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Curriculum standards

Advanced Training in Neurology (Paediatrics & Child Health)

February 2025



About this document

The new Advanced Training in Neurology (PCH) curriculum consists of curriculum standards and learning, teaching, and assessment (LTA) programs.

This document outlines the curriculum standards for Advanced Training in Neurology (PCH) for trainees and supervisors. The curriculum standards should be used in conjunction with the Advanced Training in Neurology (PCH) <u>LTA program.</u>

The new curriculum was approved by the College Education Committee in February 2025. Please refer to the <u>College website</u> for details on its implementation.

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Program overview

Purpose of Advanced Training

The RACP offers Advanced Training in 33 diverse medical specialties as part of Division, Chapter, or Faculty training programs.

The purpose of Advanced Training is to develop a workforce of physicians who:

- have received breadth and depth of focused specialist training, and experience with a wide variety of health problems and contexts
- are prepared for and committed to independent expert practice, lifelong learning, and continuous improvement
- provide safe, quality health care that meets the needs of the communities of Australia and Aotearoa New Zealand.

Specialty overview

The practice of paediatric neurology encompasses the diagnosis and management of diseases affecting the central, peripheral, and autonomic nervous systems, as well as muscle.

Paediatric neurologists demonstrate knowledge of neuroanatomy, neurogenetics, neuroimmunology, neuropathology, neuropharmacology, and neurophysiology, as well as neurological conditions, including those which are common and rare, and those which need to be dealt with as emergencies.

Paediatric neurologists work in public hospitals and private practice. They care for children from the antenatal period to adolescence, overseeing children and their families who have a broad range of neurological conditions. They apply adaptable but in-depth clinical skills appropriate to the developmental stage of the child. As knowledge in the field increases and the landscape is ever-changing, paediatric neurologists must be aware of and adapt with these changes.

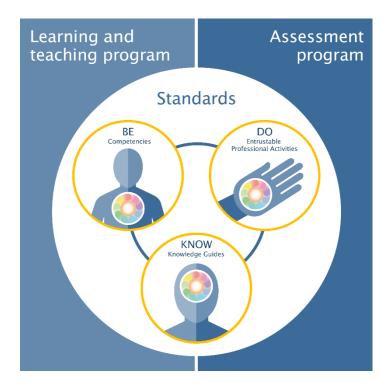
Paediatric neurologists are skilled diagnosticians who reach accurate diagnoses by taking detailed histories, performing thorough neurological examinations, and investigating patients rationally by using tools such as imaging, lumbar puncture, neurophysiology, and/or genetics. They are expected to be familiar with neurophysiological investigations.

Paediatric neurologists:

- apply a multidisciplinary approach. Paediatric neurologists are required to work effectively as part of a multidisciplinary team. They need to liaise with other medical and allied health professionals.
- work sensitively with a variety of patients and their families. Paediatric neurologists work with patients and their families and/or carers to address determinants of health that affect them and their access to needed health services or resources. They provide culturally safe education and support in a professional, empathic, and non-judgemental manner. Some neurological conditions are life-limiting so paediatric neurologists must

- be able to provide a prognosis and support to these patients and their carers, as well as empathetically manage end-of-life issues.
- demonstrate strong communication skills. Paediatric neurologists must develop
 a personable interviewing technique to support their investigations, and an ability
 to relate to children and young people and their carers. They appreciate when referral
 to a more appropriate or more qualified practitioner in a particular subspecialty is
 necessary.
- apply an evidence-based approach. Paediatric neurologists conduct and apply research to make evidence-based decisions that improve the treatment and management of their patients. Furthermore, the rapid expansion in knowledge, particularly in areas of diagnosis and treatment, necessitates the ability to keep up to date with research, and paediatric neurologists must identify appropriate resources to do this.
- demonstrate cultural competency. Paediatric neurologists must empathetically
 consider cultural differences when assessing, managing, and counselling patients
 and their families and/or carers. At times, this may include consideration or
 understanding of alternate therapies that may be desired, alongside evidence-based
 treatments.

Advanced Training curricula standards



The RACP curriculum model is made up of curricula standards supported by learning, teaching, and assessment programs.

Learning and teaching programs

outline the strategies and methods to learn and teach curricula standards, including required and recommended learning activities.

Assessment programs outline the planned use of assessment methods to provide an overall picture of the trainee's competence over time.

The **curricula standards** outline the educational objectives of the training program and the standard against which trainees' abilities are measured.



 Competencies outline the expected professional behaviours, values, and practices of trainees in 10 domains of professional practice.



• Entrustable Professional Activities (EPAs) outline the essential work tasks trainees need to be able to perform in the workplace.



Knowledge guides outline the expected baseline knowledge of trainees.

Professional Practice Framework

The Professional Practice Framework describes 10 domains of practice for all physicians.



Learning, teaching, and assessment structure

The learning, teaching, and assessment structure defines the framework for delivery



Advanced Training learning, teaching, and assessment structure

- An **entry decision** is made before entry into the program.
- Progress decisions, based on competence, are made at the end of the specialty foundation and specialty consolidation phases of training.
- A completion decision, based on competence, is made at the end of the training program, resulting in eligibility for admission to Fellowship.

Advanced Training is a hybrid time- and competency-based training program. There is a minimum time requirement of between three to five years' full-time equivalent experience, depending on the training program undertaken. Progress and completion decisions are based on evidence of trainees' competence.

Curriculum standards

Competencies

Competencies outline the expected professional behaviours, values, and practices that trainees need to achieve by the end of training.

Competencies are grouped by the 10 domains of the professional practice framework.

Competencies will be common across training programs.



Medical expertise

Professional standard: Physicians apply knowledge and skills informed by best available current evidence in the delivery of high-quality, safe practice to facilitate agreed health outcomes for individual patients and populations.

Knowledge: Apply knowledge of the scientific basis of health and disease to the diagnosis and management of patients.

Synthesis: Gather relevant data via age- and context-appropriate means to develop reasonable differential diagnoses, recognising and considering interactions and impacts of comorbidities.

Diagnosis and management: Develop diagnostic and management plans that integrate an understanding of individual patient circumstances, including psychosocial factors and specific vulnerabilities, epidemiology, and population health factors in partnership with patients, families, whānau, or carers¹, and in collaboration with the healthcare team.

¹ References to patients in the remainder of this document may include their families, whānau, and/or carers.

Communication



Professional standard: Physicians collate information, and share this information clearly, accurately, respectfully, responsibly, empathetically, and in a manner that is understandable.

Physicians share information responsibly with patients, families, carers, colleagues, community groups, the public, and other stakeholders to facilitate optimal health outcomes.

Effective communication: Use a range of effective and appropriate verbal, nonverbal, written and other communication techniques, including active listening.

Communication with patients, families, and carers: Use collaborative, effective, and empathetic communication with patients, families, and carers.

Communication with professionals and professional bodies: Use collaborative, respectful, and empathetic clinical communication with colleagues, other health professionals, professional bodies, and agencies.

Written communication: Document and share information about patients to optimise patient care and safety.

Privacy and confidentiality: Maintain appropriate privacy and confidentiality, and share information responsibly.

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Quality and safety

Professional standard: Physicians practice in a safe, high-quality manner within the limits of their expertise.

Physicians regularly review and evaluate their own practice alongside peers and best practice standards, and conduct continuous improvement activities.

Patient safety: Demonstrate a safety focus and continuous improvement approach to own practice and health systems.

Harm prevention and management: Identify and report risks, adverse events, and errors to improve healthcare systems.

Quality improvement: Participate in quality improvement activities to improve quality of care and safety of the work environment.

Patient engagement: Enable patients to contribute to the safety of their care.

Teaching and learning

Professional standard: Physicians demonstrate a lifelong commitment to excellence in practice through continuous learning and evaluating evidence.

Physicians foster the learning of others in their profession through a commitment to mentoring, supervising, and teaching.²

Lifelong learning: Undertake effective self-education and continuing professional development.

Self-evaluation: Evaluate and reflect on gaps in own knowledge and skills to inform self-directed learning.

Supervision: Provide supervision for junior colleagues and/or team members.

Teaching: Apply appropriate educational techniques to facilitate the learning of colleagues and other health professionals.

Patient education: Apply appropriate educational techniques to promote understanding of health and disease amongst patients and populations.



Research

Professional standard: Physicians support creation, dissemination and translation of knowledge and practices applicable to health.²

They do this by engaging with and critically appraising research, and applying it in policy and practice to improve the health outcomes of patients and populations.

Evidence-based practice: Critically analyse relevant literature and refer to evidence-based clinical guidelines, and apply these in daily practice.

Research: Apply research methodology to add to the body of medical knowledge and improve practice and health outcomes.

²Adapted from Richardson D, Oswald A, Chan M-K, Lang ES, Harvey BJ. Scholar. In: Frank JR, Snell L, Sherbino J, editors. The Draft CanMEDS 2015 Physician Competency Framework – Series IV. Ottawa: The Royal College of Physicians and Surgeons of Canada; 2015 March.

Cultural safety

Professional standard: Physicians engage in iterative and critical self-reflection of their own cultural identity, power, biases, prejudices and practising behaviours. Together with the requirement of understanding the cultural rights of the community they serve; this brings awareness and accountability for the impact of the physician's own culture on decision-making and healthcare delivery. It also allows for an adaptive practice where power is shared between patients, family, whānau and/or community and the physician, to improve health outcomes.



Physicians recognise the patient and population's rights for culturally-safe care, including being an ally for patient, family, whānau and/or community autonomy and agency over their decision-making. This shift in the physician's perspective fosters collaborative and engaged therapeutic relationships, allows for strength-based (or mana-enhanced) decisions, and sharing of power with the recipient of the care, optimising health care outcomes.

Physicians critically analyse their environment to understand how colonialism, systemic racism, social determinants of health and other sources of inequity have and continue to **underpin the healthcare context.** Consequently, physicians then can recognise their interfacing with, and contribution to, the environment in which they work to advocate for safe, more equitable and decolonised services and create an inclusive and safe workplace for all colleagues and team members of all cultural backgrounds.3

Critical reflection. Engage in iterative and critical self-reflection and demonstrate cultural safety in the context of their own cultural identity, power, biases, prejudices and practising behaviours.

Allyship. Recognise the patient and population's rights to culturally-safe care, including being an ally for patient, family, whānau and/or community autonomy and agency over their decision-making.

Inclusive communication. Apply culturally-safe communication, acknowledging the sharing of power, and cultural and human rights to enable patients, families and whānau to engage in appropriate patient care decisions.

Culturally-safe environment. Contributes to a culturally-safe learning and practice environment for patients and team members. Respect patients may feel unsafe in the healthcare environment.

³ The RACP has adopted the Medical Council of New Zealand's definition of cultural safety (below): Cultural safety can be defined as1.

The need for doctors to examine themselves and the potential impact of their own culture on clinical interactions and healthcare service delivery.

The commitment by individual doctors to acknowledge and address any of their own biases, attitudes, assumptions, stereotypes, prejudices, structures, and characteristics that may affect the quality of care provided.

The awareness that cultural safety encompasses a critical consciousness where healthcare professionals and healthcare organisations engage in ongoing self-reflection and self-awareness and hold themselves accountable for providing culturally safe care, as defined by the patient and their communities.

^{1.} Curtis et al. "Why cultural safety rather than cultural competency is required to achieve health equity". International Journal for Equity in Health (2019) 18:174

Ethics and professional behaviour



Professional standard: Physicians' practice is founded upon ethics, and physicians always treat patients, their families, communities, and populations in a caring and respectful manner.

Physicians demonstrate their commitment and accountability to the health and wellbeing of individual patients, communities, populations, and society through ethical practice.

Physicians demonstrate high standards of personal behaviour.

Beliefs and attitudes: Reflect critically on personal beliefs and attitudes, including how these may impact on patient care.

Honesty and openness: Act honestly, including reporting accurately, and acknowledging their own errors.

Patient welfare: Prioritise patients' welfare and community benefit above self-interest.

Accountability: Be personally and socially accountable.

Personal limits: Practise within their own limits and according to ethical principles and professional guidelines.

Self-care: Implement strategies to maintain personal health and wellbeing.

Respect for peers: Recognise and respect the personal and professional integrity, roles, and contribution of peers.

Interaction with professionals: Interact equitably, collaboratively, and respectfully with other health professionals.

Respect and sensitivity: Respect patients, maintain appropriate relationships, and behave equitably.

Privacy and confidentiality: Protect and uphold patients' rights to privacy and confidentiality.

Compassion and empathy: Demonstrate a caring attitude towards patients and endeavour to understand patients' values and beliefs.

Health needs: Understand and address patients', families', carers', and colleagues' physical and emotional health needs.

Medical and health ethics and law: Practise according to current community and professional ethical standards and legal requirements.

Judgement and decision making



Professional standard: Physicians collect and interpret information, and evaluate and synthesise evidence, to make the best possible decisions in their practice.

Physicians negotiate, implement, and review their decisions and recommendations with patients, their families and carers, and other health professionals.

Diagnostic reasoning: Apply sound diagnostic reasoning to clinical problems to make logical and safe clinical decisions.

Resource allocation: Apply judicious and cost-effective use of health resources to their practice.

Task delegation: Apply good judgement and decision making to the delegation of tasks.

Limits of practice: Recognise their own scope of practice and consult others when required.

Shared decision making: Contribute effectively to team-based decision-making processes.

Leadership, management, and teamwork



Professional standard: Physicians recognise, respect, and aim to develop the skills of others, and engage collaboratively to achieve optimal outcomes for patients and populations.

Physicians contribute to and make decisions about policy, protocols, and resource allocation at personal, professional, organisational, and societal levels.

Physicians work effectively in diverse multidisciplinary teams and promote a safe, productive, and respectful work environment that is free from discrimination, bullying, and harassment.

Managing others: Lead teams, including setting directions, resolving conflicts, and managing individuals.

Wellbeing: Consider and work to ensure the health and safety of colleagues and other health professionals.

Leadership: Act as a role model and leader in professional practice.

Teamwork: Negotiate responsibilities within the healthcare team and function as an effective team member.

Health policy, systems, and advocacy



Professional standard: Physicians apply their knowledge of the nature and attributes of local, national, and global health systems to their own practices. They identify, evaluate, and influence health determinants through local, national, and international policy.

Physicians deliver and advocate for the best health outcomes for all patients and populations.

Health needs: Respond to the health needs of the local community and the broader health needs of the people of Australia and Aotearoa New Zealand.

Prevention and promotion: Incorporate disease prevention, health promotion, and health surveillance into interactions with individual patients and their social support networks.

Equity and access: Work with patients and social support networks to address determinants of health that affect them and their access to needed health services or resources.

Stakeholder engagement: Involve communities and patient groups in decisions that affect them to identify priority problems and solutions.

Advocacy: Advocate for prevention, promotion, equity, and access to support patient and population health needs within and outside the clinical environment.

Resource allocation: Understand the factors influencing resource allocation, promote efficiencies, and advocate to reduce inequities.

Sustainability: Manage the use of healthcare resources responsibly in everyday practice.

Entrustable Professional Activities





#	Theme	Title		
1	Team leadership	Lead a team of health professionals		
2	Supervision and teaching	Supervise and teach professional colleagues		
3	Quality improvement	Identify and address failures in health care delivery		
4	Clinical assessment and management	Clinically assess and manage the ongoing care of patients		
5	Management of transitions in care	Manage the transition of patient care between health professionals, providers, and contexts		
6	Acute care	Manage the early care of acutely unwell patients		
7	Longitudinal care	Manage and coordinate the longitudinal care of patients with chronic illness, disability, and/or long-term health issues		
8	Communication with patients	Discuss diagnoses and management plans with patients		
9	<u>Prescribing</u>	Prescribe therapies tailored to patients' needs and conditions		
10	<u>Procedures</u>	Plan, prepare for, perform, and provide aftercare for important practical procedures		
11	<u>Investigations</u>	Select, organise, and interpret investigations		
12	Clinic management	Manage an outpatient clinic		
13	End-of-life care	Manage the care of patients at the end of their lives		

EPA 1: Team leadership

Theme	Team leadership	AT-EPA-01		
Title	Lead a team of health professionals			
Description	This activity requires the ability to: prioritise workload manage multiple concurrent tasks articulate individual responsibilities, team members recognise the range of team member acquire and apply leadership technic collaborate with and motivate team encourage and adopt insights from the	ers' skills, expertise, and roles ques in daily practice members		
Behaviours				
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision	Requires some supervision Possible behaviours of a trainee who needs some supervision to perform this activity		
	The trainee will:	The trainee may:		
Medical expertise	 synthesise information with other disciplines to develop optimal, goal-centred plans for patients⁴ use evidence-based care to meet the needs of patients or populations assess and effectively manage clinical risk in various scenarios demonstrate clinical competence and skills by effectively supporting team members 	 demonstrate adequate knowledge of healthcare issues by interpreting complex information assess the spectrum of problems to be addressed apply medical knowledge to assess the impact and clinical outcomes of management decisions provide coordinated and quality health care for populations or patients as a member of a multidisciplinary team 		
Communication	 provide support and motivate patients or populations and health professionals by effective communication demonstrate a transparent, consultative style by engaging patients, families, carers, relevant professionals, and/or the public in shared decision making work with patients, families, carers, and other health professionals to resolve conflict that may arise when planning and aligning goals 	 communicate adequately with colleagues communicate adequately with patients, families, carers, and/or the public respect the roles of team members 		

⁵ References to patients in the remainder of this document may include their families, whānau, and/or carers.

	 demonstrate rapport with people at all levels by tailoring messages to different stakeholders 	
Quality and safety	 identify opportunities to improve care by participating in surveillance and monitoring of adverse events and 'near misses' identify activities within systems to reduce errors, improve patient and population safety, and implement cost-effective change place safety and quality of care first in all decision making 	 participate in audits and other activities that affect the quality and safety of patients' care participate in interdisciplinary collaboration to provide effective health services and operational change use information resources and electronic medical record technology where available
	 regularly self-evaluate personal professional practice, and implement changes based on the results 	 accept feedback constructively, and change behaviour in response recognise the limits of personal expertise, and involve other health
Teaching	 actively seek feedback from supervisors and colleagues on their own performance identify personal gaps in skills and knowledge, and engage in self-directed learning 	 professionals as needed demonstrate basic skills in facilitating colleagues' learning
and learning	 maintain current knowledge of new technologies, health care priorities, and changes of patients' expectations 	
	 teach competently by imparting professional knowledge manage and monitor learner progress, providing regular assessment and feedback 	
Cultural safety	 demonstrate culturally competent relationships with professional colleagues and patients demonstrate respect for diversity and difference take steps to minimise unconscious bias, including the impact of gender, religion, 	 demonstrate awareness of cultural diversity and unconscious bias work effectively and respectfully with people from different cultural backgrounds
	 cultural beliefs, and socioeconomic background on decision making promote a team culture of shared accountability for decisions and 	 support ethical principles in clinical decision making
Ethics and	outcomes encourage open discussion of ethical and clinical concerns respect differences of	 maintain standards of medical practice by recognising the health interests of patients or populations as primary responsibilities
professional behaviour	 multidisciplinary team members demonstrate understanding of the ethics of resource allocation by aligning optimal patients and organisational care 	 respect the roles and expertise of other health professionals work effectively as a member of a team promote team values of honesty,

	 effectively consult with stakeholders, achieving a balance of alternative views 	 demonstrate understanding of the negative impact of workplace conflict
	 act collaboratively to resolve behavioural incidents and conflicts such as harassment and bullying 	
	 evaluate health services and clarify expectations to support systematic, transparent decision making make decisions when faced with multiple and conflicting 	 monitor services and provide appropriate advice review new health care interventions and resources interpret appropriate data and evidence for decision making
Judgement and decision making	perspectivesensure medical input to organisational decision making	evidence for decision making
	 adopt a systematic approach to analysing information from a variety of specialties to make decisions that benefit health care delivery 	
	 combine team members' skills and expertise in delivering patient care and/or population advice 	 recognise the range of personal and other team members' skills, expertise, and roles
Leadership,	 develop and lead effective multidisciplinary teams by developing and implementing strategies to motivate others 	 acknowledge and respect the contribution of all health professionals involved in patients' care
management, and teamwork	 build effective relationships with multidisciplinary team members to achieve optimal outcomes 	 participate effectively and appropriately in multidisciplinary teams
	 ensure all members of the team are accountable for their individual practice 	 seek out and respect the perspectives of multidisciplinary team members when making decisions
	 engage in appropriate consultation with stakeholders on the delivery of health care 	 communicate with stakeholders within the organisation about health care delivery
	 advocate for the resources and support for healthcare teams to achieve organisational priorities 	 demonstrate understanding of methods used to allocate resources to provide
Health policy, systems, and advocacy	 influence the development of organisational policies and procedures to optimise health outcomes 	 high-quality care promote the development and use of organisational policies and procedures
	 identify the determinants of health of the population, and mitigate barriers to access to care 	
	 remove self-interest from solutions to health advocacy issues 	

