients in the remainder of this document may include their families, whānau, and/or carers.

Communication



Professional standard: Physicians collate information, and share this information clearly, accurately, respectfully, responsibly, empathetically, and in a manner that is understandable.

Physicians share information responsibly with patients, families, carers, colleagues, community groups, the public, and other stakeholders to facilitate optimal health outcomes.

Effective communication: Use a range of effective and appropriate verbal, nonverbal, written and other communication techniques, including active listening.

Communication with patients, families, and carers: Use collaborative, effective, and empathetic communication with patients, families, and carers.

Communication with professionals and professional bodies: Use collaborative, respectful, and empathetic clinical communication with colleagues, other health professionals, professional bodies, and agencies.

Written communication: Document and share information about patients to optimise patient care and safety.

Privacy and confidentiality: Maintain appropriate privacy and confidentiality, and share information responsibly.

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Quality and safety

Professional standard: Physicians practice in a safe, high-quality manner within the limits of their expertise.

Physicians regularly review and evaluate their own practice alongside peers and best practice standards, and conduct continuous improvement activities.

Patient safety: Demonstrate a safety focus and continuous improvement approach to own practice and health systems.

Harm prevention and management: Identify and report risks, adverse events, and errors to improve healthcare systems.

Quality improvement: Participate in quality improvement activities to improve quality of care and safety of the work environment.

Patient engagement: Enable patients to contribute to the safety of their care.

Teaching and learning

Professional standard: Physicians demonstrate a lifelong commitment to excellence in practice through continuous learning and evaluating evidence.

Physicians foster the learning of others in their profession through a commitment to mentoring, supervising, and teaching.²

Lifelong learning: Undertake effective self-education and continuing professional development.

Self-evaluation: Evaluate and reflect on gaps in own knowledge and skills to inform self-directed learning.

Supervision: Provide supervision for junior colleagues and/or team members.

Teaching: Apply appropriate educational techniques to facilitate the learning of colleagues and other health professionals.

Patient education: Apply appropriate educational techniques to promote understanding of health and disease among patients and populations.



Research

Professional standard: Physicians support creation, dissemination and translation of knowledge and practices applicable to health.³

They do this by engaging with and critically appraising research, and applying it in policy and practice to improve the health outcomes of patients and populations.

Evidence-based practice: Critically analyse relevant literature and refer to evidence-based clinical guidelines, and apply these in daily practice.

Research: Apply research methodology to add to the body of medical knowledge and improve practice and health outcomes.

² Adapted from Richardson D, Oswald A, Chan M-K, Lang ES, Harvey BJ. Scholar. In: Frank JR, Snell L, Sherbino J, editors. The Draft CanMEDS 2015 Physician Competency Framework – Series IV. Ottawa: The Royal College of Physicians and Surgeons of Canada; 2015 March.

³Adapted from Richardson D, Oswald A, Chan M-K, Lang ES, Harvey BJ. Scholar. In: Frank JR, Snell L, Sherbino J, editors. The Draft CanMEDS 2015 Physician Competency Framework – Series IV. Ottawa: The Royal College of Physicians and Surgeons of Canada; 2015 March.

Cultural safety

Professional standard. Physicians engage in iterative and critical self-reflection of their own cultural identity, power, biases, prejudices, and practising behaviours. Together with the requirement of understanding the cultural rights of the community they serve, this brings awareness and accountability for the impact of the physician's own culture on decision making and health care delivery. It also allows for an adaptive practice where power is shared between patients, family, whānau, and/or community and the physician, to improve health outcomes.



Physicians recognise the patient and population's rights for culturally safe care, including being an ally for patient, family, whānau, and/or community autonomy and agency over their **decision making.** This shift in the physician's perspective fosters collaborative and engaged therapeutic relationships, allows for strength-based (or mana-enhanced) decisions, and sharing of power with the recipient of the care, optimising health care outcomes.

Physicians critically analyse their environment to understand how colonialism, systemic racism, social determinants of health, and other sources of inequity have and continue to underpin the healthcare context. Consequently, physicians then can recognise their interfacing with, and contribution to, the environment in which they work to advocate for safe, more equitable and decolonised services, and create an inclusive and safe workplace for all colleagues and team members of all cultural backgrounds.4

holder for the competencies in the
ultural safety domain.
development and will be added at a
later date.

Curtis et al. "Why cultural safety rather than cultural competency is required to achieve health equity". International Journal for Equity in Health (2019) 18:174

⁴ The RACP has adopted the Medical Council of New Zealand's definition of cultural safety (below): Cultural safety can be defined as:

the need for doctors to examine themselves and the potential impact of their own culture on clinical interactions and healthcare service delivery

the commitment by individual doctors to acknowledge and address any of their own biases, attitudes, assumptions, stereotypes, prejudices, structures, and characteristics that may affect the quality of care provided

the awareness that cultural safety encompasses a critical consciousness where health professionals and health care organisations engage in ongoing self-reflection and self-awareness, and hold themselves accountable for providing culturally safe care, as defined by the patient and their communities.

Ethics and professional behaviour



Professional standard: Physicians' practice is founded upon ethics, and physicians always treat patients and their families in a caring and respectful manner.

Physicians demonstrate their commitment and accountability to the health and wellbeing of individual patients, communities, populations, and society through ethical practice.

Physicians demonstrate high standards of personal behaviour.

Beliefs and attitudes: Reflect critically on personal beliefs and attitudes, including how these may impact on patient care.

Honesty and openness: Act honestly, including reporting accurately, and acknowledging their own errors.

Patient welfare: Prioritise patients' welfare and community benefit above self-interest.

Accountability: Be personally and socially accountable.

Personal limits: Practise within their own limits and according to ethical principles and professional guidelines.

Self-care: Implement strategies to maintain personal health and wellbeing.

Respect for peers: Recognise and respect the personal and professional integrity, roles, and contribution of peers.

Interaction with professionals: Interact equitably, collaboratively, and respectfully with other health professionals.

Respect and sensitivity: Respect patients, maintain appropriate relationships, and behave equitably.

Privacy and confidentiality: Protect and uphold patients' rights to privacy and confidentiality.

Compassion and empathy: Demonstrate a caring attitude towards patients and endeavour to understand patients' values and beliefs.

Health needs: Understand and address patients', families', carers', and colleagues' physical and emotional health needs.

Medical and health ethics and law: Practise according to current community and professional ethical standards and legal requirements.

Judgement and decision making



Professional standard: Physicians collect and interpret information, and evaluate and synthesise evidence, to make the best possible decisions in their practice.

Physicians negotiate, implement, and review their decisions and recommendations with patients, their families and carers, and other health professionals.

Diagnostic reasoning: Apply sound diagnostic reasoning to clinical problems to make logical and safe clinical decisions.

Resource allocation: Apply judicious and cost-effective use of health resources to their practice.

Task delegation: Apply good judgement and decision making to the delegation of tasks.

Limits of practice: Recognise their own scope of practice and consult others when required.

Shared decision making: Contribute effectively to team-based decision-making processes.

Leadership, management, and teamwork



Professional standard: Physicians recognise, respect, and aim to develop the skills of others, and engage collaboratively to achieve optimal outcomes for patients and populations.

Physicians contribute to and make decisions about policy, protocols, and resource allocation at personal, professional, organisational, and societal levels.

Physicians work effectively in diverse multidisciplinary teams and promote a safe, productive, and respectful work environment that is free from discrimination, bullying, and harassment.

Managing others: Lead teams, including setting directions, resolving conflicts, and managing individuals.

Wellbeing: Consider and work to ensure the health and safety of colleagues and other health professionals.

Leadership: Act as a role model and leader in professional practice.

Teamwork: Negotiate responsibilities within the healthcare team and function as an effective team member.

Health policy, systems, and advocacy



Professional standard: Physicians apply their knowledge of the nature and attributes of local, national, and global health systems to their own practices. They identify, evaluate, and influence health determinants through local, national, and international policy.

Physicians deliver and advocate for the best health outcomes for all patients and populations.

Health needs: Respond to the health needs of the local community and the broader health needs of the people of Australia and Aotearoa New Zealand.

Prevention and promotion: Incorporate disease prevention, health promotion, and health surveillance into interactions with individual patients and their social support networks.

Equity and access: Work with patients and social support networks to address determinants of health that affect them and their access to needed health services or resources.

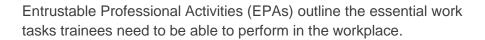
Stakeholder engagement: Involve communities and patient groups in decisions that affect them to identify priority problems and solutions.

Advocacy: Advocate for prevention, promotion, equity, and access to support patient and population health needs within and outside the clinical environment.

Resource allocation: Understand the factors influencing resource allocation, promote efficiencies, and advocate to reduce inequities.

Sustainability: Manage the use of healthcare resources responsibly in everyday practice.

Entrustable Professional Activities





#	Theme	Title
1	Team leadership	Lead a team of health professionals
2	Supervision and teaching	Supervise and teach professional colleagues
3	Quality improvement	Identify and address failures in health care delivery
4	Clinical assessment and management	Clinically assess and manage the ongoing care of patients
5	Management of transitions in care	Manage the transition of patient care between health professionals, providers, and contexts
6	Longitudinal care	Manage and coordinate the longitudinal care of patients / families with genetic conditions
7	Communication with patients	Discuss diagnoses and management plans with patients
8	<u>Investigations</u>	Select, organise, and interpret investigations
9	Clinic management	Manage an outpatient clinic

EPA 1: Team leadership

Theme	Team leadership	AT-EPA-01
Title	Lead a team of health professionals	
Description	This activity requires the ability to: prioritise workload manage multiple concurrent tasks articulate individual responsibilities, of team members understand the range of team members acquire and apply leadership technic collaborate with and motivate team rencourage and adopt insights from to act as a role model.	pers' skills, expertise, and roles ques in daily practice members
Behaviours		
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision	Requires some supervision Possible behaviours of a trainee who needs some supervision to perform this activity
	The trainee will:	The trainee may:
Medical expertise	 synthesise information with other disciplines to develop optimal, goal-centred plans for patients⁵ use evidence-based care to meet the needs of patients or populations assess and effectively manage clinical risk in various scenarios demonstrate clinical competence and skills by effectively supporting team members 	 demonstrate adequate knowledge of healthcare issues by interpreting complex information assess the spectrum of problems to be addressed apply medical knowledge to assess the impact and clinical outcomes of management decisions provide coordinated and quality health care for populations or patients as a member of a multidisciplinary team
Communication	 provide support and motivate patients or populations and health professionals by effective communication demonstrate a transparent, consultative style by engaging patients, families, carers, relevant professionals and/or the public in shared decision making work with patients, families, carers, and other health professionals to resolve conflict that may arise when planning and aligning goals 	 communicate adequately with colleagues communicate adequately with patients, families, carers, and/or the public respect the roles of team members

⁵ References to patients in the remainder of this document may include their families, whānau, and/or carers.