EPA 2: Supervision and teaching

Theme	Supervision and teaching	AT-EPA-02	
Title	Supervise and teach professional colleagues		
Description	 This activity requires the ability to: provide work-based teaching in a variety of settings teach professional skills create a safe and supportive learning environment plan, deliver, and provide work-based assessments encourage learners to be self-directed and identify learning experiences supervise learners in day-to-day work, and provide feedback support learners to prepare for assessments. 		
Behaviours			
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision	Requires some supervision Possible behaviours of a trainee who needs some supervision to perform this activity	
	The trainee will:	The trainee may:	
Medical expertise	 combine high-quality care with high-quality teaching explain the rationale underpinning a structured approach to decision making consider the patient-centric view during consultations consider the population health effect when giving advice encourage learners to consider the rationale and appropriateness of investigation and management options 	teach learners using basic knowledge and skills	
Communication	 establish rapport and demonstrate respect for junior colleagues, medical students, and other health professionals communicate effectively when teaching, assessing, and appraising learners actively encourage a collaborative and safe learning environment with learners and other health professionals encourage learners to tailor communication as appropriate for different patients⁵, such as younger or older people, and different populations 	demonstrate accessible, supportive, and compassionate behaviour	

⁶ References to patients in the remainder of this document may include their families, whānau, and/or carers.

	 support learners to deliver clear, concise, and relevant information in both verbal and written communication 	
	 listen and convey information clearly and considerately 	
	 support learners to deliver quality care while maintaining their own wellbeing 	 observe learners to reduce risks and improve health outcomes
0 15	 apply lessons learnt about patient safety by identifying and discussing risks with learners 	
Quality and safety	 assess learners' competence, and provide timely feedback to minimise risks to care 	
	 maintain the safety of patients and organisations involved with education, and appropriately identify and action concerns 	
	 demonstrate knowledge of the principles, processes, and skills 	 demonstrate basic skills in the supervision of learners
	of supervisionprovide direct guidance to learners in day-to-day work	 apply a standardised approach to teaching, assessment, and feedback without considering
Teaching and learning	 work with learners to identify 	individual learners' needs
	professional development and learning opportunities based on their individual learning needs	 implement teaching and learning activities that are misaligned to learning goals
	 offer feedback and role modelling 	 adopt a teaching style that
	 participate in teaching and supervision professional development activities 	discourages learner self-directedness
	 encourage self-directed learning and assessment 	
	 develop a consistent and fair approach to assessing learners 	
	 tailor feedback and assessments to learners' goals 	
	 seek feedback and reflect on own teaching by developing goals and strategies to improve 	
	 establish and maintain effective mentoring through open dialogue 	
	 support learners to identify and attend formal and informal learning opportunities 	
	 recognise the limits of personal expertise, and involve others appropriately 	
Research	 clarify junior colleagues' research project goals and requirements, and provide feedback regarding 	 guide learners with respect to the choice of research projects ensure that the research projects
	the merits or challenges of proposed research	planned are feasible and of suitable standards

	 monitor the progress of learners' research projects regularly, and may review research projects prior to submission 	
	 support learners to find forums to present research projects 	
	 encourage and guide learners to seek out relevant research to support practice 	
	 role model a culturally appropriate approach to teaching 	 function effectively and respectfully when working and teaching with
	 encourage learners to seek out opportunities to develop and improve their own cultural safety 	people from different cultural backgrounds
Cultural safety	 encourage learners to consider culturally appropriate care of Aboriginal and Torres Strait Islander peoples and Māori into patients' management 	
	 consider cultural, ethical, and religious values and beliefs in teaching and learning 	
	 apply principles of ethical practice to teaching scenarios 	 demonstrate professional values, including commitment to
Ethics and professional behaviour	 act as a role model to promote professional responsibility and ethics among learners 	high-quality clinical standards, compassion, empathy, and respectprovide learners with feedback
	 respond appropriately to learners seeking professional guidance 	to improve their experiences
	 prioritise workloads and manage learners with different levels of professional knowledge 	provide general advice and support to learnersuse health data logically and
	 or experience link theory and practice when explaining professional decisions 	effectively to investigate difficult diagnostic problems
	 promote joint problem solving 	
Judgement and decision making	 support a learning environment that allows for independent decision making 	
	 use sound and evidence-based judgement during assessments and when giving feedback to learners 	
	 escalate concerns about learners appropriately 	
Loodership	 maintain personal and learners' effective performance and continuing professional development 	 demonstrate the principles and practice of professionalism and leadership in health care participate in mentor programs,
Leadership, management, and teamwork	 maintain professional, clinical, research, and/or administrative responsibilities while teaching 	career advice, and general counselling
	 create an inclusive environment in which learners feel part of the team 	

	•	help shape organisational culture to prioritise quality and work safety through openness, honesty, shared learning, and continued improvement		
Health policy,	•	advocate for suitable resources to provide quality supervision and maintain training standards	•	incompletely integrate public health principals into teaching and practice
systems, and advocacy	•	explain the value of health data in the care of patients or populations		
	•	support innovation in teaching and training		

EPA 3: Quality improvement

Theme	Quality improvement	AT-EPA-03	
Title	Identify and address failures in health care delivery		
Description	 conduct and evaluate system impro adhere to best practice guidelines audit clinical guidelines and outcom contribute to the development of popatients⁶ and enhance health care 	identify and report actual and potential ('near miss') errors conduct and evaluate system improvement activities adhere to best practice guidelines audit clinical guidelines and outcomes contribute to the development of policies and protocols designed to protect	
Behaviours	·		
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision	Requires some supervision Possible behaviours of a trainee who needs some supervision to perform this activity	
	The trainee will:	The trainee may:	
Medical expertise	 use population health outcomes to identify opportunities for improvement in delivering appropriate care regularly review patients' or population health outcomes to identify opportunities for improvement in delivering appropriate care evaluate environmental and lifestyle health risks, and advocate for healthy lifestyle choices use standardised protocols to adhere to best practice and prevent the occurrence of wrong-site, wrong-patient procedures regularly monitor personal professional performance 	 contribute to processes on identified opportunities for improvement recognise the importance of prevention and early detection in clinical practice use local guidelines to assist patient care decision making 	
Communication	 support patients to have access to, and use, easy-to-understand, high-quality information about health care support patients to share decision making about their own health care, to the extent they choose assist patients' access to their health information, as well as complaint and feedback systems 	 demonstrate awareness of the evidence for consumer engagement and its contribution to quality improvement in care apply knowledge of how health literacy might affect the way patients or populations gain access to, understand, and use health information 	

⁶ References to patients in the remainder of this document may include their families, whānau, and/or carers.

	•	discuss with patients any safety and quality concerns they have relating to their care		
	•	implement the organisation's open disclosure policy		
	•	demonstrate safety skills, including infection control, adverse event reporting, and effective clinical handover	•	be cognisant of a systematic approach to improving the quality and safety of health care
	•	participate in organisational quality and safety activities, including morbidity and mortality reviews, clinical incident reviews, root cause analyses, and corrective action preventative action plans		
Quality and safety	•	participate in systems for surveillance and monitoring of adverse events and 'near misses', including reporting such events		
	•	ensure that identified opportunities for improvement are raised and reported appropriately		
	•	use clinical audits and registries of data on patients' experiences and outcomes, learnings from incidents, and complaints to improve care		
	•	translate quality improvement approaches and methods into practice	•	work within organisational quality and safety systems for the delivery of clinical care
Teaching and learning	•	participate in professional training in quality and safety to ensure a contemporary approach to safety system strategies	•	use opportunities to learn about safety and quality theory and systems
	•	supervise and manage the performance of junior colleagues in the delivery of high-quality, safe care		
Research	•	ensure that any protocol for human research is approved by a human research ethics committee, in accordance with the national statement on ethical conduct in human research	•	recognise that patient participation in research is voluntary and based on an appropriate understanding about the purpose, methods, demands, risks, and potential benefits of the research
Cultural safety	•	undertake professional development opportunities that address the impact of cultural bias on health outcomes	•	communicate effectively with patients from culturally and linguistically diverse backgrounds
	•	align improvement goals with the priorities of the organisation	•	comply with professional regulatory requirements
Ethics and professional behaviour	•	contribute to developing an organisational culture that enables and prioritises patients' safety and quality of care		and codes of conduct

access information and advice analyse and evaluate current care processes to improve care from other health practitioners to identify, evaluate, and improve Judgement and use decision-making support patients' care management decision making tools, such as guidelines, protocols, pathways, and reminders formulate and implement quality demonstrate attitudes of respect improvement strategies as and cooperation among members a collaborative effort, involving of different professional teams all key health professionals partner with clinicians and support multidisciplinary managers to ensure patients Leadership. team activities to lower patients' receive appropriate care and management, risk of harm, and promote information on their care and teamwork interdisciplinary programs of education actively involve clinical pharmacists in the medication-use process participate in all aspects of the maintain a dialogue with service development, implementation, managers about issues that affect evaluation, and monitoring of patients' care governance processes contribute to relevant participate regularly in organisational policies and multidisciplinary meetings where procedures quality and safety issues are help shape an organisational standing agenda items, and culture that prioritises safety and where innovative ideas and quality through openness, honesty, projects for improving care learning, and quality improvement are actively encouraged measure, analyse, and report Health policy, a set of specialty-specific systems, and process of care and outcome advocacy clinical indicators, and a set of generic safety indicators take part in the design and implementation of the organisational systems for: clinical education and training defining the scope of clinical practice performance monitoring and management safety and quality education

and training

EPA 4: Clinical assessment and management

Theme	Clinical assessment and managemen	t AT-EPA-04	
Title	Clinically assess and manage the ongoing care of patients		
Description	This activity requires the ability to: identify and access sources of relevant information about patients ⁷ obtain patient histories examine patients synthesise findings to develop provisional and differential diagnoses discuss findings with patients, families, and/or carers generate management plans present findings to other health professionals.		
Behaviours	Peady to perform		
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision	Requires some supervision Possible behaviours of a trainee who needs some supervision to perform this activity	
	The trainee will:	The trainee may:	
Medical expertise	 plan both open and directed questions to obtain relevant data determine histories of presenting problems, incorporating the patients' developmental stage, including: associated symptoms duration and course of the condition symptom onset elicit key features of histories, including: behavioural developmental milestones family growth neurological perinatal prenatal psychosocial and general medicine history, including:	 take patient-centred histories, considering psychosocial factors perform accurate physical examinations recognise and correctly interpret abnormal findings synthesise pertinent information to direct clinical encounters and diagnostic categories develop appropriate management plans 	

⁷ References to patients in the remainder of this document may include their families, whānau, and/or carers.

- perform various examination techniques, suitable to the neurodevelopmental stage of patients, to assess:
 - cognition / mental state
 - coordination and gait
 - cranial nerves >>
 - motor function
 - reflexes
 - sensory function
- synthesise and interpret findings from histories, examinations, and investigations to devise the most likely provisional diagnoses via reasonable differential diagnoses
- assess the severity of problems, the likelihood of complications, and clinical outcomes
- plan necessary investigations within an appropriate time frame
- review significant investigations, such as MRI and nuclear medicine electrophysiology
- reconsider and, if necessary, revise a diagnosis when new information becomes available
- develop management plans based on relevant guidelines, and consider the balance of benefit and harm by taking patients' personal sets of circumstances into account
- obtain further details from other sources, such as home video, other family members, paediatricians, and teachers
- identify mental health issues and refer appropriately
- assess and manage problems of patients' adherence to management
- identify state / national driving regulations for neurological conditions, and provide guidance in relation to an individual's fitness to drive
- recognise signs of inflicted injury
- assess patients' level of consciousness using a tool such as the Glasgow Coma Scale, and explain the limitations of these in childhood
- apply and interpret brain death criteria

- assess sleep using scores such as the Epworth Sleepiness Scale for Children and Adolescents (ESS-CHAD), and explain the limitations of these measures
- recognise the signs of child abuse and domestic violence
- assess patients' capacity and competence to make informed decisions regarding treatment options
- communicate openly, listen, and take patients' concerns seriously, giving them adequate opportunity to ask questions
- provide information to patients and their family and/or carers to enable them to make fully informed decisions from various diagnostic, therapeutic, and management options
- communicate clearly, effectively, respectfully, and promptly with other health professionals involved in patients' care
- include the child / adolescent in the process of information gathering
- describe to the child and family and/or carers the potential negative impacts of investigations involving neuroimaging and genetic testing
- communicate with hospital managers and, if necessary, insurers, lawyers, or other interested parties to provide successful advocacy for patients or services delivering care to patients
- to third parties
- involve nursing staff to provide teaching and a link to the treating doctor

demonstrate safety skills, including

infection control, adverse event

- anticipate, read, and respond to verbal and nonverbal cues
- demonstrate active listening skills
- communicate patients' situations to colleagues, including senior clinicians

Communication

provide appropriate written reports

perform hand hygiene, and take infection control precautions at appropriate moments

take precaution against assaults from confused or agitated patients, ensuring appropriate care of patients

document history and physical examination findings, and synthesise with clarity and completeness

Quality and safety

reporting, and effective clinical handover obtain informed consent before undertaking any investigation

or providing treatment (except

ensure patients are informed of the material risks associated with any part of proposed management plans

in an emergency)

	recognise and effectively deal	
	with aggressive and violent patient behaviours through appropriate training	
Teaching and learning	 set defined objectives for clinical teaching encounters, and solicit feedback on mutually agreed goals regularly reflect upon and self-evaluate professional development obtain informed consent before involving patients in teaching activities turn clinical activities into an opportunity to teach, appropriate to the setting 	 set unclear goals and objectives for self-learning self-reflect infrequently deliver teaching considering learners' level of training
Research	 search for, find, compile, analyse, interpret, and evaluate information relevant to the research subject access information from neurogenetic databases, such as Online Mendelian Inheritance in Man (OMIM) 	 refer to guidelines and medical literature to assist in clinical assessments when required demonstrate awareness of the limitations of evidence and the challenges of applying research in daily practice
Cultural safety	 use plain-language patient education materials, and demonstrate cultural and linguistical sensitivity demonstrate effective and culturally competent communication and care for Aboriginal and Torres Strait Islander peoples and Māori, and members of other cultural groups use a professional interpreter, health advocate, or a family or community member to assist in communication with patients, and understand the potential limitations of each acknowledge patients' beliefs and values, and how these might impact on health 	 display respect for patients' cultures, and attentiveness to social determinants of health demonstrate awareness of at least the most prevalent cultures in society, and an appreciation of their sensitivities appropriately access interpretive or culturally focused services
Ethics and professional behaviour	 demonstrate professional values, including compassion, empathy, respect for diversity, integrity, honesty, and partnership to all patients hold information about patients in confidence, unless the release of information is required by law or public interest assess patients' capacity for decision making, involving a proxy decision maker appropriately 	 demonstrate professional conduct, honesty, and integrity consider patients' decision-making capacity identify patients' preferences regarding management and the role of families in decision making not advance personal interest or professional agendas at the expense of patient or social welfare

Judgement and decision making	 apply knowledge and experience to identify patients' problems, making logical, rational decisions, and acting to achieve positive outcomes for patients use a holistic approach to health, considering comorbidity, risk, and uncertainty use the best available evidence for the most effective therapies and interventions to ensure quality care recognise how and when to access additional resources and/or to refer patients to other neurologists, general paediatricians, neurosurgeons, rehabilitationists, or other specialist physicians 	 demonstrate clinical reasoning by gathering focused information relevant to patients' care recognise personal limitations and seek help in an appropriate way when required
Leadership, management, and teamwork	 work effectively as a member of multidisciplinary teams to achieve the best health outcomes for patients demonstrate awareness of colleagues in difficulty, and work within the appropriate structural systems to support them while maintaining patients' safety 	share relevant information with members of the healthcare team
Health policy, systems, and advocacy	 participate in health promotion, disease prevention and control, screening, and reporting notifiable diseases aim to achieve the optimal cost-effective patient care to allow maximum benefit from the available resources provide support with respect to education identify community services for children with disabilities or other 	 identify and navigate components of the healthcare system relevant to patients' care identify and access relevant community resources to support patient care

chronic neurological conditions

EPA 5: Management of transitions in care

Theme	Management of transitions in care	AT-EPA-05
Title	Manage the transition of patient care providers, and contexts	between health professionals,
Description	 This activity requires the ability to: manage transitions of patient care to of care between providers identify the appropriate care provide with whom to share patient informat exchange pertinent, contextually apprinformation perform this activity in multiple setting including ambulatory, critical care, a 	ers and other stakeholders ion propriate, and relevant patient ngs, appropriate to the speciality,
Behaviours		
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision	Requires some supervision Possible behaviours of a trainee who needs some supervision to perform this activity
	The trainee will:	The trainee may:
Medical expertise	 facilitate optimal transitions of care for patients identify and manage key risks for patients during transition anticipate possible changes in patients' conditions, and provide recommendations on how to manage them 	 demonstrate awareness of the details of patients' conditions, illness severity, and potential emerging issues, with appropriate actions provide accurate summaries of patients' information with accurate identification of problems or issues
одранис	 encourage a process for adolescents to learn the skills of independence and self-management from their early teens, and provide adequate planning for the transition to adult care 	
Communication	 communicate with patients⁸, families, and/or carers about transitions of care, and engage and support these parties in decision making write relevant and detailed medical record entries, including clinical assessments and management plans write comprehensive and accurate summaries of care, including discharge summaries, clinic letters, and transfer documentation 	 communicate clearly with clinicians and other caregivers use standardised verbal and written templates to improve the reliability of information transfer and prevent errors and omissions communicate accurately and in a timely manner to ensure effective transitions between settings, and continuity and quality of care

⁸ References to patients in the remainder of this document may include their families, whānau, and/or carers.

	 initiate and maintain verbal communication with other healt professionals, when required 	h
Quality	 identify patients at risk of poor transitions of care, and mitigate this risk 	 ensure that handover is complete, or work to mitigate risks if incomplete
	 use electronic tools (where available) to securely store and transfer patient information 	 ensure all outstanding results or procedures are followed up by receiving units and clinicians
and safety	 use consent processes, includir written consent if required, for the release and exchange of information 	 keep patients' information secure, adhering to relevant legislation regarding personal information and privacy
	 recognise the medicolegal cont of written communications 	ext
Teaching and learning	 integrate clinical education in handover sessions and other transition of care meetings 	 take opportunities to teach junior colleagues during handover, as necessary
and learning	 tailor clinical education to the le of the professional parties invol 	
Cultural safety	 communicate with careful consideration to health literacy, language barriers, and culture regarding patient preferences, and whether they are realistic and possible, respecting patien choices 	ethnic background in handovers, and whether an interpreter is required
	 recognise the timing, location, privacy, and appropriateness of sharing information with patient and their families or carers 	
	 disclose and share only contextually appropriate medica and personal information 	 maintain respect for patients, families, carers, and other health professionals, including respecting
Ethics and professional behaviour	 recognise the clinical, ethical, and legal rationale for information disclosure 	privacy and confidentiality on
	 share information about patient care in a manner consistent wit privacy law and professional guidelines on confidentiality 	
	 be able to explain the additional complexity related to some type of information, such as genetic information and blood-borne virth status, and seek appropriate advice about disclosure of such information 	us
	 interact in a collegiate and collaborative way with profession colleagues during transitions of care 	onal

Judgement and decision making	 ensure patients' care is in the most appropriate facility, setting, or provider 	 use a structured approach to consider and prioritise patients' issues
		 recognise personal limitations and seek help in an appropriate way when required
Leadership, management, and teamwork	 share the workload of transitions of care appropriately, including delegation 	 recognise factors that impact transfers of care, and help subsequent health professionals
	 recognise the medical governance of patient care, and the differing roles of team members 	understand the issues to continue carework to overcome the potential
	 show respect for the roles and expertise of other health professionals, and work effectively as a member of professional teams 	barriers to continuity of care, appreciating the role of handover in overcoming these barriers
	 ensure that multidisciplinary teams provide the opportunity for patients' engagement and participation when appropriate 	
Health policy, systems, and advocacy	 contribute to processes for managing risks, and identify strategies for improvement in transition of care 	 factor transport issues and costs to patients into arrangements for transferring patients to other settings
	 engage in organisational processes to improve transitions of care, such as formal surveys or follow-up phone calls after hospital discharge 	
	 identify any local services available, and advocate for the provision of services within the paediatric and adult sector to facilitate the development of transition services 	

EPA 6: Acute care

Theme	Acute care	AT-EPA-06
Title	Manage the early care of acutely unw	rell patients
Description	 This activity requires the ability to: assess seriously unwell or injured patients, and initiate management recognise clinical deterioration, and respond by following the local process for escalation of care recognise and manage acutely unwell patients who require resuscitation lead the resuscitation team initially, and involve other necessary services liaise with transport services and medical teams perform this activity primarily in inpatient settings. 	
Behaviours		
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision	Requires some supervision Possible behaviours of a trainee who needs some supervision to perform this activity
Medical expertise	 recognise immediate life-threatening conditions and deteriorating and critically unwell patients⁹, and respond appropriately perform advanced life support, according to resuscitation council guidelines, to a high level of advanced resuscitation skills demonstrate knowledge of potential risks and complications of resuscitation effectively assess, diagnose, and manage acute undifferentiated clinical presentations select investigations that ensure maximum patient safety through excluding or diagnosing critical patient issues systematically identify causes of acute deterioration in health status and levels of physical and cognitive functioning provide plans for ongoing monitoring / transfer to high-dependency units after initial stabilisation manage escalations or transitions of care in a proactive and timely manner 	 recognise seriously unwell patients requiring immediate care apply basic life support as indicated recognise general medical principles of caring for patients with undifferentiated and undiagnosed conditions identify potential causes of current deterioration, and comply with escalation protocols facilitate initial tests to assist in diagnosis, and develop management plans for immediate treatment document information to outline the rationale for clinical decisions and action plans assess perioperative and periprocedural patients

⁹ References to patients in the remainder of this document may include their families, whānau, and/or carers.

- develop plans of multidisciplinary treatment, rehabilitation, and secondary prevention following acute events
- provide clear and effective discharge summaries with recommendations for ongoing
- optimise medical management before, during, and after operations
- communicate clearly with other team members, and coordinate efforts of multidisciplinary team members
- use closed-loop and clear communication with other healthcare team members during resuscitation
- facilitate early communication with patients, families, and healthcare team members to allow shared decision making
- negotiate realistic treatment goals, and determine and explain the expected prognoses and outcomes
- employ communication strategies appropriate for younger patients or those with cognitive difficulties
- explain situations to patients in a sensitive and supportive manner, avoiding jargon and confirming their understanding
- determine the level of health literacy of individual patients and level of understanding of agreed care decisions

- demonstrate communication skills to sufficiently support the function of multidisciplinary teams
- if possible, determine patients' understanding of their diseases and what they perceive as the most desirable goals of care

maintain up-to-date certification in advanced life support

- use clinical information technology systems for conducting prospective and retrospective clinical audits
- evaluate and explain the benefits and risks of clinical interventions based on individual patients' circumstances
- analyse adverse incidents and sentinel events to identify system failures and contributing factors
- identify evidence-based practice gaps using clinical indicators, and implement changes to improve patients' outcomes

- evaluate the quality of processes through well-designed audits
- recognise the risks and benefits of operative interventions
- raise appropriate issues for review at morbidity and mortality meetings
- evaluate the quality and safety processes implemented within the workplace, and identify gaps in their structure

Quality and safety

Communication

	 coordinate and encourage innovation, and objectively evaluate improvement initiatives for outcomes and sustainability 	
Teaching and learning	 demonstrate effective supervision skills and teaching methods adapted to the context of the training encourage questioning among junior colleagues and students in response to unanswered clinical questions 	 mentor and train others to enhance team effectiveness provide constructive feedback
		to junior colleagues to contribute to improvements in individuals' skills coordinate and supervise junior
		colleagues from the emergency department and wards
	 seek guidance and feedback from healthcare teams to reflect on encounters and improve future patients' care 	 consider simulation-based teaching
	 select studies based on optimal trial design, freedom from bias, and precision of measurement 	 demonstrate efficient searching of literature databases to retrieve evidence
	 evaluate the value of treatments in terms of relative and absolute 	 use information from credible sources to aid in decision making
Research	benefits, cost, potential patient harm, and feasibility	refer to evidence-based clinical guidelines and protocols on acutely upwell petients.
	 evaluate the applicability of the results of clinical studies to the circumstances of individual patients, especially those with multiple comorbidities 	 unwell patients demonstrate awareness of the limitations of the evidence and the challenges of applying research in daily practice
	 specify research evidence to the needs of individual patients 	
Cultural safety	 negotiate health care decisions in a culturally appropriate way by considering variation in family structures, cultures, religion, 	 practise cultural competency appropriate for the community serviced proactively identify barriers
	 or belief systems adopt appropriate means of communication with culturally and linguistically diverse (CALD) populations 	to healthcare access
	 integrate culturally appropriate care of Aboriginal and Torres Strait Islander peoples and Māori into patients' management 	
	 consider cultural, ethical, and religious values and beliefs in leading multidisciplinary teams 	
	 develop management plans based on medical assessments of the clinical conditions and 	 communicate medical management plans as part of multidisciplinary plans
Ethics and professional behaviour	multidisciplinary assessments of functional capacity	 establish, where possible, patients' wishes and preferences about care
	 consider the consequences of delivering treatment that is deemed futile, directing to other care as appropriate 	 contribute to building a productive culture within teams

- advise patients of their rights to refuse medical therapy, including life-sustaining treatment
- facilitate interactions within multidisciplinary teams that respect values, encourage involvement, and engage all participants in decision making
- demonstrate critical reflection on personal beliefs and attitudes, including how these may affect patient care and health care policy
- recognise the need for escalations of care, and escalate to appropriate staff or services
- integrate evidence related to questions of diagnosis, therapy, prognosis, risks, and cause into clinical decision making
- reconcile conflicting advice from other specialties, applying judgement in making clinical decisions in the presence of uncertainty
- use care pathways effectively, including identifying reasons for variations in care

- involve additional staff to assist in a timely fashion when required
- recognise personal limitations and seek help in an appropriate way when required

Leadership, management,

and teamwork

Judgement and

decision making

- work collaboratively with staff in the emergency department, intensive care, and other subspecialty inpatient units
- manage the transition of acute medical patients through their hospital journeys
- lead a team by providing engagement while maintaining a focus on outcomes
- collaborate with and engage other team members, based on their roles and skills
- ensure appropriate multidisciplinary assessment and management
- encourage an environment of openness and respect to lead effective teams

Health policy, systems, and advocacy

- use a considered and rational approach to the responsible use of resources, balancing costs against outcomes
- prioritise patients' care based on need, and consider available resources
- collaborate with emergency medicine staff and other colleagues to develop policies and protocols for the investigation and management of common acute medical problems
- demonstrate understanding of the systems for the escalation of care for deteriorating patients
- acknowledge the role of clinician leadership and advocacy in appraising and redesigning systems of care that lead to better patient outcomes

EPA 7: Longitudinal care

Theme	Longitudinal care	AT-EPA-07
Title	Manage and coordinate the longituding illness, disability, and/or long-term he	
Description Behaviours	 This activity requires the ability to: develop management plans and goal families, and/or carers manage chronic and advanced condand disabilities collaborate with other health care pressure continuity of care facilitate patients' and/or families' and and self-monitoring engage with the broader health police 	ditions, comorbidities, complications, oviders
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision The trainee will:	Requires some supervision Possible behaviours of a trainee who needs some supervision to perform this activity The trainee may:
Medical expertise	 regularly assess and review care plans for patients with chronic conditions and disabilities, based on short- and long-term clinical and quality of life goals provide documentation on patients' presentation, management, and progress, including key points of diagnosis and decision making to inform coordination of care ensure patients contribute to their needs assessments and care planning monitor treatment outcomes, effectiveness, and adverse events 	 assess patients' knowledge, beliefs, concerns, and daily behaviours related to their chronic condition and/or disability and its management contribute to medical record entries on histories, examinations, and management plans in a way that is accurate and sufficient as a member of multidisciplinary teams
Communication	 communicate effectively and at an appropriate level with patients and their families regarding agreed care plans encourage patients' self-management through education to take greater responsibility for their care, and support problem solving encourage patients' access to self-monitoring devices and assistive technologies 	 provide healthy lifestyle advice and information to patients on the importance of self-management work in partnership with patients, and motivate them to comply with agreed care plans involve local clinicians and therapists in day-to-day care as needed

 $^{^{10}}$ References to patients in the remainder of this document may include their families, whānau, and/or carers.

	 communicate with multidisciplinary team members, and involve patients in that dialogue 	
	 use innovative models of chronic disease care, using telehealth and digitally integrated support services 	 participate in continuous quality improvement processes and clinical audits on chronic disease management
	 review medicine use, and ensure patients understand safe medication administration to prevent errors 	 identify activities that may improve patients' quality of life
Quality and safety	 support patients' self-management by balancing between minimising risk and helping them become more independent 	
	 participate in quality improvement processes impacting on patients' abilities to undertake normal activities of daily living 	
	 participate in departmental quality and safety meetings, such as mortality and morbidity and multidisciplinary team meetings 	
	 contribute to the development of clinical pathways for chronic diseases management based on current clinical guidelines 	 use clinical practice guidelines for chronic diseases management seek feedback and information on ward rounds to improve own
Teaching	 support and educate junior team members in day-to-day clinical duties 	knowledge basedemonstrate awareness of evidence-based resources
and learning	 educate patients to recognise and monitor their symptoms, and undertake strategies to assist their recovery 	to support clinical decision making
	 use evidence-based resources to support patient care plan development 	
	 prepare reviews of literature on patients' encounters to present at journal club meetings or peer 	 search literature using problem / intervention / comparison / outcome (PICO) format
Research	 reviewed meetings search for and critically appraise evidence to resolve clinical areas of uncertainty 	 recognise appropriate use of review articles
Cultural safety	encourage patients from culturally and linguistically diverse backgrounds to join local networks to receive the support needed for long-term self-management	provide culturally safe chronic disease management
Ethics and professional behaviour	 share information about patients' health care, consistent with privacy laws and professional guidelines on confidentiality 	 share information between relevant service providers, consistent with privacy laws and confidentiality guidelines
	 use consent processes for the release and exchange of health information 	acknowledge and respect the contribution of health professionals involved in patients' care

	 assess patients' decision-making capacity, and appropriately identify and use proxy decision makers 	
Judgement and	 implement stepped care pathways in the management of chronic diseases and disabilities 	 recognise personal limitations and seek help in an appropriate way when required
decision making	 recognise patients' needs in terms of both internal resources and external support on long-term health care journeys 	
	 coordinate whole-person care through involvement in all stages of patients' care journeys 	 participate in multidisciplinary care for patients with chronic diseases and disabilities, including
Leadership, management, and teamwork	 use a multidisciplinary approach across services to manage patients with chronic diseases and disabilities 	organisational and community care on a continuing basis, appropriate to patients' context
	 develop collaborative relationships with patients, families, carers, and a range of health professionals 	
	 delegate clinical duties appropriate to other team members' levels of training and ability 	
Health policy, systems, and advocacy	 use health screening for early intervention and chronic diseases management 	 demonstrate awareness of government initiatives and services available for patients
	 assess alternative models of health care delivery to patients with chronic diseases and disabilities 	with chronic diseases and disabilities, and display knowledge of how to access them
	 participate in government initiatives for chronic diseases management to reduce hospital admissions and improve patients' quality of life 	
	 help patients access initiatives and services for patients with chronic diseases and disabilities 	

EPA 8: Communication with patients

Theme	Communication with patients	AT-EPA-08
Title	Discuss diagnoses and management	plans with patients
Description	 appropriate strategies and materials populations (CALD) structure conversations intentionally negotiate mutually agreed management 	es and communication strategies, including for culturally and linguistically diverse nent plans or carers' understanding of information sure actions occur
Behaviours		
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision The trainee will:	Requires some supervision Possible behaviours of a trainee who needs some supervision to perform this activity The trainee may:
Medical expertise	 anticipate and be able to correct any misunderstandings patients may have about their conditions and/or risk factors inform patients of all aspects of their clinical management, including assessments and investigations, and give them adequate opportunity to question or refuse interventions and treatments seek to understand the concerns and goals of patients, and plan management in partnership with them present the following patient information verbally and document in written form: diagnoses or differential diagnoses key clinical findings of histories and examinations proposed management plans results of investigations 	 apply knowledge of the scientific basis of health and disease to the management of patients demonstrate awareness of the clinical problems being discussed formulate management plans in partnership with patients

¹¹ References to patients in the remainder of this document may include their families, whānau, and/or carers.

- provide information to patients to enable them to make informed decisions about diagnostic. therapeutic, and management options
- use appropriate communication strategies and modalities for communication, such as emails, face-to-face, or phone calls
- elicit patients' views, concerns, and preferences, promoting rapport
- provide information to patients in plain language, avoiding jargon, acronyms, and complex medical terms
- encourage questions, and answer them thoroughly
- ask patients to share their thoughts or explain their management plans in their own words, to verify understanding
- convey information such as diagnoses, prognoses, and management plans considerately and sensitively to patients and their families, seeking clarification if unsure of how best to proceed
- treat children and young people respectfully, and listen to their views
- recognise the role of family or carers, and, when appropriate, encourage patients to involve their family or carers in decisions about their care
- practice gender inclusive care and promote equality

- select appropriate modes of communication
- engage patients in discussions, avoiding the use of jargon
- check patients' understanding of information
- adapt communication style in response to patients' age, developmental level, and cognitive, physical, cultural, socioeconomic, and situational factors
- collaborate with patient liaison officers as required

Communication

discuss with patients their condition and the available management options, including potential benefits and harms

- provide information to patients in a way they can understand before asking for their consent
- consider young people's capacity for decision making and consent
- recognise and take precautions where patients may be vulnerable, such as issues of child protection, self-harm, or elder abuse
- participate in processes to manage patients' complaints

- inform patients of the material risks associated with proposed management plans
- treat information about patients as confidential

Quality and safety

discuss the aetiology of diseases respond appropriately to information and explain the purpose, nature, sourced by patients, and to patients' and extent of the assessments knowledge regarding their condition **Teaching** to be conducted and learning obtain informed consent or other valid authority before involving patients in teaching provide information to patients that refer to evidence-based clinical is based on guidelines issued by auidelines the National Health and Medical demonstrate awareness of the Research Council and/or Health limitations of the evidence and Research Council of New Zealand the challenges of applying provide information to patients research in daily practice Research in a way they can understand before asking for their consent to participate in research obtain an informed consent or other valid authority before involving patients in research demonstrate effective and identify when to use interpreters culturally competent allow enough time for communication with Aboriginal communication across linguistic and Torres Strait Islander peoples and cultural barriers and Māori effectively communicate with members of other cultural groups by meeting patients' specific language, cultural, and **Cultural** safety communication needs use qualified language or cultural interpreters to help meet patients' communication needs provide plain language and culturally appropriate written materials to patients when possible encourage and support patients respect the preferences of patients to be well informed about their communicate appropriately, health, and to use this information consistent with the context, wisely when they make decisions and respect patients' needs encourage and support patients and preferences and, when relevant, their families maximise patient autonomy, and or carers, in caring for themselves support their decision making and managing their health avoid sexual, intimate, and/or demonstrate respectful, financial relationships with patients Ethics and professional relationships professional demonstrate a caring attitude with patients behaviour towards patients prioritise honesty, patients' behave equitably towards all, welfare, and community benefit irrespective of gender, age, culture, above self-interest socioeconomic status, sexual develop a high standard of preferences, beliefs, contribution personal conduct, consistent to society, illness-related with professional and community behaviours, or the illness itself expectations support patients' rights to seek second opinions

		•	use social media ethically and according to legal obligations to protect patients' confidentiality and privacy
		•	respect patients, including understanding and protecting their rights to privacy and confidentiality
	 communicate effectively with team members involved in patients' care, and with patients, families, and carers 	•	answer questions from team members summarise, clarify, and
	 discuss medical assessments, 		communicate responsibilities of healthcare team members
Leadership, management, and teamwork	treatment plans, and investigations with patients and primary care teams, working collaboratively with all	•	keep healthcare team members focused on patient outcomes
	 discuss patients' care needs with healthcare team members to align them with the appropriate resources 		
	 facilitate an environment in which all team members feel they can contribute and their opinion is valued 		
	 communicate accurately and succinctly, and motivate others on the healthcare team 		
Health policy, systems, and advocacy	 collaborate with other services, such as community health centres and consumer organisations, to help patients navigate the healthcare system 	•	communicate with and involve other health professionals as appropriate

EPA 9: Prescribing

Theme	Prescribing	AT-EPA-09
Title	Prescribe therapies tailored to patien	ts' needs and conditions
Description	 This activity requires the ability to: take and interpret medication histori choose appropriate medicines base taking into consideration age, benefinteractions, and risks communicate with patients¹², familie and risks of proposed therapies 	ies id on an understanding of pharmacology, its, comorbidities, potential drug es, and/or carers about the benefits administration effects and side effects safety
Behaviours	Ready to perform	Requires some supervision
Professional practice framework domain	without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision	Possible behaviours of a trainee who needs some supervision to perform this activity
	The trainee will:	The trainee may:
Medical expertise	 identify the patients' disorders requiring pharmacotherapy consider non-pharmacologic therapies consider age, allergies, chronic disease status, lifestyle factors, patient preference, and potential drug interactions prior to prescribing new medications plan for follow-up and monitoring 	 be aware of potential side effects and practical prescription points, such as medication compatibility and monitoring in response to therapies select medicines for common conditions accurately, appropriately, and safely demonstrate awareness of the benefits, contraindications, dosage, drug interactions, rationale, risks, and side effects identify and manage adverse events
Communication	 discuss and evaluate the benefits, rationale, and risks of treatment options, making decisions in partnership with patients write clear and legible prescriptions in plain language, and include specific indications for the anticipated duration of therapy describe how the medication should and should not be administered, including any important relationships to food, time of day, and other medicines being taken 	 discuss and explain the rationale for treatment options with patients, families, or carers explain the benefits and burdens of therapies, considering patients' individual circumstances write clearly legible scripts or charts using generic names of the required medication in full, including mg / kg / dose information and all legally required information

¹² References to patients in the remainder of this document may include their families, whānau, and/or carers.

- educate patients about the expected outcomes, intended use, and potential side effects for each prescribed medication, addressing the common, rare, and serious side effects at the time of prescribing to improve patients' adherence to pharmacotherapy
- seek further advice from experienced clinicians or pharmacists when appropriate
- ensure patients' understanding by repeating back pertinent information, such as when to return for monitoring and whether therapy continues after this single prescription
- identify patients' concerns and expectations, and explain how medicines might affect their everyday lives
- review medicines regularly to reduce non-adherence, and monitor treatment effectiveness, possible side effects, and drug interactions, ceasing unnecessary medicines
- use electronic prescribing tools where available, and access electronic drug references to prevent errors caused by drug interactions and poor handwriting
- prescribe new medicines only when they have been demonstrated to be safer or more effective at improving patient-oriented outcomes than existing medicines
- participate in clinical audits to improve prescribing behaviour, including an approach to polypharmacy and prescribing cascade
- report suspected adverse events to the Advisory Committee on Medicines, and record it in patients' medical records

- check the dose before prescribing
- monitor side effects of medicines prescribed
- identify medication errors and institute appropriate measures
- use electronic prescribing systems safely
- rationalise medicines to avoid polypharmacy

Quality and safety

- use continuously updated software for computers and electronic prescribing programs
- ensure patients understand management plans, including adherence issues
- use appropriate guidelines and evidence-based medicine resources to maintain a working knowledge of current medicines, keeping up to date on new medicines
- undertake continuing professional development to maintain currency with prescribing guidelines
- reflect on prescribing, and seek feedback from a supervisor

Teaching and learning

critically appraise research make therapeutic decisions material to ensure any according to the best evidence new medicine improves recognise where evidence is limited, patient-oriented outcomes compromised, or subject to bias more than older medicines. or conflict of interest and not just more than placebo Research use sources of independent information about medicines that provide accurate summaries of the available evidence on new medicines explore patients' understanding recognise patients' cultural and of and preferences for religious backgrounds, attitudes, non-pharmacological and and beliefs, and how these might influence the acceptability pharmacological management of non-pharmacological and offer patients effective choices pharmacological management based on their expectations approaches of treatment, health beliefs, and cost **Cultural** safety interpret and explain information to patients at the appropriate level of their health literacy anticipate queries to help enhance the likelihood of medicines being taken as advised ensure appropriate information is available at all steps of the medicine management pathway provide information to patients consider the efficacy of medicines about prescribed medicines and: in treating illnesses, including the relative merits of different how to take the medicine non-pharmacological and potential side effects pharmacological approaches what the medicine does follow regulatory and legal what the medicine is for requirements and limitations Ethics and when the medicine should regarding prescribing professional be stopped follow organisational policies behaviour make prescribing decisions based regarding pharmaceutical on good safety data when the representative visits and drug benefits outweigh the risks marketing involved recognise the ethical implications of pharmaceutical industry-funded research and marketing use a systematic approach recognise personal limitations to select treatment options and seek help in an appropriate way when required use medicines safely and consider the following factors effectively to get the best possible results for all medicines: contraindications choose suitable medicines only Judgement and

if medicines are considered

to their possible efficacy and

necessary and will benefit patients

evaluate new medicines in relation

safety profile for individual patients

Advanced Training Curriculum Standards

Neurology (Paediatrics and Child Health)

decision making

cost to patients, families,

generic versus brand medicines

and the community

risk-benefit analysis

considerations

interactions

funding and regulatory

	 prescribe medicines appropriately to patients' clinical needs, in doses that meet their individual requirements, for a sufficient length of time, with the lowest cost to them 	
	 adhere to published principles or medically accepted guidelines when off-label prescribing 	
Leadership, management, and teamwork	 interact with medical, pharmacy, and nursing staff to ensure safe and effective medicine use 	 work collaboratively with pharmacists participate in medication safety and morbidity and mortality meetings
Health policy,	 choose medicines in relation to comparative efficacy, safety, and cost-effectiveness against medicines already on the market 	 prescribe in accordance with the organisational policy
systems, and advocacy	 prescribe for individual patients, considering allergies, current medicines, history, and preferences, ensuring that resources are used wisely for the benefit of patients 	

EPA 10: Procedures

Theme	Procedures	AT-EPA-10
Title	Plan, prepare for, perform, and provide practical procedures	le aftercare for important
Description	 and/or carers obtain informed consent set up the equipment, maintaining and perform procedures manage unexpected events and conserved aftercare for patients communicate aftercare protocols and and nursing staff interpret the results and outcomes of and pathology reports communicate the outcome of procedure perform this activity across multiple in 	nplications during and after procedures d instructions to patients and medical f procedures, including imaging dures and associated investigations
Behaviours	plan follow-up investigations.	
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision The trainee will:	Requires some supervision Possible behaviours of a trainee who needs some supervision to perform this activity The trainee may:
Medical expertise	 select procedures by assessing patient-specific factors, including alternatives, benefits, and risks confidently and consistently perform a range of common procedures ensure team members are aware of all allergies and adverse reactions identified, and take precautions to avoid allergies and adverse reactions during procedures ensure patients have complied with preprocedural preparation confirm the correct position / site / side / level on patients for planned procedures recognise and manage effectively complications arising during or 	 assess patients and identify indications for procedures check for allergies and adverse reactions consider risks and complications of procedures interpret results of common diagnostic procedures organise and document postprocedural review of patients

¹³ References to patients in the remainder of this document may include their families, whānau, and/or carers.