	demonstrate rapport with people at all levels by tailoring messages to different stakeholders
Quality and safety	 identify opportunities to improve care by participating in surveillance and monitoring of adverse events and 'near misses' identify activities within systems to reduce errors, improve patient and population safety, and implement cost-effective change participate in audits and other activities that affect the quality and safety of patients' care participate in interdisciplinary collaboration to provide effective health services and operational change use information resources and electronic medical record technology where available
	 regularly self-evaluate personal professional practice, and implement changes based on the results actively seek feedback from supervisors and colleagues on their own performance accept feedback constructively, and change behaviour in response recognise the limits of personal expertise, and involve other health professionals as needed demonstrate basic skills in facilitating colleagues' learning
Teaching and learning	 identify personal gaps in skills and knowledge, and engage in self-directed learning maintain current knowledge of new technologies, health care priorities, and changes of patients' expectations teach competently by imparting
	professional knowledge manage and monitor learner progress, providing regular assessment and feedback
Cultural safety	 demonstrate culturally competent relationships with professional colleagues and patients demonstrate awareness of cultural diversity and unconscious bias work effectively and respectfully with people from different cultural backgrounds take steps to minimise unconscious bias, including the impact of gender, religion, cultural beliefs, and socioeconomic background on decision making
	 promote a team culture of shared accountability for decisions and outcomes encourage open discussion of ethical and clinical concerns respect differences of support ethical principles in clinical decision making maintain standards of medical practice by recognising the health interests of patients or populations as primary responsibilities
Ethics and professional behaviour	 respect differences of multidisciplinary team members understand the ethics of resource allocation by aligning optimal patients and organisational care effectively consult with stakeholders, achieving a balance of alternative views acknowledge personal conflicts of respect the roles and expertise of other health professionals work effectively as a member of a team promote team values of honesty, discipline, and commitment to continuous improvement

	 act collaboratively to resolve behavioural incidents and conflicts such as harassment and bullying demonstrate understanding of the negative impact of workplace conflict
Judgement and decision making	 evaluate health services and clarify expectations to support systematic, transparent decision making make decisions when faced with multiple and conflicting perspectives ensure medical input to organisational decision making adopt a systematic approach to analysing information from a variety of specialties to make decisions that benefit health care delivery monitor services and provide appropriate advice review new healthcare interventions and resources interpret appropriate data and evidence for decision making
Leadership, management, and teamwork	 combine team members' skills and expertise in delivering patient care and/or population advice develop and lead effective multidisciplinary teams by developing and implementing strategies to motivate others build effective relationships with multidisciplinary team members to achieve optimal outcomes ensure all members of the team are accountable for their individual practice understand the range of personal and other team members' skills, expertise, and roles acknowledge and respect the contribution of all health professionals involved in patients' care participate effectively and appropriately in multidisciplinary teams seek out and respect the perspectives of multidisciplinary team members when making decisions
Health policy, systems, and advocacy	 engage in appropriate consultation with stakeholders on the delivery of health care advocate for the resources and support for healthcare teams to achieve organisational priorities influence the development of organisational policies and procedures to optimise health outcomes identify the determinants of health of the population, and mitigate barriers to access to care remove self-interest from solutions to health advocacy issues communicate with stakeholders within the organisation about health care delivery understand methods used to allocate resources to provide high-quality care promote the development and use of organisational policies and procedures

EPA 2: Supervision and teaching

Theme	Supervision and teaching	AT-EPA-02
Title	Supervise and teach professional col	lleagues
Description	This activity requires the ability to: provide work-based teaching in a value teach professional skills create a safe and supportive learnin plan, deliver, and provide work-base encourage learners to be self-directed supervise learners in day-to-day worksupport learners to prepare for asse	g environment ed assessments ed and identify learning experiences rk, and provide feedback
Behaviours		
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision	Requires some supervision Possible behaviours of a trainee who needs some supervision to perform this activity
	The trainee will:	The trainee may:
Medical expertise	 combine high-quality care with high-quality teaching explain the rationale underpinning a structured approach to decision making consider the patient-centric view during consultations consider the population health effect when giving advice encourage learners to consider the rationale and appropriateness of investigation and management options 	teach learners using basic knowledge and skills
Communication	 establish rapport and demonstrate respect for junior colleagues, medical students, and other health professionals communicate effectively when teaching, assessing, and appraising learners actively encourage a collaborative and safe learning environment with learners and other health professionals encourage learners to tailor communication as appropriate for different patients⁶, such as younger or older people, and different populations 	demonstrate accessible, supportive, and compassionate behaviour

⁶ References to patients in the remainder of this document may include their families, whānau, and/or carers.

	support learners to deliver clear, concise, and relevant information in both verbal and written communication
	 listen and convey information clearly and considerately
	 support learners to deliver quality care while maintaining their own wellbeing observe learners to reduce risks and improve health outcomes
Quality	 apply lessons learned about patient safety by identifying and discussing risks with learners
Quality and safety	assess learners' competence, and provide timely feedback to minimise risks to care
	 maintain the safety of patients and organisations involved with education, and appropriately identify and action concerns
	 demonstrate knowledge of the principles, processes, and skills of supervision demonstrate basic skills in the supervision of learners apply a standardised approach
	 provide direct guidance to learners in day-to-day work to teaching, assessment, and feedback without considering
	 work with learners to identify professional development and learning opportunities based on their individual learning needs individual learners' needs implement teaching and learning activities that are misaligned to learning goals
	 offer feedback and role modelling adopt a teaching style that
	 participate in teaching and supervision of professional development activities discourages learner self-directedness
Teaching	 encourage self-directed learning and assessment
and learning	 develop a consistent and fair approach to assessing learners
	 tailor feedback and assessments to learners' goals
	seek feedback, and reflect on own teaching by developing goals and strategies to improve
	 establish and maintain effective mentoring through open dialogue
	 support learners to identify and attend formal and informal learning opportunities
	 recognise the limits of personal expertise, and involve others appropriately
Research	 clarify junior colleagues' research project goals and requirements, and provide feedback regarding the merits or challenges of proposed research guide learners with respect to the choice of research projects ensure that the research projects planned are feasible and of suitable standards

	 monitor the progress of learners' research projects regularly, and may review research projects prior to submission 	
	 support learners to find forums to present research projects 	
	 encourage and guide learners to seek out relevant research to support practice 	
	 role model a culturally appropriate approach to teaching 	 function effectively and respectfully when working with and teaching
	 encourage learners to seek out opportunities to develop and improve their own cultural safety 	with people from different cultural backgrounds
Cultural safety	 encourage learners to consider culturally appropriate care of Aboriginal and Torres Strait Islander peoples and Māori into patients' management 	
	 consider cultural, ethical, and religious values and beliefs in teaching and learning 	
	 apply principles of ethical practice to teaching scenarios 	 demonstrate professional values, including commitment to
Ethics and professional behaviour	 act as a role model to promote professional responsibility and ethics among learners 	high-quality clinical standards, compassion, empathy, and respect provide learners with feedback
	 respond appropriately to learners seeking professional guidance 	to improve their experiences
	 prioritise workloads and manage learners with different levels of professional knowledge or experience 	 provide general advice and support to learners use health data logically and effectively to investigate difficult
	 link theory and practice when explaining professional decisions 	diagnostic problems
	 promote joint problem solving 	
Judgement and decision making	 support a learning environment that allows for independent decision making 	
	 use sound and evidence-based judgement during assessments and when giving feedback to learners 	
	 escalate concerns about learners appropriately 	
	maintain personal and learners' effective performance and continuing professional	 demonstrate the principles and practice of professionalism and leadership in health care
Leadership, management, and teamwork	 development maintain professional, clinical, research, and/or administrative responsibilities while teaching 	 participate in mentor programs, career advice, and general counselling
	 create an inclusive environment 	

	•	help shape organisational culture to prioritise quality and work safety through openness, honesty, shared learning, and continued improvement		
Health policy, systems, and advocacy	•	advocate for suitable resources to provide quality supervision and maintain training standards explain the value of health data in the care of patients or populations	•	incompletely integrate public health principals into teaching and practice
	•	support innovation in teaching and training		



EPA 3: Quality improvement

Theme	Quality improvement	AT-EPA-03	
Title	Identify and address failures in health care delivery		
Description	This activity requires the ability to: identify and report actual and potent conduct and evaluate system improv adhere to best practice guidelines audit clinical guidelines and outcome contribute to the development of pol patients ⁷ and enhance health care monitor one's own practice and deve	vement activities es licies and protocols designed to protect	
Behaviours			
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision	Requires some supervision Possible behaviours of a trainee who needs some supervision to perform this activity	
	The trainee will: use population health outcomes	The trainee may: contribute to processes on	
Medical expertise	to identify opportunities for improvement in delivering appropriate care evaluate environmental and lifestyle health risks, and advocate for healthy lifestyle choices monitor personal professional performance analyse adverse incidents and sentinel events to identify system failures and contributing factors	identified opportunities for improvement recognise the importance of prevention and early detection in clinical practice use local guidelines to assist patient care decision making raise appropriate issues for review at morbidity and mortality meetings	
Communication	 support patients to have access to, and use, easy-to-understand, high-quality information about health care provide written communication to relevant health professionals and patients where appropriate, outlining assessments, investigations and management plans provide a family letter where appropriate support patients to share decision making about their own health care, to the extent they choose assist patients' access to their health information, as well as complaint and feedback systems 	 demonstrate awareness of the evidence for consumer engagement and its contribution to quality improvement in healthcare apply knowledge of how health literacy might affect the way patients or populations gain access to, understand, and use health information access and use genetic websites, specialist databases, and statistics programs 	

⁷ References to patients in the remainder of this document may include their families, whānau, and/or carers.

	 discuss with patients any safety and quality concerns they have relating to their care 	
	 implement the organisation's open disclosure policy 	
	 assist patients to assess and access clinical trial information 	
	 demonstrate safety skills, including infection control, adverse event reporting, and effective clinical handover 	 demonstrate understanding of a systematic approach to improving the quality and safety of healthcare
	 participate in organisational quality and safety activities, including morbidity and mortality reviews, clinical incident reviews, root cause analyses, and corrective action preventative action plans 	 protect the confidentiality of patients and families with respect to genetic results
Quality and safety	 participate in systems for surveillance and monitoring of adverse events and 'near misses', including reporting such events 	
	 ensure that identified opportunities for improvement are raised and reported appropriately 	
	 use clinical audits and registries of data on patients' experiences and outcomes, learnings from incidents, and complaints to improve care 	
Tacabina	 translate quality improvement approaches and methods into practice 	 work within organisational quality and safety systems for the delivery of clinical care
Teaching and learning	 supervise and manage the performance of junior colleagues in the delivery of high-quality, safe care 	 use opportunities to learn about safety and quality theory and systems
Research	 ensure that any protocol for human research is approved by a human research ethics committee, in accordance with the national statement on ethical conduct in human research 	 recognise that patient participation in research is voluntary and based on an appropriate understanding about the ethics purpose, methods, demands, risks, and potential benefits of the research
	 write and present scientific papers to disseminate research findings 	
Cultural safety	 undertake professional development opportunities that address the impact of cultural bias on health outcomes 	 communicate effectively and safely with patients from culturally and linguistically diverse backgrounds
	 seek advice regarding cultural aspects of care 	
Ethics and	 align improvement goals with the priorities of the organisation 	 comply with professional regulatory requirements and codes of conduct
professional behaviour	 contribute to developing an organisational culture that enables and prioritises patients' safety and quality 	

access information and advice use decision-making support tools, such as guidelines, from other health practitioners protocols, pathways, and to identify, evaluate, and improve Judgement and reminders patients' care management decision making analyse and evaluate current care processes to improve care formulate and implement quality demonstrate attitudes of respect improvement strategies as and cooperation among members a collaborative effort involving of different professional teams all key health professionals partner with clinicians and Leadership, support multidisciplinary managers to ensure patients management, team activities to lower patients' receive appropriate care and and teamwork risk of harm, and promote information on their care interdisciplinary programs of education actively involve clinical pharmacists in the medication-use process participate in all aspects of the maintain a dialogue with service development, implementation, managers about issues that affect evaluation, and monitoring of patient care governance processes contribute to relevant participate regularly in organisational policies and procedures multidisciplinary meetings where quality and safety issues help shape an organisational are standing agenda items, culture that prioritises safety and and where innovative ideas quality through openness, honesty, and projects for improving learning, and quality improvement care are actively encouraged take part in the design and Health policy, implementation of the systems, and organisational systems for: advocacy clinical, and safety and quality education and training defining the scope of clinical practice performance monitoring and management evaluate the efficacy and timely application of new genomic technologies, including their impact

on service provision, equity of access, and resource allocation

EPA 4: Clinical assessment and management

Theme	Clinical assessment and managemen	t AT-EPA-04
Title	Clinically assess and manage the one	going care of patients
Description	 This activity requires the ability to: identify and access sources of relevant information about patients⁸, including gathering clinical background through histories and examinations examine patients synthesise findings to develop provisional and differential diagnoses discuss findings with patients request appropriate investigations, relevant to differential diagnoses, in a timeline appropriate to the status of patients choose appropriate medicines for genetic conditions, based on an understanding of disease pathophysiology and pharmacology generate management plans monitor medicines for efficacy and safety present findings to other health professionals. 	
Behaviours		
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision	Requires some supervision Possible behaviours of a trainee who needs some supervision to perform this activity
	The trainee will:	The trainee may:
Medical expertise	 perform comprehensive physical examinations, including focused dysmorphology exams, and investigation plans to establish the nature and extent of health concerns, and to identify potential syndromic diagnoses evaluate and counsel patients on the likelihood of having a pregnancy affected by a genetic condition gather accurate, organised, and problem-focused medical histories, with emphasis on family history, past medical history, and relevant past assessments assess prognosis in collaboration with other healthcare professionals, including fetal medicine teams calculate empiric and recurrence risk using population data and 	 take patient-centred histories, including reviewing family background and medical histories, and consider psychosocial factors recognise the medical presentations and family histories that indicate a risk of genetic disease perform accurate physical examinations recognise and correctly interpret abnormal findings synthesise pertinent information to direct clinical encounters and diagnostic categories develop appropriate investigation plans, including identifying potential complications of disease establish techniques to identify and use accurate and current information in patient care