- recognise and correctly interpret normal and abnormal findings of diagnostic procedures
- interpret results in context of patients, and relay information to patients and their family
- perform a lumbar puncture (LP)
- accurately document procedures in the clinical notes, including informed consent, procedures requested and performed, reasons for procedures, medicines given, aseptic technique, and aftercare
- explain procedures clearly to patients, families, and carers, including reasons for procedures, potential alternatives, and possible risks, to facilitate informed choices
- counsel patients sensitively and effectively, and support them to make informed choices

Communication

- address patients', families', or carers' concerns relating to procedures, providing opportunities to ask questions
- tailor language according to individual patients' age and capacity to understand
- communicate effectively with team members, patients, families, and carers prior to, during, and after procedures
- ensure team members are confident and competent in their assigned roles

- explain the process of procedures to patients without providing a broader context
- help patients, families, and carers choose procedures
- communicate with members of procedural teams so all team members understand who each member is
- discuss postprocedural care with patients, families, and carers
- complete relevant patients' documentation, and conduct appropriate clinical handovers

valid authority before undertaking any procedure set up all necessary equipment,

obtain informed consent or other

- and consistently use universal precautions and aseptic technique
- confirm patients' identification, verify the procedure and, where appropriate, the correct position / site / side / level for the procedure
- ensure that information on patients' consent forms matches procedures to be performed
- identify, document, and appropriately notify of any adverse events or equipment malfunction

- provide information in a manner so that patients, families, and carers are fully informed when consenting to any procedures
- demonstrate an inconsistent application of aseptic technique
- identify patients using approved patients' identifiers before any treatment or intervention is initiated

Teaching and learning

Quality

and safety

- refer to and/or be familiar with relevant published procedural guidelines prior to undertaking procedures
- participate in continued professional development
- help junior colleagues develop new skills

		and the board of the state of
	 organise or participate in in-service training on new technology provide specific and constructive 	 actively seek feedback on personal technique until competent
	feedback and comments to junior colleagues	
	 initiate and conduct skills training for junior staff 	
Cultural safety	 consider individual patients' cultural perception of health and illness, and adapt practice accordingly 	 respect religious, cultural, linguistic, and family values and differences
	 confidently perform common procedures 	 perform procedures when adequately supervised
Ethics and professional	 identify appropriate proxy decision makers when required 	 follow procedures to ensure safe practice
behaviour	 show respect for the knowledge and expertise of colleagues 	
	 maximise patient autonomy in decision making 	
	 identify roles and optimal timing for diagnostic procedures 	 prioritise which patients receive procedures first (if there is
	 critically appraise information from the assessment and evaluation of risks and benefits to prioritise patients on waiting lists 	 a waiting list) assess personal skill levels, and seek help with procedures when appropriate
ludgement and	 make clinical judgements and decisions based on the available evidence 	use tools and guidelines to support decision making
Judgement and decision making	 select the most appropriate and cost-effective diagnostic procedures 	 recommend suboptimal procedures for patients
	 adapt procedures in response to assessments of risks to individual patients 	
	 select appropriate investigations on the samples obtained in diagnostic procedures 	
Leadership, management, and teamwork	 explain critical steps, anticipated events, and equipment requirements to teams on planned procedures 	ensure all relevant team members are aware that a procedure is occurring
	 provide staff with clear aftercare instructions, and explain how to recognise possible complications 	 discuss patients' management plans for recovery with colleagues
	identify relevant management options with colleagues, according to their level of training and experience, to reduce errors, prevent complications, and support efficient teamwork	
	 coordinate efforts, encourage others, and accept responsibility for work done 	

Health policy, systems, and advocacy

- discuss serious incidents at appropriate clinical review meetings
- initiate local improvement strategies in response to serious incidents
- use resources efficiently when performing procedures
- perform procedures in accordance with the organisational guidelines and policies

EPA 11: Investigations

Theme	Investigations	AT-EPA-11
Title	Select, organise, and interpret investi	igations
Description	prioritise patients receiving investigaevaluate the anticipated value of inv	restigations heir families and/or carers, to facilitate ded) of investigations
Behaviours		
Professional practice framework Domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision The trainee will:	Requires some supervision Possible behaviours of a trainee who needs some supervision to perform this activity The trainee may:
Medical expertise	 choose evidence-based investigations, and frame them as an adjunct to comprehensive clinical assessments assess patients' concerns, and determine the need for specific tests that are likely to result in overall benefit develop plans for investigations, identifying their roles and timing recognise and correctly interpret abnormal findings, considering patients' specific circumstances, and act accordingly interpret results from psychological and developmental assessment tools for infants, children, and young people perform and correctly report basic nerve conduction studies (NCS), such as studies for carpal tunnel syndrome, other common entrapment neuropathies, and peripheral neuropathy use EEG, brain imaging, and video monitoring formulate plans to investigate the underlying aetiology of epilepsy and other conditions 	 provide rationale for investigations recognise the significance of abnormal test results, and act on these consider patient factors and comorbidities consider age-specific reference ranges

¹⁴ References to patients in the remainder of this document may include their families, whānau, and/or carers.

Communication	 explain to patients the potential benefits, burdens, costs, risks, and side effects of each option, including the option to have no investigations use clear and simple language, and check that patients understand the terms used and agree to proceed with proposed investigations identify patients' concerns and expectations, providing adequate explanations on the rationale for individual test ordering confirm whether patients understand the information they have been given and whether they need more information before proceeding with investigations use written or visual material or other aids that are accurate and up to date to support discussions with patients explain findings or possible outcomes of investigations to patients, families, and carers give information that patients may find distressing in a considerate way 	 discuss the benefits, complications, indications, and risks of investigations with patients before ordering investigations explain the results of investigations to patients arrange investigations, providing accurate and informative referrals, and liaise with other services where appropriate
Quality and safety	 identify adverse outcomes that may result from proposed investigations, focusing on patients' individual situations 	 consider safety aspects of investigations when planning them seek help with interpretation of test results for less common tests or indications or unexpected results
Teaching and learning	 use appropriate guidelines, evidence sources, and decision support tools participate in clinical audits to improve test ordering strategies for diagnoses and screening 	 undertake professional development to maintain currency with investigation guidelines
Research	 provide patients with relevant information if a proposed investigation is part of a research program obtain written consent from patients if the investigation is part of a research program 	 refer to evidence-based clinical guidelines consult current research on investigations
Cultural safety	 acknowledge patients' views and preferences about any proposed investigations and the adverse outcomes they are most concerned about 	 consider patients' cultural and religious backgrounds, attitudes, and beliefs, and how these might influence the acceptability of proposed investigations
Ethics and professional behaviour	 remain within the scope of the authority given by patients (with the exception of emergencies) 	 choose not to investigate in situations where it is not appropriate for ethical reasons

- discuss with patients how decisions will be made once the investigation has started and the patient is not able to participate in decision making
- respect patients' decisions to refuse investigations, even if their decisions may not be appropriate or evidence based
- advise patients there may be additional costs, which patients may wish to clarify before proceeding
- explain the expected benefits as well as the potential burdens and risks of any proposed investigations before obtaining informed consent or other valid authority
- demonstrate awareness of complex issues related to genetic information obtained from investigations, and subsequent disclosure of such information

- identify appropriate proxy decision makers when required
- practise within current ethical and professional frameworks
- practise within own limits, and seek help when needed
- involve patients in decision making regarding investigations, obtaining the appropriate informed consent, including financial consent, if necessary

Judgement and decision making

- evaluate the benefits, costs, and potential risks of each investigation in clinical situations
- adjust the investigative path depending on test results received
- consider whether patients' conditions may get worse or better if no tests are selected
- choose the most appropriate investigations for clinical scenarios in discussion with patients
- recognise personal limitations and seek help in an appropriate way when required

Leadership, management. and teamwork

- consider the role other members of the healthcare team might play, and what other sources of information and support are available
- ensure results are checked in a timely manner, taking responsibility for following up results
- demonstrate awareness of what parts of an investigation are provided by different doctors or health professionals

Health policy, systems, and advocacy

- select and justify investigations regarding the pathological basis of disease, appropriateness, cost effectiveness, safety, and utility
- consider resource use through peer review of testing behaviours

EPA 12: Clinic management

Theme	Clinic management	AT-EPA-12
Title	Manage an outpatient clinic	
Description	This activity requires the ability to: manage medical procedures, invest manage clinic services oversee quality improvement activiti communicate with patients ¹⁵ , their fa liaise with other health professionals demonstrate problem-solving skills responsibly use public resources.	ies amilies, and/or carers
Behaviours		
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision	Requires some supervision Possible behaviours of a trainee who needs some supervision to perform this activity
	The trainee will:	The trainee may:
Medical expertise	 effectively identify and address current clinical concerns, as well as longer-term clinical objectives, as appropriate to patients' context evaluate environmental and lifestyle health risks, and advocate for healthy lifestyle choices create accurate and appropriately prioritised problem lists in the clinical notes or as part of ambulatory care reviews update documentation in a timeframe appropriate to the clinical situation of patients 	demonstrate awareness of the importance of prevention, early detection, health maintenance, and chronic condition management
Communication	 help patients navigate the healthcare system to improve access to care by collaboration with other services, such as community health centres and consumer organisations link patients to specific community-based health programs and group education programs 	 wherever practical, meet patients' specific language and communication needs facilitate the appropriate use of interpreter services and translated materials
Quality and safety	 practice health care that maximises patient safety adopt a systematic approach to the review and improvement of professional practice in the outpatient clinic setting 	 take reasonable steps to address issues if patients' safety may be compromised participate in organisational quality and safety activities, including clinical incident reviews

 $^{^{15}}$ References to patients in the remainder of this document may include their families, whānau, and/or carers.

	identify aspects of service	demonstrate awareness
	provision that may be a risk to patients' safety	of a systematic approach to improving the quality and
	 ensure that patients are informed about fees and charges 	safety of health care
Teaching and learning	evaluate their own professional practice	 recognise the limits of personal expertise, and involve other professionals as needed to
	 demonstrate learning behaviour and skills in educating junior colleagues 	contribute to patients' care use information technology
	 contribute to the generation of knowledge 	appropriately as a resource for modern medical practice
	 maintain professional continuing education standards 	
Research	 obtain informed consent or other valid authority before involving patients in research 	 allow patients to make informed and voluntary decisions to participate in research
	 inform patients about their rights, the purpose of the research, procedures to be undergone, and potential risks and benefits of participation before obtaining consent 	
Cultural safety	 apply knowledge of the cultural needs of the community serviced, and how to shape service to those people 	 acknowledge the social, economic, cultural, and behavioural factors influencing health, both at individual and population levels
	 mitigate the influence of own culture and beliefs on interactions with patients and decision making 	
	 adapt practice to improve patient engagement and health outcomes 	
	 identify and respect the boundaries that define professional and therapeutic relationships 	 recognise the responsibility to protect and advance the health and wellbeing of individuals and communities
Ethics and professional	 respect the roles and expertise of other health professionals 	 maintain the confidentiality of documentation, and store clinical
behaviour	 comply with the legal requirements of preparing and managing documentation 	 notes appropriately ensure that the use of social media is consistent with ethical and legal
	 demonstrate awareness of financial and other conflicts of interest 	obligations
Judgement and decision making	 integrate prevention, early detection, health maintenance, and chronic condition management, where relevant, into clinical practice 	 demonstrate awareness of the appropriate use of diagnostic interventions, human resources, therapeutic modalities, and health care facilities
	 work to achieve optimal and cost-effective patient care that allows maximum benefit from the available resources 	

Leadership, management, and teamwork	 prepare for and conduct clinical encounters in a well-organised and time-efficient manner 	 attend relevant clinical meetings regularly
	 work effectively as a member of multidisciplinary teams or other professional groups 	
	 ensure that all important discussions with colleagues, multidisciplinary team members, and patients are appropriately documented 	
	 review discharge summaries, notes, and other communications written by junior colleagues 	
	 support colleagues who raise concerns about patients' safety 	
Health policy, systems, and advocacy	 demonstrate capacity to engage in the surveillance and monitoring of the health status of populations in the outpatient setting 	 recognise common population health screening and prevention approaches
	 maintain good relationships with health agencies and services 	
	 apply the principles of efficient and equitable allocation of resources to meet individual, community, and national health needs 	

EPA 13: End-of-life care

Theme	End-of-life care	AT-EPA-13
Title	Manage the care of patients at the end	d of their lives
Description	 This activity requires the ability to: recognise the dying phase support patients¹⁶ to plan for their acown wishes manage end-of-life care plans. 	dvance care, and document their
Behaviours		
Professional practice framework domain	Ready to perform without supervision Expected behaviours of a trainee who can routinely perform this activity without needing supervision	Requires some supervision Possible behaviours of a trainee who needs some supervision to perform this activity
	The trainee will:	The trainee may:
Medical expertise	 accurately assess patients' physical and psychological symptoms estimate prognosis and communicate this appropriately, if requested, including the uncertainties around such estimates develop and clearly document individualised end-of-life care plans, including patients' preferences for treatment options, resuscitation plans, preferred place of care, and preferred place of death provide holistic symptom management, focusing on psychological and physical distress, according to patients' wishes avoid unnecessary investigations or treatments, ensuring physical and psychosocial support review the goals of care and treatment plans with patients, families, and/or carers if significant changes in patients' conditions or circumstances occur recognise and manage the terminal phase in a timely way refer to and involve other services, such as palliative care teams, in a timely manner 	 demonstrate awareness of the principles of care for patients at the end of their lives provide timely assessment, and document patients' care plans manage physical symptoms in alignment with patients' wishes take steps to alleviate patients' symptoms and distress correctly identify patients approaching the end of life, and provide symptomatic treatment adequately manage patients in their terminal phase recognise the role of the palliative care physician, and when referral is appropriate

¹⁶ References to patients in the remainder of this document may include their families, whānau, and/or carers.

- discuss issues with patients and/or caregivers, and consult with patients and/or caregivers to determine management plans that prevent suffering
- manage symptoms such as anxiety, dyspnoea, and pain
- establish supportive relationships with patients, families, and/or carers based on understanding, trust, empathy, and confidentiality
- explore patients' concerns across physical, spiritual, cultural, and psychological domains thoughtfully
- identify opportunities to discuss end-of-life care, aligning it with patients' values and preferences
- identify proxy decision makers patients want involved in discussions about their end-of-life care
- identify and document lists of close family members or carers, and develop support plans for them
- provide bereaved families or carers with written information about access to bereavement support
- communicate effectively and in a timely manner with other health professionals involved in patients' care

- discuss with patients, families, and/or carers the goals of care and treatment, and document this in patients' clinical records
- ensure consistent messages are given to patients, families, and/or carers about treatment options, their likelihood of success, risks, and prognosis
- provide honest and clear clinical assessment summaries of situations, using plain language and avoiding medical jargon
- discuss with families and/or carers the availability of appropriate support and bereavement care

Quality and safety

Communication

- conduct medication chart safety audits and multidisciplinary mortality and morbidity meetings, and provide feedback to colleagues
- develop monitoring and evaluation strategies to capture feedback about the quality of care from multidisciplinary team members, patients, families, and carers
- review all deaths to determine the safety and quality of patients' end-of-life care and how it could be improved
- review technological systems and processes that support safe and high-quality end-of-life care

- collect and review data on the safety and effectiveness of end-of-life care delivery
- communicate the content of discussions about prognoses and advance care planning to multidisciplinary teams
- ensure that actual care is aligned with patients' documented wishes

Teaching and learning

- ensure all members of multidisciplinary teams receive education on their roles and responsibilities for managing end-of-life care
- participate in education on disease-specific symptom assessment and evidence-based symptom management

- provide supervision, support, and teaching to develop the skills of junior colleagues on end-of-life care
- reflect on personal practice, and use this process to guide continuing professional development
- promote education covering:
 - competencies for providing culturally responsive end-of-life care to Aboriginal and Torres Strait Islander peoples and Māori, and to people from other cultural backgrounds
 - ethical and medicolegal issues
 - relevant legislation in the state, territory, or region

- participate in upskilling in best practice of end-of-life care management
- encourage junior colleagues to participate in multidisciplinary case reviews, mortality and morbidity meetings, and adverse event reviews

Research

- ensure that quality end-of-life care management processes are evidence based and outcome focused
- personal reviews and appraisal of literature as evidence for the appropriate management

use systematic reviews or

support clinical trials to build the end-of-life care evidence base

practise culturally responsible

the personal, historical, and

medicine based on understanding

recognise that the evidence may be insufficient to resolve uncertainty and make definitive decisions

Cultural safety

Ethics and

professional

behaviour

- cultural influences on patients, families, and carers develop strategies for identifying culturally appropriate decision makers, and obtain their input in discussions of patients'
- offer support to patients, families, and/or carers to include cultural or religious practices in their care

end-of-life care

- recognise, respect, and respond to individual preferences and needs of patients, regardless of their culture and religious
- support patients, families, and carers with communication difficulties associated with cultural and linguistic diversity
- ensure all team members discuss end-of-life care with patients, and act on expressed patient preferences
- enhance the quality of life for patients at the end of life to minimise pain and suffering caused by ineffective treatments
- recognise the complexity of ethical issues related to human life and death when considering the allocation of scarce resources
- recognise feelings of moral distress and burnout in themselves and colleagues

- ensure that information on advance care plans, treatment plans, goals of care, and patients' treatment preferences is available to all involved in patients' care
- ensure patients' dignity is preserved
- respond appropriately to distress or concerns of colleagues, patients, families, and carers

Advanced Training Curriculum Standards Neurology (Paediatrics and Child Health)

maximise patients' autonomy and define and document patients', their best interests when making families', and/or carers' goals Judgement and treatment decisions and agreed outcomes decision making liaise with other relevant services, providing referrals as necessary ensure care plans are coordinate end-of-life care to communicated to all teams minimise fragmentation of care involved in patients' care, including document multidisciplinary care relevant community care providers plans, including the terminal phase define the responsibilities and roles of team members involved in patients' care Leadership, achieve agreement between management, multidisciplinary teams about and teamwork patients' treatment options coordinate care and support to be provided in patients' preferred place of care effectively manage personal challenges of dealing with death and grief participate in developing allocate scarce resources frameworks for organisational effectively advance care planning support community-based allocate resources according to service providers to build the organisational strategic plan capacity for people to be Health policy, to support systems for effective cared for in their preferred systems, and delivery of end-of-life care place of death advocacy advocate for the needs of individual patients, social groups, and cultures within the community who have specific palliative care needs or inequitable access to palliative care services

Knowledge Guides

Knowledge guides (KGs) provide detailed guidance to trainees on the important topics and concepts trainees need to understand to become experts in their chosen specialty.



Trainees are not expected to be experts in all areas or have experience related to all items in these guides.

#	Title
1	Scientific foundations of paediatric neurology
2	Congenital malformation disorders
3	Developmental delay and regression
4	Pain, including headaches, facial pain, and sensory loss
5	Disorders of consciousness and sleep
6	Paroxysmal disorders, including seizures, syncope, and stroke
7	Disorders of vision and other senses
8	Weakness and disorders of speech, language, and swallowing
9	Disorders of gait and balance, including vertigo, dizziness, and disequilibrium
10	Movement disorders
11	Neonatal neurology



Knowledge guide 1 – Scientific foundations of paediatric neurology

Advanced Training in Neurology (Paediatrics & Child Health)

EPIDEMIOLOGY, PATHOPHYSIOLOGY, AND CLINICAL SCIENCES

Advanced Trainees will have in-depth knowledge of the topics listed under each clinical sciences heading.

For the statistical and epidemiological concepts listed, trainees should be able to describe the underlying rationale, the indications for using one test or method over another, and the calculations required to generate descriptive statistics.

- Anatomy and physiology of the nervous system, including neuroembryology
- Electrophysiologic concepts as they relate to neuronal interactions
- General approach to, and differences in, assessing neonates / infants / children / adolescents
- Mechanisms by which underlying neuroanatomical, neuropathological, and neurophysiological processes result in neurological symptoms and abnormal neurological signs
- Microanatomy and histology of brain, meninges, and peripheral nerves
- Neuroanatomy and neurophysiology of the central nervous system (brain and spinal cord) and its vascular supply
- Neuroanatomy and neurophysiology of muscle, the neuromuscular junction, and the peripheral nervous system, and its vascular supply
- Normal child and adolescent development
- Normal neurodevelopmental changes from premature neonate to adulthood

Neuroimmunology

- Immunology and the processes involved in the generation of immunologically mediated neurological conditions
- Role of the immunologist

Neurogenetics

- Epigenetics
- Genetics and the patterns of inheritance of inherited neurological conditions, including classifications of genetic syndromes
- Knowledge of practical genomics

Neuropsychiatry

- Functional neurological disorders, both acute and chronic, including those presenting as movement disorders, non-epileptic seizures, and weakness
- Neurological basis of psychiatric presentations
- Pharmacological and behavioural treatment of neuropsychiatric illnesses, and potential drug interactions
- Psychological sequelae of chronic neurological illnesses and their management, such as:
 - » anxiety
 - » conversion
 - » depression
 - » psychosis
- Role of the child psychologist and child psychiatrist

Neurorehabilitation

- Formulation of a prognosis based on the natural history of the relevant condition coupled with clinical assessment of the relevant markers for recovery
- · Neurorehabilitation, including:
 - » goal setting
 - » indications for referral
 - » setting realistic outcome expectations
 - » the techniques employed
- Place of dorsal rhizotomy
- Recovery from neurological illness and/or injury, including the natural history and neuronal plasticity

- Role of botulinum toxin in the management of spasticity
- Role of the rehabilitationist, including:
 - » continence advisors
 - » occupational therapists
 - » orthopaedic and/or general surgeons in children
 - » physiotherapists
 - » social workers
 - » speech pathologists
- Use of medical devices, such as baclofen pumps and deep brain stimulation

Therapeutic interventions

- Awareness of evolving therapies, particularly immunotherapy and gene therapy
- Classes of medication and dietary interventions used to treat acute and chronic neurological illness, including, but not limited to, those used in epilepsy, migraine management, movement disorders, neurogenetics, neuroimmunology, neuropathic pain, and neuromuscular and neurovascular disease:
 - » common and uncommon adverse effects
 - » indications
 - » monitoring requirements
 - » patient resources
 - » potential drug interactions
 - » safe and rational use
- Devices used in the specialist management of neurological diseases, such as baclofen pumps, deep brain stimulators, and vagal nerve stimulators:
 - » common and uncommon adverse effects
 - » indications
 - » monitoring requirements
 - » neuroanatomy and neuropathology related to implantation
 - » principles of safe and rational use
- Evidence-based pharmacological therapy and other forms of management for various diseases and disorders
- Immunotherapy and cytotoxic drugs
- Management strategies for drug-resistant conditions, such as drug-resistant epilepsy, or those without accepted treatment protocols
- Nerve blocks and their role in pain management
- Neuropharmacology of drug interactions, metabolism, pharmacodynamics, and pharmacokinetics, along with the potential role of pharmacogenomics
- Place of complementary therapeutics
- Reperfusion therapy

INVESTIGATIONS, PROCEDURES, AND CLINICAL ASSESSMENT TOOLS

Advanced Trainees will know the scientific foundation of each investigation and procedure, including relevant anatomy and physiology. They will be able to interpret the reported results of each investigation or procedure.

Cerebrospinal fluid (CSF)

- Interpret CSF results, including normal ranges, such as:
 - » opening pressure
 - » special tests, such as:
 - amino acids
 - CSF cytology
 - glucose ratio
 - neurotransmitters
 - o oligoclonal bands
 - o polymerase chain reaction (PCR) for viruses
 - » standard tests, such as:
 - o cell counts
 - o glucose
 - lactate
 - o protein

Advanced Trainees will know how to explain the investigation or procedure to patients¹⁷, families, and carers, and be able to explain procedural risk and obtain informed consent where applicable.

- Limitations of interpretation, and the implications for formulating a diagnosis
- Lumbar puncture (LP):
 - » anatomical landmarks and procedure
 - » consent and counselling
 - » contraindications
 - » post-LP care
 - » potential complications and their management, including post-LP headache and blood patch use
 - » requests
 - » urgent investigation
- Neuroanatomy and neurophysiology of CSF and its production, including the pathological mechanisms that underlie abnormalities of pressure and CSF constituents
- Pre-procedure checklist for contraindications, including fundoscopy

Clinical neurophysiology

- Abnormalities seen on clinical neurophysiology investigations
- Appearance of normal waveforms on neurophysiology testing, including the importance of variations with age, specifically evolution from preterm, neonate, and childhood to adulthood
- Interpretation of EEG, such as:
 - » correctly localising focal epileptiform discharges and slow wave activity
 - » normal and abnormal EEG waveforms
 - » observing EEG electrode placement and recording
 - » physiological basis of EEG potentials and waveforms
 - » reporting EEG studies, and interpreting findings in clinical context
 - » role and limitations of EEG
 - » technology used for EEG recording
 - ypical EEG patterns for age-dependent childhood epilepsy syndromes, such as:
 - o centrotemporal and perisylvian tangential dipoles
 - generalised 3Hz spike wave
 - o hypsarrhythmia
- Interpretation of electromyography (EMG) and nerve conduction studies (NCS) results, such as:
 - » interpreting EMG and NCS reports
 - » physiological basis of EMG and NCS:
 - potentials and waveforms
 - testing and results
 - technology used for EMG and NCS recording
- Interpretation of evoked potential results within the clinical context
- Recognising when to:
 - » discuss the results with a neurophysiologist
 - » question a formal report
 - » request further test(s)
- The use of high-density EEG and stereoelectroencephalography (SEEG), its risks, and application of results to the clinical scenario

Neurogenetics

- Abnormalities seen on neurogenetic testing in appropriate conditions
- Acknowledgement of potential phenotypic variations within and between syndromes, such as 22q11.2
- · Awareness of emerging testing
- Awareness of the range of genetic testing available
- Ethical considerations related to the consent of children

¹⁷ References to patients in the remainder of this document may include their families, whānau, and/or carers.

- Importance of pre-test counselling and the potential implications of a positive diagnosis for the patient and their family
- Limitations of investigations, such as mol karyotype versus gene panel versus whole exome sequencing (WES) versus whole genome sequencing (WGS), with / without other specialised testing
- Role of the clinical geneticist, and when to arrange a formal referral as opposed to performing a genetic test
- Techniques used in neurogenetics laboratories, including limitations in interpretation of the results, and implications on diagnosis formulation
- Utility of genetic testing in neurological diagnosis, even in asymptomatic individuals

Neuroimaging

- · Abnormalities seen on neuroimaging investigations
- Appearance of a normal brain and spinal cord on neuroimaging techniques, including vascular anatomy and pathology
- Considerations of performing neuroimaging, including radiation risks and technical difficulties
- Neuroimaging investigations, such as CT, functional MRI, MRI, nuclear medical scans, and perfusion scans:
 - » limitations to interpretation
 - » place for other MRI techniques:
 - o magnetic resonance:
 - angiography (MRA)
 - spectroscopy (MRS)
 - venogram (MRV)
 - tractography
 - » risks and complications
 - » sequences used
 - » urgent investigations
 - » uses and indications
- Pathological mechanisms that underlie imaging abnormalities
- Recognising when to:
 - » discuss the results with a neuroradiologist
 - » question a formal report
 - » request further testing

Neuroimmunology

- Abnormalities seen on neuroimmunological testing in appropriate conditions
- Appearances on EEG and MRI of neuroimmunological lesions
- CSF immunological markers
- Limitations of interpretation, and implications for formulating a diagnosis
- Serological immunological markers
- Techniques used in the neuroimmunology laboratory, including limitations to the interpretation of the results

Neurometabolic disorders

- Awareness of those metabolic disorders that may be amenable to bone marrow transplantation or enzyme replacement therapy
- Clinical presentations and potential treatments of treatable neurometabolic disorders, such as Wilson disease and pyridoxine-dependent seizures
- Clinical presentations, investigations, and treatment of common neurodegenerative conditions in childhood, including metabolic, mitochondrial, and neurotransmitter disorders
- CSF lactate and amino acids
- Genetic implications of common neurometabolic conditions, including carrier state phenotype

- Neurologic presentations of common metabolic disorders in childhood and the differential diagnoses for these presentations, such as:
 - » developmental regression
 - » encephalopathy
 - » intellectual deterioration
 - » muscle weakness
 - » paroxysmal dyskinesia
 - » seizures
 - » stereotypies
- Plasma and urinary amino acids
- Plasma ammonia, lactate, and pyruvate
- Results of common metabolic investigations, such as plasma amino acids and urine organic acids, and when to review in conjunction with metabolic physicians
- Structured approach to metabolic investigations in childhood, including identifying features such as age at presentation, clinical features, ethnicity, examination findings, and imaging or EEG features, such as distinguishing white matter versus grey matter disorders
- Urine gylcosaminoglycans
- · Urine organic acids
- Urine purine and pyrimidine

Neuropathology

- Neuroanatomy of brain, muscle, and nerve, coupled with an understanding of the pathological mechanisms that underlie abnormalities seen on neuropathology
- Neuropathology investigations:
 - » abnormalities
 - » limitations of interpretation, and the implications for formulating a diagnosis
- Potential complications of neuropathology investigations, and the management of these complications
- Recognition that neuropathology laboratories may have specific requirements for the immediate processing of biopsied tissue, and advise surgeons performing these tests of relevant requirements
- Requesting assistance in performing these investigations from neurosurgeons, ophthalmologists, and/or vascular surgeons

Neuropsychology

- Abnormalities seen on neuropsychological testing
- Limitations of interpretation, and the implications for formulating a diagnosis
- Neuroanatomy and cognitive functions of the brain, and broadly how the various neuropsychological domains are tested by the neuropsychologist
- Roles of the neurologist and neuropsychologist in determining patients' capacity to make decisions

Neurosurgery, including interventional radiology and vascular surgery

- Neuroanatomy, neuropathology, and neurophysiology of acute, chronic, common, and rare diseases
- Procedures:
 - » brain tumour surgery, such as:
 - o biopsy
 - debulking
 - excision
 - » craniectomy and other procedures for the treatment of cranial malformations
 - » CSF shunting, CSF diversion procedures, and neuroendoscopy

- emergency surgical procedures for the management of trauma and acute raised elevated intracranial pressure (ICP), such as evacuation of intracranial haematoma
- functional neurosurgery, such as procedures for:
 - deep brain stimulation
 - epilepsy
 - movement disorders
- spinal surgery, such as:
 - laminectomy
 - o microdiscectomy
- vascular surgery, such as:
 - o aneurysm clipping and coiling
 - endovascular clot retrieval
 - surgical procedures for treatment of moyamoya disease
- Role of the neurosurgeon, radiologist, and vascular surgeon

IMPORTANT SPECIFIC ISSUES

Advanced Trainees will identify important specialty-specific issues and the impact of these on diagnosis, management and outcomes.

- Awareness of the full neurological examination in neonates and children, and the ways in which to enhance this in examining children of different ages and developmental stages
- Awareness of the International League Against Epilepsy (ILAE) guidelines for the classification and management of childhood epilepsy
- Impact of chronic illness on patients, families, and/or carers:
 - impact and interrelationship of comorbidities and neurological conditions on each other, including:
 - 0 clinical presentation
 - diagnostics
 - impact of illness
 - management
 - prognostics
 - place of complementary treatments
- Patient care considerations for specific patient groups and those with culturally diverse backgrounds, including:
 - Aboriginal and Torres Strait Islander peoples
 - adolescents
 - ethnic minorities
 - low socioeconomic background

 - non-English speaking background
 - overseas travellers
 - pregnant and peripartum states
 - refugees
 - religious ideologies, such as Jehovah's Witness

Neurological emergencies

- Acute, chronic, common, and rare diseases that present as neurological emergencies
- Neuroanatomy, neuropathology, and neurophysiology relevant to the various conditions presenting as neurological emergencies
- Rapid clinical assessment of patients with neurological emergencies:
 - evidence-based pharmacological therapy and other treatments used in acute neurological presentations, and their potential complications
 - prognosis and implications of these disorders
- Role of the intensive care unit, neurosurgeon, and palliative care physician

End-of-life (EOL) considerations

- EOL issues and consultation with patients and/or caregivers to determine management plans that prevent suffering
- Manage symptoms, such as:
 - » anxiety
 - » dyspnoea
 - » hydration
 - » nutrition
 - » pain
- Techniques used by palliative care physicians, along with the potential complications of any procedures involved



Knowledge guide 2 – Congenital malformation disorders

Advanced Training in Neurology (Paediatrics & Child Health)

KEY PRESENTATIONS AND CONDITIONS

Advanced Trainees will have a comprehensive depth of knowledge of these presentations and conditions.

Presentations – antenatal malformation disorders

 Abnormal antenatal neuroimaging (fetal MRI and ultrasound)

Presentations - postnatal

- Bladder / Bowel problems
- Developmental delay
- · Difficulty with movement and balance
- Dwarfism or short stature
- Headache
- Irregular head shape
- Macrocephaly
- Memory problems
- Metabolic disturbance
- Microcephaly
- Muscle weakness, such as difficulty walking, stiffness, and/or paralysis
- Nausea and/or vomiting
- Problems with eating, feeding, and swallowing
- Rapid head growth and/or bulging veins
- Seizures
- Vision and hearing problems

Conditions - antenatal

- Callosal abnormalities
- Cerebellar hypoplasia
- · Congenital infections
- · Neuronal migrational disorders
- Posterior fossa malformations, including:
 - » cisterna magna
 - » Dandy–Walker syndrome
- Septo-optic dysplasia spectrum
- Ventriculomegaly

Conditions – postnatal

- Acquired malformations, such as:
 - » congenital infection
 - » encephalomalacia
 - » hypoxic ischaemic encephalopathy
- Congenital malformations, such as:
 - » antenatal conditions (with postnatal presentation)
 - » focal cortical dysplasias
 - » tubulinopathies

For each presentation and condition, Advanced Trainees will **know how to:**

Synthesise

- » recognise the clinical presentation
- » identify relevant epidemiology, prevalence, pathophysiology, and clinical science
- » take a comprehensive clinical history
- » conduct an appropriate examination
- » establish a differential diagnosis
- » plan and arrange appropriate investigations
- » consider the impact of illness and disease on patients¹⁸ and their quality of life when developing a management plan

Manage

- » provide evidence-based management
- » prescribe therapies tailored to patients' needs and conditions
- » recognise potential complications of disease and its management, and initiate preventative strategies
- » involve multidisciplinary teams

Consider other factors

» identify individual and social factors and the impact of these on diagnosis and management

¹⁸ References to patients in the remainder of this document may include their families, whānau, and/or carers.

- Craniosynostosis, plagiocephaly, and syndromic craniosynostosis
- Destructive malformations, such as:
 - » anencephaly
 - » holoprosencephaly
 - » schizencephaly
- Dysmorphic syndromes
- · Genetic syndromes, including:
 - » neurofibromatosis
 - » overgrowth syndromes
- Hydrocephalus
- Inborn errors of metabolism
- Spina bifida and other malformations of spinal cord development

EPIDEMIOLOGY, PATHOPHYSIOLOGY, AND CLINICAL SCIENCES

Advanced Trainees will have a comprehensive depth of knowledge of the principles of the foundational sciences.

Malformations

- Causes of an irregularly sized or shaped head
- Causes of raised intracranial pressure
- Clinical features and presentations of the common forms of brain malformation
- Embryology of brain and spinal cord development
- Impact of maternal disorders and prenatal neurologic diagnoses on the fetus
- Investigation and management planning for developmental malformations and/or dysmorphic syndromes identified in the newborn period
- Mechanisms of cerebrospinal fluid (CSF) formation and flow pathway
- Patterns of brain malformation
- Presentations and complications of spinal cord malformations

INVESTIGATIONS, PROCEDURES, AND CLINICAL ASSESSMENT TOOLS

Advanced Trainees will know the scientific foundation of each investigation and procedure, including relevant anatomy and physiology. They will be able to interpret the reported results of each investigation or procedure.

Advanced Trainees will know how to explain the investigation or procedure to patients, families, and carers, and be able to explain procedural risk and obtain informed consent where applicable.

CSF procedures and investigations

- Lumbar puncture (LP) and interpretations results of investigations, such as:
 - basic CSF analysis:
 - o cell count
 - cytology
 - microbiological tests
 - protein level
 - o glucose level
 - o xanthochromia

Clinical neurophysiology investigations

- EEG:
 - » amplitude-integrated EEG
 - » standard EEG
 - » video EEG

Neurogenetic investigations

- Genetic testing, including, but not limited to:
 - » chromosomal testing, such as:
 - karyotype
 - o microarray
 - » genomic testing, including whole exome or genome sequencing
 - » mitochondrial genome sequencing
 - » targeted panel testing
- Referral to a neurogeneticist

Neuroimaging investigations

- Antenatal ultrasound
- Fetal MRI
- Magnetic resonance:
 - » angiography (MRA)
 - » spectroscopy (MRS)
 - » venogram (MRV)
- MRI

Neuropsychological investigations

- Behavioural, cognitive, and developmental screening:
 - » Bayley Scales of Infant and Toddler Development
 - » Conners neuropsychology assessment tools
 - » Wechsler Intelligence Scale for Children (WISC-V)
 - » Wechsler Preschool and Primary Scale of Intelligence (WPPSI)
- Referral to a neuropsychologist

IMPORTANT SPECIFIC ISSUES

Advanced Trainees will identify important specialty-specific issues and the impact of these on diagnosis and management and integrate these into care.

- Approach to antenatal counselling and the role of the multidisciplinary team
- Interpretation of antenatal imaging



Knowledge guide 3 – Developmental delay and regression

Advanced Training in Neurology (Paediatrics & Child Health)

KEY PRESENTATIONS AND CONDITIONS

Advanced Trainees will have a comprehensive depth of knowledge of these presentations and conditions.

Presentations

- Abnormal movements
- · Agitation, confusion, or lethargy
- Cardiac issues
- Gross motor delay
- Gross motor or language regression
- Headaches
- Hearing loss
- Hepatosplenomegaly
- Hypersomnia
- Hypertonia
- Hypotonia
- Impaired balance / coordination
- Loss of cognitive skills
- Memory loss
- Microcephaly
- Myotonia
- Neurocutaneous syndromes
- New onset aspiration or choking, and swallowing difficulties
- Seizures
- Spasms
- Status epilepticus and dystonicus
- · Vision problems, including:
 - double vision
 - » ptosis
 - » visual loss

Conditions - epilepsy

- Childhood seizures
- Encephalopathy:
 - » developmental
 - » epileptic
- Infantile epileptic spasms syndrome (IESS)
- Status epilepticus

Conditions – genetic / syndromic

- Aicardi-Goutières syndrome
- Chromosomal abnormalities
- Neurocutaneous syndromes
- Neuromuscular conditions
- Specific genetic conditions

For each presentation and condition, Advanced Trainees will **know how to:**

Synthesise

- » recognise the clinical presentation
- » identify relevant epidemiology, prevalence, pathophysiology, and clinical science
- » take a comprehensive clinical history
- » conduct an appropriate examination
- » establish a differential diagnosis
- » plan and arrange appropriate investigations
- » consider the impact of illness and disease on patients¹⁹ and their quality of life when developing a management plan

Manage

- » provide evidence-based management
- » prescribe therapies tailored to patients' needs and conditions
- » recognise potential complications of disease and its management, and initiate preventative strategies involve multidisciplinary teams

Consider other factors

¹⁹ References to patients in the remainder of this document may include their families, whānau, and/or carers.

Conditions - infection

- Intrauterine infections
- · Postnatal infections, such as:
 - » encephalitis
 - » meningitis

Conditions – inflammatory

- Autoimmune encephalopathies, including:
 - » acute disseminated encephalomyelitis (ADEM)
 - » anti-NMDA receptor (NMDAr) encephalitis
- Multiple sclerosis (MS)

Conditions - metabolic

- Acute encephalopathy secondary to metabolic crisis
- Amino acid and organic acidurias
- Glycogen storage disorders
- Glycosylation disorders
- Lipofuscinoses
- Mitochondrial disorders
- Porphyria
- Storage disorders
- Urea cycle defects
- Wilson disease

Conditions - other

- Autism spectrum disorder
- Inflicted injury
- Nutritional, such as:
 - » vitamin B12 deficiency
- Obstructive sleep apnoea
- Oncological central nervous system (CNS) conditions
- Persuasive development disorders
- Toxins or therapy related-chemoradiation

Conditions – structural

- Acquired perinatal or postnatal infective, traumatic, or vascular insult
- Cerebral malformations or neuronal migration defects
- Hydrocephalus:
 - » acquired
 - » congenital
- Intracranial or spinal vascular malformations
- Space-occupying lesion

LESS COMMON OR MORE COMPLEX **PRESENTATIONS** AND CONDITIONS

Advanced Trainees will understand these presentations and conditions.