⁸ References to patients in the remainder of this document may include their families, whānau, and/or carers.

- assess screening protocols for at-risk relatives
- conduct appropriate investigations to confirm diagnoses, and assess extent of disease using diagnostic and surveillance guidelines where available, including before and during pregnancy
- explain the indication, risks, benefits, side effects, dosage and monitoring of prescribed therapy
- consider age, allergies, chronic disease status, lifestyle factors, potential drug interactions, and patients' preference prior to prescribing new medications
- synthesise and interpret histories and examination findings to devise provisional diagnoses and reasonable differential diagnoses
- develop management plans based on relevant information and multidisciplinary assessment, integrated with guidelines, and consider the balance of benefit and harm by taking patients' personal sets of circumstances into account
- recommend appropriate interventions for individuals who are identified as being at increased risk of cancer

 be aware of potential side effects and practical prescription points, such as medication compatibility and monitoring in response to therapies

- communicate openly, listen, and take patients' concerns seriously, giving them adequate opportunity to ask questions
- provide clear information and feedback to patients to enable them to make fully informed decisions from various diagnostic, therapeutic, and management options
- communicate clearly, effectively, respectfully, and promptly with other health professionals involved in patients' care
- present genetic information to patients in a sensitive and understanding manner, and check for understanding
- discuss the features, natural history, genetic basis, and risks of patients developing or passing on genetic conditions, and strategies for the patient to adjust and minimise reoccurrence
- advise patients of their rights to refuse medical therapy, including life-sustaining treatment

- anticipate, read, and respond to verbal and nonverbal cues
- demonstrate active listening skills
- communicate patients' situations to colleagues, including senior clinicians
- communicate clearly with other team members in acute clinical scenarios, and coordinate efforts of multidisciplinary team members
- develop realistic treatment goals, and determine and explain the expected prognoses and outcomes
- employ communication strategies appropriate for younger patients or those with cognitive difficulties

Communication

- promote open discussion of the uncertainties of clinical genetics
- plan genetic counselling interviews in appropriate settings
- describe how medications should and should not be administered. including any important relationships to food, time of day, and other medicines being taken
- advise patients on the teratogenic potential of medication
- anticipate queries to help enhance the likelihood of medicines being taken as advised
- overcome difficulties of language that may occur with physical and intellectual impairment
- demonstrate safety skills, including infection control, adverse event reporting, and effective clinical handover
- recognise and effectively deal with aggressive and violent patient behaviours through appropriate training
- obtain informed consent before undertaking any investigation or providing treatment (except in an emergency)
- ensure patients are informed of the material risks associated with any part of proposed management plans
- review medicines regularly to improve compliance, and to monitor treatment effectiveness and possible side effects
- use appropriate guidelines and evidence-based medicine resources to maintain a working knowledge of current therapies for genetic disorders, including clinical trials and re-purposed medications
- evaluate and explain the benefits and risks of clinical interventions and therapies based on individual patients' circumstances

- perform hand hygiene, and take infection control precautions at appropriate moments
- apply standard precautions in dealing with blood tissue or bodily fluids
- take precaution against assaults from confused or agitated patients, ensuring appropriate care of
- document histories and physical examination findings, and synthesise with clarity and completeness
- identify situations where confidentiality might be broken
- identify medication errors, and institute appropriate measures

Quality and safety

Teaching

and learning

set defined objectives for clinical teaching encounters, and solicit feedback on mutually agreed goals

- regularly reflect upon and self-evaluate professional development
- obtain informed consent before involving patients in teaching activities
- set unclear goals and objectives for self-learning
- self-reflect infrequently
- deliver teaching considering learners' level of training
- mentor and train others to enhance team effectiveness

- turn clinical activities into an opportunity to teach, appropriate to the setting
- recognise personal gaps in knowledge, and identify and utilise appropriate resources to resolve these gaps
- seek guidance and feedback from healthcare teams to reflect on encounters and improve future patients' care
- evaluate new advances in genetics theory, and their application to clinical practice
- integrate evidence related to questions of diagnosis, therapy, prognosis, risks, and cause into clinical decision making
- search for, find, compile, analyse, interpret, and evaluate information relevant to the research participant
- evaluate database information and case reports to identify uncertainty and subjectivity in syndrome diagnosis
- identify at-risk patients who are eligible to participate in trials
- recognise the principles of human research ethics applications

- refer to guidelines and medical literature to assist in clinical assessments when required
- demonstrate an understanding of the limitations of evidence and the challenges of applying research in daily practice
- refer to evidence-based clinical guidelines and protocols on acutely unwell patients with an inherited condition

- use plain-language patient education materials, and demonstrate cultural and linguistical sensitivity
- demonstrate effective and culturally safe communication and care for Aboriginal and Torres Strait Islander peoples and Māori, and members of other cultural groups
- use professional interpreters, health advocates, or family or community members to assist in communication with patients, and understand the potential limitations of each
- acknowledge patients' beliefs and values, and how these might impact on health
- explain the confidentiality, cultural aspects, and ethical issues arising from family history gathering
- recognise the importance of psychosocial and cultural factors of patients and relatives
- negotiate health care decisions in a culturally appropriate way by considering variation in family structures, cultures, religion, or belief systems

- display respect for patients' cultures, and attentiveness to social determinants of health
- display an understanding of at least the most prevalent cultures in society, and an appreciation of their sensitivities
- appropriately access interpretive or culturally focused services
- appreciate patients' cultural and religious backgrounds, attitudes, and beliefs, and how these might influence the acceptability of non-pharmacological and pharmacological management approaches

Cultural safety

Research

- demonstrate professional values, including compassion, empathy, respect for diversity, integrity, honesty, and partnership to all patients
- hold information about patients in confidence, unless the release of information is required by law or public interest
- Ethics and professional behaviour
- assess patients' capacity for decision making, involving a proxy decision maker appropriately
- make prescribing decisions based on good safety data when the benefits outweigh the risks involved
- use and share genetic information. appropriately
- provide patient details to the appropriate genetic registers with consent
- refer cases when conflict exists between personal values and those of the patient

- demonstrate professional conduct, honesty, and integrity
- consider patients' decision-making capacity
- identify patients' preferences regarding management and the role of families in decision making
- not advance personal interest or professional agendas at the expense of patient or social welfare
- follow regulatory and legal requirements and limitations regarding prescribing
- follow organisational policies regarding pharmaceutical representative visits and drug marketing

- apply knowledge and experience to identify patients' problems, making logical decisions to achieve positive outcomes for patients in acute care, and when delivering end-of-life care
- use a holistic approach to health, considering comorbidity, uncertainty, and risk
- use the best available evidence for the most effective therapies and interventions to ensure quality
- identify 'at risk' patients, and make appropriate referrals
- identify and critically evaluate information to inform diagnoses
- reframe uncertainty to allow patients to break down the positive and negative implications of difficult decisions or ambiguous results
- identify that uncertainty is a limitation of current knowledge and does not indicate clinician failure, but that it can provoke anxiety in the patient and the clinician
- prescribe medicines appropriately to patients' clinical needs
- evaluate new medicines in relation to their possible efficacy and safety profile for individual patients

- demonstrate clinical reasoning by gathering focused information relevant to patients' care
- recognise personal limitations and seek help in an appropriate way when required
- consult with experienced colleagues on difficult cases

Judgement and decision making

- work effectively as a member of multidisciplinary teams to achieve the best health outcomes for patients
- demonstrate awareness of colleagues in difficulty, and work within the appropriate structural systems to support them while maintaining patient safety
- discuss the nature of clinical findings and differential diagnoses of cases with colleagues

Leadership, management, and teamwork

- analyse test results in a clinical diagnostic context
- coordinate patient care with other practitioners and professionals, such as cancer screening and treatment options
- facilitate interactions within multidisciplinary teams, respecting values and encouraging involvement
- follow appropriate referral pathways to ensure ongoing health care, including surveillance
- provide genetic advice in multidisciplinary clinics
- participate in health promotion, disease prevention and control, screening, and reporting notifiable diseases
- aim to achieve the optimal cost-effective patient care to allow maximum benefit from the available resources
- encourage participation in appropriate disease prevention or screening programs
- recognise the need for escalation of care, and escalate to appropriate staff or services
- use care pathways effectively, including identifying reasons for variations in care
- prescribe for individual patients, considering allergies, current medicines, history, and preferences, ensuring that resources are used wisely for the benefit of patients
- evaluate the literature regarding the management of genetic conditions, including environmental and lifestyle health risks, and advocate for healthy lifestyle choices

- share relevant information with members of the healthcare team
- attend multidisciplinary team meetings
- consult appropriately with other professionals
- refer appropriately to other specialists
- work collaboratively with pharmacists
- participate in medication safety and morbidity and mortality meetings

- identify and navigate components of the healthcare system relevant to patients' care
- identify and access relevant community resources to support patient care
- prescribe in accordance with the organisational policy

Health policy, systems, and advocacy

EPA 5: Management of transitions in care

Theme	Management of transitions in care	AT-EPA-05
Title	Manage the transition of patient care providers, and contexts	between health professionals,
Description	 This activity requires the ability to: manage transitions of patient⁹ care to of care between providers identify appropriate care providers a with whom to share patient information exchange pertinent, contextually apprinformation perform this activity in multiple setting including inpatient, ambulatory, critical to adult services. 	and other stakeholders ion propriate, and relevant patient
Behaviours		
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision	Requires some supervision Possible behaviours of a trainee who needs some supervision to perform this activity
	The trainee will:	The trainee may:
Medical expertise	 facilitate an optimal transition of care for patients identify and manage key risks for patients during transition anticipate possible changes in patients' conditions, and provide recommendations on how to manage them assess readiness for transfer of care from paediatric to adult services, and support and educate young adults and their families during this transition process 	 interpret the details of patients' conditions, illness severity, and potential emerging issues with appropriate actions provide accurate summaries of patients' information with accurate identification of problems or issues
Communication	 write relevant and detailed medical record entries, including clinical assessments and management plans write comprehensive and accurate summaries of care, including discharge summaries, clinic letters, and transfer documentation initiate and maintain verbal communication with other health professionals, when required communicate with patients about transitions of care, and engage and support these parties in decision making 	 communicate clearly with clinicians and other caregivers use standardised verbal and written templates to improve the reliability of information transfer and prevent errors and omissions communicate accurately and in a timely manner to ensure effective transitions between settings, and continuity and quality of care