Advanced Trainees will understand the resources that should be used to help manage patients with these presentations and conditions.

Presentations

· Abnormal newborn screen

Conditions

- · Acute onset neuropsychiatric syndrome (PANS)
- Neuropsychiatric childhood onset autoimmune conditions, such as:
 - systemic lupus erythematosus (SLE)
- Psychiatric conditions, such as:
 - acute psychosis

EPIDEMIOLOGY, PATHOPHYSIOLOGY, AND CLINICAL SCIENCES

Advanced Trainees will have a comprehensive depth of knowledge of the principles of the foundational sciences.

- Assessment of all relevant maternal and child history, as well as family history, pertaining to all aspects of development of an infant, child, or young person
- Causes of developmental delay and the area affected, such as global or specific
- · Determining whether other organs are involved, from history and examination
- Determining whether the clinical features are referable only to the CNS, or if the peripheral nervous system is involved
- Disorders causing developmental regression in terms of anatomical location, such as grey matter and white matter
- Longitudinal aspects of / assessment intervals for infants, children, and young people with developmental delay / disabilities
- Neurodevelopmental features and examination findings of normal preterm and term infants
- Normal development ranges for:
 - fine motor
 - gross motor
 - social
 - speech and language
- Presentation of neurodegenerative disorders at different ages
- Range of developmental assessment tools for infants, children, and young people with developmental delay / disabilities
- Recognise infants, children, and young people with neurological deficits
- Treatable causes of developmental regression, such as:
 - coeliac disease
 - creatine deficiency
 - vitamin B12 deficiency
 - Wilson disease

INVESTIGATIONS. PROCEDURES. AND CLINICAL ASSESSMENT TOOLS

Advanced Trainees will know the scientific foundation of each investigation and procedure, including relevant anatomy and physiology. They will be

Cerebrospinal fluid (CSF) procedures and investigations

- Lumbar puncture (LP) and interpretations results of investigations, such as:
 - basic CSF analysis:
 - cell count 0
 - 0 cytology
 - immunological tests
 - microbiological tests
 - o paired serum and:
 - CSF glucose level
 - CSF lactate
 - protein level
 - xanthochromia

able to interpret the reported results of each investigation or procedure.

Advanced Trainees will know how to explain the investigation or procedure to patients, families, and carers, and be able to explain procedural risk and obtain informed consent where applicable.

- » opening pressure
- » special tests:
 - anti-NMDA antibody
 - CSF amino acids
 - o neurotransmitters, including:
 - neopterin
 - o paired oligoclonal bands

Clinical neurophysiology investigations

- EEG:
 - » sleep-deprived EEG
 - » standard EEG
 - » video EEG
- Electromyography (EMG):
 - » needle EMG
 - » single-fibre EMG
- Evoked potentials:
 - » brainstem
 - » somatosensory
 - » visual
- Nerve conduction studies (NCS):
 - » motor and sensory studies
 - » repetitive nerve stimulation

Neurogenetic investigations

- · Genetic testing, including, but not limited to:
 - chromosomal testing, such as:
 - o karyotype
 - microarray
 - » genomic testing, including whole exome or genome sequencing
 - » mitochondrial genome sequencing
 - » targeted panel testing
- Referral to a neurogeneticist

Neuroimaging investigations

- CT, including:
 - » CT angiography
 - » perfusion
- Functional imaging:
 - » functional MRI (fMRI)
 - » PET
 - single photon emission computed tomography (SPECT)
- Magnetic resonance:
 - » angiography (MRA)
 - spectroscopy (MRS)
 - » venogram (MRV)
- MRI
- Vascular imaging:
 - » catheter angiography
 - » Doppler ultrasound

Neuroimmunology investigations

- Autoantibody measurement:
 - » antinuclear antibodies and anti DsDNA autoantibodies
 - » anti-acetylcholine receptor antibodies
 - » anti-aquaporin 4 antibodies
 - » limbic encephalitis panel

Neuropathology investigations

- Biopsy:
 - » brain / meningeal
 - » muscle
 - » nerve

Neuropsychological investigations

- Bayley Scales of Infant and Toddler Development
- Behavioural, cognitive, and developmental screening
- Conners neuropsychology assessment tools
- Neuropsychology assessment
- Referral to a neuropsychologist
- Wechsler Intelligence Scale for Children (WISC-V)
- Wechsler Preschool and Primary Scale of Intelligence (WPPSI)

Other investigations

- Cardiac investigations:
 - 24-hour electrocardiogram monitoring
 - **ECG**
 - echocardiography
- Other laboratory tests:
 - 24-hour urinary copper
 - ammonia
 - blood gas
 - creatine kinase
 - liver function tests
 - serum ceruloplasmin
 - thrombophilia screen
 - thyroid function tests
 - transferrin isoforms
 - urinary porphyrins
 - vitamin B12 level
 - white cell enzymes
- Polysomnography

IMPORTANT SPECIFIC ISSUES

Advanced Trainees will identify important specialty-specific issues and the impact of these on diagnosis and management and integrate these into care.

- History and findings of an infant, child, or young person, and communication of this information to other professionals
- Role of allied health in assessment of infants, children, and young people with developmental delay / disabilities



Knowledge guide 4 – Pain, including headaches, facial pain, and sensory loss

Advanced Training in Neurology (Paediatrics & Child Health)

KEY PRESENTATIONS AND CONDITIONS

Advanced Trainees will have a comprehensive depth of knowledge of these presentations and conditions.

Presentations

- · Acute sensory loss
- Back pain
- Bulging fontanelle
- Dizziness
- Fatigue
- Headache disturbed vision, nausea and/or vomiting
- Muscular difficulties, such as:
 - » coordination problems
 - » paralysis
 - » stiffness
 - » weakness
- Neuropathic pain
- Pain in head and/or face
- Pins and needles and/or sensory loss
- · Reduced level of consciousness
- Sciatica
- Sensory or auditory aura
- Sensory sensitivity
- · Speech and/or swallowing difficulties
- Vertigo
- Visual disturbance

Conditions - brain and spine

- Intracranial haemorrhage, such as:
 - » subarachnoid haemorrhage
- Meningitis and other central nervous system (CNS) infections
- Multiple sclerosis (MS) of brain or spinal cord
- Neuromyelitis optica
- Raised intracranial pressure, including from space-occupying lesions
- Spinal cord compression or ischaemia
- Traumatic brain injury, including:
 - » concussion
- Vascular conditions, including:
 - » arteriopathy
 - » ruptured malformation
 - » stroke
- Vasculitis

Conditions - other

· Functional neurological disorders

For each presentation and condition, Advanced Trainees will **know how to:**

Synthesise

- » recognise the clinical presentation
- » identify relevant epidemiology, prevalence, pathophysiology, and clinical science
- » take a comprehensive clinical history
- » conduct an appropriate examination
- » establish a differential diagnosis
- » plan and arrange appropriate investigations
- » consider the impact of illness and disease on patients²⁰ and their quality of life when developing a management plan

Manage

- » provide evidence-based management
- » prescribe therapies tailored to patients' needs and conditions
- » recognise potential complications of disease and its management, and initiate preventative strategies
- » involve multidisciplinary teams

Consider other factors

²⁰ References to patients in the remainder of this document may include their families, whānau, and/or carers.

Conditions – peripheral nerve disorders

- Botulism
- Entrapment neuropathies
- Guillain-Barré syndrome
- Other acquired and inherited peripheral neuropathies
- Plexopathies
- Radiculopathies

Conditions - primary headaches

- Migraine-like headaches
- Migraine with brainstem features
- Migraine with or without aura
- New persistent daily headaches
- Status migrainosis
- Tension type headaches

Conditions – secondary headaches

- Idiopathic intracranial hypertension
- Low pressure headaches
- Medication-overuse headache

LESS COMMON OR MORE COMPLEX PRESENTATIONS AND CONDITIONS

Advanced Trainees will understand these presentations and conditions.

Advanced Trainees will understand the resources that should be used to help manage patients with these presentations and conditions.

Conditions

- Cervicogenic headaches
- Cluster headaches and other trigeminal autonomic cephalalgias
- · Glossopharyngeal neuralgia
- Headaches attributed to intracranial arterial disorder, such as:
 - reversible cerebral vasoconstriction syndrome (RVCS)
- Myofascial pain syndrome
- Temporomandibular joint disorders
- Trigeminal neuralgia

EPIDEMIOLOGY, PATHOPHYSIOLOGY, AND CLINICAL SCIENCES

Advanced Trainees will have a comprehensive depth of knowledge of the principles of the foundational sciences.

- Current headache classification, such as International Classification of Headache Disorders (ICHD)
- Headache syndromes
- Identification of secondary headache from underlying causes
- Migraine, migraine equivalents, and migraine variants
- Neuroanatomy, neuropharmacology, and neurophysiology involved in the generation of headache and facial pain
- Neuroanatomy, neuropharmacology, and neurophysiology of the pain pathway, peripheral nerves, and sensory pathways
- · Rational use of investigations for headache
- Recognition of tumours presenting without headache

INVESTIGATIONS, PROCEDURES, AND CLINICAL ASSESSMENT TOOLS

Advanced Trainees will know the scientific foundation of each investigation and procedure, including relevant anatomy and physiology. They will be able to interpret the reported results of each investigation or procedure.

Advanced Trainees will know how to explain the investigation or procedure to patients, families, and carers, and be able to explain procedural risk and obtain informed consent where applicable.

Cerebrospinal fluid (CSF) procedures and investigations

- Lumbar puncture (LP) and interpretations results of investigations, such as:
 - basic CSF analysis:
 - o cell count
 - cytology
 - o glucose level
 - o immunological tests
 - o microbiological tests
 - o protein level
 - xanthochromia
 - fundoscopy
 - » opening pressure
 - » special tests:
 - o anti-myelin oligodendrocyte glycoprotein (MOG) antibodies
 - oligoclonal bands

Clinical neurophysiology investigations

- Electromyography (EMG):
 - » needle EMG
 - » single-fibre EMG
- Nerve conduction studies (NCS):
 - » motor and sensory studies
 - » repetitive nerve stimulation
- Vestibular function tests

Neurogenetic investigations

- Genetic testing, including, but not limited to:
 - » chromosomal testing, such as:
 - karyotype
 - microarray
 - » genomic testing, including whole exome or genome sequencing
 - mitochondrial genome sequencing
 - » targeted panel testing
- Referral to a neurogeneticist

Neuroimaging investigations

- CT, including:
 - » CT angiography
 - » perfusion
- MRI (and other specialised magnetic resonance techniques)
- · Vascular imaging:
 - » catheter angiography
 - » Doppler ultrasound

Neuroimmunology investigations

- Autoantibody measurement:
 - » anti-aquaporin 4 antibodies
 - » anti-MOG antibodies
 - » paraneoplastic antibodies Referral to a neuroimmunologist

Neuropathology investigations

Nerve biopsy

IMPORTANT SPECIFIC ISSUES

Advanced Trainees will identify important specialty-specific issues and the impact of these on diagnosis

- Importance of early diagnosis and treatment of acute conditions
- Knowledge and treatment strategies for psychosocial effects and drivers of pain
- Management strategies for the common types of headache:
 - » non-pharmaceutical interventions, such as:
 - o biofeedback
 - o psychological and relaxation therapies, such as:
 - massage

and management and integrate these into care.

- o sleep hygiene
- yoga
- rational use of medications
- w use of botulinum toxin and nerve blocks in the management of migraines
- Overlap with other allied health and medical specialties, such as pain services, physiotherapy, and rehabilitation medicine, and when it is appropriate to refer patients
- Overlap with other medical conditions, such as depression
- Prognosis and implications of these disorders



Knowledge guide 5 – Disorders of consciousness and sleep

Advanced Training in Neurology (Paediatrics & Child Health)

KEY PRESENTATIONS AND CONDITIONS

Advanced Trainees will have a comprehensive depth of knowledge of these presentations and conditions.

Presentations – disorders of consciousness

- Akinetic mutis
- Bulging fontanelle
- Coma
- Confusion
- Delirium
- Delusions
- Depersonalisation / Derealisation
- Disturbed vision, including diplopia or visual loss
- Dizziness
- Hallucinations
- Headache
- Illusions
- Lethargy
- Locked-in syndrome
- · Minimally conscious state
- Obtundation / Stupor
- Seizures
- Syncope
- Vegetative state (VS) / Unresponsive wakefulness syndrome (UWS)
- Vomiting

Presentations - sleep

- Acute sleepiness
- Apnoea or loud snoring
- Concentration / Memory difficulties
- Confusion when waking
- Difficulty sleeping
- Enuresis (bed-wetting)
- Episodes of incomplete awakening and limited responsiveness
- Excessive daytime somnolence
- Hypersomnia
- Morning headaches
- Night terrors
- Periodic limb movements
- Sleep paralysis
- Sleepwalking
- Sudden attacks of sleep

For each presentation and condition, Advanced Trainees will **know how to:**

Synthesise

- » recognise the clinical presentation
- » identify relevant epidemiology, prevalence, pathophysiology, and clinical science
- » take a comprehensive clinical history
- » conduct an appropriate examination
- » establish a differential diagnosis
- » plan and arrange appropriate investigations
- » consider the impact of illness and disease on patients²¹ and their quality of life when developing a management plan

Manage

- » provide evidence-based management
- » prescribe therapies tailored to patients' needs and conditions
- » recognise potential complications of disease and its management, and initiate preventative strategies
- » involve multidisciplinary teams

Consider other factors

²¹ References to patients in the remainder of this document may include their families, whānau, and/or carers.

Conditions – infectious, inflammatory, and toxic

- Acute disseminated encephalomyelitis (ADEM)
- Acute leucoencephalopathy with restricted diffusion / Acute encephalopathy with biphasic seizures and restricted diffusion
- Autoimmune
- Demyelinating
- Drug withdrawal
- Electrolyte disturbance
- Encephalitis
- Endocrinopathies
- Hepatic
- Hypernatremia
- Hypoglycaemia
- Hyponatremia
- Meningitis
- Metabolic
- Prescribed and illicit drugs
- Renal
- Shock
- Systemic conditions
- Toxic drugs:
 - » illicit
 - » prescribed
- Vasculitis

Conditions - other

- Arterial dissection
- Breath-holding
- Cardiac
- Cerebrovascular
- Continuous spikes and waves during sleep (CSWS)
- Endocrine:
 - » diabetic ketoacidosis
 - » thyroid issues
- Epilepsy
- Epileptic encephalopathy
- Hydrocephalus
- Hypoxia
- Hypoxic ischaemic encephalopathy
- Migraine and migraine equivalents
- Neurocardiogenic
- Non-convulsive status
- Pontine stroke
- Postictal state
- Seizures
- Smoke inhalation
- Syncope
- Trauma, including:
 - » concussion
 - » inflicted injury
- · Traumatic brain injury
- Vertibrobasilar insufficiency

Conditions - psychiatric

- Anxiety
- Factitious illness
- Functional neurological disorder
- Paediatric acute-onset neuropsychiatric syndrome
- Panic attacks

Conditions - sleep

- Apnoea of prematurity
- Cataplexy
- Chiari malformation
- Down syndrome
- Hypersomnia
- Insomnia
- Narcolepsy
- Obstructive sleep apnoea:
 - » adenotonsillar hypertrophy
 - » airway abnormalities
 - » craniofacial abnormalities
 - » neuromuscular conditions
 - » obesity
- Parasomnia:
 - » confusional arousals
 - » non-rapid eye movement (REM) night terror
 - » periodic limb movement disorder
 - » REM sleep behaviour disorder
 - » sleep paralysis
 - » sleepwalking
- Prader–Willi syndrome
- Restless leg syndrome
- Sleep-disordered breathing

Conditions - structural

- Abscess
- Haemorrhage
- Hydrocephalus
- Raised intercranial pressure
- Space-occupying lesions
- Stroke
- Tumour

LESS COMMON OR MORE COMPLEX PRESENTATIONS AND CONDITIONS

Advanced Trainees will understand these presentations and conditions.

Advanced Trainees will understand the resources that should be used to help manage patients with these presentations and conditions.

Conditions

- Congenital central hypoventilation syndrome
- latrogenic illness
- Kleine–Levin syndrome

EPIDEMIOLOGY, PATHOPHYSIOLOGY, AND CLINICAL SCIENCES

Advanced Trainees will have a comprehensive depth of knowledge of the principles of the foundational sciences.

- Acute, chronic, common, and rare diseases that result in decreased consciousness and disorders of sleep
- Conditions required for brain death diagnosis
- Neuroanatomy, neuropharmacology, and neurophysiology of:
 - brain and brainstem mechanisms involved in the maintenance of normal consciousness
 - » normal sleep function
- Pathological mechanisms that result in:
 - » decreased consciousness
 - » disturbed sleep, and describe the way disorders of sleep can present

INVESTIGATIONS, PROCEDURES, AND CLINICAL ASSESSMENT TOOLS

Advanced Trainees will know the scientific foundation of each investigation and procedure, including relevant anatomy and physiology. They will be able to interpret the reported results of each investigation or procedure.

Advanced Trainees will know how to explain the investigation or procedure to patients, families, and carers, and be able to explain procedural risk and obtain informed consent where applicable.

Assessments

- Epworth Sleepiness Scale for Children and Adolescents
- Glasgow Coma Scale
- Neurobehavioural assessment tools in children with disorders of consciousness, such as:
 - » Cognitive and Linguistic Scale (CALS)
 - » Coma Recovery Scale for Pediatrics (CRS-P)
- Pittsburgh Sleep Quality Index (PSQI)
- Sleep Disturbance Scale for Children (SDSC)

Cerebrospinal fluid (CSF) procedures and investigations

- Lumbar puncture (LP) and interpretations results of investigations, such as:
 - » basic CSF analysis:
 - cell count
 - o cytology
 - o immunological tests
 - o microbiological tests
 - o neurotransmitters
 - o protein level
 - glucose level
 - o xanthochromia
 - » opening pressure
 - » special tests:
 - o oligoclonal bands

Clinical neurophysiology investigations

- EEG:
 - » sleep-deprived EEG
 - standard EEG
 - » video EEG
- Evoked potentials:
 - » brainstem
 - » somatosensory
 - » visual

Neurogenetic investigations

- Genetic testing, including, but not limited to:
 - chromosomal testing, such as:
 - karyotype
 - microarray
 - » genomic testing, including whole exome or genome sequencing
 - » mitochondrial genome sequencing
 - » targeted panel testing
- · Referral to a neurogeneticist

Neuroimaging investigations

- CT, including:
 - » CT angiography
 - » perfusion

- Functional imaging:
 - » functional MRI (fMRI)
 - » PFT
 - » single photon emission computed tomography (SPECT)
- Magnetic resonance:
 - » angiography (MRA)
 - » spectroscopy (MRS)
 - » venogram (MRV)
- MRI
- Vascular imaging:
 - » catheter angiography
 - » Doppler ultrasound

Neuroimmunology investigations

- Autoantibody measurement:
 - » anti-acetylcholine receptor antibodies
 - » anti-aquaporin 4 antibodies
 - » limbic encephalitis autoantibody testing
 - » myelin oligodendrocyte glycoprotein (MOG) antibody
 - other autoimmune conditions with neuropsychiatric manifestations, such as:
 - systemic lupus erythematosus (SLE)
- Referral to a neuroimmunologist

Neuropathology investigations

Brain biopsy

Neuropsychological investigations

- Cognitive screening:
- » Mini-Mental State Examination
- · Referral to a neuropsychologist

Other investigations

- Cardiac investigations:
 - » 24-hour electrocardiogram monitoring
 - » ECG
 - » echocardiography
- Other laboratory tests:
 - » ammonia
 - » blood gas
 - » blood glucose
 - » coagulation profile
 - » cortisol
 - » infection screen
 - » lactate
 - » plasma amino acids
 - » pyruvate metabolic
 - » serum electrolytes
 - » sugar
 - » thiamine
 - » urine drug screen
 - » urine metabolic profile
- Polysomnography

IMPORTANT SPECIFIC ISSUES

Advanced Trainees will identify important specialty-specific issues and the impact of these on diagnosis and management and integrate these into care.

- Conditions that mimic disturbance of consciousness, such as:
 - » acute dysphasic
 - » functional disorders, including:
 - o non-epileptic status epilepticus
 - » locked-in syndrome
 - » stroke
- Conditions that result in prolonged disturbance of consciousness, such as:
 - » minimally conscious state
 - » persistent vegetative state
- Diagnosis and management approaches for patients with altered states of consciousness
- Differentiation of sleep disorders from related neurological presentations, such as frontal lobe epilepsy and parasomnias, and night terrors
- Prioritise aspects of management for patients with altered states of consciousness
- Prognosis and implications of sleep disorders, such as driving
- Working with multidisciplinary teams, particularly intensive care



Knowledge guide 6 – Paroxysmal disorders, including seizures, syncope, and stroke

Advanced Training in Neurology (Paediatrics & Child Health)

KEY PRESENTATIONS AND CONDITIONS

Advanced Trainees will have a comprehensive depth of knowledge of these presentations and conditions.

Presentations

- Breath-holding cyanotic / pallid
- Confusion / Fugue
- Fainting / Loss of consciousness
- Fatigue
- Impaired awareness or staring, with or without motor accompaniment
- Jerky, rhythmic, or twitching motions
- Light-headedness and/or dizziness
- Muscular difficulties, such as coordination problems, stiffness, weakness, and/or paralysis
- Nausea and/or vomiting
- Poor feeding
- Seizures
- Sensory disturbances
- Speech difficulties
- Sweating

Conditions - epileptic

- Childhood epilepsy syndromes
- Developmental and epileptic encephalopathy
- First seizure
- Focal epilepsy
- Generalised epilepsy
- Immunological
- Inborn errors of metabolism associated with epilepsy
- Infantile epileptic spasms syndrome
- Inflammatory epilepsies
- Metabolic disturbance
- Provoked seizures
- Status epilepticus

Conditions - haemorrhagic

- · Primary intracranial haemorrhage
- Subarachnoid haemorrhage
- Venous infarction

Conditions - ischaemic

- Amaurosis fugax
- Ischaemic stroke:
 - » acute thromboembolic
 - » arterial
- Non-atherosclerotic arteriopathies, such as moyamoya disease
- · Transient ischaemic attacks

For each presentation and condition, Advanced Trainees will **know how to:**

Synthesise

- » recognise the clinical presentation
- » identify relevant epidemiology, prevalence, pathophysiology, and clinical science
- » take a comprehensive clinical history
- » conduct an appropriate examination
- » establish a differential diagnosis
- » plan and arrange appropriate investigations
- » consider the impact of illness and disease on patients²² and their quality of life when developing a management plan

Manage

- » provide evidence-based management
- » prescribe therapies tailored to patients' needs and conditions
- » recognise potential complications of disease and its management, and initiate preventative strategies
- » involve multidisciplinary teams

Consider other factors

²² References to patients in the remainder of this document may include their families, whānau, and/or carers.

- Vasculitides
- Venous sinus thrombosis
- Watershed infarcts

Conditions - non-epileptic

- · Alternating hemiplegia
- Benign neonatal sleep myoclonus
- Benign paroxysmal torticollis
- Breath-holding
- Episodic ataxias
- Febrile seizures
- Hyperekplexia
- · Migraine with brainstem features
- Non-epileptic seizures, including:
 - » non-epileptic status parasomnias
- · Paroxysmal dyskinesia
- Recurrent vertigo of childhood / Benign paroxysmal vertigo of childhood
- Shuddering spells
- Stereotypies
- Tics
- Tonic upgaze of infancy

Conditions - stroke mimics

- Functional neurological disorder
- Migraine
- · Mitochondrial disorders
- Todd's paresis

Conditions - syncope

- Cardiac arrhythmias
- Dehydration
- Reflex anoxic
- Vasovagal syncope

LESS COMMON OR MORE COMPLEX PRESENTATIONS AND CONDITIONS

Advanced Trainees will understand these presentations and conditions.

Advanced Trainees will understand the resources that should be used to help manage patients with these presentations and conditions.

Conditions - dizziness / vertigo

 Benign paroxysmal positional vertigo (BPPV)

Conditions

- Autonomic failure
- Carotid sinus hypersensitivity
- New-onset refractory status epilepticus (NORSE)

EPIDEMIOLOGY, PATHOPHYSIOLOGY, AND CLINICAL SCIENCES

Advanced Trainees will have a comprehensive depth of knowledge of the principles of the foundational sciences.

- Age-related presentations in epileptic symptoms
- Arterial blood supply, vascular anatomy, and venous drainage of the brain and spinal cord
- Causes of stroke in children, such as non-atherosclerotic arteriopathies and congenital heart disease, and the potential genetic variants associated with these
- · Causes of stroke syndromes:
 - » haemorrhagic
 - » ischaemic
 - » mimics
- Classification and clinical features of the different types of epileptic seizures, as from International League Against Epilepsy (ILAE)
- Classification of epilepsy and childhood epileptic syndromes
- Common, primary, rare, and secondary diseases that result in seizures and syncope
- Evidence-based pharmacological therapy and other forms of management of stroke and related syndromes, in relation to acute presentation, prophylaxis, and rehabilitation
- Neuroanatomy, neurophysiology, and related imaging of paediatric stroke
- Neuroanatomy, neuropharmacology, and neurophysiology involved in the generation of epilepsy and syncope
- Neuropharmacology and surgical interventions for paediatric stroke, based on national clinical guidelines
- Paroxysmal non-epileptic attacks presenting at different ages, and their key features

INVESTIGATIONS, PROCEDURES, AND CLINICAL ASSESSMENT TOOLS

Advanced Trainees will know the scientific foundation of each investigation and procedure, including relevant anatomy and physiology. They will be able to interpret the reported results of each investigation or procedure.

Advanced Trainees will know how to explain the investigation or procedure to patients, families, and carers, and be able to explain procedural risk and obtain informed consent where applicable.

Cerebrospinal fluid (CSF) procedures and investigations

- Lumbar puncture (LP) and interpretations results of investigations, such as:
 - » basic CSF analysis:
 - o cell count
 - cytology
 - o glucose level, including:
 - paired serum ratio
 - o immunological tests
 - o microbiological tests
 - protein level
 - o xanthochromia
 - » opening pressure
 - special tests:
 - o amino acids
 - CSF lactate
 - oligoclonal bands

Clinical neurophysiology investigations

- EEG:
 - » prolonged video EEG
 - » sleep-deprived EEG
 - » standard EEG
 - » stereotactic EEG (SEEG)
- Vestibular function tests

Neurogenetic investigations

- Genetic testing, including but not limited to:
 - chromosomal testing, such as:
 - karyotype
 - microarray
 - » genomic testing, including whole exome or genome sequencing
 - » mitochondrial genome sequencing
 - » targeted panel testing

Referral to a neurogeneticist

Neuroimaging investigations

- CT, including:
 - » CT angiography
 - » perfusion
- Functional imaging:
 - » functional MRI (fMRI)
 - » PFT
 - » single photon emission computed tomography (SPECT)
- Magnetic resonance:
 - » angiography (MRA)
 - » spectroscopy (MRS)
 - venogram (MRV)
- MRI
- Vascular imaging:
 - » catheter angiography
 - » Doppler ultrasound

Neuropathology investigations

Brain biopsy

Other investigations

- · Cardiac investigations:
 - » 24-hour electrocardiogram monitoring
 - » bubble study
 - » ECG
 - » echocardiography
- Other laboratory tests:
 - » leukocyte enzymes
 - » plasma amino acids
 - » plasma lactate
 - » plasma pyruvate
 - » thrombophilia screen
 - » urinary metabolic screen
 - » urinary porphyrins
 - » vasculitis screen
- Polysomnography

IMPORTANT SPECIFIC ISSUES

Advanced Trainees will identify important specialty-specific issues and the impact of these on diagnosis and management and integrate these into care.

- · Appropriate potential candidates for epilepsy diet service
- Appropriate potential candidates for evaluation for epilepsy surgery, including implantable devices
- Awareness of appropriate and timely neurogenetic testing, what is available to the neurologist, and what requires genetic referral / consultation
- Awareness of national clinical stroke guidelines, and application of this within each network employed
- Maintain up-to-date knowledge of childhood epilepsy syndromes, particularly those identified by the ILAE position papers
- Management of diagnostic uncertainty and counselling in relation to risk management
- Management strategies, such as:
 - » antiseizure medicine
 - » diet
 - » epilepsy surgery
 - » vagal nerve stimulator
- Overlap with other allied health and medical specialties, such as:
 - » dietetics
 - » general paediatricians
 - occupational therapy
 - » physiotherapy
 - » rehabilitation medicine

- speech pathology
- Overlap with other medical conditions, such as:
 - cardiac disorders
 - functional neurological presentations
 - non-epileptic disorders
 - sleep disorders
 - syncope
- Prognosis, implications, and management strategies for dealing with
- Prognosis, implications, and management strategies for stroke, such as:
 - acute management
 - impact on the family
 - rehabilitation
 - secondary prevention



Knowledge guide 7 – Disorders of vision and other senses

Advanced Training in Neurology (Paediatrics & Child Health)

KEY PRESENTATIONS AND CONDITIONS

Advanced Trainees will have a comprehensive depth of knowledge of these presentations and conditions.

Presentations - hearing

- Dysphagia
- Ear:
 - » malformation
 - » pain
- Fever
- Headache
- Hearing loss
- Hyperacusis
- Loss of balance
- Nausea
- Rash
- Tinnitus
- Vertigo
- Vomiting

Presentations - smell and taste

- Change or loss in taste
- Drooling
- Headache
- Loss of smell
- Parosmia
- Seizure

Presentations - vision

- Decreased visual acuity
- Double vision
- Drooping of eyelids
- Dysmorphism
- Falls
- Fever
- Hallucinations
- Headache / Periorbital pain
- Microcephaly
- Microphthalmia
- Migraine
- Motor delay
- Night blindness
- Nystagmus
- Opsoclonus
- Pain on eye movement
- Papilloedema
- Photophobia
- Poor depth perception
- Poor fixation
- Seizures
- Speech delay
- Vertigo
- Visual hallucinations / auras

For each presentation and condition, Advanced Trainees will **know how to:**

Synthesise

- » recognise the clinical presentation
- » identify relevant epidemiology, prevalence, pathophysiology, and clinical science
- » take a comprehensive clinical history
- » conduct an appropriate examination
- » establish a differential diagnosis
- » plan and arrange appropriate investigations
- » consider the impact of illness and disease on patients²³ and their quality of life when developing a management plan

Manage

- » provide evidence-based management
- » prescribe therapies tailored to patients' needs and conditions
- » recognise potential complications of disease and its management, and initiate preventative strategies
- » involve multidisciplinary teams

Consider other factors

²³ References to patients in the remainder of this document may include their families, whānau, and/or carers.

Visual loss

Conditions - hearing

- Acoustic neuroma and other brainstem tumours
- Congenital deafness
- Medication-related
- Post-infection / Post-meningitis

Conditions - smell / taste

- Bell's palsy
- Neurodegenerative conditions
- Orbitofrontal tumours

Conditions - vision

- Achromatopsia
- Acute demyelinating encephalomyelitis
- Cataracts
- Cerebral / Cortical visual impairment
- **Epilepsy**
- Functional neurological disorder
- Idiopathic intracranial hypertension (pseudotumor cerebri)
- Infections
- Leber congenital amaurosis
- Leber hereditary optic neuropathy
- Medication-related
- Migraine
- Myelin oligodendrocyte glycoprotein antibody-associated disease (MOGAD)
- Multiple sclerosis (MS)
- Neuromuscular conditions
- Neuromyelitis optica
- Ocular motor nerve palsies
- Oncological conditions, such as: optic pathway gliomas
- Optic nerve hypoplasia
- Optic neuritis
- Raised intracranial pressure secondary to intracranial space-occupying lesion or cerebral venous thrombosis
- Retinal dystrophies
- Retinopathy of prematurity
- Septo-optic dysplasia
- Stargardt disease
- Trauma affecting vision
- Vascular event resulting in sudden vision loss

LESS COMMON OR MORE COMPLEX PRESENTATIONS AND CONDITIONS

Advanced Trainees will understand these presentations and conditions.

Advanced Trainees will understand the resources that should be used to help manage patients with these presentations and conditions.

Conditions

- Congenital myasthenic syndromes
- Other iatrogenic / hypertensive / toxic / traumatic occurances

EPIDEMIOLOGY, PATHOPHYSIOLOGY, AND CLINICAL SCIENCES

Advanced Trainees will have a comprehensive depth of knowledge of the principles of the foundational sciences.

- Causes of visual disturbance and eye movement abnormalities
- Methods of assessing automated and confrontation perimetry, pupillary function, visual acuity, and visual fields, including non-organic presentations
- Neuroanatomy and neurophysiology of the auditory, oculomotor, olfactory, pupillary, vestibular, and visual systems
- Neurodevelopmental features and examination findings of normal preterm and term infants

INVESTIGATIONS, PROCEDURES, AND CLINICAL ASSESSMENT TOOLS

Advanced Trainees will know the scientific foundation of each investigation and procedure, including relevant anatomy and physiology. They will be able to interpret the reported results of each investigation or procedure.

Advanced Trainees will know how to explain the investigation or procedure to patients, families, and carers, and be able to explain procedural risk and obtain informed consent where applicable.

Cerebrospinal fluid (CSF) procedures and investigations

- Fundoscopy normal versus abnormal
- Lumbar puncture (LP) and interpretations results of investigations, such as:
 - » basic CSF analysis:
 - o cell count
 - cytology
 - o immunological tests
 - lactate
 - o microbiological tests
 - protein level
 - o glucose level
 - xanthochromia
 - » opening pressure
 - » special tests:
 - o amino acids
 - neurotransmitters
 - oligoclonal bands

Clinical neurophysiology investigations

- EEG:
 - » sleep-deprived EEG
 - » standard EEG
 - » video EEG
- Electromyography (EMG):
 - » needle EMG
 - » single-fibre EMG
- Electroretinogram

- Evoked potentials:
 - » brainstem
 - » visual
- Nerve conduction studies
- Repetitive nerve stimulation

Neurogenetic investigations

- Genetic testing, including but not limited to:
 - » chromosomal testing, such as:
 - o karyotype
 - o microarray
 - » genomic testing, including whole exome or genome sequencing
 - » mitochondrial genome sequencing
 - » targeted panel testing
- Referral to a neurogeneticist

Neuroimaging investigations

- CT, including:
 - » CT angiography
- Functional imaging:
 - » functional MRI (fMRI)
 - » PET
 - » single photon emission computed tomography (SPECT)
- Magnetic resonance:
 - » angiography (MRA)
 - » spectroscopy (MRS)
 - » venogram (MRV)
- MRI

Neuroimmunology investigations

- Autoantibody measurement:
 - » anti-acetylcholine receptor antibodies
 - » anti-aquaporin 4 antibodies
 - » anti-myelin oligodendrocyte glycoprotein (MOG) antibodies
 - » paraneoplastic antibodies

Neuropathology investigations

- Biopsy:
 - » brain
 - » muscle

Neuropsychological investigations

- Autoimmune work up
- Mini-Mental State Examination
- · Referral to a neuropsychologist
- Routine bloods including inflammatory markers

IMPORTANT SPECIFIC ISSUES

Advanced Trainees will identify important specialty-specific issues and the impact of these on diagnosis and management and integrate these into care.

- Overlap with other medical specialties, such as ophthalmology and otolaryngology / ear, nose, and throat (ENT) specialties
- Prognosis and implications of these disorders



Knowledge guide 8 – Weakness and disorders of speech, language, and swallowing

Advanced Training in Neurology (Paediatrics & Child Health)

KEY PRESENTATIONS AND CONDITIONS

Advanced Trainees will have a comprehensive depth of knowledge of these presentations and conditions.

Presentations

- Breathing difficulties / Shortness of breath
- Cardiac arrhythmia
- Confusion
- Decreased urine and dark red / brown colour
- Difficulty speaking, swallowing, and/or chewing
- Disordered movement of facial muscles, including:
 - » drooping
- Fatigue
- Headaches
- Muscle cramps, spasms, and/or twitches
- Muscular difficulties, such as aching, coordination problems, difficulty walking, stiffness, swelling, weakness, and/or paralysis
- Numbness
- Pain
- Purple-red skin rash
- Sciatica
- Sensory sensitivity
- Slurred speech
- · Vision problems, including:
 - » pain
 - » vision loss
- Weakness

Conditions - brain and brain stem

- Acute disseminated encephalomyelitis (ADEM)
- Bickerstaff encephalitis
- Brain malformation disorders
- Degenerative disease, such as:
 - » mucopolysaccharidoses (MPS)
- Degenerative genetic disease
- Multiple sclerosis (MS)
- Myelin oligodendrocyte glycoprotein (MOG) disorders and myelin oligodendrocyte glycoprotein antibody-associated disease (MOGAD)
- Neuromyelitis optica spectrum disorders (NMO)
- Static encephalopathy
- Stroke

For each presentation and condition, Advanced Trainees will **know how to:**

Synthesise

- » recognise the clinical presentation
- » identify relevant epidemiology, prevalence, pathophysiology, and clinical science
- » take a comprehensive clinical history
- » conduct an appropriate examination
- » establish a differential diagnosis
- » plan and arrange appropriate investigations
- » consider the impact of illness and disease on patients²⁴ and their quality of life when developing a management plan

Manage

- » provide evidence-based management
- » prescribe therapies tailored to patients' needs and conditions
- » recognise potential complications of disease and its management, and initiate preventative strategies
- » involve multidisciplinary teams

Consider other factors

²⁴ References to patients in the remainder of this document may include their families, whānau, and/or carers.

- · White matter disorders, such as:
 - » leukodystrophy

Conditions - muscle

- · Becker muscular dystrophy
- Dermatomyositis
- Duchenne muscular dystrophy
- Inflammatory myopathy
- Inherited muscle disease, including:
 - » congenital myopathies
 - » metabolic myopathies
- Myotonic dystrophy
- Other muscular dystrophy, such as:
 - » facioscapulohumeral
 - » limb girdle
- Polymyositis
- Rhabdomyolysis

Conditions - neuromuscular junction

- Botulism
- Lambert–Eaton myasthenic syndrome
- Myasthenia gravis

Conditions – peripheral nerves

- Bell's palsy
- Entrapment neuropathies
- Guillain-Barré syndrome
- Miller Fischer syndrome
- Other acquired and inherited peripheral neuropathies
- Plexopathies
- Radiculopathies

Conditions - psychological

• Functional neurological disorder

Conditions - spinal cord

- Demyelination
- MS
- Neuromyelitis optica
- Spinal cord compression
- Spinal muscular atrophy

LESS COMMON OR MORE COMPLEX PRESENTATIONS AND CONDITIONS

Advanced Trainees will understand these presentations and conditions.

Advanced Trainees will understand the resources that should be used to help manage patients with these presentations and conditions.

Conditions

- Dystrophia myotonica
- Poliomyelitis

EPIDEMIOLOGY, PATHOPHYSIOLOGY, AND CLINICAL SCIENCES

Advanced Trainees will have a comprehensive depth of knowledge of the principles of the foundational sciences.

- Acute, chronic, common, and rare diseases that cause weakness, as well as disorders of:
 - » dysarthria
 - » dysphagia
 - » dysphasia
 - » language
 - » speech
 - » swallowing
- Neuroanatomy and neurophysiology of the pathways involved with speech and swallowing
- Neuroanatomy, neuropharmacology, and neurophysiology of the:
 - » motor pathways
 - » neuromuscular junction
 - » peripheral nerves
 - » somatic musculature

INVESTIGATIONS, PROCEDURES, AND CLINICAL ASSESSMENT TOOLS

Advanced Trainees will know the scientific foundation of each investigation and procedure, including relevant anatomy and physiology. They will be able to interpret the reported results of each investigation or procedure.

Advanced Trainees will know how to explain the investigation or procedure to patients, families, and carers, and be able to explain procedural risk and obtain informed consent where applicable.

Cerebrospinal fluid (CSF) procedures and investigations

- Lumbar puncture (LP) and interpretations results of investigations, such as:
 - » basic CSF analysis:
 - o cell count
 - cytology
 - o alucose level
 - o immunological tests
 - o microbiological tests
 - o protein level
 - » special tests:
 - NMDAr antibodies and autoimmune encephalopathy panel
 - oligoclonal bands

Clinical neurophysiology investigations

- Electromyography (EMG):
 - » needle EMG
 - » single-fibre EMG
- Evoked potentials:
 - » brainstem
 - » somatosensory
 - » visual
- Nerve conduction studies (NCS):
 - » motor and sensory studies
 - » repetitive nerve stimulation

Neurogenetic investigations

- Genetic testing, including but not limited to:
 - » chromosomal testing, such as:
 - karyotype
 - microarray
 - genomic testing, including whole exome or genome sequencing
 - » mitochondrial genome sequencing
 - » targeted panel testing
- Referral to a neurogeneticist

Neuroimaging investigations

- Magnetic resonance:
 - » angiography (MRA)
 - » spectroscopy (MRS)
 - » venogram (MRV)
- MRI
- Myelography

Neuroimmunology investigations

- Autoantibody measurement:
 - » anti-acetylcholine receptor antibodies
 - » anti-aquaporin 4 antibodies
 - » anti-MOG antibodies
 - » paraneoplastic antibodies
- Referral to a neuroimmunologist

Neuropathology investigations

- Biopsy:
 - » muscle
 - » nerve

Neuropsychological investigations

- Cognitive screening
- · Referral to a neuropsychologist

Other investigations

- Cardiac investigations:
 - » 24-hour electrocardiogram monitoring
 - » ECG
 - » echocardiography
- Lung function tests:
 - » formal lung function tests
 - » vital capacity
- Other laboratory tests:
 - » B12 level
 - » creatine kinase
 - » fasting glucose and HbA1c
 - » thyroid function testing
 - » videofluoroscopy and swallow assessments

IMPORTANT SPECIFIC ISSUES

Advanced Trainees will identify important specialty-specific issues and the impact of these on diagnosis and management and integrate these into care.