⁹ References to patients in the remainder of this document may include their families, whānau, and/or carers.

	 communicate with patients about determinants of health as they age, and factors that promote health and minimise harm 	
	 identify patients at risk of poor transitions of care, and mitigate this risk 	 ensure that handover is complete, or work to mitigate risks if incomplete
	 use electronic tools (where available) to securely store and transfer patient information 	 ensure all outstanding results or procedures are followed up by receiving units and clinicians
Quality and safety	 use consent processes, including written consent if required, for the release and exchange of information 	 keep patients' information secure, adhering to relevant legislation regarding personal information and privacy
·	 explain the medicolegal context of written communications 	
	 use genetic and disease registers to support follow-up of affected and at-risk patients 	
	 recognise and follow referral pathways to mitigate the risk of patients being lost to follow up 	
Teaching and learning	 integrate clinical education / management protocols in handover sessions and other transition of care meetings 	take opportunities to teach junior colleagues during handover, as necessary
	 tailor clinical education to the level of the professional parties involved 	
	 communicate with careful consideration to health literacy, language barriers, and culture regarding patient preferences, and whether they are realistic and possible, respecting patient choices 	 include relevant information regarding patients' cultural or ethnic background in handovers, and whether an interpreter is required
Cultural safety	 recognise the timing, location, privacy, and appropriateness of sharing information with patients 	
	 recognise cultural, socioeconomic, and interpersonal familial issues that may be barriers to smooth transition to mitigate against patient / family disengagement 	
	 disclose and share only contextually appropriate medical and personal information 	 maintain respect for patients and other health professionals, including respecting privacy
Ethics and professional behaviour	 demonstrate understanding of the clinical, ethical, and legal rationale for information disclosure 	and confidentiality
Dellavioui	 share information about patients' health care in a manner consistent with privacy law and professional 	

	 explain the medicolegal complexity related to genetic information, and seek appropriate advice about disclosure of such information 	
	 interact in a collegiate and collaborative way with professional colleagues during transitions of care 	
Judgement and decision making	 ensure patients' care is in the most appropriate facility, setting, or provider 	 use a structured approach to consider and prioritise patients' issues recognise personal limitations and seek help in an appropriate way when required
Leadership, management, and teamwork	 share the workload of transitions of care appropriately, including delegation demonstrate understanding of the medical governance of patient care, and the differing roles of team members show respect for the roles and expertise of other health professionals, and work effectively as a member of professional teams ensure that multidisciplinary teams provide the opportunity for patients' engagement and participation when appropriate 	 recognise factors that impact on the transfer of care, and help subsequent health professionals understand the issues to continue care work to overcome the potential barriers to continuity of care, appreciating the role of handover in overcoming these barriers
Health policy, systems, and advocacy	 contribute to processes for managing risks, and identify strategies for improvement in transition of care engage in organisational processes to improve transitions of care, such as formal surveys or follow-up phone calls after hospital discharge advocate for provision of skills and services within paediatric and adult care settings to facilitate the establishment of, or grow existing, transition services 	factor transport issues and costs to patients into arrangements for transferring patients to other settings

EPA 6: Longitudinal care

Theme	Longitudinal care AT-EPA-06
Title	Manage and coordinate the longitudinal care of patients / families with genetic conditions
Description	 This activity requires the ability to: develop management plans and goals in consultation with patients¹⁰ manage genetic conditions and their comorbidities, complications, and associated disabilities collaborate with other health care providers ensure continuity of care facilitate patients' self-management and self-monitoring engage with the broader health policy context develop a partnership with families, whānau, carers, and other stakeholders to optimise care.
Behaviours	
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision Requires some supervision Possible behaviours of a trainee who needs some supervision to perform this activity
	The trainee will: The trainee may:
Medical expertise	 develop, assess, and review management plans for patients, including long-term surveillance of disease and treatment complications use principles of dietary and pharmacological therapies, where appropriate monitor therapy outcomes with appropriate tests, and accurately interpret results to make appropriate changes to management provide supportive care where disease-specific therapy is not available, including referrals to appropriate specialists or allied health therapists provide documentation on patients' presentation, management, and progress, including key points of diagnosis and decision making to inform coordination of care ensure patients contribute to their needs assessments and care planning assess patients' knowledge, beliefs, concerns, and daily behaviours related to their genetic condition and its management contribute to medical record entries on histories, examinations, and management plans in a way that is accurate and sufficient as a member of multidisciplinary teams support patients with undiagnosed conditions support patients throughout the lifespan, including discussing reproductive options, genetic testing in deceased family members, stillbirth, and management of multiple family members across generations

 $^{^{10}}$ References to patients in the remainder of this document may include their families, whānau, and/or carers.

- review the goals of care and treatment plans with patients if significant changes in patients' conditions or circumstances occur
- estimate prognosis and communicate this appropriately, if requested, including the uncertainties around such estimates
- encourage patients' self-management through education to take greater responsibility for their care, and support problem solving
- encourage patients' access to self-monitoring devices and assistive technologies
- communicate with multidisciplinary team members to coordinate care of patients
- discuss clinical outcomes or monitoring test results with patients to make appropriate changes to management as needed
- communicate with families going through difficulties, including breaking bad or uncertain news, and managing family dynamics
- communicate effectively and in a timely manner with other health professionals involved in patients' care

- promote optimal management of genetic condition/s, including clearly articulating the risks on health in lifestyle choices
- work in partnership with patients, and motivate them to comply with agreed care plans

Quality

and safety

Communication

- use innovative models of health care delivery, including telehealth and digitally integrated support services
- integrate new research and processes to optimise workflow and patient care in line with best practices
- review disease-specific therapies, and ensure patients understand safe medication administration to prevent poor clinical outcomes
- support patient self-management when assessed appropriate for independent care
- participate in quality improvement processes impacting on patients' quality of life

- participate in continuous quality improvement processes and clinical audits on genetic disease management
- identify management strategies that may improve patients' quality of life
- identify gaps in current care and processes, and raise these with the team
- evaluate different methods of delivering care and filling service gaps, including identifying what has been completed in other services

Teaching and learning

- contribute to the development of clinical pathways for genetic disease management based on current clinical guidelines
- create teaching resources and programs to improve genetic health literacy for other professionals
- use clinical practice guidelines for management of genetic diseases
- participate in the education of other health professionals and the long-term care of patients

•	educate patients and their families on long-term management expectations, including recognition of acute deterioration
•	search for, and critically appraise,

evidence to resolve clinical areas

Research

 work with families who have an undiagnosed condition to assist in research and recruitment to find a genetic diagnosis

of uncertainty

- search literature using problem / intervention / comparison/ outcome (PICO) format
- recognise appropriate use of review articles
- identify available clinical trials, natural history studies, and disease registries pertaining to genetic disease management and development of new treatments
- encourage patients from culturally and linguistically diverse backgrounds to join local networks to receive the support needed for long-term self-management
- ensure the clinical environment is inclusive of the cultural needs of patients and their support networks and/or family, such as using interpreters, cultural support officers, and disability liaison officers, and using the correct pronunciation of names
- recognise the influence of values, culture, and priorities of diverse populations in treatment decisions, including end-of-life care

- provide culturally safe long-term disease management
- recognise inherent cultural bias, both implicit and explicit, and the potential impact on clinical care

Cultural safety

- share information about patients' health care, consistent with privacy laws and confidentiality and professional guidelines
- use consent processes for the release and exchange of health information
- assess patients' decision-making capacity, and appropriately identify and use alternative decision makers
- Ethics and professional behaviour
- establish supportive relationships with patients based on understanding, trust, empathy, and confidentiality
- ensure all team members discuss end-of-life care with patients, and act on expressed patient preferences
- recognise the complexity of ethical issues related to human life and death when considering the allocation of scarce resources
- recognise feelings of moral distress and burnout in themselves and colleagues

- share information between relevant service providers
- acknowledge and respect the contribution of health professionals involved in patients' care

	 effectively manage personal challenges of dealing with death and grief 	
	 avoid unnecessary investigations or treatments, ensuring physical and psychosocial support 	 recognise personal limitations and seek help in an appropriate way when required
ludgement and	 implement stepped care pathways in the management of genetic conditions 	
Judgement and decision making	 recognise patients' needs in terms of both internal resources and external support on long-term health care journeys 	
	 maximise patients' autonomy and their best interests when making treatment decisions 	
	 coordinate whole-person care through involvement in all stages of the patients' care journey 	participate in multidisciplinary care for patients with genetic conditions, including organisational and
Leadership,	 use a multidisciplinary approach across services to manage patients with genetic disease 	community care on a continuing basis, appropriate to patients' context
management, and teamwork	 develop collaborative relationships with patients, families, carers, and a range of health professionals 	
	 support general practitioners and community-based specialists with the long-term management of patients 	
	 use health screening for early diagnosis, intervention, and management of genetic conditions, such as the newborn bloodspot screening program 	demonstrate awareness of government initiatives and services available for patients with genetic conditions, and display knowledge of how to access them
Health policy,	 assess alternative models of health care delivery to provide individualised care to patients with genetic conditions 	
systems, and advocacy	 participate in government initiatives for management of genetic conditions to improve disease outcomes and patients' quality of life 	
	 ensure equity of access for patients to access initiatives and services pertaining to individuals with genetic conditions 	

EPA 7: Communication with patients

Theme	Communication with patients	AT-EPA-07
Title	Discuss diagnoses and management	plans with patients
Description	This activity requires the ability to: select suitable contexts and include members adopt a patient ¹¹ -centred perspective and disabilities select and use appropriate modalities structure conversations intentionally negotiate mutually agreed managem verify patients' understanding of info develop and implement plans to ens ensure conversations are documente	e, including adjusting for cognition es and communication strategies nent plans rmation conveyed aure actions occur
Behaviours		
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision	Requires some supervision Possible behaviours of a trainee who needs some supervision to perform this activity
	The trainee will:	The trainee may:
Medical expertise	 seek to understand the concerns and goals of patients, and plan management in partnership with them provide information, including advantages and disadvantages, to patients to enable them to make informed decisions about diagnostic, therapeutic, and management options anticipate and be able to correct any misunderstandings patients may have about their conditions and/or risk factors identify and support patients in distress educate patients about lifestyle factors that affect disease risk discuss disease management plans and follow-up arrangements with patients involve patients in developing mutually acceptable investigation plans in the setting of informed consent advise or refer patients for lifestyle changes for the management conditions 	 demonstrate an understanding of clinical problems being discussed formulate management plans in partnership with patients provide advice for patients, such as prenatal diagnosis, predictive genetic testing, and dissemination of genetic information to the family recognise counselling required in the acute care setting is completed under highly stressful circumstances, with multiple stakeholders invested in the testing process and results

¹¹ References to patients in the remainder of this document may include their families, whānau, and/or carers.

- use appropriate communication strategies and modalities for communication, such as emails, face-to-face, or phone calls
- elicit patients' views, concerns, and preferences, promoting rapport
- provide information to patients in plain language, avoiding jargon, acronyms, and complex medical terms
- encourage patient's questions, and answer them thoroughly
- ask patients to share their thoughts or explain their management plans in their own words, to verify understanding
- convey information considerately and sensitively to patients, seeking clarification if unsure of how best to proceed
- explain how to access and use available resources and support groups
- treat children and young people respectfully, and listen to their views
- recognise the role of family or carers and, when appropriate, encourage patients to involve their family or carers in decisions about their care
- provide impartial genetic counselling with empathy but expertise, empowering, facilitating, and promoting patient and family participation in informed decision-making

- select appropriate modes of communication
- engage patients in discussions, avoiding the use of jargon and medical terminology
- check patients' understanding of information
- adapt communication style in response to patients' age, developmental level, and cognitive, physical, cultural, socioeconomic, and situational factors
- collaborate with patient liaison officers as required

Quality

and safety

Communication

- provide information to patients in a way they can understand before asking for their consent
- consider young people's capacity for decision making and consent
 - recognise and take precautions where patients may be vulnerable, such as issues of child protection, self-harm, or elder abuse
- participate in processes to manage patients' complaints
- inform patients of the material risks associated with proposed management plans
- treat information about patients as confidential

Teaching and learning

- discuss the aetiology of diseases and explain the purpose, nature, and extent of the assessments to be conducted
- obtain informed consent or other valid authority before involving patients in teaching
- respond appropriately to information sourced by patients, and to patients' knowledge regarding their condition

refer to evidence-based clinical provide information to patients that guidelines is based on guidelines issued by the National Health and Medical demonstrate an understanding of Research Council and/or Health the limitations of the evidence and Research Council of New Zealand the challenges of applying research provide information to patients in in daily practice Research a way they can understand before asking for their consent to participate in research obtain an informed consent or other valid authority before involving patients in research demonstrate effective and culturally identify when to use interpreters, safe communication with Aboriginal and how to best use them and Torres Strait Islander peoples allow enough time for and Māori communication across linguistic communicate effectively with and cultural barriers members of other cultural groups by meeting patients' specific language, cultural, and Cultural safety communication needs use qualified language interpreters or cultural interpreters to help meet patients' communication needs provide plain language and culturally appropriate written materials to patients when possible encourage and support patients respect the preferences of patients to be well informed about their communicate appropriately, health, and to use this information consistent with the context, wisely when they make decisions and respect patients' needs encourage and support patients and preferences in caring for themselves and maximise patient autonomy, and managing their health support their decision making demonstrate respectful avoid sexual, intimate, and/or professional relationships financial relationships with patients with patients respect patients, including protecting Ethics and prioritise honesty, patients' welfare, their rights to privacy and professional and community benefit above confidentiality behaviour self-interest behave equitably towards all, consult with patients before irrespective of gender, age, culture, disclosing information and maintain socioeconomic status, sexual confidentiality preferences, beliefs, contribution develop a high standard of to society, illness-related behaviours, personal conduct, consistent or the illness itself with professional and community use social media ethically and expectations according to legal obligations support patients' rights to seek to protect patients' confidentiality second opinions and privacy communicate to patients that there disclose and openly acknowledge may be no right or wrong decision areas of uncertainty to patients Judgement and in settings of uncertainty decision making assist in patients' decision-making

processes

- elicit how a patient has previously dealt with uncertainty in their life, and use this when formulating decisions
- reduce time pressure on patients in settings of uncertainty, recognising that there is time, even in acute settings, to reach decisions
- communicate effectively with team members involved in patients' care, and with patients
- discuss medical assessments, treatment plans, and investigations with patients and primary care teams, working collaboratively with all
- Leadership, management, and teamwork
- discuss patient care needs with healthcare team members to align them with the appropriate resources
- facilitate an environment in which all team members feel they can contribute, and their opinion is valued
- communicate accurately and succinctly, and motivate others on the healthcare team

- answer questions from team members
- summarise, clarify, and communicate responsibilities of healthcare team members
- keep healthcare team members focused on patient outcomes

Health policy, systems, and advocacy

- collaborate with other services, such as community health centres and consumer organisations, to help patients navigate the healthcare system
 - contribute to multidisciplinary teams to offer diagnostic or predictive testing
- encourage patients to access further information and patient support groups
- communicate with and involve other health professionals as appropriate

EPA 8: Investigations

Theme	Investigations	AT-EPA-8
Title	Select, organise, and interpret invest	igations
Description	This activity requires the ability to: select, plan, and use evidence-based clinically appropriate investigations prioritise patients receiving investigations (if there is a waiting list) evaluate the anticipated value of investigations work in partnership with patients ¹² to facilitate choices that are right for them provide aftercare for patients (if needed) interpret the results and outcomes of investigations communicate the outcome of investigations to patients.	
Behaviours		
Professional practice framework Domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision	Requires some supervision Possible behaviours of a trainee who needs some supervision to perform this activity
	The trainee will:	The trainee may:
Medical expertise	 choose evidence-based investigations and frame them as an adjunct to comprehensive clinical assessments assess patients' concerns, and determine the need for specific tests that are likely to result in overall benefit develop plans for investigations, identifying their roles and timing recognise and correctly interpret abnormal findings, considering patients' specific circumstances, and act accordingly interpret the sensitivity, specificity, and predictive values of screening tests discuss the cost effectiveness of individual investigation discuss the diagnostic yield of investigations offered, and the need for further testing if initial investigations are inconclusive 	 provide rationale for investigations understand the significance of abnormal test results, and act on these consider patient factors and comorbidities consider age-specific reference ranges observe tests performed in a laboratory collaborate as part of a multidisciplinary team where appropriate, to ensure the most appropriate investigations are performed recognise the constraints of available investigations, and explore other potential methods identify when rapid testing is required, and be able to outline steps required to facilitate this
Communication	 explain to patients the potential benefits, risks, costs, burdens, and side effects of each option, including the option to have no investigations, including in predictive and prenatal scenarios 	 discuss the indications, risks, benefits, and complications of investigations with patients before ordering investigations explain the results of investigations to patients

 $^{^{12}}$ References to patients in the remainder of this document may include their families, whānau, and/or carers.

	 use clear and simple language, and check that patients understand the terms used and agree to proceed with proposed investigations identify patients' concerns and expectations, providing adequate explanations on the rationale for 	 arrange investigations, providing accurate and informative referrals, and liaise with other services where appropriate
	 individual test ordering confirm whether patients have understood the information they have been given and whether they need more information before deciding 	
	 use written or visual material or other aids that are accurate and up to date to support discussions with patients 	
	 explain findings or possible outcomes of investigations to patients 	
	 provide information that patients may find distressing in a considerate way 	
Quality and safety	 identify adverse outcomes that may result from proposed investigations, focusing on patients' individual situations 	 consider safety aspects of investigations when planning them seek help with the interpretation of test results for less common tests or indications or unexpected
	use appropriate guidelines, wideness appropriate guidelines,	undertake professional development to maintain currency.
Total	evidence sources, and decision-support tools participate in clinical audits to	development to maintain currency with investigation guidelines reflect on own genetic counselling
Teaching and learning	improve test ordering strategies for diagnoses and screening	style and effectiveness, and identify strategies for improvement
	 apply the use of available resources to enhance patient care and professional development 	
	 provide patients with relevant information if a proposed investigation is part of a research 	refer to evidence-based clinical guidelines
Research	 program obtain written consent from patients if the investigation is part of a research program 	 consult current research on investigations use genetic databases and registers for information retrieval
Cultural safety	 appreciate patients' views and preferences about any proposed investigation and the adverse outcomes they are most concerned about 	 consider patients' cultural and religious backgrounds, attitudes, and beliefs, and how these might influence the acceptability of proposed investigations
Ethics and professional behaviour	 remain within the scope of the authority given by patients (with the exception of emergencies) discuss patients' rights and clinicians' responsibilities across the testing timeline 	 identify appropriate proxy decision makers when required choose not to investigate in situations where it is not appropriate for ethical reasons

- respect patients' decisions to refuse investigations, even if their decisions may not be evidence based
- advise patients there may be additional costs or implications of testing, such as insurance policies
- explain the expected benefits as well as the potential burdens and risks of any proposed investigation before obtaining informed consent or other valid authority
- explain complex issues related to genetic information obtained from investigations, and subsequent disclosure of such information
- contribute to the operation of carrier screening programs
- obtain informed consent for genetic investigations, with reference to the possibility of unsolicited findings, data protection, data sovereignty, and insurance implications

- practise within current ethical and professional frameworks
- practise within own limits, and seek help when needed
- involve patients in decision making regarding investigations, obtaining the appropriate informed consent, including financial consent, if necessary

Judgement and decision making

- evaluate the costs, benefits, and potential risks of each investigation in a clinical situation
- adjust the investigative path depending on test results received
- consider whether patients' conditions may get worse or better if no tests are selected
- choose the most appropriate investigation for the clinical scenario in discussion with patients
- recognise personal limitations and seek help in an appropriate way when required

Leadership, management.

and teamwork

- consider the role other members of the healthcare team might play, and what other sources of information and support are available
- identify situations where a rapid test is required, and take initiative in leading this process
- ensure results are checked in a timely manner, taking responsibility for following up results
- liaise with colleagues to interpret laboratory results
- facilitate the testing process, including counselling, obtaining consent, and communication between pathology labs to ensure timely testing and results

 demonstrate understanding of what parts of an investigation are provided by different doctors or health professionals

Health policy, systems, and advocacy

- select and justify investigations regarding the pathological basis of disease, appropriateness, utility, safety, and cost effectiveness
- consider resource utilisation through peer review of testing behaviours

EPA 9: Clinic management

Theme	Clinic management	AT-EPA-9
Title	Manage an outpatient clinic	
Description	This activity requires the ability to: manage clinic services in the context participate in quality improvement accommunicate with patients ¹³ liaise with other health professionals demonstrate problem-solving skills responsibly use public resources manage medical procedures and tre	ctivities and team members
Behaviours		
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision	Requires some supervision Possible behaviours of a trainee who needs some supervision to perform this activity
	The trainee will:	The trainee may:
Medical expertise	 effectively identify and address current clinical concerns, as well as longer-term clinical objectives, as appropriate to patients' context create accurate and appropriately prioritised problem lists in the clinical notes or as part of ambulatory care reviews update documentation in a timeframe appropriate to the clinical situation of patients within the priorities of the department conduct clinics with the goal of diagnosing genetic conditions and genetic counselling 	demonstrate understanding of the importance of prevention, early detection, health maintenance, and chronic condition management
Communication	 help patients navigate the healthcare system to improve access to care by collaboration with other services, such as community health centres and consumer organisations link patients to specific community-based health programs and group education programs adjust communication style to meet the needs of patients and families, such as in the setting of intellectual disability, health literacy) raise issues and feedback with the clinical team 	 wherever practical, meet patients' specific language and communication needs facilitate appropriate use of interpreter services and translated materials

¹³ References to patients in the remainder of this document may include their families, whānau, and/or carers.