- Overlap with other allied health and medical specialties, such as:
 - » immunology
 - » medical genetics
 - » physiotherapy
 - rehabilitation medicine
 - » speech pathology
- Prognosis and implications of these disorders



Knowledge guide 9 - Disorders of gait and balance, including vertigo, dizziness, and disequilibrium

Advanced Training in Neurology (Paediatrics & Child Health)

KEY PRESENTATIONS AND CONDITIONS

Advanced Trainees will have a comprehensive depth of knowledge of these presentations and conditions.

Presentations

- Ataxia
- Back / Limb pain, acute
- Breathlessness
- Difficulties with speech and/or swallowing
- Double vision
- Dizziness
- Falls
- Fatique
- Fever
- Headache
- Hearing loss
- Lethargy
- · Limp, acute
- Loss of bladder / bowel control and/or urinary urgency
- Lower limb(s) weakness, acute
- Migraine
- Motor regression
- Non-weight bearing child, acute
- Nystagmus
- **Palpitations**
- Paroxysmal torticollis
- Poor feeding
- Syncope
- **Tinnitus**
- Toe walking
- Tremor
- Vertigo
- Vomiting
- Weakness

Conditions - central nervous system (CNS)

- Acute disseminated encephalomyelitis (ADEM) and other inflammatory encephalitis
- Brainstem encephalitis
- Cerebellar ataxia, acute
- · Cerebellitis, acute
- Cerebral or brainstem / posterior circulation vascular event
- Cerebral palsy (CP)
- Channelopathies causing periodic paralysis
- Chiari malformation

For each presentation and condition, Advanced Trainees will know how to:

Synthesise

- » recognise the clinical presentation
- » identify relevant epidemiology, prevalence, pathophysiology, and clinical science
- » take a comprehensive clinical history
- » conduct an appropriate examination
- » establish a differential diagnosis
- » plan and arrange appropriate investigations
- » consider the impact of illness and disease on patients²⁵ and their quality of life when developing a management

Manage

- » provide evidence-based management
- » prescribe therapies tailored to patients' needs and conditions
- » recognise potential complications of disease and its management, and initiate preventative strategies
- » involve multidisciplinary teams

Consider other factors

²⁵ References to patients in the remainder of this document may include their families, whānau, and/or carers.

- Drugs and toxins
- Epilepsy:
 - atonic
 - » autonomic seizures
 - » drop attack
- Episodic ataxia
- Gait apraxia
- Glucose transporter defects
- Hydrocephalus
- Multiple sclerosis (MS)
- Myelin oligodendrocyte glycoprotein antibody-associated disease (MOGAD)
- Neurodegenerative conditions
- Normal pressure hydrocephalus
- Oncological conditions acoustic neuroma / other CNS malignancy
- Opsoclonus myoclonus ataxia syndrome
- Spinocerebellar atrophy
- Traumatic brain injury, such as:
 - » concussion
 - » inflicted injury

Conditions – muscle, peripheral nerves, and spinal cord

- Ataxia telangiectasia
- Autonomic ganglionopathy
- Chronic inflammatory demyelinating polyradiculoneuropathy (CIDP)
- Friedrich ataxia
- Guillain-Barré syndrome
- Hereditary spastic paraplegia
- Medication-related peripheral neuropathy
- Myositis
- Neuromuscular conditions
- Oncological conditions
- Peripheral nerve diseases, such as:
 - » Charcot–Marie–Tooth disease
 - » riboflavin transporter deficiency
 - » vitamin B12
- Spinal hematomas / collections
- Transverse myelitis
- Traumatic injury

Conditions - other

- Anxiety syndromes
- Functional neurological disorder
- Infections
- Labyrinthitis / vestibulitis, acute
- Medication or drug toxicity
- Migraine with brainstem aura and vestibular migraine
- Persistent postural-perceptual dizziness
- Postural orthostatic tachycardia syndrome (POTS) and postural hypotension

Recurrent vertigo of childhood and related conditions

EPIDEMIOLOGY, PATHOPHYSIOLOGY, AND CLINICAL **SCIENCES**

Advanced Trainees will have a comprehensive depth of knowledge of the principles of the foundational sciences.

- Acute, chronic, common, and rare diseases that cause:
 - disequilibrium
 - disorders of gait and balance
 - dizziness
 - vertigo
- Neuroanatomy and neurophysiology of the:
 - » neurological pathways involved in gait and balance
 - vestibular and cerebellar systems
- · Neurodevelopmental features and examination findings of normal preterm and term infants
- Time-course importance and the associated clinical features in reaching a diagnosis

INVESTIGATIONS, PROCEDURES. AND CLINICAL ASSESSMENT TOOLS

Advanced Trainees will know the scientific foundation of each investigation and procedure, including relevant anatomy and physiology. They will be able to interpret the reported results of each investigation or procedure.

Advanced Trainees will know how to explain the investigation or procedure to patients, families, and carers, and be able to explain procedural risk and obtain informed consent where applicable.

Assessments

- Caloric testing
- Dix-Hallpike manoeuvre
- · Head impulse test

Cerebrospinal fluid (CSF) procedures and investigations

- Lumbar puncture (LP) and interpretations results of investigations, such as:
 - » basic CSF analysis:
 - o cell count
 - 0 cytology
 - immunological tests 0
 - microbiological tests 0
 - paired lactate
 - paired glucose level 0
 - protein level 0
 - xanthochromia 0
 - opening pressure
 - special tests:
 - amino acids 0 neurotransmitters
 - oligoclonal bands

Clinical neurophysiology investigations

- EEG:
 - sleep-deprived EEG
 - standard EEG
 - video EEG
- Electromyography (EMG):
 - needle EMG
 - single-fibre EMG
- Evoked potentials:
 - brainstem
 - somatosensory
 - visual
- Nerve conduction studies (NCS):
 - motor and sensory studies
 - repetitive nerve stimulation

Neurogenetic investigations

- Genetic testing, including but not limited to:
 - chromosomal testing, such as:
 - karyotype
 - microarray 0
 - genomic testing, including whole exome or genome sequencing
 - mitochondrial genome sequencing

- » targeted panel testing
- Referral to a neurogeneticist

Neuroimaging investigations

- CT, including:
 - » CT angiography
 - » perfusion
- Functional imaging:
 - » functional MRI (fMRI)
 - » PET
 - » single photon emission computed tomography (SPECT)
- Magnetic resonance:
 - » angiography (MRA)
 - » spectroscopy (MRS)
 - » venogram (MRV)
- MRI
- Vascular imaging:
 - » catheter angiography
 - » Doppler ultrasound

Neuroimmunology investigations

- Autoantibody measurement:
 - » anti-acetylcholine receptor antibodies
 - » anti-aquaporin 4 antibodies
 - » anti-muscle-specific kinase (MuSK)
 - » anti-myelin oligodendrocyte glycoprotein (MOG)
- Referral to a neuroimmunologist

Neuropathology investigations

- Biopsy:
 - » brain
 - » muscle
 - » nerve

Neuropsychological investigations

- Cognitive screening:
 - » Mini-Mental State Examination
- Referral to a neuropsychologist

Other investigations

- Cardiac investigations:
 - » 24-hour electrocardiogram monitoring
 - » ECG
 - » echocardiography
- Lung function tests:
 - » formal lung function tests
 - » vital capacity
- Other laboratory tests:
 - » 24-hour urinary catecholamines
 - » calcium, magnesium, and phosphate
 - » creatine kinase
 - » drug levels
 - » liver function tests
 - » thyroid function
 - » ultrasound:
 - abdomen
 - pelvis
 - vitamins:
 o B12
 - 0
 - C
 - o **D**
 - o **E**
 - thiamine

IMPORTANT SPECIFIC ISSUES

Advanced Trainees will identify important specialty-specific issues and the impact of these on diagnosis and management and integrate these into care.

- Overlap with other allied health and medical specialties, such as:
 - ear, nose, and throat (ENT) surgery
 - physiotherapy
 - rehabilitation medicine
- Prognosis and implications of these disorders



Knowledge guide 10 - Movement disorders

Advanced Training in Neurology (Paediatrics & Child Health)

KEY PRESENTATIONS AND CONDITIONS

Advanced Trainees will have a comprehensive depth of knowledge of these presentations and conditions.

Presentations - hyperkinetic

- Ataxia
- Athetosis
- Ballismus
- Chorea
- Difficulty speaking and swallowing
- Dystonia
- Fasciculations
- Jitteriness
- Myokymia
- Stereotypies
- Tics
- Tremor

Presentations - hypokinetic

- Bradykinesia
- Catatonia
- Depression and/or mood changes
- Postural instability

Conditions - hyperkinetic

- Ataxia:
 - » acute cerebellar ataxia, including:
 - o acute cerebellitis
 - » episodic ataxias
 - » hereditary ataxia syndromes:
 - ataxia with oculomotor apraxia:
 - type 1
 - type 2
 - o ataxia-telangiectasia
 - dentatorubral-pallidoluysian atrophy
 - Friedreich ataxia
 - o spinocerebellar ataxia
- Cerebral palsy (CP)
- Chorea:
 - » benign hereditary chorea
 - » CP, including:
 - secondary to hypoxic ischaemic encephalopathy
 - » glutaric aciduria
 - » Huntington disease
 - » metabolic abnormalities
 - » Sydenham chorea
 - » Wilson disease

For each presentation and condition, Advanced Trainees will **know how to:**

Synthesise

- » recognise the clinical presentation
- » identify relevant epidemiology, prevalence, pathophysiology, and clinical science
- » take a comprehensive clinical history
- » conduct an appropriate examination
- » establish a differential diagnosis
- » plan and arrange appropriate investigations
- » consider the impact of illness and disease on patients²⁶ and their quality of life when developing a management plan

Manage

- » provide evidence-based management
- » prescribe therapies tailored to patients' needs and conditions
- » recognise potential complications of disease and its management, and initiate preventative strategies
- » involve multidisciplinary teams

Consider other factors

²⁶ References to patients in the remainder of this document may include their families, whānau, and/or carers.

- Dystonia:
 - » blepharospasm
 - » hemifacial spasm
 - » primary dystonias, such as:
 - adolescent-onset dystonia of mixed type (DYT6)
 - dopa responsive dystonia (Segawa disease)
 - early-onset torsion dystonia (DYT1)
 - myoclonus dystonia (DYT11)
 - rapid-onset dystonia
 Parkinsonism (DYT12)
 - » secondary dystonia:
 - acute dystonic reaction
 - neuroleptic malignant syndrome
 - o oculogyric crisis
 - o serotonin syndrome
 - » status dystonicus
- Myoclonus:
 - » hyperekplexia
 - » myoclonic epilepsies
 - » primary myoclonic disorders:
 - benign myoclonus of early infancy
 - epileptic myoclonus of early infancy
 - o essential myoclonus
 - o myoclonus dystonia
 - » secondary myoclonic disorders
 - » startle epilepsy
- Other:
 - » baclofen withdrawal
 - » benign sleep myoclonus
 - » functional neurological disorders
 - » stereotypies
 - » Tourette syndrome and tic disorders
- Rett syndrome
- Tremor:
 - » drug-induced tremor
 - » essential tremor, and essential tremor plus
 - » metabolic / systemic causes of tremor

Conditions - hypokinetic

- Drug-induced Parkinsonism
- Functional neurological disorders
- Neurometabolic conditions
- Normal pressure hydrocephalus
- Progressive supranuclear palsy
- Sleep disorders, including:
 - » catatonia
- Structural brain abnormality
- Traumatic brain event:
 - » haemorrhage
 - » space-occupying lesion
 - » vascular

LESS COMMON OR MORE COMPLEX **PRESENTATIONS** AND CONDITIONS

Advanced Trainees will understand these presentations and conditions.

Advanced Trainees will understand the resources that should be used to help manage patients with these presentations and conditions.

Conditions

- Cervical dystonia
- Facial dystonia
- Neurotransmitters disease
- Niemann-Pick disease type C
- Palatal tremor
- Parkinsonian syndromes
- · Paroxysmal dyskinesias
- Treatable neurometabolic movement disorders, such as:
 - congenital folate deficiency
 - glucose transporter 1 (GLUT1)
 - vitamin E deficiency

EPIDEMIOLOGY, PATHOPHYSIOLOGY, AND CLINICAL **SCIENCES**

Advanced Trainees will have a comprehensive depth of knowledge of the principles of the foundational sciences.

- Acute, chronic, common, and rare diseases that cause disorders of movement
- Neuroanatomy, neuropharmacology, and neurophysiology of the motor pathways
- Type of disorder, including:
 - associated clinical features
 - localisation
 - time-course

INVESTIGATIONS, PROCEDURES, AND CLINICAL ASSESSMENT TOOLS

Advanced Trainees will know the scientific foundation of each investigation and procedure, including relevant anatomy and physiology. They will be able to interpret the reported results of each investigation or procedure.

Advanced Trainees will know how to explain the investigation or procedure to patients, families, and carers, and be able to explain procedural risk and obtain informed consent where applicable.

Cerebrospinal fluid (CSF) procedures and investigations

- Lumbar puncture (LP) and interpretations results of investigations, such as:
 - basic CSF analysis:
 - 0 cell count
 - cytology 0
 - folate
 - immunological tests 0
 - microbiological tests 0
 - paired glucose level 0
 - protein level
 - opening pressure
 - special tests:
 - CSF neurotransmitters 0
 - neopterin CSF
 - oligoclonal bands

Clinical neurophysiology investigations

- EEG:
 - sleep-deprived EEG
 - standard EEG
 - video EEG

Neurogenetic investigations

- Genetic testing, including, but not limited to:
 - » chromosomal testing, such as:
 - karyotype
 - o microarray
 - » dystonia genes:
 - o DYT1
 - o DYT5
 - o DYT6
 - o DYT11
 - o DYT12
 - » genomic testing, including whole exome or genome sequencing
 - » mitochondrial genome sequencing
 - » targeted panel testing
- · Referral to a neurogeneticist

Neuroimaging investigations

- · CT, including:
 - » CT angiography
- Functional imaging:
 - » functional MRI (fMRI)
 - » PET
 - » single photon emission computed tomography (SPECT)
- Magnetic resonance:
 - » angiography (MRA)
 - » spectroscopy (MRS)
 - » venogram (MRV)
- MRI

Neuroimmunology investigations

- Anti-deoxyribonuclease B (anti-DNase B) titres
- Antistreptolysin O (ASO) titres
- Autoantibody measurement:
 - » anti-acetylcholine receptor antibodies
 - » anti-aquaporin 4 antibodies
 - » paraneoplastic antibodies

Neuropathology investigations

- Biopsy:
 - » brain
 - » muscle

Neuropsychological investigations

- Cognitive screening:
 - » Mini-Mental State Examination
- · Referral to a neuropsychologist

Other investigations

- Cardiac investigations:
 - » 24-hour electrocardiogram monitoring
 - » ECG
 - » echocardiography
- · Lung function tests:
 - » formal lung function tests
 - » vital capacity
- Other laboratory tests:
 - » acanthocytes
 - » alpha-fetoprotein
 - » B12 level
 - » ceruloplasmin
 - » coenzyme Q
 - » copper
 - » creatinine kinase

- » drug screen
- » fasting lipid profile
- » IgG subclasses
- » thrombophilia screen
- » urinary porphyrins
- » vitamin E
- Polysomnography

IMPORTANT SPECIFIC ISSUES

Advanced Trainees will identify important specialty-specific issues and the impact of these on diagnosis and management and integrate these into care.

- Overlap with other allied health and medical specialties, such as:
 - » medical genetics
 - » physiotherapy
 - » rehabilitation medicine
- Prognosis and implications of these disorders



Knowledge guide 11 - Neonatal Neurology

Advanced Training in Neurology (Paediatrics and Child Health)

KEY PRESENTATIONS AND CONDITIONS

Advanced Trainees will have a comprehensive depth of knowledge of these presentations and conditions.

Presentations

- Abnormal movements
- Acidosis
- Bowel changes, such as:
 - diarrhoea
 - » reduced bowel motions
 - » stained meconium
- Breathing difficulties, such as:
 - » apnoea
 - » respiratory distress
- Cyanosis / Pallor
- Developmental and/or growth delays
- Fever or low body temperature
- Hyperflexibility / Hypotonia
- Intrauterine growth restriction (IUGR)
- Lethargy
- · Low heart rate
- Microcephaly
- Muscle weakness
- Neonatal seizures
- Poor reflexes
- Spasms
- Tonic motor activity and posturing
- Vomiting and/or poor feeding

Conditions

- Congenital and neonatal infections
- Disorders of prematurity
- Hypotonia:
 - disorders of the anterior horn cell, such as:
 - spinal muscular atrophy
 - » disorders of the peripheral nerve
 - » genetic and central nervous system disorders, including:
 - o Prader-Willi syndrome
 - » myasthenic syndromes
 - » myopathy
 - » myotonic dystrophy
 - » systemic disease / illness
- Hypoxic ischaemic encephalopathy, including:
 - » periventricular leukoencephalopathy
- Inborn errors of metabolism
- Neonatal seizures
- Postnatal complications of maternal antenatal disease

For each presentation and condition, Advanced Trainees will **know how to:**

Synthesise

- » recognise the clinical presentation
- » identify relevant epidemiology, prevalence, pathophysiology, and clinical science
- » take a comprehensive clinical history
- » conduct an appropriate examination
- » establish a differential diagnosis
- » plan and arrange appropriate investigations
- » consider the impact of illness and disease on patients²⁷ and their quality of life when developing a management plan

Manage

- » provide evidence-based management
- » prescribe therapies tailored to patients' needs and conditions
- » recognise potential complications of disease and its management, and initiate preventative strategies
- » involve multidisciplinary teams

Consider other factors

²⁷ References to patients in the remainder of this document may include their families, whānau, and/or carers.

- Stroke:
 - » haemorrhagic
 - » ischaemic

EPIDEMIOLOGY, PATHOPHYSIOLOGY, AND CLINICAL SCIENCES

Advanced Trainees will have a comprehensive depth of knowledge of the principles of the foundational sciences.

- Clinical correlates, pathophysiology, and prognosis of neonatal encephalopathy, including:
 - » hypoxic ischaemic encephalopathy
 - » periventricular leukomalacia
- Differential diagnosis, investigation, and management plans for neonatal seizures
- Disorders of metabolism in the newborn period
- Evaluation and management of perinatal stroke
- Impact of maternal disorders and prenatal neurologic diagnoses on the fetus
- Neurodevelopmental features and examination findings of normal preterm and term infants

INVESTIGATIONS, PROCEDURES, AND CLINICAL ASSESSMENT TOOLS

Advanced Trainees will know the scientific foundation of each investigation and procedure, including relevant anatomy and physiology. They will be able to interpret the reported results of each investigation or procedure.

Advanced Trainees will know how to explain the investigation or procedure to patients, families, and carers, and be able to explain procedural risk and obtain informed consent where applicable.

Cerebrospinal fluid (CSF) procedures and investigations

- Lumbar puncture (LP) and interpretations results of investigations, such as:
 - » basic CSF analysis:
 - o cell count
 - cytology
 - o immunological tests
 - microbiological tests
 - o paired serum and:
 - CSF lactate
 - CSF glucose level
 - o protein level
 - xanthochromia
 - » Special tests:
 - o CSF amino acids
 - o neurotransmitters, including:
 - neopterin
 - paired serum and CSF oligoclonal bands

Clinical neurophysiology investigations

- EEG:
 - » amplitude integrated EEG (aEEG)
 - » standard EEG
 - » video EEG
- Electromyography (EMG):
 - » motor and sensory studies
 - » needle EMG
 - » nerve conduction studies (NCS)
 - » repetitive nerve stimulation
 - » single-fibre EMG

Neurogenetic investigations

- Genetic testing, including, but not limited to:
 - » chromosomal testing, such as:
 - karyotype
 - microarray
 - » genomic testing, including whole exome or genome sequencing
 - » mitochondrial genome sequencing
 - » newborn screening test

- targeted panel testing
- Referral to a neurogeneticist

Neuroimaging investigations

- CT, including:
 - CT angiography
- Magnetic resonance:
 - angiography (MRA)
 - spectroscopy (MRS)
 - venogram (MRV)
- MRI

Other investigations

- Cardiac investigations:
 - 24-hour electrocardiogram monitoring
 - **ECG**
 - echocardiography
- Other laboratory tests:
 - ammonia
 - blood gas
 - creatine kinase
 - liver function tests
 - thrombophilia screen
 - thyroid function tests
 - transferrin isoforms
 - white cell enzymes
- Polysomnography

IMPORTANT SPECIFIC ISSUES

Advanced Trainees will identify important specialty-specific issues and the impact of these on diagnosis and management and integrate these into care.

- Approach to breaking bad news and future counselling of a child with neurological diagnosis at birth
- Approach to emergency management and escalation of therapy for neonatal seizures
- Approach to introduction of the palliative care team
- Approach to neurological assessment of a newborn, including:
 - antenatal
 - birth
 - comprehensive examination
 - genetic history
 - maternal
- Approach to the hypotonic newborn
- Discussion of life-limiting diagnosis and end-of-life considerations