Quality and safety	 practice health care that maximises patient safety adopt a systematic approach to the review and improvement of professional practice in the outpatient clinic setting identify aspects of service provision that may be a risk to patients' safety demonstrate reflective practice identify service gaps and work with the team to integrate quality improvement activities into the 	 take reasonable steps to address issues if patients' safety may be compromised follow a systematic approach to improving the quality and safety of health care participate in organisational quality and safety activities, including clinical incident reviews
Teaching and learning	workplace evaluate own professional practice demonstrate learning behaviour and skills in educating junior colleagues contribute to the generation of knowledge maintain professional continuing education standards	 recognise the limits of personal expertise, and involve other professionals as needed to contribute to patients' care use information technology appropriately as a resource for modern medical practice
Research	 obtain informed consent or other valid authority before involving patients in research inform patients about their rights, the purpose of the research, the procedures to be undergone, and the potential risks and benefits of participation before obtaining consent review research in the context of clinic patients, and integrate this into the clinical setting review current clinical trials for rare diseases, and provide the option for individuals to participate when relevant 	allow patients to make informed and voluntary decisions to participate in research
Cultural safety	 apply knowledge of the cultural needs of the community serving, and how to shape service to those people mitigate the influence of own culture and beliefs on interactions with patients and decision making adapt practice to improve patient engagement and health outcomes 	acknowledge the social, economic, cultural, and behavioural factors influencing health, both at individual and population levels
Ethics and professional behaviour	 identify and respect the boundaries that define professional and therapeutic relationships respect the roles and expertise of other health professionals comply with the legal requirements of preparing and managing documentation 	 recognise the responsibility to protect and advance the health and wellbeing of individuals and communities maintain the confidentiality of documentation, and store clinical notes appropriately ensure that the use of social media is consistent with ethical and legal obligations

	 demonstrate awareness of financial and other conflicts of interest
Judgement and decision making	 discuss clinics with team members in pre-clinic and clinic review meetings integrate prevention, early detection, health maintenance, and chronic condition management, where relevant, into clinical practice work to achieve optimal and cost-effective patient care that allows maximum benefit from the available resources order relevant investigations interpret investigations and
	synthesise into the clinical picture and management
Leadership, management, and teamwork	 prepare for and conduct clinical encounters in a well-organised and time-efficient manner work effectively as a member of multidisciplinary teams or other professional groups ensure that all important discussions with colleagues, multidisciplinary team members, and patients are appropriately documented review discharge summaries, notes, and other communications written by junior colleagues support colleagues who raise
	concerns about patients' safety
Health policy,	 demonstrate capacity to engage in the surveillance and monitoring of the health status of populations in the outpatient setting maintain good relationships with health agencies and services apply the principles of efficient review common population health screening and prevention approaches identify the determinants of health of the population, and mitigate barriers to access to care consult with genetic support groups
systems, and advocacy	and equitable allocation of resources to meet individual, community, and national health needs advocate and be involved in public education, such as regarding preventable birth defects with respect to relevant and accurate information advocate for vulnerable and at-risk groups for access to services

Knowledge Guides

Knowledge guides (KGs) provide detailed guidance to trainees on the important topics and concepts trainees need to understand to become experts in their chosen specialty.



Trainees are not expected to be experts in all areas or have experience related to all items in these guides.

#	Title
1	Clinical sciences
2	Laboratory based clinical genomics
3	Cancer genetics
4	Genetic syndromes and management
5	Metabolic genetics
6	Subspecialty genetics
7	Genetic counselling





Knowledge guide 1 – Clinical sciences

Clinical Genetics

EPIDEMIOLOGY, PATHOPHYSIOLOGY, AND CLINICAL **SCIENCES**

Advanced Trainees will have in-depth knowledge of the topics listed under each clinical sciences heading.

For the statistical and epidemiological concepts listed, trainees should be able to describe the underlying rationale, the indications for using one test or method over another, and the calculations required to generate descriptive statistics.

- Advances in research and emerging areas in genetics, such as gene therapy, stem cells, and therapeutic cloning
- Basic principles of genetics and genomics, such as:
 - factors influencing gene expression, pre- and post-translational factors, RNA processing, splicing, transcription, and translation
 - gene expression concepts, such as:
 - o gene regulation
 - o mosaicism
 - penetrance
 - variable expressivity
 - how molecular changes relate to the pathophysiological basis of genetic disease
 - meiosis and mitosis
 - normal and abnormal cell function and division
 - normal and abnormal chromosomal structure and function
 - structure and function of the human genome
- Genetic basis of common and complex conditions, including rapid shifts in understanding of major genetic principles over the past century
- Heredity and principles of genetic variation, such as:
 - basic developmental biology with application to fetal and congenital birth defects
 - genetic variation as applies to population genetics, including carrier states and ancestry / ethnicity
 - impact of ancestry, consanguinity, and family history on genetic pathology and testing
 - patterns of inheritance or pathology, such as:
 - Mendelian
 - mitochondrial
 - monogenic
 - multifactorial
 - non-Mendelian
 - oligogenic
 - polygenic
 - pedigree interpretation
 - understanding of Hardy-Weinberg principles
- Risk factors that may influence certain genetic diseases, such as:
 - alcohol
 - consanguinity
 - ethnicity
 - maternal / paternal age
 - medication
 - occupation
 - smoking

INVESTIGATIONS, PROCEDURES. AND CLINICAL ASSESSMENT TOOLS

Advanced Trainees will know the scientific foundation of each investigation and procedure, including relevant anatomy and

- Appropriate clinical measurements
- Genetic test reports, such as American College of Medical Genetics (ACMG) criteria for copy number variants (CNV) and single nucleotide variants (SNV) classification
- Genome wide association studies (GWAS) and polygenic risk scores
- Predictive and diagnostic testing
- Purpose, extent, and limitations of investigation results, such as:
 - negative predictive values
 - positive predictive values
 - sensitivity
 - specificity

physiology. They will be able to interpret the reported results of each investigation or procedure.

Advanced Trainees will know how to explain the investigation or procedure to patients¹⁴, families, and carers, and be able to explain procedural risk and obtain informed consent where applicable.

- Risk calculations, such as:
 - » Bayes theorem and combinatorial probability
 - » empiric risks, and how they are derived and used
 - » family history assessment of risk
 - » online risk calculators

IMPORTANT SPECIFIC ISSUES

Advanced Trainees will identify important specialty-specific issues and the impact of these on diagnosis, management and outcomes.

- Impact of genetic conditions on cultural groups, families, and individuals
- Importance of genetic registers in genetic condition research and management
- Legal and Privacy Act requirements of patients' medical records, and that of the genetic record
- Local and national guidelines and legislation for management on issues such as:
 - » child protection issues
 - » human research
 - » reporting, confidentiality, and complaints
 - » unexpected / incidental findings
- Resource allocation issues, including limitations on budget for genetic testing
- The diversity of public opinion on ethical and moral aspects of the practice of clinical genetics
- The history of use and abuse of genetic information
- The need for equity of services

Genetic screening programs

- Contributing factors for the establishment of population screening programs for genetic conditions, including counselling support
- Cultural, ethical, legal, and social issues associated with genetic and newborn screening programs, including advantages and disadvantages
- The principles of first- and second-degree prevention and screening
- The public health outcomes of screening programs
- World Health Organization recommendations for requirements to implement a screening program

¹⁴ References to patients in the remainder of this document may include their families, whānau, and/or carers.



Knowledge guide 2 – Laboratory based clinical genomics

Clinical Genetics

EPIDEMIOLOGY, PATHOPHYSIOLOGY, AND CLINICAL SCIENCES

Advanced Trainees will have in-depth knowledge of the topics listed under each clinical sciences heading.

For the statistical and epidemiological concepts listed, trainees should be able to describe the underlying rationale, the indications for using one test or method over another, and the calculations required to generate descriptive statistics.

- Advantages and disadvantages of gene panels, single gene, whole exome, and whole genome analysis, and the indications for testing choice in difference scenarios, such as:
 - » acute
 - » diagnostic
 - predictive
 - » prenatal
 - » screening
- Clinical consequences of abnormal karyotypes, enzyme deficiencies, and molecular variants
- Genomics in biochemical genetics, clinical genetics, diagnostics, metabolic conditions, and precision medicine, including new emerging areas, such as advanced therapeutics, pharmacogenomics, polygenics, and population screening
- Genomic variants, such as:
 - » American College of Medical Genetics (ACMG) guidelines
 - » emerging complex genomic mechanisms leading to disease, such as:
 - o intronic
 - o noncoding RNA
 - o regulatory regions
 - structural variants
 - y functional significance, including the likely pathogenicity and impact at a gene / protein level, and on individuals
 - » variant curation, classification, and interpretation

INVESTIGATIONS, PROCEDURES, AND CLINICAL ASSESSMENT TOOLS

Advanced Trainees will know the scientific foundation of each investigation and procedure, including relevant anatomy and physiology. They will be able to interpret the reported results of each investigation or procedure.

Advanced Trainees will know how to explain the investigation or procedure to patients¹⁵, families, and carers, and be able to explain procedural risk and obtain informed consent where applicable.

- Cytogenetics, such as:
 - adjunct cytogenetic tests, such as:
 - o fluorescence in situ hybridization (FISH)
 - o quantitative fluorescent polymerase chain reaction (QF-PCR)
 - uniparental disomy (UPD) studies
 - » chromosomal microarrays in diagnostic, prenatal, and somatic testing, and interpretation of:
 - copy number variants, such as microdeletion and microduplication syndromes, and neurosusceptibility loci
 - karyotypes (G-banded) for diagnosis of numeric and structural chromosomal aberrations
- Molecular genetics and genomics, such as:
 - » adjunct genetic tests, such as:
 - o epigenetic studies, such as:
 - episignatures
 - imprinting
 - methylation
 - multiplex ligation-dependent probe amplification (MLPA)
 - o southern blot
 - o structural variant analysis
 - o triplet repeat testing, such as:
 - Huntington disease
 - myotonic dystrophy
 - other triplet repeat disorders
 - » exome and genome sequencing

¹⁵ References to patients in the remainder of this document may include their families, whānau, and/or carers.

- functional genomic testing, such as:
 - o in vivo and in vitro assays used in research
 - protein expression studies, such as western blot
 - reverse transcription PCR (RT-PCR)
 - RNA sequencing and splicing studies
- gene panel testing, and curation of genes used in panels
- screening genomic tests, such as non-invasive prenatal screening (NIPS) and preconception carrier screening
- single gene (sanger) sequencing
- Next generation sequencing (NGS), including:
 - bioinformatics
 - functional genomics
 - variant curation and interpretation
- Testing germline and somatic samples

Diagnostic testing

- Genomic testing, such as:
 - diagnostic acute genomic testing
 - for pathogenic variants in tumours
 - pharmacogenomics
 - postmortem genomic testing
 - somatic testing
- Prenatal testing, such as NIPS and prenatal genomic testing
- Role of functional genomics and novel gene discovery in characterising genes, novel variants, and undiagnosed disease programs

Presymptomatic and predictive testing

- Cancer genetic testing
- Carrier screening
- · General predictive testing
- Predictive adult-onset conditions in minors
- Predictive testing options in the prenatal and preimplantation genetic

IMPORTANT SPECIFIC ISSUES

Advanced Trainees will identify important specialty-specific issues and the impact of these on diagnosis, management and outcomes.

- Community attitudes and concerns regarding genetic information and genetic technology
- Consent in relation to storage of DNA samples and cell lines
- Difference between research and diagnostic genomic testing, and their roles in patient diagnosis
- Emerging applications of genomics, such as:
 - gene therapies and precision medicine
 - pharmacogenomics
 - polygenic risk
 - preimplantation genetic diagnosis
- Cultural, ethical, legal, and social implications of genetic technologies
- Informed and specific consent for genetic testing, including in children
- Issues concerning prioritisation of application and equity of access in the environment of limited resources
- Potential benefits and harms of genetic technologies
- Reanalysis of genomic data for diagnosis, screening, and research with consent
- Special considerations in prenatal genetic testing, predictive testing, and population genetic screening
- The importance of ethical approval, patient consent, and research governance for clinical research
- The regulation of biobanking and data management, including genomic data sovereignty and data usage agreements and confidentiality



Knowledge guide 3 - Cancer genetics

Clinical Genetics

KEY PRESENTATIONS AND CONDITIONS

Advanced Trainees will have a comprehensive depth of knowledge of these presentations and conditions.

Presentations

- Family history of:
 - » cancer syndromes
 - » common cancers, such as:
 - breast
 - colorectal
 - ovarian
 - » rare cancers
- Personal history of:
 - » cancer with abnormal somatic or germline test results
 - » rare cancers

The following content applies to trainees undertaking their core training time within their specialisation cancer genetics

Conditions, such as

- Cancers arising from predisposing syndromes and mutations, such as:
 - » breast and ovarian:
 - breast cancer 1 (BRCA1) genes
 - o BRCA2 genes
 - » colorectal
 - » haematological
 - » kidney, such as Wilms tumour
 - » melanoma:
 - cyclin-dependent kinase (CDK) inhibitor 2A
 - o CDK4
 - » retinoblastoma
- Congenital mismatch repair deficiency (CMMRD)
- Gorlin syndrome
- Li-Fraumeni syndrome
- Lynch syndrome
- Multiple endocrine neoplasia (MEN) syndromes
- Neurofibromatosis:
 - » type 1
 - » type 2
- Paraganglioma syndromes
- Phaeochromocytoma
- Phosphatase and tensin homolog (PTEN) gene disorder
- Polyposis syndromes, including familial
- Von Hippel-Lindau syndrome

For each presentation and condition, Advanced Trainees will **know how to:**

Synthesise

- » recognise the clinical presentation
- » identify relevant epidemiology, prevalence, pathophysiology, and clinical science
- » take a comprehensive clinical history
- » conduct an appropriate examination
- » establish a differential diagnosis
- » plan and arrange appropriate investigations
- » consider the impact of illness and disease on patients¹⁶ and their quality of life when developing a management plan

Manage

- » provide evidence-based management
- » prescribe therapies tailored to patients' needs and conditions
- » recognise potential complications of disease and its management, and initiate preventative strategies
- » involve multidisciplinary teams

Consider other factors

» identify individual and social factors and the impact of these on diagnosis and management

¹⁶ References to patients in the remainder of this document may include their families, whānau, and/or carers.

LESS COMMON OR MORE COMPLEX PRESENTATIONS AND CONDITIONS

Advanced Trainees will understand these presentations and conditions.

Advanced Trainees will understand the resources that should be used to help manage patients with these presentations and conditions.

Presentations

- Circulating tumour DNA
- · Germline cancer genomic testing
- Methylation testing
- Tumour genomic testing and profiling

Conditions

Cancer – paediatric, including cancer syndromes

EPIDEMIOLOGY, PATHOPHYSIOLOGY, AND CLINICAL SCIENCES

Advanced Trainees will have a comprehensive depth of knowledge of the principles of the foundational sciences.

- Basic approach to common oncological malignancies, and the role of genetic testing
- Clinical features of inherited cancers
- Current recommendations concerning tumour surveillance in cancer-prone families
- Differences between adjuvant, curative, definitive, neoadjuvant, and palliative treatment
- Differences between chemotherapy, immunotherapy, radiotherapy, and targeted therapy
- Genetic and environmental factors that affect risk of developing cancer
- Genetic mechanisms in cancer, such as Knudson's hypothesis
- Medical and family history features of inherited cancers, such as monogenic familial predisposition to cancer
- Principles of mosaicism for cancer gene mutations
- Risk of an underlying pathogenic variant in the context of family history, personal risk factors, and polygenic risk scores
- Tumour genesis of common cancers, such as:
 - » homologous recombination repair pathway
 - » mismatch repair pathway
 - » rat sarcoma (RAS) / mitogen activated protein (MAP) kinase pathway
 - » Sonic hedgehog (Shh) pathway
 - » wingless-related integration site (WNT) signalling pathway

INVESTIGATIONS, PROCEDURES, AND CLINICAL ASSESSMENT TOOLS

Advanced Trainees will know the scientific foundation of each investigation and procedure, including relevant anatomy and physiology. They will be able to interpret the reported results of each investigation or procedure.

Advanced Trainees will know how to explain the investigation or procedure

The following content applies to trainees undertaking their core training time within their specialisation cancer genetics

- Interpretation of reports, such as:
 - » DOTATATE PET
 - » mammogram
 - » MRI:
 - o breast
 - o whole body
 - » tumour histology:
 - o circulating tumour (CT) DNA
 - o functional genetic testing, such as:
 - homologous recombination deficiency (HRD)
 - microsatellite instability (MSI)
 - tumour mutational burden (TMB)
 - o immunohistochemistry
 - o RNA sequence
 - o somatic sequencing results
 - o tissue type

to patients, families, and carers, and be able to explain procedural risk and obtain informed consent where applicable.

- tumour array
- » ultrasound
- Online tools and guidelines, such as:
 - » CanRisk
 - European Society for Medical Oncology (ESMO) guidelines
 - » eviQ

IMPORTANT SPECIFIC ISSUES

Advanced Trainees will identify important specialty-specific issues and the impact of these on diagnosis and management and integrate these into care.

- Impact of cancer risk and genetic diagnosis on individuals and families
- Roles primary care physicians and genetic counsellors play in assessing families where relatives are at risk of developing cancer





Knowledge guide 4 – Genetic syndromes and management

Clinical Genetics

KEY PRESENTATIONS AND CONDITIONS

Advanced Trainees will have a comprehensive depth of knowledge of these presentations and conditions.

Presentations

- Abnormal investigations, such as hypercholesterolemia
- Cancer
- Congenital anomalies
- Intellectual disability
- Metabolic presentation
- Newborn screening

Conditions

- Chromosome disorders, such as:
 - » aneuploidy
 - » duplications
 - » microdeletions
- Single gene disorders

Examples of common syndromal conditions

- Achondroplasia
- Beckwith–Wiedemann syndrome
- Coffin—Siris syndrome
- Conditions caused by copy number variation
- Fragile X syndrome
- Kabuki syndrome
- KBG syndrome
- Mitochondrial conditions
- Neurofibromatosis type 1
- Noonan syndrome
- Osteogenesis imperfecta
- Russell–Silver syndrome
- Sotos syndrome
- Tuberous sclerosis
- Williams syndrome

For each presentation and condition, Advanced Trainees will **know how to:**

Synthesise

- » recognise the clinical presentation
- » identify relevant epidemiology, prevalence, pathophysiology, and clinical science
- » take a comprehensive clinical history
- » conduct an appropriate examination
- » establish a differential diagnosis
- » plan and arrange appropriate investigations
- » consider the impact of illness and disease on patients¹⁷ and their quality of life when developing a management plan

Manage

- » provide evidence-based management
- » prescribe therapies within scope of practice tailored to patients' needs and conditions
- » recognise potential complications of disease and its management, and initiate preventative strategies
- » involve multidisciplinary teams

¹⁷ References to patients in the remainder of this document may include their families, whānau, and/or carers.

LESS COMMON OR MORE COMPLEX **PRESENTATIONS** AND CONDITIONS

Advanced Trainees will understand these presentations and conditions.

Advanced Trainees will understand the resources that should be used to help manage patients with these presentations and conditions.

No less common or more complex presentations and conditions identified.

Consider other factors

» identify individual and social factors and the impact of these on diagnosis and management

EPIDEMIOLOGY, PATHOPHYSIOLOGY, AND CLINICAL **SCIENCES**

Advanced Trainees will have a comprehensive depth of knowledge of the principles of the foundational sciences.

- Approach to conditions with a range of aetiologies, such as:
 - cerebral palsy
 - connective tissue disorders
 - muscular dystrophy
- Normal embryologic development
- Pathophysiology of cancer development and metabolic conditions
- Presentation mechanisms at different stages of life, including prenatal, neonatal, childhood, adulthood, and postmortem
- Teratogenesis

INVESTIGATIONS, PROCEDURES.

AND CLINICAL ASSESSMENT TOOLS

Advanced Trainees will know the scientific foundation of each investigation and procedure, including relevant anatomy and physiology. They will be able to interpret the reported results of each investigation or procedure.

Advanced Trainees will know how to explain the investigation or procedure to patients, families, and carers, and be able to explain procedural risk and obtain informed consent where applicable.

- Basic radiographic signs
- Genomic-first diagnosis reverse phenotyping
- Standard clinical photographs to review with colleagues for possible syndromes
- Use of technology to inform diagnosis, such as artificial intelligence (AI) and face-matching

IMPORTANT SPECIFIC ISSUES

Advanced Trainees will identify important

- Consent for genomic investigations, including data governance and sovereignty and discussion of unsolicited findings
- Emotional reactions of families, including following early diagnosis of a syndrome or recognition of developmental delay, and retraction of a previous diagnosis

specialty-specific issues and the impact of these on diagnosis and management and integrate these into care.

- Importance of accuracy, clinical judgement, tact, and timing when diagnosing and informing parents of infants with a serious condition impacting development, or when providing reproductive choice
- Specialist centres and/or individuals for potential referral and to assist in the diagnosis of rare dysmorphic syndromes





Knowledge guide 5 - Metabolic genetics

Clinical Genetics

KEY PRESENTATIONS AND CONDITIONS

Advanced Trainees will have a comprehensive depth of knowledge of these presentations and conditions.

The following content applies to trainees undertaking their core training time within their specialisation metabolic genetics

Presentations

- Acidosis:
 - » lactic
 - » metabolic
- Cardiomyopathy
- Cholestasis
- Developmental regression
- Dysmorphic features
- Hepatomegaly
- Hyperammonemia
- Hypoglycaemia
- Liver failure
- Myopathy
- Neonatal seizures
- Newborn bloodspot screen abnormality
- Progressive neurological symptoms
- Skeletal dysplasia

Conditions

- · Disorders of metabolism:
 - » amino acid
 - » carbohydrate
 - » fatty acid
 - » ketone body
 - » metal, mineral, and vitamin
 - » organic acid
 - » pyruvate
- Disorders of peroxisomal biogenesis
- Hyperammonaemia and urea cycle disorders
- Mitochondrial disorders
- Storage disorders:
 - » glycogen
 - » lysosomal

For each presentation and condition, Advanced Trainees will **know how to:**

Synthesise

- » recognise the clinical presentation
- » identify relevant epidemiology, prevalence, pathophysiology, and clinical science
- » take a comprehensive clinical history
- » conduct an appropriate examination
- » establish a differential diagnosis
- » plan and arrange appropriate investigations
- » consider the impact of illness and disease on patients¹⁸ and their quality of life when developing a management plan

Manage

- » provide evidence-based management
- » prescribe therapies tailored to patients' needs and conditions
- » recognise potential complications of disease and its management, and initiate preventative strategies
- » involve multidisciplinary teams

Consider other factors

» identify individual and social factors and the impact of these on diagnosis and management

¹⁸ References to patients in the remainder of this document may include their families, whānau, and/or carers.

LESS COMMON OR MORE COMPLEX PRESENTATIONS AND CONDITIONS

Advanced Trainees will understand these presentations and conditions.

Advanced Trainees will understand the resources that should be used to help manage patients with these presentations and conditions.

Presentations

- Fluctuating neurological symptoms
- Progressive organ impairment

Conditions

- Cerebral folate and creatine deficiency syndromes
- Disorders of glycosylation, congenital
- Disorders of membrane transport
- Disorders of metabolism:
 - » bile acid
 - » cholesterol
 - » lipids
 - » sterol
- Disorders of neurotransmission
- Disorders of synthesis:
 - » heme
 - » pyrimidine and purine
- Lysosomal storage disorders, such as:
 - » mucolipidosis
 - » neuronal ceroid lipofuscinosis
 - » sialic acid disorders

EPIDEMIOLOGY, PATHOPHYSIOLOGY, AND CLINICAL SCIENCES

Advanced Trainees will have a comprehensive depth of knowledge of the principles of the foundational sciences.

- Pathophysiology of clinical symptoms and signs of metabolic conditions and their corresponding common laboratory findings, including newborn bloodspot screening findings and specialised biochemical testing
- Principles of biochemistry, such as:
 - » acid-base regulation
 - » intermediary metabolism
 - » metabolic response to fasting and common metabolism pathways, such as:
 - o branched chain amino acid metabolism
 - fatty acid oxidation
 - o Krebs cycle
 - urea cycle
 - » metabolism as it relates to the everyday management of metabolic disease

INVESTIGATIONS, PROCEDURES, AND CLINICAL ASSESSMENT TOOLS

Advanced Trainees will know the scientific foundation of each investigation and procedure, including relevant anatomy and physiology. They will be able to interpret the reported results of each investigation or procedure.

Advanced Trainees will know how to explain the investigation or procedure to patients, families, and carers, and be able to

- Functional studies, such as:
 - » exercise testing
 - » fasting
 - » loading
- Laboratory techniques, such as:
 - » assays enzyme
 - » chromatography:
 - o gas
 - high performance liquid
 - » electrophoresis
 - » tandem mass spectrometry
- Metabolic investigations, such as:
 - » acylcarnitine profile
 - » amino acid profiles
 - » cerebrospinal fluid (CSF) neurotransmitters and biogenic amine metabolites
 - » enzyme assays

explain procedural risk and obtain informed consent where applicable.

- » intermediary metabolites, such as:
 - o ammonia
 - fatty acids
 - glucose
 - ketones
 - lactate
- » molecular genetic testing
- » newborn bloodspot screening
- » peri- and postmortem invasive tissue sampling
- » peroxisomal metabolites, such as bile acids and very long chain fatty acids
- transferrin isoforms
- » urine:
 - glycosaminoglycans
 - oligosaccharides
 - o organic acids
 - purine and pyrimidines
- Multisystem examination to elicit relevant signs of metabolic conditions
- Newborn screening, including:
 - » follow-up diagnostic testing algorithms
 - » limitations and strengths of methodologies employed
 - » result interpretation

IMPORTANT SPECIFIC ISSUES

Advanced Trainees will identify important specialty-specific issues and the impact of these on diagnosis and management and integrate these into care.

General management considerations

- End-of-life care in severe disease phenotype or progressive disorders, including referral to palliative care services and counselling for peri- or postmortem sampling
- Impact of pregnancy on inborn errors of metabolism, including effect on developing fetus, and maintenance of metabolic stability through pregnancy, delivery, and postpartum
- Multidisciplinary approach to management of inborn errors of metabolism, such as:
 - » international metabolic experts
 - » laboratory scientists
 - » metabolic dietitians
 - » nurses
 - » pharmacists
- Role of clinical trials, disease registries, and natural history studies in the management and development of new treatments

Principles of metabolic disease management

- Chaperone therapy
- Correction of product deficiencies
- Emergency presentations of inborn errors of metabolism, including acute decompensation events
- Enzyme replacement therapy
- Promotion of alternative metabolic pathways
- Promotion of anabolism, including simple fluids and calorie replacement
- Role of solid organ and haematopoietic stem cell transplantation in inborn errors of metabolism, including benefits, indications, and risks
- Sequestration or removal of toxic metabolites, such as ammonia scavengers, haemofiltration, and I-carnitine
- Specialised diets
- Stimulation of residual enzyme activity, such as cofactor or vitamin replacement
- Substrate reduction therapy



Knowledge guide 6 - Subspecialty genetics

Clinical Genetics

KEY PRESENTATIONS AND CONDITIONS

Advanced Trainees will have a comprehensive depth of knowledge of these presentations and conditions.

General presentations

- Abnormal neurodevelopment and/or behaviour, such as associated with autism spectrum disorder
- Common Mendelian conditions:
 - » dominant
 - » mitochondrial
 - » recessive
 - » X linked
- Common subspecialty genetic presentations, such as:
 - » dementia
 - » hearing loss
 - » visual impairment

Organ-specific presentations and conditions, such as:

- Cardiac genetic presentations:
 - » Mendelian conditions associated with:
 - arrhythmia
 - cardiomyopathy
 - family history of inherited cardiac condition, such as:
 - arrhythmias
 - cardiomyopathy
 - features suggestive of a connective tissue condition
 - personal / family history
 of congenital heart disease
 sudden unexplained death
- Neurogenetic presentations:
 - » cognitive decline and/or dementia
 - » developmental regression
 - » epileptic encephalopathy and seizures
 - » hereditary neuropathies and spinal muscular atrophies (SMA)
 - » hereditary spastic paraplegias
 - » hypotonic neonate / infant
 - » macrocephaly
 - » microcephaly
 - » movement disorders
 - » myopathies and muscular dystrophies
 - » structural brain anomalies

For each presentation and condition, Advanced Trainees will **know how to:**

Synthesise

- » recognise the clinical presentation
- » identify relevant epidemiology, prevalence, pathophysiology, and clinical science
- » take a comprehensive clinical history
- » conduct an appropriate examination
- » establish a differential diagnosis
- » plan and arrange appropriate investigations
- » consider the impact of illness and disease on patients¹⁹ and their quality of life when developing a management plan

Manage

- » provide evidence-based management
- » prescribe therapies tailored to patients' needs and conditions
- » recognise potential complications of disease and its management, and initiate preventative strategies

Consider other factors

» identify individual and social factors including employment and lifestyle and the impact of these on diagnosis and management

¹⁹ References to patients in the remainder of this document may include their families, whānau, and/or carers.

- Additional subspecialty conditions:
 - dermatology, such as epidermolysis bullosa
 - endocrinology, such as disorders of bone mineralisation and monogenic diabetes
 - kidney genetics, such as polycystic kidney disease and structural anomalies
 - gastrointestinal, such as recurrent pancreatitis
 - haematology, such as haemaglobinopathies and haemophilia
 - hearing loss genetics
 - immunology, such as disorders of immune function
 - ophthalmology, such as inherited retinal dystrophy
 - respiratory, such as cystic fibrosis
 - skeletal dysplasias
 - abnormal growth or development, including congenital malformation:
 - ambiguous genitalia
 - arthrogryposis
 - cleft lip / palate
 - craniofacial malformation
 - craniosynostosis
 - eye anomaly
 - facial dysmorphism
 - growth retardation
 - hemihypertrophy
 - limb anomaly
 - overgrowth
 - skeletal dysplasia
 - vascular
 - obesity 0
- Prenatal genetic and fertility presentations:
 - abnormal antenatal genetic screening result
 - abnormal prenatal diagnostic abnormal antenatal ultrasound scan findings
 - family history of known genetic condition
 - fetal exposure to teratogens
 - fetal postmortem
 - genetic aspects of infertility
 - preimplantation genetic diagnosis

LESS COMMON OR MORE COMPLEX **PRESENTATIONS** AND CONDITIONS

Advanced Trainees will understand these presentations and conditions.

Advanced Trainees will understand the resources that should be used to help manage patients with these presentations and conditions.

No less common or more complex presentations and conditions identified.

EPIDEMIOLOGY, PATHOPHYSIOLOGY, AND CLINICAL **SCIENCES**

Advanced Trainees will have knowledge of the principles of the foundational sciences.

- Presentation mechanisms at different stages of life, including prenatal, neonatal, childhood, adulthood, and postmortem
- Approach to conditions with a range of aetiologies, such as:
 - cerebral palsy
 - connective tissue disorders
 - muscular dystrophy
- Normal embryologic development

INVESTIGATIONS, PROCEDURES. AND CLINICAL ASSESSMENT TOOLS

Advanced Trainees will know the scientific foundation of each investigation and procedure, including relevant anatomy and physiology. They will be able to interpret the reported results of each investigation or procedure.

Advanced Trainees will know how to explain the investigation or procedure to patients, families, and carers, and be able to explain procedural risk and obtain informed consent where applicable.

- Genomic investigations for subspecialties, such as genomic testing. functional genomics, and other adjunct tests (e.g. triplet repeat studies, and other tests)
- Other relevant subspecialty investigations such as medical imaging, as appropriate

IMPORTANT SPECIFIC ISSUES

Advanced Trainees will identify important specialty-specific issues Awareness of new developments driven by genomic research are changing the landscape of subspecialty genetics at a rapid pace. This means a comprehensive list of specific subspecialty knowledge is quickly outdated, and may not fully reflect future practice but trainees need to have an overall approach to new areas of genomics

and the impact of these on diagnosis and management and integrate these into care.





Knowledge guide 7 - Genetic counselling

Clinical Genetics

CLINICAL SCIENCES

Advanced Trainees will describe the principles of the foundational sciences.

- Advantages and disadvantages of a predictive genetic test
- Counselling, and communication theories that underpin genetic counselling
- Formulation of questions to identify patients' acceptance, agenda, concerns, expectations, priorities, and understanding
- Mendelian and non-Mendelian modes of inheritance
- Non-disclosure genetic testing in preimplantation genetic diagnosis (PGD) or prenatal testing
- Normal and pathological reactions to grief and loss, and its effects on decision making regarding genetic risks
- Patient-centred care and self-care
- Reproductive risk associated with structural chromosome abnormalities
- The role of a genetic counsellor, and how to co-consult collaboratively in supporting the patient as they integrate genomic information and make decisions about testing and family planning
- Uncertainty regarding testing limitations and potential diagnosis

ELIGIBILITY CONSIDERATIONS

Advanced Trainees will assess the patient's²⁰ current condition and plan the next steps.

- Counselling as a patient-centered framework that considers:
 - Aboriginal and Torres Strait Islander peoples and Māori health perspectives
 - complex family structures
 - cultural beliefs and sensitivities, and ethnic background
 - health literacy
 - lived experiences of patients and clinicians
 - patients' and family members' anxieties
 - religious and philosophical beliefs and attitudes
 - the influence of personal identity, including gender diversity
- Cultural and community attitudes to genetics and genetic testing
- Empiric and recurrence risk using population data and family history
- Ethical issues, such as those concerning:
 - assisted reproduction
 - confidentiality
 - consent for postmortem examinations:
 - differing cultural beliefs about death
 - treatment of the body after death
 - 'duty to warn' and 'obligation to recontact'
 - financial implications of testing for the patient, including insurance implications
 - genetic testing of children, including predictive testing
 - informed consent
 - needing approval and consent prior to commencing a research
 - population screening for genetic disease
 - predictive genetic testing
 - prenatal / preimplantation genetic diagnosis
 - termination of pregnancy
- Familial implications of genetic diagnosis, such as:
 - asking questions in a sensitive and thoughtful manner
 - assisting patients with sharing relevant genetic information with other family members

²⁰ References to patients in the remainder of this document may include their families, whānau, and/or carers.

- communicating bad news in a caring and sensitive manner
- engaging in realistic discussions regarding sensitive subjects
- facilitating the discussion with empathy, honesty, respect, and sensitivity
- Financial, medical, personal, and psychological circumstances of the patient
- Genetic risk assessment of disease predisposition or carrier status, including complexities of incomplete penetrance and age-related penetrance
- Reproductive carrier screening (RCS) and its limitations

LESS COMMON OR MORE COMPLEX **PATIENT** CONSIDERATIONS

Advanced Trainees will understand the resources that should be used to help manage patients.

- Unique challenges of genetic counselling in different scenarios, including:
 - acute care setting
 - in perinatal loss or sudden death
 - intensive care unit
 - the neonatal unit
 - the prenatal setting

UNDERTAKING **THERAPY**

Advanced Trainees will monitor the progress of patients during the therapy.

- Skills required for counselling, such as:
 - active listening
 - avoiding jargon, and using familiar language
 - encouraging questions
 - using open questions followed by appropriate closed questions

POST-THERAPY

Advanced Trainees will know how to monitor and manage patients post-therapy.

- Delivery of potentially distressing information about diagnosis and prognosis
- Providing accurate information regarding risk to family members of a known genetic condition
- Providing information in a timely manner, including pre- and post-test information and the outcome of testing

IMPORTANT SPECIFIC ISSUES

Advanced Trainees will identify important specialty-specific issues and the impact of these on diagnosis and management and integrate these into care.

- Complexities of communicating with patients and families around consent, result disclosure, and follow up
- Human Genetics Society of Australasia (HGSA) and international guidelines
- Local and international policies on the indications and timing of genetic testing
- Uncertainty and emotional aspects of genetic testing and potential outcomes